



MARLON SINGH
Sales Representative
 Homelife Today Realty Ltd. Brokerage
 Direct: (416) 560-6379
 Bus: (416) 298-3200
 Propertythinkers.com
 marlonsingh24hrs@gmail.com

"Your referrals are the backbone of our business"
Not intended to solicit buyers or sellers under contract. Independently owned and operated.

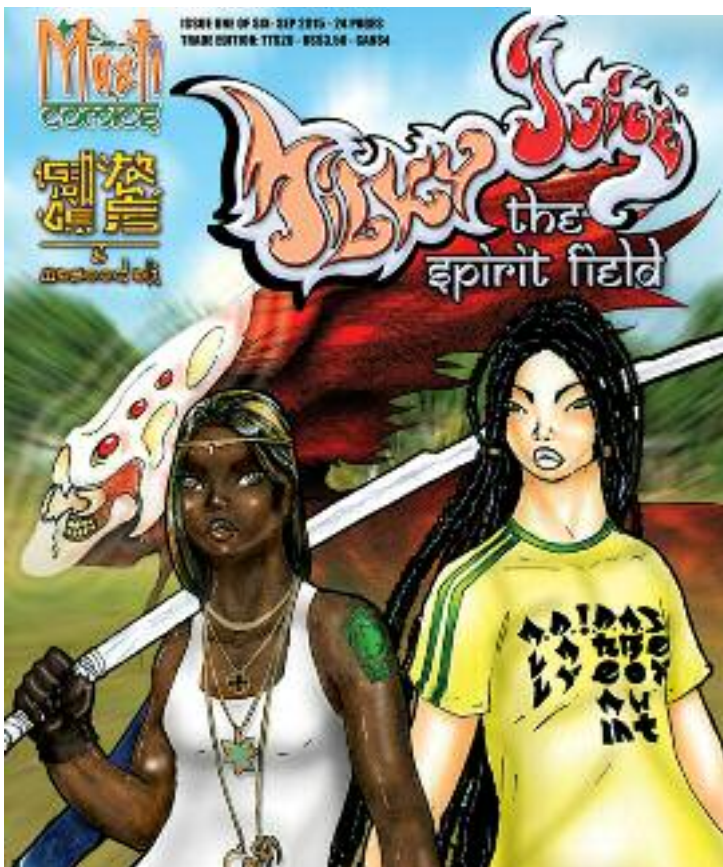
**BUYING • SELLING
 RENTING**
*"KNOW THE FACTS FIRST
 THEN MAKE YOUR DECISION"*



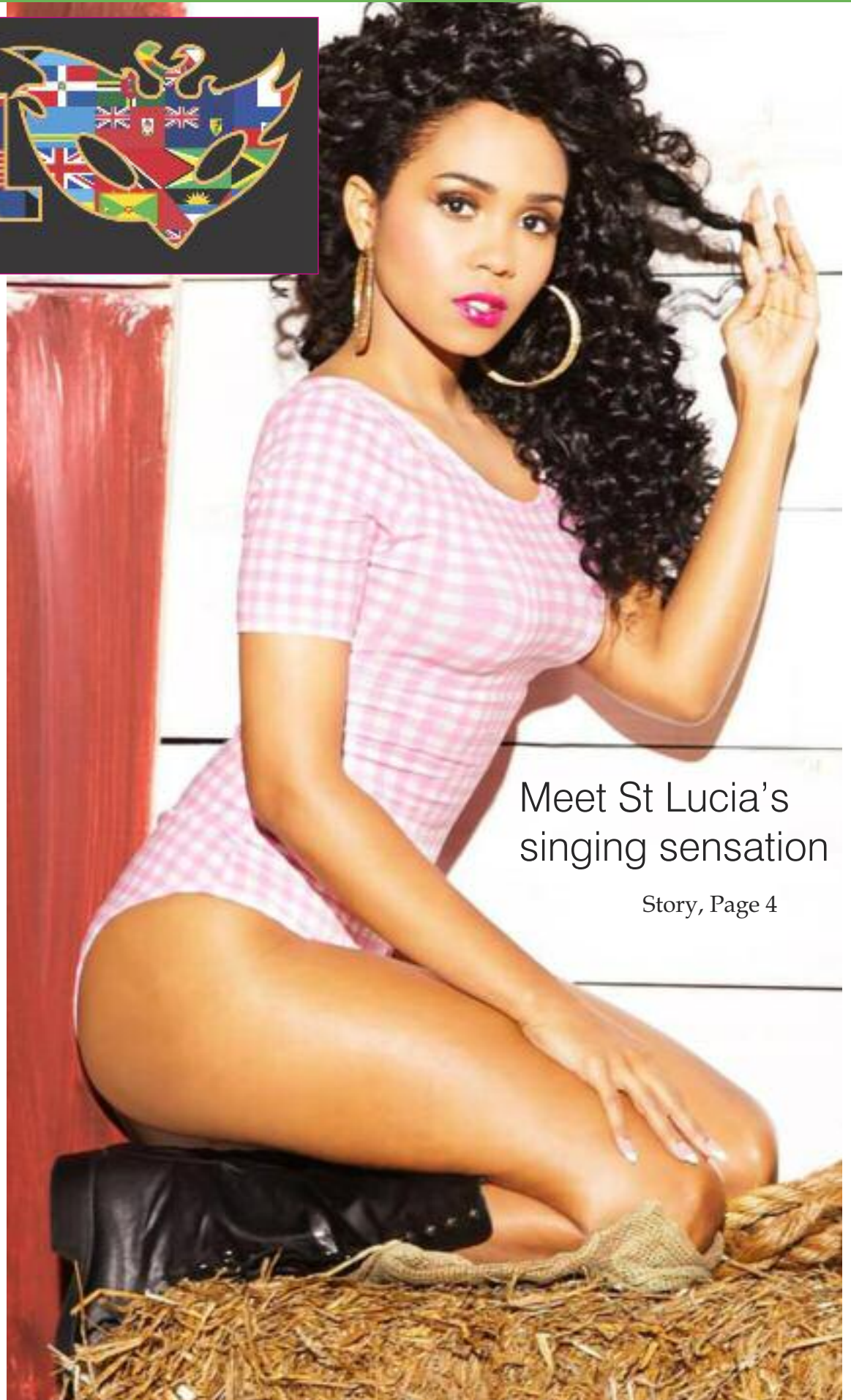
Monthly Lifestyle & Entertainment Magazine. Volume 1, Issue 5. October 2015. www.callaloo.ca.



Mon Cherie!



Trini graphic comic debuts at Fan Expo in TDot
 Story, Page 14



Meet St Lucia's singing sensation
 Story, Page 4

State of Savings.

Get discounts up to 35%.*

Saving money is important. That's why you can count on me to get you all the discounts you deserve. **GET TO A BETTER STATE®.**
CALL ME TODAY.

statefarm.ca



*Discounts vary by province. Only available in Alberta, Ontario and New Brunswick.
 State Farm branded policies are underwritten by Certas Home and Auto Insurance Company or Desjardins Financial Security Life Assurance Company.
 State Farm and related trademarks and logos are registered trademarks owned by State Farm Mutual Automobile Insurance Company, used under licence by Certas Home and Auto Insurance 1201010 CN.1 Company, and certain of its affiliates.



Jai Sukhu Insurance and Financial Services Inc
 Jai Sukhu, Agent
 720 Tapscott Road
 Scarborough, ON M1X 1C6
 Bus: 416-321-3600
 Mon-Fri 8:30am to 6:00pm
 After Hours by Appointment
 24 Hour Availability

JOAN ALEXANDER & FRIENDS TOGETHER WITH THE TRINIDAD & TOBAGO HERITAGE GROUP

PRESENT

15TH Annual SOCA Parang Lime

SUNDAY NOVEMBER 8TH, 2015
DOORS OPEN 5PM - SHOWTIME 6PM

THE METROPOLITAN CENTRE

3840 FINCH AVE. E., TORONTO, ONTARIO

***PLEASE BRING
NON PERISHABLE
FOOD ITEMS FOR
THE FOOD BANK***



TICKET OUTLETS

NORTH

JOAN 905 472-6101 (MARKHAM)

DOWNTOWN

PLAY DE RECORD 416 586-0380

WEST

STANLEY 905 896-3845

WILKIE 905 848-1496

EAST

MONA'S ROTI 416 412-1200

DRUPATIES 416 289-9988

URBAN EDGE 416 896-3448

PAPA JOE'S BAKERY

416 208-6037

M&R 416 208-9474

DURHAM

GLORIA 416 508-2754 (WHITBY)

LIVE FROM TRINIDAD
**LORD
RELATOR**

SOCA VIBES

DJ SLIM

SKF

LOS PAJAROS
LOS AMIGOS
LA PETITE MUSICAL
KEITH PASCAL

SPONSORS



CONSUMER
COMPUTER
SERVICES
INC.



