

Spiritual Spa Day

SATURDAY, OCTOBER 19

An Exclusive Offering with Only 8 Participants

Massage with Lynette

Tarot and Psychic Mediumship with Joanne

Astrology with Brittany

**PEMF Treatment, Chakra and Zero balancing and
Reflexology with Tara**

**A Blessing Ceremony with Somatic Stretching, Guided
Meditation and Breathwork, led by Tara**

Nourishing, home-cooked lunch

Schedule

9:45 Morning Group Tea and Greeting
10:00 - 11:40: Morning Group Rotates Through 1:1 Services
11:45: Morning Group Blessing Ceremony

12:15 Lunch for All Participants

12:45 Afternoon Group Tea and Greeting
1:00 - 2:40 Afternoon Group Rotates Through 1:1 Services
2:45 Afternoon Group Blessing Ceremony

Special introductory price of \$195 per person