

PERSONAL GEAR FOR YOUNG MEN AND ADULTS

- High Sierra weather is unpredictable in the summer months and may change quickly. Bring clothing appropriate for heat, cold, and rain.
- Camp will provide an official camp shirt. Young men are encouraged to wear this shirt during the week.
- Be sure all personal items are marked with full name and ward. Neither the adults, the camp, nor the camp staff are responsible for lost or misplaced items.
- Items on the unauthorized list will be immediately confiscated. Individuals possessing them may be immediately dismissed from camp.

CLOTHING

- Hat
- T-shirts
- Shorts
- Jeans
- Swimsuit and towel
- Pajamas or sweats
- Sweater, jacket, or sweatshirt
- Shoes. Hiking shoes are recommended.
- Old sneakers/water socks for swimming
- Underwear (1 pair per day)
- Socks (1 pair per day)
- Handkerchiefs/tissues

TOILET KIT

- Toothbrush and toothpaste
- Comb
- Sunscreen
- Soap (biodegradable)
- Lip balm
- Insect repellent** (non-aerosol)
- Towel, washcloth
- Deodorant
- Shaving gear (adults)

OPTIONAL ITEMS

- Wet suit (especially for smaller young men)
- Camera
- Musical instrument
- Sewing kit
- Pen, pencil, paper
- Money for trading post
- First aid kit
- Watch
- Cot
- Sunglasses
- Whistle on cord
- Compass
- Fishing pole and gear
- Pocket knife (w/adult permission)
- Mountain Bike – Confirm with your unit leader to make sure they have transportation options available for bringing bikes to camp.
- Mountain Bike Safety Gear – Helmet, gloves

VERY IMPORTANT

- Prescription medications

CAMPING GEAR

- Tents
- Sleeping bag or blankets
- Ground cloth
- Foam pad or air mattress
- Pillow (optional)
- Pack/duffel bag/suitcase
- Day pack/fanny pack
- Canteen or water bottle
- Mess Kit**
(Important! – no dishes provided by camp!)
 - Plate Bowl
 - Knife, fork and spoon
 - drinking cup
- Flashlight, extra bulb/batteries
- Clothesline--1/4"(10-20 feet) and pins
- Scriptures (especially Book of Mormon)
- Notepad/pencil

PAPERWORK (Signed, dated)

- Health form including immunization or youth **and adults**
- Early release form-if leaving before the end of camp

UNAUTHORIZED EQUIPMENT

(Possession may result in discharge from camp)

Hunting bows, crossbows, arrows
Firearms, ammunition, airsoft guns
Fireworks
Illicit drugs
Alcoholic beverages
Tobacco products
Knives with blades longer than 3"
Fixed blade, sheath knives
Open toed shoes
Expensive jewelry
Portable radios, boom box
Computer games
Animals-brought to or from camp
Pornography