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Spiritual Awakening – Mindset, Part 2

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(All Scriptures are taken from The Amplified Bible, unless noted.)

In the February issue, I discussed the importance of a healthy mindset. It is essential to get rooted and grounded, so I am continuing this discussion.

I located the following on a Coaching blog on the internet:

- Mindset is everything – it is the key to success and happiness.
- Mindset combines your beliefs, thoughts, emotions, assumptions, and attitudes. These aren't just your conscious thoughts and beliefs but also what is in your subconscious.
- Your mindset encompasses how you view yourself, your place in the world, and the world around you.
- Your mindset influences (even **shapes**) your **outcomes** (which is why mindset is everything).

Dear reader, we must get a hold of our mindset. In the last newsletter, I referenced **Isaiah 55:8-9** (God's ways and thoughts are not ours). Our mindset is not automatically changed when we receive Christ Jesus as our Lord and Savior. I think of the following Scriptures:

Ephesians 4:23-24 – ⁽²³⁾ And be **constantly** renewed in the spirit of your mind [having a fresh mental and spiritual attitude], ⁽²⁴⁾ And put on the **new nature** (the regenerate self) created in God's image, [**Godlike**] in **true** righteousness and holiness.

Philippians 2:5 – Let this same attitude and purpose and [humble] mind be in you which was in Christ Jesus: [Let Him be your **example** in humility].

As believers in Christ Jesus, we are to be **influenced** “only” by the Holy Spirit. Our life experiences have **shaped** our mindset. And, often, those experiences have been impactful/painful. In my continued growth in Christ, He asks, what have you learned from your experience? God is the Spirit of Truth, and we must tell the truth to be renewed in the spirit of our mind. God's question promoted a level of responsibility and accountability that took me away from judgment, criticism, and improper feelings and thoughts about others. It promoted an enhanced intimacy with Him. True righteousness and holiness will not manifest from self-focus – we must choose to “let” Christ's mind be in us.

The last point listed above (the coaching blog) meant a lot to me because we are born in sin and **shaped** in iniquity. Our mindset must be changed to have an **outcome** that glorifies God.

This is a life-long journey. We have an enemy who **continuously** seeks to **influence** us to focus on “ourselves” and not the ways and thoughts of God.

I encourage you to be renewed in the spirit of your mind and let your attitude reflect Christ Jesus – **MINDSET IS EVERYTHING.**

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