



She Won't Come in from the Fields

a 30-minute one-woman show and conversation
about regenerative food growing and climate solutions

written & performed by

Dale Colleen Hamilton

A feisty farm woman is fed up
with the conventional way her son is farming the family land.
That's why she's staging a one-woman protest, chaining herself to a fence post,
refusing to come in from the fields until he agrees to try farming regeneratively.
In the process, it hits home to both of them that working together
is the best way to regenerate their farm and help reverse climate change.

The performance will be followed by a conversation with the audience
about climate solutions and challenges in farming today
and explore how to dovetail different approaches to food production
for the benefit of farmers, consumers and the planet.

*Dale has been writing and producing theatre for over forty years
and comes from a 6-generations-deep farm family in southwestern Ontario.
In the 1990s she was elected to Eramosa Township Council and appointed to the provincial Farm
Products Appeal Tribunal. She is a member of Farmers for Climate Change, the Ecological
Farmers' Association of Ontario and has a Masters in Environmental Studies from York University,
where she focussed her research on regenerative farming. She performed this show in fringe
venues and in the streets of Glasgow Scotland at the COP 26 UN Climate Change Summit.*

FREE PERFORMANCE DATE & TIME: Saturday March 15, 2-3pm
VENUE: Room 3, Beban Park Rec. Centre, 2300 Bowen Rd., Nanaimo.

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Recommended Viewing on YouTube: *The Need to Grow* (Food Revolution Network), *Kiss the Ground*,
Carbon Cowboys and *An Optimist's Guide to the Planet*



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