Quality Glass Inc.



mylive.ca



TicketGateway.com

BUY NOW ONLINE



Canadian YouTube sensation in concert with Machel Montano, other stars

‘SUPERWOMAN’ DOES TRINIDAD

After weeks of anxious waiting in lines and searching for tickets, hundreds of teenagers and young adults in Trinidad broke down in tears when they finally got to meet YouTube sensation Lily Singh aka Superwoman in October.

Promoters Wunderlust Productions hosted two meet-and-greet sessions at the Centre of Excellence, Macoya.

Singh, 27, a Canadian of Indian heritage, brought her Unicorn Island World tour to a close with her T&T performance, telling the enthusiastic audience it was her dream to perform here. She boasted that this show saw the largest turnout, with twice as many people as any of her other 30 shows thus far.

She teamed up with local soca star, Machel Montano, to perform his Road March hits, Like Ah Boss and Ministry of Road. Singh fit right in as she jumped, wined and sang along with her 5,000 fans.

In addition to her musical performances, Singh proved why she was named one of YouTube’s most successful video bloggers (vloggers) as she took to the stage to perform three different sketches. In the first, she appeared as herself, speaking to her audience about depression and finding happiness within themselves.

Singh told them she had suffered from a deep depression five years ago and had battled with dark thoughts before being able to pick herself up again. She explained that she came up with the phrase Unicorn Island by creating her own happy place in her mind, where only positive and good thoughts are allowed.

For her second act, Singh took to the stage as her YouTube personality, Paramjeet. On her YouTube channel, Paramjeet is her mother and Singh makes light stereotypes about Indian mothers. The Paramjeet character dismissed Singh’s suggestions about finding happiness, telling the youngsters they need to listen to their parents to be



Superwoman Lily Singh with Machel Montano on a Trinidad stage earlier this month

happy.

She invited several youngsters onstage for an interactive performance that left the crowd in stitches as she advised one young woman to become a doctor, so she would be a better mother when she gets married. Paramjeet also told the audience she had been contacted by pop singer Taylor Swift to have a filter (for pictures) named after her on Instagram.

Manjeet—a character meant to be a parody of Singh’s father—was the focus of act three. Manjeet also claimed to know the key to happiness, which he

said was “the cool factor.” He invited several dancers onstage and used various pick-up lines to prove his coolness and urged the youngsters to follow him on Twitter.

The Superwoman show also featured Humble the Poet, who performs alongside Singh on her YouTube channel. There were also well-received performances by local chutney performers KI Persad and Ravi B as well as singer Neval Chatelal. Singh ended the show quite simply, by sitting on a stool and speaking to her young fans. She urged

them to work for their dreams, regardless of their circumstances.

“If you want your dreams to come through, you have to work your butts off,” she said. “The hardest thing you will ever have to do is pick yourself up when you are at your lowest.” Singh told them they would only find true happiness inside themselves and made them “pinky swear” to love themselves first.

As their hands shot into the air, tears could be seen on many faces as the youngsters readily agreed with Singh’s philosophy.

MonCherie amour!

Meet Mon Cherie, one of the Caribbean's hottest new music sensations.

Born in St. Lucia, Mon Cherie is gifted with the ability to make her musical sound come alive. She is a vibrant intelligent young woman who deeply believes that music is her soul. She is always on radio and television showing the world her talents and making people believe that there is still hope for this generation.

She grew up in an atmosphere that was filled with love and support from her family towards her success in life. Mon Cherie represented her country in an international island wide pageant in St. Martin where she won Best Promotional Speech and Miss Congeniality, the country adored her presence and talent.

Mon Cherie has traveled and lived in different parts of the world including Canada and Alaska. In traveling she has witnessed different cultures and this broaden her perspective on life.

Mon Cherie is known for joining positive movements towards the betterment of her communities; for instance when she was in high school she was the leader of her school's peer counseling group and went on representing her school in different activities.

When Mon Cherie graduated from high school she went on to University where she is perusing a degree in Political science, but she is also taking her musical carrier seriously. Cherie is currently in New Jersey where she is signed to FoQus Music Entertainment, and has a few hits to her name, including 2014's "I love to Dance" and the seasonal hit "No Santa".

Stay tuned to this lovely young lady as she brings a fuse to reggae and the pop culture.



MonCherie -- fuses reggae and pop culture

State of Savings.



Jai Sukhu Insurance and Financial Services Inc

Jai Sukhu, Agent
720 Tapscott Road
Scarborough, ON M1X 1C6
Bus: 416-321-3600
Mon-Fri 8:30am to 6:00pm
After Hours by Appointment
24 Hour Availability

statefarm.ca®

Get discounts up to 35%.*

Saving money is important. That's why you can count on me to get you all the discounts you deserve.

GET TO A BETTER STATE®. CALL ME TODAY.



*Discounts vary by province. Only available in Alberta, Ontario and New Brunswick.

State Farm branded policies are underwritten by Certas Home and Auto Insurance Company or Desjardins Financial Security Life Assurance Company.

1201010 CN.1 ®State Farm and related trademarks and logos are registered trademarks owned by State Farm Mutual Automobile Insurance Company, used under licence by Certas Home and Auto Insurance Company, and certain of its affiliates.

Caribbean finally acknowledges most visitors go to the region hoping to score a smoke

Marijuana tourism

Caribbean officials finally acknowledged what has long been an open secret: many U.S. travelers visit the islands with the expectation of smoking “ganja.”

Regional tourism officials issued their first documented comments on Caribbean marijuana tourism during a Caribbean Tourism Organization (CTO) conference.

“It is entirely up to destinations within and outside of the Caribbean to determine whether they want to use marijuana as a magnet to draw tourists,” said Hugh Riley, CTO’s secretary general. “It is a factor, we have to discuss it, and we are going to study it further.”

In October 2014 Jamaica’s government followed through on efforts to decriminalize marijuana.

Lawmakers drafted legislation to amend the country’s Dangerous Drugs Act to allow marijuana cultivation for medicinal and industrial uses.

The Bill was passed earlier this year, and the first legal marijuana plant in the island was planted on the grounds of the University of the West Indies, Mona.

Earlier Phillip Paulwell, a member of Jamaica’s parliament, had earlier predicted that “decriminalization of the weed will become a reality” in 2014.

Marijuana is readily available in areas frequented by vacationers. An underground tourist-driven marijuana economy already operates across the island. Similar situations exist in other Caribbean destinations.

Although the CTO did launch a marijuana tourism discussion as part of the conference’s panel on medical tourism, officials are not making recommendations just yet. “There is some learning that our member countries can do in that regard,” continued Riley. “But we are not setting any na-



Singer Rihanna, (right) the tourism ambassador for Barbados, smoking with a friend

tional policies here. We are simply providing information for our constituents.”

Regardless, some Caribbean stakeholders are calling for destinations to embrace marijuana as a tourism draw. At the conference Terrence Nelson, a member of the U.S. Virgin Islands’ legislature, said “[CTO] should adapt cannabis as a Caribbean commodity. Because most

people come to the Caribbean and they anticipate smoking weed.”

Nelson called for the establishment of a “Caribbean cannabis trade organization” to market Caribbean marijuana tourism.

“We need to position ourselves to market to our greatest market – America,” he said.

A handful of other Caribbean leaders called for discussion on mari-

juana decriminalization in 2014, including Kamla Persad-Bissessar, then prime minister of Trinidad & Tobago, and Ralph Gonsalves, prime minister of St. Vincent and the Grenadines.

Last year Michael Dunkley, Bermuda’s public safety minister, promised a “mature, public discussion on decriminalization,” but that has yet to occur.



The Art of Happiness

There is a book called, *The Art of Happiness* by the Dalai Lama and Howard C. Cutler, MD. In it the Dalai Lama asserts that we were born to experience and to constantly seek happiness. But is it really true that “happiness is yelling bingo!” as the popular advertisement jingle encourages?

When we think of happiness we can sometimes conjure up images of unbounded joy and uncontrolled laughter. Physiologically this is not true. Unbounded joy, such as from winning the lottery, has a similar effect as any other extreme emotion. It slows down digestion, adversely affects sleep and makes one oblivious to things like exhaustion and pain. We go into “sympathetic mode”.

