



Life Groups

Spring 2026

Make New Friends. Build Community. Grow In Faith.

Hey Family! *Life Groups* will be alive and active this fall, and we are delighted to launch on this journey again at Joshua Seventh-day Adventist Church! Inside this catalog, you'll discover a diverse range of life groups tailored to suit people of all backgrounds and interests. Whether you are a student, young adult, parent, or retiree, life groups are for you!

We'd like to invite you to flip through this catalog and see if any group captures your interest.

Should you have any questions or comments, please don't hesitate to contact us through email (jsdalifegroups@gmail.com) or visit our website (<https://joshuasda.org/life-groups>).

May God's blessings be upon us as we come together and do life together!

Best regards,



Matthew Diaz
Associate Pastor



Clarissa Fortune
Life Groups Leader

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Women's Group



Internet Group



Child Friendly



Study Group



Discipleship Group



Active Group



Hangout Group



Service Group



Men's Ministry (Tue.)

1st Tuesday / 7:00 PM-9:30 PM / Young Adult Room / Maximum: N/A

Welcome to Men's Ministry—a monthly gathering designed for men seeking connection, encouragement, and brotherhood. Join us in a supportive space where camaraderie thrives, and you'll find the support and belonging you're looking for.

Leader: Rodney Stowell

Email: rstowell@gmail.com

Meeting: Monthly

Phone: 817.773.3528



Balls of Fury (Tues.)

Tuesday / 7:00 PM -10:00 PM / Church Gym / Maximum: N/A

Are you interested in playing pickleball with others who love the sport or just want to learn? If so, consider joining our Life Group! Balls of Fury is a place to focus on fun and fellowship, centered around pickleball. There's no age limit, so everyone is welcome to join us for some friendly games and good times.

Leader: Llyod Thomas

Email: joshua.sda.church@gmail.com

Meeting: Weekly

Phone: 469.615.8371



Crafted in Christ (Tues.)

3rd Tuesday / 7:00 PM-8:30 PM / Joshua Gym Foyer / Maximum: N/A

Ladies, are you looking for a creative outlet and friendly conversation? Come join our crafting class! Leave your men at Pickle Ball and hang out with us in the gym foyer. We will have a themed craft for each month.

Leaders: Stephanie Davila &
Whitney Popov

Email: stephanie_davila2002@yahoo.com
[or runningfawn007@gmail.com](mailto:runningfawn007@gmail.com)

Meeting: Monthly

Phone: 817.933.6303



Pure Iron Men (Tues.)

Tuesday / 7:00 PM / The Hills Church / Maximum: N/A

Pure Iron Men is designed to help sex addicts and porn addicts get freedom through the blood of the Lord Jesus Christ. We have seen hundreds of men get free from porn and sexual sins over the last 20 years. This group is private, so to sign up, make sure to contact Harold Smith in person or by phone.

Leader: Harold Smith

Email: hmsmithjr@live.com

Meeting: Weekly

Phone: 817.907.1151



Modern Fictions and the Bible (Tues.)

1st & 3rd Tuesday / 7:30 PM-8:30 PM / Joshua SDA / Maximum: 20

In this young adult-focused group, we will learn about movies, TV, modern shows, and comics. We will examine them through a biblical lens and see how the theology and philosophies compare with biblical principles. Our meetings will be on the first and third Tuesday of the month.

Leader: Allan Quear

Email: Allan.jmail1@gmail.com

Meeting: Bi-Weekly

Phone: 817.645.4987



Food Bank Ministry (Tue.)

4th Tuesday / 3:00 PM-7:00 PM / JSDA / Maximum: N/A

The Joshua Food Pantry warmly welcomes volunteers to help serve our community with care and compassion. Opportunities include picking up food from the Tarrant Area Food Bank, setting up, serving during distribution, and helping with cleanup. Whether you're lifting boxes, greeting guests, or offering a helping hand, your time and heart make a lasting difference in the lives of others.

