



**Dr. M. Ruth Thomas**

### **Spiritual Awakening – Mindset, Part 3**

**April 2024**

**(All Scriptures are taken from The Amplified Bible, unless noted.)**

I am continuing to discuss mindset. I realize the importance of having the right mindset to live as God intended. Mindset is everything. I think of how we treat one another, manage life challenges, or have a relationship with Christ—all mindset-driven.

Change never comes to us until we realize that change is needed. Israel’s continued disobedience to God was a result of their mindset. They did not manage from God’s perspective. They wanted to be like the world, and God eventually gave them their heart’s desire. Mindset is everything!

**Matthew 16:18** reveals that the church is to be built upon the revelation of Jesus Christ. We must answer the question in **verse 15**—who do you say that I am? There was a mindset that Jesus was a prophet, Elijah, or John the Baptist—all incorrect—that led to the people “not” accepting Him for who He was—Christ, the Son of the Living God. This is critical because we are to be built upon His revelation continuously. There is much depth to realizing who He is.

As you read this newsletter, what is your answer to who Jesus is? Does He have a clear path in your heart? Does your life reflect the continuous revelation of His person? Is there a difference when others encounter you? Can you say (or does your life reflect it), “If you have encountered me, you have encountered God?” Does it bother you when relationships are not according to God’s Word? These questions, and others, are mindset-related.

In my March newsletter, I referred to **Ephesians 4** regarding the importance of constant renewal in the spirit of the mind. **(Please contact our office if you have not received the March newsletter.)** Everything starts with our mind. We will never experience real change until our minds change – new thoughts based on truth, not deception. God builds us on His truth – He is the Spirit of Truth. Our belief system affects everything that we do. I understand why David said in **Psalms 51:6** – Behold, You desire truth in the inner being; make me therefore to know wisdom in my inmost heart. I believe that David knew if God didn’t build him, he wouldn’t be built and that his labor would be in vain. The same is true of us.

I recall reading that a Christian psychologist said that everything he believed about God was based on a lie. He made a quality decision to seek God for himself. He struggled to believe what he had been taught. His seeking led him to a God of love and how God's love actually manifests. He began to use Biblical principles in his medical practice. It was a choice he made, and it is a choice that each of us must make if we are built upon the revelation of Jesus. We end March with Resurrection Sunday – what does that mean to you? Do you live a resurrected life? Many questions must be asked and answered amongst us as believers in Jesus Christ.

I pray that you will choose to let Jesus be your example of a righteous mindset that pleases God and exposes the devil. I look forward to sharing with you next month.

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