In Traditional Chinese Medicine (TCM) we speak of “inappropriate joy”, which made me have appropriate laughter when I first heard the term. What it describes is what I read elsewhere to be “pretense”. As an aside, another term that tickles me is “false pretences”; is not a pretence false, hence pretence? I digress.

What pretence describes in TCM is laughing or smiling or generally appearing jovial when we feel anything but that on the inside. In TCM it is a condition of the heart and leads to actual heart problems.

So what is true happiness? This is up for debate unfortunately. My opinion is that the happiness we are seeking is simply peace of mind and

contentment. We want to be relaxed in our daily activities, have a sense of control over our lives and free of guilt and shame. How is this possible? This too is up for debate...unfortunately.

Around 1993-4 I was thinking about this idea of “tolerance” and I forget why it came to my head at the time. Perhaps it is because one of the watchwords of my birth country is “tolerance”. I came to the conclusion, then, that tolerance was not a desirable



quality or state of being. It seemed to be an uneasy truce. “I don’t really accept you, but I can tolerate you; and as long as you don’t annoy me too much, I will continue to tolerate you.”

I instead fixated on the word “acceptance”. I accept you as you are, without conditions. I am at peace with you. You do not have to change in order to please me or for me to be happy. That is as far as I got with it and was content with my conclusion and myself. Now I find myself revisiting that thought process as part of my search for what the Dalai Lama must be speaking of when he says happiness.

Which brings me to unconditional love. Which again I think is an oxymoron because how can love be conditional? I love you but only if you behave like this, say these words and generally stay within the bound of my expectations of you. Sounds like slavery or at the very least, employment.

Unconditional love can only be realized through acceptance. This is the only true peace. All else is pretence; a lie; a burden on the heart (both physical and poetic). Trying to change others to make them into our likeness is tiring and is ultimately doomed to failure and takes us out of our physiological restorative and life sustaining state. So if for no other reason than physical well being, accept the things you cannot change, courageously change those you can (like your own behaviour towards others) and wisely know the difference.

Much love and respect my friends; until next time...

Rajesh Ragbir BSc. ND, is a licensed naturopathic doctor in Ontario and practises at Feel Good Natural Health in Oshawa (905-571-1100) and at Scarborough Naturopathic Clinic (647-287-1063; 1585 Markham Rd. Suite 211). He has a special interest in stress, digestive health, women’s health and cardiovascular health. He can be reached by email at ragbir.nd@gmail.com and followed on Twitter @ragbirND.

7 Things People With Breast Cancer Want You to know

Breast cancer isn’t a “battle” “I hate it when battle terms are used to describe the experience of being treated for cancer,” Heather Lawrence blogs.

“After going through a mastectomy, chemotherapy, radiotherapy and tamoxifen; the implication is that because I went on to develop metastatic breast cancer, I didn’t _ght hard enough.” The human body is incredibly strong In an open letter to her body, Alice-May Purkiss - who was diagnosed with breast cancer at the age of 27 - writes: “I’ve watched with amazement at how you’ve taken on this new challenge with aplomb.

“You’ve been prodded and poked and stabbed and jabbed. You’ve healed and strengthened and moved on and adapted.

“Even when you’ve struggled to heal problematic wounds, you’ve given it your best shot. I’ve felt you regenerate and recover from a trauma I never imagined I would know.” A woman should be able to lose her hair with dignity Martina Gruppo was diagnosed with Stage 3, invasive breast cancer in 2014. She underwent a lumpectomy, chemotherapy and radiotherapy to treat the disease.

“It was tough and heart-breaking and the side effects were vile but you do it, and thankfully throughout my treatment I could see the very best side of human nature in the support I got from family, friends and medical staff,” she writes.

“Sadly, outside of that bubble I had a glimpse of some of the worst, and it burnt more than the radiotherapy.” Gruppo talks about a particular experience on an escalator, where a family was pointing at her because she had no hair.

Reflecting on the horrible event, she writes: “The joy of finishing treatment and feeling better is totally wiped out by feeling unable to be in public doing normal stuff such as shopping, travelling etc. without being stared at or even pointed at.

“My hair has grown now, more of a ‘look’ than a reminder of a horrible process I have gone through, and yet I can’t stop thinking about the brave women out there who are facing these stares for the first time, only daring to go out with an uncomfortable head covering to protect the feelings of others. Something needs to change.” Speaking out about your struggles will help “Sometimes it’s just easier to say stuff out loud to someone who has been there. To

someone who knows how it feels. To someone you don’t have to be strong for. To someone you don’t have to worry about,” writes Claira Hermet.

“I want everyone to know that if you ever face this situation or any other like it, it’s ok to seek out counsel in someone else who has been there. It is AMAZING to talk. It’s ok to think, wonder and worry about how you will feel about your body after the process is over and how the changes will impact your future.

“From my experience it’s hugely helpful to reach out and talk to other people because you realise that the fears you have are normal, you realise from others that the fears disperse with time and that you can learn to love your body maybe more that you ever have before.” Men can get breast cancer too Russ Heard, from Heanor, Derbyshire, was diagnosed with breast cancer after feeling an ongoing “stabbing pain” in his chest.

“My nipples were inverted - one was inverted and one had a sore, puffy thing next to it,” he said. “Sometimes pus would come out of it and sometimes it healed up again.” Heard has since had a double mastectomy, chemotherapy and more than 15 sessions of radiotherapy. He

says of his diagnosis: “It never crossed my mind to be honest because it doesn’t run in my family. Nobody else in my family has ever had it and it wasn’t in my mindset to think about these things, female or male.

“There’s a long way to go before men are aware of these issues that breast cancer can bring.” Sometimes, laughter is the best medicine Amanda Stewart, 33, is proof that it’s okay to laugh.

Ahead of her double mastectomy, Stewart held a before-and-after photo shoot, where she was pictured holding balloons in front of her breasts. She also posted a picture on Facebook which shows her nipples covered with emojis with the caption: “Bye boobies!” She hopes that documenting her journey in a positive light will make other women less apprehensive about going for the surgery, while offering comfort and support to women who are going through a similar experience.

“I wanted to show that you can should be proud of yourself and your body to reduce the stigma surrounding getting the surgery,” she said.

“It’s a positive decision. You’re given this gift and taking control. I’m a previvor - not a survivor.”



Visitors get a taste of the Caribbean at the Barbados Food, Wine & Rum Festival, which takes place this year from November 19 - 22

Food, Wine & Rum

Barbados offers it all at annual culinary festival

Things heat up in Barbados from November 19 to 22 with the 2015 Food and Wine and Rum festival.

Barbados Tourism Marketing Inc presents a delicious affair serving up cuisine by celebrity chefs Marcus Samuelsson, Carla Hall and other

national celebrity chefs, as well as some of Barbados' culinary masters and mixologists, a release said.

This year, patrons are invited to take in a mouth-watering menu of all new events: starting with Oistins Coastal Blend, featuring Samuelsson.

Ethiopian-born Samuelsson is the owner Harlem staple Red Rooster and returns to Barbados for yet another year.

He is one of the judges on Food Network's Chopped and is a supporter of several charities promoting sustainable planting across New York.

The second course is An Evening Reserve at Fusion Rooftop, where one can drink in Barbados' platinum coast.

Taste the Spirits of Polo spices things up with high-spirited action and a sampling of aged spirits.

The Barbados Food and Wine Festival festival climaxes with a Gourmet Safari & After Party followed by a Feast in the Sun, an all-inclusive beach party.

The organisers of the Barbados Food & Wine and Rum Festival 2015 say what they have planned is too divine to decline.



Celebrity chef Marcus Samuelsson will be offering tastings at Oistins

Novel by new Trini-Canadian author getting rave reviews



Sabrina Ramnanan -- drew on her "collection of images from Trinidad" to create new novel

LOVE, BY CHANCE

In 1974, the town of Chance, Trinidad is home to cane farmers, scandal-mongers, and a bright 18-year-old schoolgirl named Vimla Narine. After passing her A-levels with extraordinary results and accepting a coveted teaching post, Vimla is caught with the village pundit's son, Krishna Govind, at night, holding hands.

By morning, even the village vagrant has heard the news and the Narines and Govinds find themselves at the heart of Chance's most delicious gossip ever since a wife chased her cheating husband from the district with a rolling pin. Very quickly, Vimla's teaching post is rescinded, her mother goes on strike from everything, her father seeks solace in the rum shop, and Vimla is confined to her home. While she waits for Krishna to rescue her, Krishna's father exiles his boy to Tobago with a suitcase of Hindu scriptures: Krishna is to become a man of God.