Leader: Cynthia Harbour

Email: joshua.sda.church@gmail.com

Meeting: Monthly

Phone: 817.259.1844



Mid-Week Connect (Wed.)

Wednesday / 7:00 PM-8:30 PM / Joshua SDA / Maximum: N/A

Do you desire community, bible study, and spiritual conversation during the week? If so, then Mid-Week Connect is for you! Join our group every Wednesday as we cover different topics and connect with each other.

Leaders: Church Elders

Email: don.simmons61@gmail.com

Meeting: Weekly

Phone: 817.822.7814



Eclectic Arts & Crafting Friends (Thur.)

Thursdays / 1:00-3:30 PM AND 6:30 PM-8:30 PM / Patty's Studio / Maximum: 8

Come make some fun projects in a real art studio! Projects will include: Bluebird house construction/ decorating, Poured Acrylic paintin on canvas, Small mosaic stained glass project. Some projects will take more than one meeting.

Ages 9-99

Leader: Patty Babbit

Phone: 817.659.9039

Meeting: Weekly



Faith of Our Nation (Fri.)

2nd & 4th Fridays / 6:00 PM - 7:30 PM / Flaxbeard Home / Maximum: N/A

In this Life Group, we will learn how the former leaders of our country were spiritual and let God help them in their decision making. We'll start with George Washington, Abraham Lincoln, and many others who were influential in helping our nation.

Leader: Michael Flaxbeard

Email: michaelflaxbeard431@gmail.com

Meeting: Bi-Weekly

Phone: 817.228.8974



Huguley Nursing Home Ministry (Sat.)

3rd Saturday / 2:00pm-3:00pm / Huguley Nursing Home (Burleson) / Maximum: 10-15

Join us once a month to sing songs and brighten the days of AdventHealth Care nursing home residents! We'd love to have you join us.

Leader: Terry Flaxbeard

Email: rf100flax@gmail.com

Meeting: Monthly

Phone: 682.213.1185



Young Adults Ladies' Night (Sat.)

3rd Saturday / 6:30pm-8:30pm / Amiee's house / Maximum: N/A

Being a young adult woman can be challenging, whether we're single, married, or raising children. Some of us are still searching for our path, while others are embracing whatever life brings. We all deserve a much-needed break, and spending time with our girlfriends is the perfect way to unwind. If you're thinking, "I don't have any girlfriends to hang out with," don't worry. This group is specifically designed for you. Let's become friends and enjoy each other's company.

Leader: Amiee Diaz

Email: amiee.diazmassage@gmail.com

Meeting: Monthly

Phone: 979.587.4503



Soul Sisters Social (Sat.)

2nd Saturday / 6:30pm-8:30pm / Sonia's house / Maximum: 12

Ladies ages 40-60, this group is for you! Join us for a relaxed evening to unwind after a busy week; enjoy good food, great conversation, some games, and a chance to just be yourself. We'll kick things off with a short vespers, then dive into some good old-fashioned fun. We'll make some time to pamper ourselves too!! Come as you are and treat yourself to a little well-deserved downtime!

Leader: Sonia Vergel

Email: svergel73@gmail.com

Meeting: Monthly

Phone: 682.970.2992



Young at Heart (Sat.)

2nd Sabbath / 1 PM - 3 PM / Varying Host Homes / Max: N/A

Join our Life Group exclusively for individuals aged 70 and above! In this group, you will spend quality time with peers. We have a potluck once a month at varying host homes and enjoy quality time together on the Lord's Sabbath.

Leader: Mavis Armstrong

Email: mmaybe39@yahoo.com

Meeting: Monthly

Phone: 817.223.4935

Every day, they [the church] continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

Acts 2:46-47 NIV

A School That Feels Like Family

Curious about our vibrant Christian school next door? Scan the QR code to discover how Joshua Adventist Multigrade School (JAMS) nurtures minds, hearts, and faith. If you have children of the right age, please join us in creating a nurturing environment where students thrive academically and spiritually.



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