Left- and Right-Brain Preferences Profile

God gave man a total brain, and He expects us to present both sides of our brains back to Him so that He can use them under the direction of His Holy Spirit as He so desires (Rom. 12:1-2).

There are two main hemispheres of the brain which carry out different functions. The left side is the more analytical and rational, while the right side is more intuitive and visionary. Obviously, we all use both sides, however most people tend to use one side a bit more than the other. You will want to discover which side of the brain you are naturally gifted by God to use, and consider the gifts that reside in that hemisphere as you consider your placement in ministry.

For instance, if you are left-brain (i.e., analytical and logical), you would find it considerably more difficult to be an artist or a poet or a composer (all ministries which tend to flow from the right hemisphere of the brain). Conversely, if you were more right-brain, these

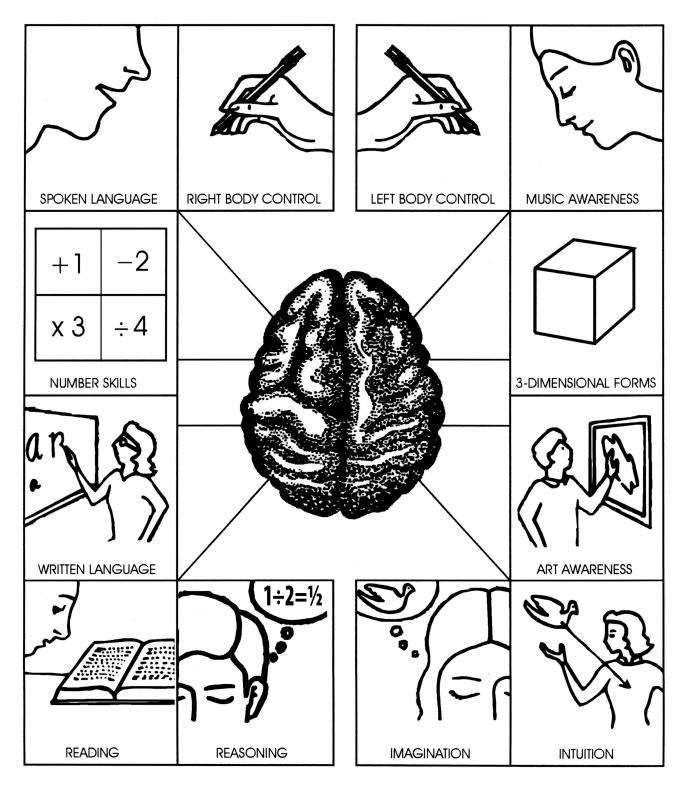
ministries would come easy for you, and the "three R's," reading, writing, and arithmetic, would be more difficult for you. Therefore, it is helpful for you to know which hemisphere you lean toward, so you can more perfectly fit yourself into the ministry God has for you.

It is, of course, also helpful for you to know these things about your spouse and children so you can better understand them and direct them in the path most fertile for them.

The following chart gives an overview of leftand right-hemisphere brain functions.

Answer the following questions as honestly and spontaneously as you can, checking the **one answer that best applies.** Even though you may want to check a couple of answers, if you think about it, you will probably recognize that you lean toward one specific answer most. For questions 8 and 33, you may give more than one answer.

Left- and Right-Hemisphere Brain Functions



Brain Preference Indicator Test

1. In a problem-solving situation, do you: a. take a walk and mull solutions over, then discuss them? ☐ b. think about, write down all alternatives, arrange them according to priorities, and then pick the best? ac. recall past experiences that were successful and implement them? ☐ d. wait to see if the situation will right itself? 2. Daydreaming is: \square a. a waste of time. ☐ b. amusing and relaxing. a real help in problem-solving and creative thinking. ☐ d. a viable tool for planning my future. 3. Glance quickly at this picture. Was the face smiling? \square a. yes □ b. no 4. Concerning hunches: I frequently have strong ones and follow them. I occasionally have hunches and place much faith in them. I occasionally have hunches but don't place much faith in them.

d. I would not rely on hunches to help me make important decisions.