Some of Canada's most notable novelists have called Toronto home, from Margaret Atwood to Joseph Boyden.

This is the basis of a new novel by Trinidadian-Canadian first-time author Sabrina Ramnanan.

Ramnanan, a self-described yogi, has released her first work of fiction, the novel *Nothing Like Love*, which hit bookstores earlier this year.



The story is set in a tight-knit village in Trinidad, and while Ramnanan says the book is not autobiographical, she did find inspiration from her childhood trips to the Caribbean island.

The village is named for her son, Chance. "This story is a collection of all the images that I've saved in my mind from trips to Trinidad — all of the smells, the way the palm trees look when the wind blows," Ramnanan recently told CBC Toronto in a sit-down interview for its 5 to Watch series.

"And you know what the market looks like and the things that people say. It's a collaboration of all those memories," she says.

But perhaps the most incredible part of the story is how the book came to be picked up by publisher Knopf Canada.

The Ajax resident wrote the initial elements of the book as part of an online creative writing course she took on evenings and weekends while working as a supply teacher.

She asked Lynn Henry, now the publisher di-

rector of Knopf Canada, for her input on the story as part of the requirements of the class.

"I could see immediately that she was incredibly talented," Henry recalls. "It's not a usual circumstance where I'm asked to comment on someone's thesis and then I think, 'Oh, I should offer her a publishing contract.'"

The publisher only takes on about one or two first-time fiction writers in any given year, Henry says.

Kathryn Kuitenbrouwer, Ramnana's teacher and a published author herself, says Ramnana's improbable early success in the tough landscape of Canadian publishing is a reflection of her drive.

"It's kind of a dance of impossibility from beginning to end," Kuitenbrouwer told CBC Toronto. "If you want to be a writer in the industry, in the economy of the industry right now, you have to be really diligent and really persistent and really believe in it."

As for Ramnanan, she hasn't quit her job as a supply teacher in Scarborough just yet. But she's trying to maintain reasonable expectations for her debut novel.

"I wrote the story and it made me laugh as I wrote it," she reflects. "I want somebody else to have that same experience with the book — to me that is success."

Function before form: here are some tips to get the right fit Your closet should reflect your style

Every person has their own unique style and so should their closet.

Your closet should reflect the type of clothes, shoes and accessories you own. Function always comes before form, especially in spaces like Laundry Rooms, Kitchens, Bathrooms and Closets. Here are some tips that we hope you will find useful for your closet:

Assess your needs:

Before you begin planning your new closet, think carefully about what type of storage you need. Do you need more hanging storage or shelves for folded clothes? Consider the length requirements you may have for long dresses, gowns or skirts. Do you need equal hanging space for long and short pieces? And don't forget about your shoes! By simply taking some time to really go through your closet and making some notes you can avoid costly mistakes and most importantly you will create a closet that will function for your specific needs.

Make a Wish List:

Consider your closet must have now that you have gone through your belongings carefully and thoughtfully. Do you have specific needs for your closet? Perhaps you require a shallow shelf for small clutches. Also consider your personality, as this will dictate the overall aesthetic. Are you a very neat person? Many type A personalities will opt for an open style closet, free of any doors or for an even more glamorous look they are brave enough for glass front cabinetry. Would you prefer shelf sliders for your shoes? Making a list will prove to be extremely helpful when meeting with your Designer.

Be Inspired:

Having some sense of style inspiration will also be equally important when discussing with a designer. It is always very helpful to



collect images and magazine pages so that your designer can understand your sense of style in a short time. Identifying your style is something a designer is trained to do but in cases of new construction or first-time homeowners, we sometimes do not have real rooms to assess your style from.

Expert Advice:

Consulting with a designer on anything custom is always highly recommended. Designing a closet is building something custom to suit your lifestyle; an expert can often present unique ideas that you may not have considered on your own. Designers also have the latest information on trends, new products and fixtures. With invaluable access to brands and

suppliers, a designer will ultimately create the most efficient and functional solution for you.

Budget:

An honest and realistic idea of your budget is the key to any successful project. Everyone has a budget! I cannot tell you how many times I have asked the question, "What is your budget?" and the response is; "I don't know." Even if you don't know how much things cost, there must be a limit of what you can invest. Before meeting a designer or shopping around, consult your bank account and have a clear mental figure.

Leave it to the Professionals:

The way your closet is installed can make all the difference. Shelves

and Doors need to be levelled and most times closets come in several pieces that can take quite some time for the average person to figure out. Unless you are an excellent handyman/woman please do not attempt this on your own. While you may see the short benefit of a few hundred dollars in savings, knowing that your closet is installed safely is the best insurance you can have on your closet investment.

Closet Candy:

The finishing touch to any closet is the hardware. Little finishing touches make a big impact on overall style as well as function for a well-designed closet. You can go as simple or ornate as you desire, hardware is especially important in having your personal taste shine through.



You can have it ready to use rather than throwing it out

Keeping your lipstick clean

Whether you can't recall the last time you've worn it, or it takes a dive out of your handbag straight to the floor sometimes lipsticks need to be cleaned and disinfected.

Rather than throwing out your favorite or discontinued shade, just a quick disinfecting can have it clean and ready to live vibrantly on your lips! First and foremost, try to buy lipstick in metal containers because they don't retain germs as much as plastic. As far as cleaning your lipstick, it's a simple two-step process.

Here's the How To!
Scrape off Top Layer
Because the top layer can have residue such as air particles and lint, its best to scrape off that first thin layer. This can be done with a Q-tip, but you could slice it with a kitchen knife for a cleaner finish
Dip in Rubbing Al-

cohol No surprise here, rubbing alcohol is great at killing germs and bacteria. Even off lipstick.

Dip your lipstick head (or entire applicator) into 70%+ rubbing alcohol, and let sit for 15 minutes.

Option 2 Place in Freezer Overnight Freezing temperatures can also get rid of some germs and bacteria. So popping your lipstick in the freezer overnight will have it ready for use by morning. Allow to return to room-temperature before

application Allow to Air-Dry Whether you dipped your lipstick in alcohol or placed in the freezer, let it air dry for about 20 minutes.

You're lipstick is now disinfected and ready for use! If you're a makeup artist, you know to clean your lipstick between customers. When you're shopping for the perfect shade, you wouldn't dream of swiping it on without sanitizing. But what if you're the only one who uses your lipsticks? Even if you are the only one using

it, it may be a good idea to disinfect your tubes from time to time. As bacteria can still grow.

Other tips on keeping your lipsticks safe and clean include:

ON SET It's a good practice to use a mixing palette when working on other faces. Simply shave a small portion of the intended product off with a Q-tip or small spatula onto the palette. This ensures each client gets a fresh sample, and it's easier to mix and keep handy for touch-ups.

AT THE MAKEUP COUNTER Makeup testers can harbor some nasty stuff, so make sure you always sanitize before trying on a new shade.

With a Q-tip, shave off the top layer of the lipstick. Then spray with alcohol (counters will always have a bottle on hand) and wipe with a tissue.

ON THE GO You can carry individual alcohol wipes which you can use to wipe your lipsticks if they happen to fall, and get some sort of germs or you touched it with unclean hands. These are portable and very inexpensive.



4th. Annual CHRISTMAS

Dinner & Dance

Saturday November 21, 2015
at La Roya Banquet Hall

185 Westney Rd., South (S. of H/wy 401),
Ajax Ontario

Cocktails: 6:00 p.m. - 7:00 p.m.
Buffet Dinner: 7:15 p.m. - 9:30 p.m.

Tickets info:

Chris Aleung: 416-804-3615
Ken Abdool: 647-892-1908
Ken Bhagaloo: 416-697-8135
Kissoon Boodram: 647-822-3728
Shaker Supersad: 416-523-2619
Shane Suepaul: 416-407-8403
Vinood/Mala Mahabir: 905-831-6354

Tickets: \$50.00

SOLD OUT EVERY YEAR!

