

## She Won't Come in from the Fields

a 30-minute one-woman show and conversation about regenerative food growing and climate solutions written & performed by Dale Colleen Hamilton

A feisty farm woman is fed up with the conventional way her son is farming the family land.

That's why she's staging a one-woman protest, chaining herself to a fence post, refusing to come in from the fields until he agrees to try farming regeneratively. In the process, it hits home to both of them that working together is the best way to regenerate their farm and help reverse climate change.

The performance will be followed by a conversation with the audience about climate solutions and challenges in farming today and explore how to dovetail different approaches to food production for the benefit of farmers, consumers and the planet.

Dale has been writing and producing theatre for over forty years and comes from a 6-generations-deep farm family in southwestern Ontario.

In the 1990s she was elected to Eramosa Township Council and appointed to the provincial Farm Products Appeal Tribunal. She is a member of Farmers for Climate Change, the Ecological Farmers' Association of Ontario and has a Masters in Environmental Studies from York University, where she focussed her research on regenerative farming. She performed this show in fringe venues and in the streets of Glasgow Scotland at the COP 26 UN Climate Change Summit.

FREE PERFORMANCE DATE & TIME: Tuesday April 1, 6:30pm
VENUE: Buchwald Room, Millennium Library, 251 Donald St., Winnipeg

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Recommended Viewing on YouTube: *The Need to Grow* (Food Revolution Network), *Kiss the Ground, Carbon Cowboys* and *An Optimist's Guide to the Planet* 