5. In thinking about the activities	es of your day, which is most typical of your "style"?						
☐ a. I make a list of all t	I make a list of all the things I need to do, people to see.						
☐ b. I picture the places	I picture the places I will go, people I'll see, things I'll do.						
C. I just let it happen.							
☐ d. I plan the day's scho	edule, block out appropriate times for each item or activity.						
6. Do you usually have a place for nize information and materia	or everything, a system for doing things, and an ability to orgals?						
☐ a. yes							
☐ b. no							
7. Do you like to move your furn	niture, change the decor of your home or office frequently?						
☐ a. yes							
☐ b. no							
8. Please check which of these a	ctivities you enjoy:						
swimming	☐ travel						
☐ tennis	☐ bicycling						
☐ golf	☐ collecting						
☐ camping/hiking	☐ writing						
☐ skiing	☐ chess						
☐ fishing	☐ bridge						
☐ singing	☐ roulette						
☐ gardening	☐ charades						
playing an instrument	☐ dancing						
\square home improvements	☐ walking						
☐ sewing	☐ running						
\square reading	☐ hugging						
☐ arts/crafts	☐ kissing						
\square cooking	☐ touching						
\square photography	☐ chatting						
\square doing nothing	☐ debating						
9. Do you learn athletics and da	nce better by:						
a. imitation, getting the	ne feel of the music or game?						
_	ace and repeating the steps mentally?						

10. In sports abilities v	or performing in public do you often perform better than your training and natural varrant?
□ a.	yes
□ b.	no
11. Do you e	xpress yourself well verbally?
□ a.	yes
□ b.	no
12. Are you ş	goal-oriented?
□ a.	yes
□ b.	no
13. When yo	u want to remember directions, a name, or a news item, do you:
□ a.	visualize the information?
□ b.	write notes?
□ c.	verbalize it (repeat it to yourself or out loud)?
☐ d.	associate it with previous information?
14. Do you r	emember faces easily?
□ a.	yes
□ b.	no
15. In the us	e of language, do you:
☐ a.	make up words?
□ b.	devise rhymes and incorporate metaphors?
□ c,	choose exact, precise terms?
16. In a com	munication situation, are you more comfortable being the:
□ a.	listener
□ b.	talker
17. When yo	u are asked to speak extemporaneously at a meeting, do you:
□ a.	make a quick outline?
□ b.	just start talking?
□ c,	shift the focus to someone else or say as little as possible?
□ d.	speak slowly and carefully?

18. In an arg	ument, do you tend to:
☐ a.	talk until your point is made?
□ b.	find an authority to support your point?
□ c,	just become withdrawn?
☐ d.	push chair or table, pound table, talk louder—yell?
19. Can you	tell fairly accurately how much time has passed without looking at your watch?
☐ a.	yes
□ b.	no
20. Do you p	refer social situations that are:
□ a.	planned in advance?
□ b.	spontaneous?
21. In prepar	ing yourself for a new or difficult task, do you:
□ a.	visualize yourself accomplishing it effectively?
☐ b.	recall past successes in similar situations?
□ c.	prepare extensive data regarding the task?
22. Do you p	refer working alone or in a group?
□ a.	alone
□ b.	group
23. When it	comes to "bending the rules" or altering company policy, do you feel:
□ a.	rules and policy are to be followed?
☐ b.	progress comes through challenging the structure?
□ c.	rules are made to be broken?
24. In school	, did you prefer
☐ a.	algebra
□ b.	geometry
25. Which of	f these handwriting positions most closely resembles yours?
□ a.	regular right-hand position
☐ b.	hooked right-hand position (fingers pointing toward your chest)
□ c.	regular left-hand position
□ d.	hooked left-hand position (fingers pointing toward your chest)

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33. Check as	many of these items as you feel are true about you:						
	I can extract meaning from contracts, instruction manuals, and legal document						
	I can understand schematics and diagrams.						
	I strongly visualize the characters, setting, and plot of reading material.						
	I prefer that friends phone in advance of their visits.						
	I dislike chatting on the phone.						
	I find it satisfying to plan and arrange the details of a trip.						
	I postpone making telephone calls.						
	I can easily find words in a dictionary, names in a phone book.						
	I love puns.						
	I take lots of notes at meetings and lectures.						
	I freeze when I need to operate mechanical things under stress.						
	Ideas frequently come to me out of nowhere.						
34. I have:							
□ a.	frequent mood changes.						
□ b.	almost no mood changes.						
35. 1 am:							
□ a.	not very conscious of body language. I prefer to listen to what people say.						
□ b.	good at interpreting body language.						
□ c.	good at understanding what people say and also the body language they use.						