Entertainment

Los Amigos

(Toronto's #1 Parang Band)

DJ Dubble Impack

CASH BAR
DOOR PRIZES
RAFFLE

from TnT Patriots



San Juan San Juan Toronto
Present
Our Annual
PARANG LIME
SUNDAY 29TH NOVEMBER 2015
D'Pavilion Restaurant & Lounge
 3300 LAWRENCE AVENUE EAST
 NORTH WEST CORNER OF LAWRENCE AVENUE EAST & BELLAMY ROAD

LIVE PARANG BAND
LA PETITE MUSICALE

CONNECTOR

LIVE DJ
DJ BASS
 FROM SAJ P.V.
 ISLAND BRIGADE

OTHER GUEST PERFORMERS AND DJS
 DOORS OPEN @ 4:00 PM
 SHOW STARTING @ 5:00 PM

FOR INFO CALL:
CHANNA: 647-654-0079 MR. SOBERS: 647-470-7326
BIG MIKE: 416-460-1077 PREACHER: 647-971-6158
CD: 647-854-5346
DONATION : \$10.00 @ DOOR

SPONSORED BY: D'PAVILION RESTAURANT & LOUNGE, TIRES2GO
 89.5 FM'S ISLAND BREEZE, CORN SOUP PROMOTIONS
 CURTIS EUSTACE ANNUAL CLASSIC PARANG DECEMBER 13TH

SKF THE CHAMP PRESENTS THE 3RD ANNUAL...
COME LET WE
PARANG

TORONTO'S NUMBER 1 PARANG BAND!
MAESTRE AND FRIENDS
 WITH GUEST CONNECTOR, DJ STYLEZ & HOSTED
 BY TORONTO'S MEGA HOST: SKF THE CHAMP

SATURDAY DECEMBER 5, 2015
ISLAND MIX RESTAURANT & LOUNGE
 1050 BROCK ROAD, PICKERING L1W-3X4

LIMITED \$10 ADVANCE TICKETS - DOORS OPEN 7PM
 FOR INFORMATION CALL SKF AT: 416.995.4753
 COMPLIMENTARY PUNCH N CREAM COURTESY OF SKF

Citizen **ATM** **late net** **lime** **BED & BATH** **TIPS AUTO CLINIC**

Callaloo The Magazine **TicketGateway.com** **INDI SCENE** **UP**

Join the Mobile Marketing Revolution... it is HERE!
Your customer has gone mobile, have you?
 Any type of organization or individual
 It is NOT as expensive as you think!

Bars Realtors Lawyers Restaurants Bands Fitness Religion Nonprofits

Why go Mobile?

- Mobile coupons are 10 times more likely to be redeemed than mail or newspaper distributed coupons
- 50% of people made a special trip to a store to redeem a mobile coupon
- One half of all local searches are performed on mobile devices
- Mobile creates a more personal experience for the user
- 62% of smartphone users said they have purchased physical goods from their mobile devices in the last six months
- 9 out of 10 mobile searches result in a purchase or in-store visit

Some of the Features available!

Available on iPhone
 Available on iPad
 Available on Android
 YouTube Feature
 GPS Directions
 One Touch Calling
 Tell-A-Friend Feature
 Event Listings Feature
 Contact Information
 Email Photo Feature
 Native Image Gallery
 Fan Wall Feature
 Push Notifications
 GPS Coupons Feature
 Mailing List Feature
 Mortgage Calculator
 Facebook Integration
 Twitter Integration
 LinkedIn Integration
 Podcast Feature
 SoundCloud Feature
 Shopping Cart Feature
 Notepad Feature
 Mobile Ads Feature
 Flickr Integration
 Picasa Integration
 Geofencing Feature

HERE

Tel: 647.447.3663
 Email: sylvanp@iere.ca
 Web: http://www.iere.ca

FREE AC WITH EVERY FURNACE
LOWEST PRICES REBATES UP TO \$1000
NO CREDIT? NO PROBLEM!
10 YEARS PARTS & LABOUR
FROM \$29.99/MTH
UP TO ONE YEAR NO PAYMENT

CASH DEALS

647-282-8105
homecomfortexperts@gmail.com

BIN SPECIAL!

RENT A 14 YARD BIN FOR WASTE!



FLAT RATE

\$350^{+ HST}

- **BASED ON 2 TONS OF WASTE**
- **BIN RENTAL BASED ON 7 DAYS**
- **VALID WITH PROMO CODE **BOSS123****

WWW.BOSSRENTAL.CA • 1-844-510-RENT (7368)



Belfon hurt in car crash

Self-professed “whining specialist” soca queen, Denise Belfon and her manager narrowly escaped death moments after landing on the island of Eleuthera, Bahamas on Saturday, October 24, 2015. The Trinidadian star was the headline performer at an event scheduled to take place Saturday night in the settlement of Palmetto Point. Instead, she and her manager were among those airlifted to the capitol after sustaining injuries.

The Eleutheran, a monthly newspaper on the island snapped a photograph of Belfon boarding an emergency medical charter flight on a stretcher. Also flown to New Providence for treatment was Belfon’s manager, Natasha Thomas Hemming along with Isabella Joseph and Bahamians Perez Smith and Stephen Bain. The driver, Clifford Sands is the only person in the vehicle who was not airlifted.

The accident occurred shortly after 6pm. According to unofficial reports, it is believed something was mechanically wrong with the vehicle. The “Wining Queen” and “Hard Wuk” singer was excited to be performing on the island and had recently uploaded a video telling the residents of Eleuthera she was on her way.

“It could have been a tragedy,” said an observer who did not wish to be named. “You know how these roads on the island are – long, winding and a bunch of hills. It really could have been a serious tragedy. I had planned to go to the concert tonight too. It was going to be in Palmetto point. They were about four miles away from their destination and had just flown in. Thank God there was no loss of life because you know most of these accidents on the island end up with fatality.”



Social Media Post of the Month

Here at Callaloo The Magazine, we like to laugh, and we’re sure you do too. This is why we’re starting a feature called Social Post of the Month, and we’re asking you, our readers, to send us your funny favourites off off Facebook, Twitter, etc., so we can share with everyone. Send your favourite post to callaloomagazine@gmail.com, and the person whose post we choose will win a special prize each month. Remember to include your contact information as well as where you got the post from. Looking forward to hearing from you!

Send us your selfies! Our Selfie Page is coming soon!



MONDAY TO THURSDAY SPECIALS

DELIVERY AVAILABLE

COMBO MONDAY 11AM-3PM	TOONIE TUESDAY 11AM-3PM
<p>SERVED WITH RICE OR ROTI</p> <p>MINI BONE CHICKEN: \$6.00</p> <p>MINI BONE GOAT: \$6.50</p> <p>MINI BONELESS CHICKEN: \$7.00</p> <p>MINI BONELESS GOAT: \$8.00</p> <p>MINI SHRIMP: \$8.00</p> <p>DUCK: \$8.00</p> <p>Includes 1 Doubles and Can Pop</p>	<p>SERVED WITH RICE OR ROTI</p> <p>MINI BONE CHICKEN: \$2.99</p> <p>MINI BONE GOAT: \$3.49</p> <p>MINI BONELESS CHICKEN: \$3.99</p> <p>MINI BONELESS GOAT: \$5.00</p> <p>MINI SHRIMP: \$6.00</p> <p>DUCK: \$6.00</p>
TRINI WEDNESDAY 11AM-3PM	TASTY THURSDAY 11AM-3PM
<p>SERVED WITH RICE OR ROTI</p> <p>MINI BONE CHICKEN: \$6.00</p> <p>MINI BONE GOAT: \$6.50</p> <p>MINI BONELESS CHICKEN: \$7.00</p> <p>MINI BONELESS GOAT: \$8.00</p> <p>MINI SHRIMP: \$8.00</p> <p>DUCK: \$8.00</p> <p>Includes 1 Doubles and Can Pop</p>	<p>SERVED WITH RICE OR ROTI</p> <p>MINI BONE CHICKEN: \$4.49</p> <p>MINI BONE GOAT: \$5.00</p> <p>MINI BONELESS CHICKEN: \$5.49</p> <p>MINI BONELESS GOAT: \$6.50</p> <p>MINI SHRIMP: \$7.00</p> <p>DUCK: \$7.00</p>

TORONTO
2038 YONGE STREET
TORONTO, ON. M4S 1Z9
416.ITS.ROTI (487.7684)
416.485.ROTI (7684)

SCARBOROUGH
1085 BELLAMY RD. NORTH
SCARBOROUGH, ON. M1H 3C7
416.289.9988

AJAX
252 BAYLY ST. WEST
AJAX, ON. L1S 3V4
905.686.8100

Creators of Manga graphic book hoping to engage Caribbean kids with positive body images and role models

Trini graphic comic a hit at Fan Expo

By Tyler Hand

Fan Expo is North America's fourth largest Comicbook convention, and certainly the biggest in Canada. This year, Masood Ali and George Francis published a very unique book that was well received by the avid attendees, Milky Juice: The Spirit Field. Even the host of Disney Channel's Games On, Jesse Sukunda, dropped by the artist's table and told of his part Trinidadian and Jamaican roots.

The book is done in the usual Manga format, but what was unusual was the ethnic Caribbean characters with brown skin or dreadlocks, speaking Trinidadian patois with Tropical backgrounds.

