

Hey Family! Life Groups will be alive and active this fall, and we are delighted to launch on this journey again at Joshua Seventh-day Adventist Church! Inside this catalog, you'll discover a diverse range of life groups tailored to suit people of all backgrounds and interests. Whether you are a student, young adult, parent, or retiree, life groups are for you!

We'd like to invite you to flip through this catalog and see if any group captures your interest.

Should you have any questions or comments, please don't hesitate to contact us through email (jsdalifegroups@gmail.com) or visit our website (https://joshuasda.org/life-groups).

May God's blessings be upon us as we come together and do life together!

Best regards,

Matthen Plaz

Matthew Diaz

Associate Pastor

Clarissa Fortune Life Groups Leader

Clarissa Fortune

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# Symbol Legend



Men's Group



Women's Group



Child Friendly



Discipleship Group



Hangout Group



Support Group



Internet Group



Study Group



Active Group



Service Group



#### God's Green Thumb (Sun.)

1st Sunday / 10:00 AM -12:00 PM /TBD / Maximum: N/A

I want to meet and help make God's nature more beautiful. For example, have a picnic at a park and pick up trash. Plant flowers and trees. Help church members with their yard work, and also assist with our church's yard work. If that's something you're interested in, then my group is for you!

**Leader:** Colbie Harbour **Email:** cynthia.harbour@att.net

**Meeting:** Monthly **Phone:** 817.455.8875



1st Tuesday / 7:00 PM-9:30 PM / Young Adult Room / Maximum: N/A

Welcome to Men's Ministry—a monthly gathering designed for men seeking connection, encouragement, and brotherhood. Join us in a supportive space where camaraderie thrives, and you'll find the support and belonging you're looking for.

**Leader:** Rodney Stowell **Email:** rstowell@gmail.com

**Meeting:** Monthly **Phone:** 817.773.3528



Tuesday / 7:00 PM -10:00 PM / Church Gym / Maximum: N/A

Are you interested in playing pickleball with others who love the sport or just want to learn? If so, consider joining our Life Group! Balls of Fury is a place to focus on fun and fellowship, centered around pickleball. There's no age limit, so everyone is welcome to join us for some friendly games and good times.

**Leader:** Llyod Thomas **Email:** joshua.sda.church@gmail.com

Meeting: Weekly Phone: 469.615.8371



Tuesday / 7:00 PM/ The Hills Church / Maximum: N/A

Pure Iron Men is designed to help sex addicts and porn addicts get freedom through the blood of the Lord Jesus Christ. We have seen hundreds of men get free from porn and sexual sins over the last 20 years. This group is private, so to sign up, make sure to contact Harold Smith in person or by phone.

**Leaders:** Harold Smith **Email:** hmsmithjr@live.com

**Meeting:** Weekly **Phone:** 817.907.1151



#### Modern Fictions and the Bible (Tues.)

Tuesday / 7:30 PM-8:30 PM / Joshua SDA / Maximum: 20

In this young adult-focused group, we will learn about movies, TV, modern shows, and comics. We will examine them through a biblical lens and see how the theology and philosophies compare with biblical principles. Our meetings will be on the first and third Tuesday of the month.

Leaders: Allan Quear Email: Allan.jmail1@gmail.com

**Meeting:** Bi-Weekly **Phone:** 817.645.4987





# Food Bank Ministry (Tue.)

 $4^{\rm th}$  Tuesday / 3:00 PM-7:00 PM / JSDA / Maximum: N/A

The Joshua Food Pantry warmly welcomes volunteers to help serve our community with care and compassion. Opportunities include picking up food from the Tarrant Area Food Bank, setting up, serving during distribution, and helping with cleanup. Whether you're lifting boxes, greeting guests, or offering a helping hand, your time and heart make a lasting difference in the lives of others.

**Leader:** Cynthia Harbour **Email:** joshua.sda.church@gmail.com

Meeting: Monthly Phone: 817.259.1844



#### Crafted in Christ (Tues.)

3rd Tuesday / 7:00 PM-8:30 PM / Joshua Gym Foyer / Maximum: N/A

Ladies, are you looking for a creative outlet and friendly conversation? Come join our crafting class! Leave your men at Pickle Ball and hang out with us in the gym foyer. We will have a themed craft for each month.