Scoring Key

Here is the scoring key to the self-test. Enter the numbers of each answer you checked in the right-hand column provided. List the sum of the numbers in the two column questions.

1.	a. 7	b. 1	c. 3		d. 9	
2.	a. 1	b. 5	c. 7		d. 9	
3.	a. 3	b. 7				
4.	a. 9	b. 7	c. 3		d. 1	
5.	a. 1	b. 7	c. 9		d. 3	
6.	a. 1	b. 9				
7.	a. 9	b. 1				
8.	swimming	9		travel	5	
	tennis	4		bicycling	8	
	golf	4		collecting	1	
	camping/hiking	7		writing	2	
	skiing	7		chess	2	
	fishing	8		bridge	2	
	singing	3		roulette	7	
	gardening	5		charades	5	
	playing an instrument	4		dancing	7	
	home improvements	3		walking	8	
	sewing	3		running	8	
	reading	3		hugging	9	
	arts/crafts	5		kissing	9	
	cooking	5		touching	9	
	photography	3		chatting	4	
	doing nothing	9		debating	2	
9.	a. 9	b. 1				
10.		b. 1				

11.

a. 1

b. 7

12	2.	a. 1	b. 9			
13	3.	a. 9	b. 1	c. 3	d. 5	
14	ŀ.	a. 7	b. 1			
15	ő.	a. 9	b. 5	c. 1		
16	Ď.	a. 6	b. 3			
17	7.	a. 1	b. 6	c. 9	d. 4	
18	3.	a. 3	b. 1	c. 7	d. 9	
19).	a. 1	b. 9			
20).	a. 1	b. 9			
21	L .	a. 9	b. 5	c. 1		
22	2.	a. 3	b. 7			
23	3.	a. 1	b. 5	c. 9		
24	ŀ.	a. algebra 1	b. geometry 9			
25	ő.	a. 1	b. 7	c. 9	d. 3	
26	5.	a. 1	b. 9			
27	7.	a. 2	b. 8			
28	3.	a. 9	b. 1			
29).	a. 7	b. 3			
30).	a. 9	b. 1			
31	L .	a. 8	b. 2			
32	2.	a. 1	b. 9	c. 5		
33	3. contra	ıcts	1	postpone	7	
	schem	atics	7	find words	1	
visualize		ize	9	puns	3	
	advan	ce	2	notes	1	
chatting		ng	3	freeze	3	
plan trip		rip	1	nowhere	9	
34	ŀ.	a. 9	b. 1			
35	ő,	a. 1	b. 7	c. 5		

Now add the number of points you listed on the right and divide the total by the number of answers you checked. (This latter number will vary among testers, since questions 8 and 33 have a large number of parts.) For example: if your points totaled 300 in 40 answers, your Brain Preference Indicator (BPI) would be 7.5.

Left										Right
	1	2	3	4	5	6	7	8	9	

The questions in this self-test cover the most salient differences between dominant rights and lefts.

A score near 5 would indicate that you are using both halves of your brain together quite easily. A score near 1 or 9 would indicate an extreme brain hemisphere preference, and you should work on cultivating a greater ability to use the other hemisphere of your brain. Most scores will range between 3 and 7.

The one who uses all the giftedness inherent within him will be more effective in service to the King, especially as he learns to yield these abilities to the Holy Spirit to flow through.

Side note: Having all the members of your family take this test and discussing each family member's score and the resulting differences between each person should help each family member to become more understanding toward the others. It should improve family relationships considerably. Remember, we are not out to try to change others' personalities, but to understand them and come alongside them and support them. I personally am a "Luke." I get my revelation in a method similar to Luke's, using a lot of investigation. Others will be more like John. We do not have to turn Lukes into Johns or Johns into Lukes. Honor me differences which God has placed within His body. Don't try to change them.