Several cultural Carnival characters were featured in the book such as the Blue Devil and Midnight Robber, as well as mythological folklore icons like Anansi, La Diabliesse, Ligahoo, and the Moongazer. The story is set among several Caribbean islands with several famous landmarks featured as backgrounds and integral plot devices.

Female comicbook fans commented on the Body Positive feature of the heroine Jennifer Izengaard, with her wide hips that reflected what most women in the real world looked like, unlike the usual Wonder Woman pinup.

The protagonist's ethnic background being 'dougl'a' or mixed African and Indian descent, also generated a lot of buzz as well, with more and more readers wanting stories that

accurately reflect the demographics of the multi-ethnic world we live in.

Although Izengaard is the first 'dougl'a' heroine published, there have been several heroes and heroines of African or Indian heritage, such as Storm, Falcon, Cyborg, Thunderbird, Krrish G.One and Devi. Marvel has recently rebranded a Desi Ms Marvel, Kamala Khan, to counter DC's move of making a Green Lantern with Arabian heritage, Simon Baz.

This move has ensured the media giants' cut of new faithful readers and collectors, at least eight percent of over 1.7 billion people from South Asia and 127 million from the Middle East, as well as countless Canadian and American second generation children of immigrants.

The Milky Juice publishers hope to engage Caribbean kids and communities in the same manner, with their lineup of five titles in Manga and two in Graphic Novel format. Their upcoming books will not be distributed through bookstores, but they will be available at participating restaurants and ethnic community stores.

This is part of Masti Comic's community building effort, as the restaurants will also benefit from the increased customer flow of kids eager to get the comics monthly, and their parents that will make impulse buys of meals and takeout when there.

Restaurants and other Caribbean businesses interested in advertising or distribution can contact Masood at masticomics@gmail.com.



Artist Masood Ali and colorist Tyler Hand share their book with Disney television host of "Games On" Jesse Sukunda at Fan Expo comicon, in Toronto.

Artist Masood Ali debuts the Milky Juice comicbook at Fan Expo.



The Magazine

Published by Callaloo The Magazine
7428 Markham Road, Markham, ON L3S4V6

Tel: 416 770 5855. Email: callaloomagazine@gmail.com

Callaloo The Magazine is a monthly lifestyle and entertainment magazine serving the Caribbean Diaspora in Canada, New York and Miami. For advertising and information, please contact us by email or phone.

Publisher: Marlon Singh

Editor: Raynier Maharaj

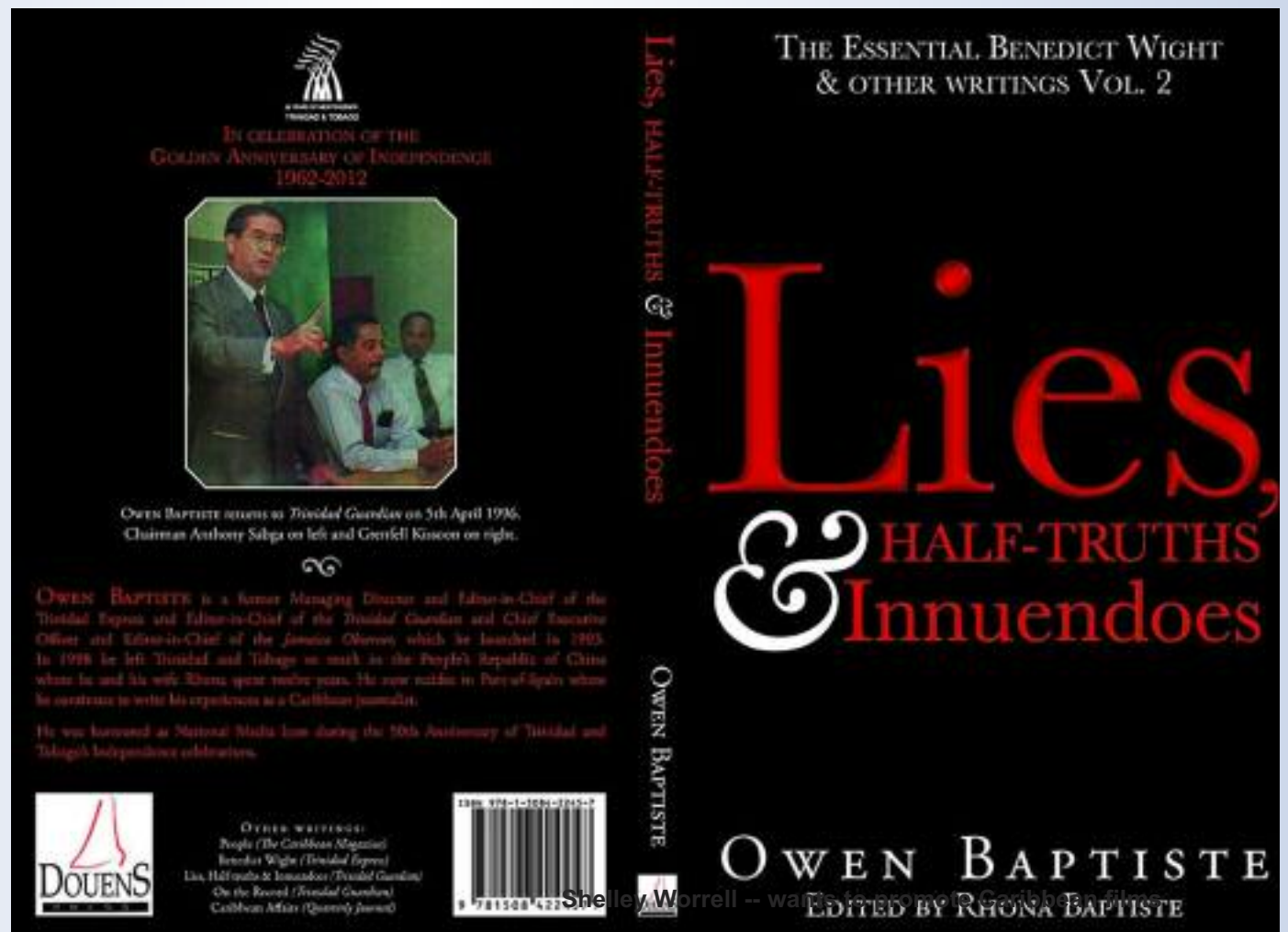
Lies, half-truths & innuendoes

THERE IS always a story behind the story that you read in the newspaper. Those hidden stories, often presented in commentaries, provide an invaluable insight into the craft of journalism by giving readers information that only a masterful journalist can provide.

Readers throughout the Caribbean are fortunate to have a whole collection of such revealing commentaries in *Lies, Half-Truths & Innuendoes: The Essential Benedict Wight & Other Writings Vol. 2* by Owen Baptiste.

This collection of columns by former managing director and editor-in-chief of the *Trinidad Express*; former editor-in chief of the *Trinidadian Guardian* and *Jamaica Observer*, features the fearless outspokenness that defined Baptiste's career as a journalist.

In this book, Baptiste captures the people and events that defined



NOW OPEN
 271 Old Kingston Road,
 Toronto, ON (Old Kingston
 and Military Trail)

Remedy
 Lounge + Cafe

Trinidad and Tobago from the 1970s through the 1990s.

Tackling topics from political fanaticism and academic cheating to the mass walkout of journalists in the *Trinidad Guardian* and the pit-bull debate in 1996, Baptiste's commentaries demonstrate an uncanny ability to identify timeless social, political and journalistic issues. He also identifies the problems with journalism today.

In this push-button, computer age of highspeed Internet, news stories are splashed across a page and mistakes are wiped out the next day by a new story that conveniently ignores the previous day's stories.

Readers don't give much thought to the issues and ethics of news reporting or the struggle it often takes to get a news story to print, but Baptiste explains why credibility is so important in the craft of journalism. A dedication to the late journalist Raoul Pantin puts a face to the issues of integrity in journalism that Baptiste write about.

Those of us who were fortunate enough to be trained as journalists by

Baptiste, remember well how he always stressed that news meant people – not merely events, and so it is no surprise that commentaries and editorials vividly describe the people behind key issues. Baptiste spares no one, and he certainly can't be accused of political bias.

Baptiste penned cutting commentaries on all political parties.

His commentaries always reveal the bigger, underlying issue that defined problems.

Take for instance a commentary on May 20, 1996 entitled "Why Does the Ministry Want these Cleaners?" This commentary tackled a story in the *Catholic News* about an issue with the way cleaners had been treated unjustly in nine denominational schools. Probing that story, Baptiste reveals a larger issue at hand: boards.