**Leaders:** Stephanie Davila & **Email:** stephanie\_davila2002@yahoo.com

Whitney Popov or runningfawn007@gmail.com

Meeting: Monthly Phone: 817.933.6303



#### Mid-Week Connect (Wed.)

Wednesday / 7:00 PM-8:30 PM / Joshua SDA / Maximum: N/A

Do you desire community, bible study, and spiritual conversation during the week? If so, then Mid-Week Connect is for you! Join our group every Wednesday as we cover different topics and connect with each other.

**Leaders:** Church Elders **Email:** don.simmons61@gmail.com

Meeting: Weekly Phone: 817.822.7814



#### Faith of Our Nation (Fri.)

Fridays / 6:00 PM - 7:30 PM / Flaxbeard Home / Maximum: N/A

In this Life Group, we will learn how the former leaders of our country were spiritual and let God help them in their decision making. We'll start with George Washington, Abraham Lincoln, and many others who were influential in helping our nation.

**Leader:** Michael Flaxbeard **Email:** michaelflaxbeard431@gmail.com

Meeting: Bi-Weekly Phone: 817.228.8974



I wanted to have a consistent devotional life! However, mine was more up and down, like a roller coaster. What to do? Jesus said in a prayer to His Father, "And this is eternal life, that they may know You, the only true God, and Jesus Christ, whom You

have sent." John 17:3. How could I have a relationship with God?

I began to write Scripture, word for word, just one story at a time. In our Life Group, I will share how God led me to do this and what a difference it has made in my life. We will have the opportunity to experience it and share how God touches us.

Email: MarthaSchneider43@gmail.com Leaders: Marti Schneider

**Meeting:** Weekly **Phone:** 720.891.0523



# Huguley Nursing Home Ministry (Sat.) 3rd Saturday / 2:00pm-3:00pm / Huguley Nursing Home (Burleson) / Maximum: 10-15

Join us once a month to sing songs and brighten the days of AdventHealth Care nursing home residents! We'd love to have you join us.

**Leader:** Terry Flaxbeard **Email:** rf100flax@gmail.com

Meeting: Monthly **Phone:** 682.213.1185



# Young Adults Ladies' Night (Sat.)

Saturday / 6:30pm-8:30pm / Amiee's house / Maximum: N/A

Being a young adult woman can be challenging, whether we're single, married, or raising children. Some of us are still searching for our path, while others are embracing whatever life brings. We all deserve a much-needed break, and spending time with our girlfriends is the perfect way to unwind. If you're thinking, "I don't have any girlfriends to hang out with," don't worry. This group is specifically designed for you. Let's become friends and enjoy each other's company.

Email: amiee.diazmassage@gmail.com Leader: Amiee Diaz

**Meeting:** Monthly **Phone:** 979.587.4503



# Philippians: The Epistle of Joy (Sat.)

Saturday / 4:00 PM / TBD / Maximum: 15

Join us as we explore Philippians, a joyful letter from Paul in prison. We'll see how Christ's humility builds resilience, how unity fosters joy, and how Christ's mindset brings peace and purpose. Through discussion, prayer, and connection, we'll learn that joy is a way of living rooted in Christ. Everyone is welcome to grow, reflect, and rejoice together.

Leaders: Nancy Giraldo Email: nancyegiraldo@gmail.com

Meeting: Bi-Weekly Phone: N/A



### Soul Sisters Social (Sat.)

2<sup>nd</sup> Saturday / 6:30pm-8:30pm / Sonia's house / Maximum: 12

Ladies ages 40–60, this group is for you! Join us for a relaxed evening to unwind after a busy week; enjoy good food, great conversation, some games, and a chance to just be yourself. We'll kick things off with a short vespers, then dive into some good old-fashioned fun. We'll make some time to pamper ourselves too!! Come as you are and treat yourself to a little well-deserved downtime!

**Leader:** Sonia Vergel **Email:** svergel73@gmail.com

Meeting: Monthly Phone: 682.970.2992



# Game Night (TBD)

TBD / 6:30pm-8:30pm / Reiter's house / Maximum: N/A

Come and join us for an evening of fun, playing games, and visiting. Even if you are one who does not enjoy games, you can still come and fellowship and enjoy snacks.

**Leader:** Bonnie Reiter **Phone:** 956.605.4755

**Meeting:** Monthly

Every day, they [the church] continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

Acts 2:46-47 NIV