The columns about crime in the 1990s are timeless because of their ability to dissect social components.

Those columns are just as relevant today as they were three decades ago; Baptiste's argument against capital punishment is just as important today as it was in the 90s.

Lies, Half-Truths & Innuendoes... is a riveting read for those interested in history and journalism, but it also appeals to readers in general who appreciate excellent, well-crafted writing. These columns are models for argumentative essays that should be used by students in our secondary schools – especially in courses like CAPE Communication Studies. We can't expect students to become better writers and more discerning thinkers unless they actually read a book like *Lies, Half-Truths and Innuendoes...* It's superb structure captures character, voice and conflict at its journalistic best. Most of all, the columns and editorials in this collection provide an important, often uncanny look back at issues from three decades ago that still plague us today.

Check out your favourite book store for *Lies, Half-Truths and Innuendoes: The Essential Benedict Wight and Other Writings* by Owen Baptiste Vol 2, edited by Rhona Baptiste.

You will see Trinidad and Tobago in a whole new light.

-- Debbie Jacob, *Newsday*



Los Alumnos de San Juan -- nine time national Parang champion in Trinidad and Tobago

Top Trinidad group heads to World Music Expo

Parang in Budapest

NINE-TIME Trinidad and Tobago National Parang Champion, Los Alumnos de San Juan, will showcase its unique sound and stage presentations to a series of international audiences when the group performs at the World Music Expo (WOMEX) in Budapest, Hungary later this month.

Led by multiple Parang Queen winner (1997-2012), vocalist and cuatro player, Alicia Jaggasar, the award-winning ensemble would be hosted by Ask Promotions, after being specially-selected by an international panel at AMMBCON 2014.

"This band is really special and unique," said Charlene Belfon of Ask Promotions.

"After experiencing their live performance, the international selectors were blown away and both the SXSW promoter and the WOMEX reps insisted they had to have them appear at their respective festivals this year.

"Whilst we tend to take our artistes and performers for granted –

and for us, parang is just a seasonal thing we like to hear around Christmas time – for others in the world, it's a unique and vibrant art form that speaks to the Latin and Spanish-speaking community – and this band is one of the best!" For Jaggasar and her 11 bandmates, the WOMEX showcase represents another chance to "show the world what they can do" and to "share the sound of sweet parang with people who may have never heard it before".

"We have performed all over TT already and many places in the region, so we pretty much already know what to expect in terms of audience reactions here," Jaggasar said. "So it's exciting to perform for new audiences and to see how they react to us and our sound.

"The WOMEX stage I think is perfect for us – because the festival is designed to appreciate the musicianship and the indigenous sounds of the acts performing and therefore, the au-

diences it will attract will have that mindset and should be open and receptive to this unique sound from the Caribbean." In advance of their international showcase, Los Alumnos will warm up with a special musical entitled "Cantando Gloria", tomorrow from 6 - 9 pm at the University Inn and Conference Centre, 30 St Augustine Circular Road, St Augustine. The event will include special guest performances from Baron, the Malick Folk Performing Company and the Platinum Steel Orchestra.

"This is a warm up for us before we go but it's also a thank you to the many people and companies that have supported us this year and over the years.

It's for fans of parang, students and lovers of great music. We are joyous and we are ready to represent our country on the world stage, so we want to share some of that energy with our people, our friends and family, loyal fans and treasured support-

ers this weekend..."

Los Alumnos de San Juan has fashioned its distinct sound by the additional use of a Soprano Steelpan. The band further manifests the best blend of traditional string instruments with the guitar, cuatro and one string box bass all present and complemented by a driving polyrhythm section that consists of the maracas, clave, congas and scratcher.

Altogether, these instruments combine with male and female harmonies and choruses to produce a dynamic sound that definitely evokes the dancing spirit.

The band has represented TT as bearers of its Hispanic Heritage in Puerto Rico, Panama and Cuba – and has rooted its name in the parang history of TT among the diaspora globally.

Limited advance tickets are available at the venue and from members of the band.

New crown for 2016 carnival

Chutney Road March



Reigning Chutney Monarch Ravi B

SOUTHEX Promotions is planning to introduce a new crown for Trinidad and Tobago Carnival in 2016.

Apart from Chutney Soca Monarch (CSM), a Road March winner will also be crowned.

During this year, Southex's CEO, George Singh, held several workshops and other meetings with the stakeholders and artistes of the chutney soca fraternity.

As a result he decided to introduce this category as a new development for this genre. Southex has since issued a call to all artistes to compose songs that can be considered for this new title.

Singh said, "Another historic chapter will be written in the development of the Chutney Soca genre of music 2016. The establishment of this title will not only be historic and a landmark achievement but will also help to encourage and motivate artistes to be creative with their lyrics and musical arrangements in the new

year."

He noted that CSM would be 21 years in 2016, and has spawned and created a huge industry which was non-existent before 1996.

He said that chutney soca is played in all Carnival fetes and enjoyed by all.

"It has transcended our boundaries, opening doors for artistes to travel all-year round to all corners of the globe, promoting the music of this country and generating foreign exchange here," Singh said.

The Chutney Soca Road March title will now extend the music through the season, he says, and will cement its space on the music scene.

Southex has been in talks with the National Carnival Commission (NCC) to partner in this endeavour, giving this initiative its support and blessing.

Southex has also promised to find a suitable sponsor for the

prize and would also work out the logistics of the judging points and criteria.

Southex will manage the judges and the judging points at no burden either financially or by human resources to the NCC.

Six judging points will be set up, one in each main Carnival area, and will be separate and apart from the regular judging points for the National Road March title.

These six areas will include San Fernando, Couva, Chaguanas, Tunapuna, Sangre Grande and Port-of-Spain.

Commenting on this development, reigning Chutney Soca Monarch Ravi B said he welcomes this move.

"I think it is a right move in the right direction as the music has evolved and we see many soca-infused chutney songs playing on the road over recent years," he said.



PUROHIT



VAID

LAWYERS

Real Estate
Criminal Law
Impaired Driving
Immigration
Divorce
Personal Injury
Litigation
Family Law
Small Claims

CONTACT US

416-837-8132

Dine In - Take Out - Catering & Banquet Facility



Try Our **\$5.49** +Tax
LUNCH COMBO'S
 MONDAY - FRIDAY LUNCH SPECIALS
 FROM 11:30AM - 2:38PM



DINE IN - TAKE OUT
 CATERING FOR ALL OCCASIONS
 Tel: 416-754-6894

55 Nugget Ave. Unit 12
 Scarborough Ontario M1S 3L1
www.intwillight.com



MENTION THIS AD AND RECEIVE TWO COMPLIMENTARY SPRING ROLLS

STARLITE



FAMILY RESTAURANT
CARIBBEAN STYLE CUISINE

DINE IN. TAKE OUT. CATERING.
 FACILITY IS AVAILABLE FOR
 BIRTHDAYS, ANNIVERSARIES, WEDDINGS & CORPORATE FUNCTIONS



\$5.49 +Tax **LUNCH SPECIALS**
 MONDAY - FRIDAY FROM 11:00AM - 2:00PM



1157 Ellesmere Rd.
 (S/E Corner of Midland & Ellesmere)
 Tel: 647-352-4994
www.instarlite.com



PARADISE TRAVEL

For All Your Travel Needs
416 609-8869



The Freedom to buy online...

People Say...

"Customer Friendly Service and Beautiful Site..."



"Easy Promoter and Customer Access..."

"Amazing Show Selling Page..."



"100's of Shows and Events to go to..."



PROMOTER FEATURES

- Amazing Selling Interface • Event Management • 24/7 Access • Ability to Invite Guests • Complimentary Tickets
- Free Event Posting • Donate Button • Costume Selling System • Promo Codes • Referral Program • Social Media Marketing
- 6 Selling Wedgits • You Control Your Event • GoLive Anytime • Custom Fraud Proof Event Tickets • Wristbands
- Special Discounted Flyer Pricing • FREE Scanning Apps for Android and Iphone devices

CUSTOMER FEATURES

- Facebook Login • Ticket History • Instant Print Ticket • You Can Resend Your Ticket • Contact Organizer • 24/7 Access

The Freedom to buy online...





Ms World T&T 2015, Kimberly Singh sitting is flanked by 1st runner-up Daniella Walcott, right, and 2nd runner-up Vinita Manoo

Ms Trinidad & Tobago World has crown snatched away by pageant

Beauty bacchanal

Trinidad and Tobago's representative to the Miss World Pageant 2015, Kimberly Farrah Singh, has been replaced.

First runner-up in the pageant held on July 25, Daniella Walcott, is now the reigning Miss World Trinidad and Tobago and will represent the country at the international pageant which will be held in December in Sanya, China.

Attorney for Oneness Entertainment Trinidad and Tobago Limited – producers of the Miss World Trinidad and Tobago beauty pageant -- Kevin Ratiram and President of Oneness Entertainment, Vanessa Sahatoo-Manoo, issued a statement yesterday saying that Singh's reign had been terminated.

Ratiram and Sahatoo-Manoo also extended congratulations to Walcott.

The statement read, "Please be informed that due to certain developments following the Miss World

Trinidad and Tobago beauty pageant, held on the 25th day of July, 2015, Mrs Sahatoo-Manoo and Oneness Entertainment Trinidad and Tobago Limited, have terminated Miss Kimberly Singh, as the reigning Miss World Trinidad and Tobago, and replaced her with the first runner-up in the said pageant, Miss Daniella Walcott.

"Miss Walcott is therefore now, the reigning Miss World Trinidad and Tobago and shall represent Trinidad and Tobago in the Miss World Beauty Pageant, to be held in China, in December 2015.

"Mrs Sahatoo-Manoo and Oneness Entertainment Trinidad and Tobago Limited, extend congratulations to Miss Walcott..." Newsday contacted Ratiram for further information regarding the sudden replacing of Singh, but was only told that "there is no scandal involved".

Additionally, when contacted, Sahatoo-Manoo referred reports to

Ratiram saying, "I am sorry but I cannot offer any other comment at this time. I can recommend however, that you can contact our attorney Mr Ratiram for any other information."

A profile of Walcott sent to the press by Ratiram, along with the press release, stated that she "is currently in her last year of studies at the University of Trinidad and Tobago (UTT), pursuing her Bachelors in the Performing Arts in Theatre Design and Production, majoring in Set Design and Costume Design."

"Walcott entered the Miss Trinidad and Tobago Universe pageant in 2014 where she placed in the top 12. In March 2015 she entered her second pageant, the Miss World Trinidad and Tobago pageant where she was first runner-up."

Efforts were made to contact Singh and Walcott, but up to press time, neither could be reached.



Kimberly Singh



Island Mix Restaurant & Lounge is the place to socialize and relax with family and friends, for any occasion. When you are looking for a place to go for lunch, enjoy a family dinner, cater a special occasion or just have a drink with that special someone, we have the place for you.

From the time the doors have been thrown open to the public, "The Mix" as we have come to be known has built up a reputation as the premiere Caribbean family restaurant in the Durham Region, specializing in Chinese Caribbean cuisine.



Island Mix Restaurant & Lounge is very active in the community and proudly sponsors a number of groups and teams from children's sports clubs to foundations. Helping charitable causes is a regular act for us. We believe that we have a responsibility, as a successful business in the community, to give back – our clients are the ones who help us help the less fortunate.



The Caribbean comprises of a vast array of people from different ethnicities that influence the "Caribbean Culture". At Island Mix we want to reflect and represent the Caribbean Culture as best as we can by providing an experience that represents each and everyone from the Caribbean.

What has gained popularity over the years is "West Indian Style Chinese Cuisine", which is Chinese cuisine with a West Indian twist. There are a number of popular West Indian Chinese dishes such as Fried Rice, Chowmein, Lowmein, Vegetable dishes, Chicken dishes, Beef dishes, and Seafood dishes. With the assistance from one of our Head Chefs, we were able to create a number of unique West Indian Chinese dishes.

With the different ethnicities, there are different religions. From as early as Day 1 we only use 100% halal meat and we do not sell any pork in order to accommodate our Muslim clientele. In order satisfy our Hindu and Vegetarian Clientele, we created a large number of vegetarian dishes for our menu. For our Catholic Clientele, we provide a variety of fish dishes when they observe Fish Fridays. With the aging population, every one is becoming more and more health conscious. All of our dishes are prepared with lean meat and we only use Trans Fat free Canola Oil for cooking. We look forward to seeing you and to sharing the Island Mix experience.

LOCATIONS

Pickering

1050 Brock Rd.
(905) 831-1MIX(1649)

Vaughan

3175 Rutherford Rd.
(905) 761-6MIX(6649)

www.islandmix.ca

DINE IN

TAKE OUT

PATIO



Come and enjoy all of your favourites at Markham's premium Caribbean food restaurant and bar.

- * Jerk Chicken * Curry Chicken * Curry Goat * Stew Oxtail
- * Stew Chicken * Jerk Pork * Roti * Patties * Coleslaw
- A Variety of Vegetables * Daily Lunch Specials

905 . 415 . 0078
www.cravins.ca

7270 Woodbine Avenue
Markham, ON L3R 4B9



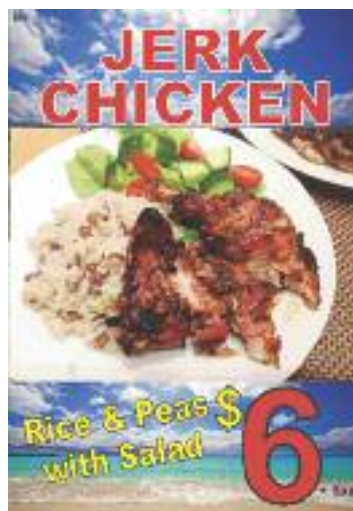
SUPREME
RESTAURANT & BAR

*The Best in
West Indian and
Chinese Food!*

1249 Ellesmere Rd
Scarborough, ON. M1P 2X8
Tel: 647 350-8832



Supreme Vegetable Chow Mein



**Live deejays
on weekends**

CHOW MEIN (NOODLE)

- 79. Plain Chow Mein \$6.00
- 68. Plain Chow Mein & Jerk Chicken \$8.50
- 80. Chicken Chow Mein \$7.00
- 81. Pork Chow Mein \$7.25
- 82. Beef Chow Mein \$7.25
- 83. Shrimp Chow Mein \$8.00
- 84. Supreme Chow Mein \$9.50
(with Beef, Pork, Chicken and Shrimp)
- Add Fried Chicken \$ 2.50 or Jerk Chicken \$ 3.00



Supreme Noodle Chow Mein

MUSHROOM (VEGETARIAN)

- 85. Black Mushroom In Garlic Sauce \$5.00
- 86. Black Mushroom In Oyster Sauce \$5.00
- 88. Black Mushroom and Patchoi \$5.00
- 90. Mushroom in Black Bean Sauce \$5.00



Mushroom In Garlic Sauce



- GREAT AREA
- EXCELLENT PRICE
- GREAT INVESTMENT
- NEAR SCHOOLS AND PARKS
- GREAT INVESTMENT OPPORTUNITY
- MAKES YOU FEEL RIGHT AT HOME



7 DAY SELLING SYSTEM

SELLERS

- FREE LIST OF COMPARABLE PROPERTIES IN YOUR AREA
- FREE STAGING WITH 10 EASY STEPS FOR QUICK SALE
- WE MARKET TO THOUSANDS OF BUYERS
- OUR NETWORK IN THE COMMUNITY REACHES THOUSANDS OF PEOPLE
- OUR EXPERIENCE ON 26 SELLER MISTAKES

BUYERS

- FREE LIST OF NEW LISTINGS "HOT OFF THE PRESS"
- FREE INFO ON HOW TO SAVE YOU THOUSANDS OF DOLLARS
- FREE TOUR OF HOMES (NO OBLIGATION)
- FREE ADVICE FOR FIRST TIME BUYERS
- OUR EXPERIENCE ON 6 BUYER MISTAKES



MARLON SINGH
Sales Representative

Homelife Today Realty Ltd. Brokerage
Direct: (416) 560-6379
Bus: (416) 298-3200
Propertythinkers.com
marlonsingh24hrs@gmail.com

"Your referrals are the backbone of our business"

Not intended to solicit buyers or sellers under contract. Independently owned and operated.





BROKER

FINANCIAL GROUP INC

LIC#12619

WE FINANCE EVERYTHING

- 1st, 2nd & 3rd Mortgages
- Residential Mortgages
- Commercial Mortgages
- Small Business Loans
- Construction Financing
- Equipment Financing
- Leisure Vehicles
- Heavy Machinery
- Secured Lines of Credit
- Unsecured Lines of Credit
- Farms
- Technology Loans
- Commission Advances



BROKER

FINANCIAL GROUP INC

LIC#12619

(647) 403-5464

7270 Woodbine Avenue Suite 100, Markham, Ontario L3R 4B9

www.brokerfinancial.ca