

Praise and Deliverance Apostolic Church

2026 Consecration

Theme: The Year of Targeted Glory

Haggai 2:9 The glory of this latter house shall be greater than of the former, saith the LORD of hosts: and in this place will I give peace, saith the LORD of hosts.

What is Fasting?

Fasting is disciplining your flesh by abstaining from natural pleasures for a period of time while focusing on a deeper relationship with God.

Fasting will bring us into a deeper, more intimate, and more powerful relationship with the Lord by helping us to develop discipline and sensitivity to his spirit. By removing foods from our diet, it trains us to exert self-control over our physical selves so we can cultivate the discipline necessary for spiritual growth. Furthermore, as we cut out distractions and press into God, our spirit becomes uncluttered by the things of this world and more sensitive to the Lord. Through fasting, we put ourselves in a position where we can gain a greater sense of purpose and focus individually and collectively. Our desire is that this fast will move all of us to a new level of faith and fruitfulness.

Remember that the purpose of fasting is not simply to conquer one's physical desires, but to hear from and be changed by the Lord. This can only happen if one is spending time with him in prayer and scripture reading.

Fasting without prayer and Bible reading is little more than a diet. Don't just go on a diet, rather let your sacrifice enhance your spiritual disciplines and deepen your relationship with the Lord.

WHY FAST?

- To get a clear direction for the year.
- For spiritual growth in our lives.
- To obtain personal breakthroughs.
- To see the supernatural hand of God released in our church.
- To cover our children in the educational system & society.

- For financial breakthroughs.
- Enrichment in the covenant relation of marriages.
- For our Country's Leaders & the President to do God's will.
- Fasting empowers the believer to obtain deliverance, spiritual breakthroughs, answered prayers and victory.
- Fasting prepares the believer to receive a fresh outpouring of the Spirit and the blessings of God. Joel 2:12-29
- Fasting has medical benefits. Isaiah 58:8
- Fasting will bring peace to our land. 1 Timothy 2:1-2

Heart Preparation: In preparing your heart for this consecration, there are three questions that you might want to ask yourself. They are:

- A. "What are my motives for fasting?" This question deals with whether our motives are pure.
- B. "Are you fasting just because everyone else is doing it?"
- C. Are you fasting just to lose weight?

Remember that if you go into the fast with a frivolous attitude, you won't get serious results. Remember, you can do what you can do, but you can't do what God can do.

- "What results am I looking for?" Be specific about your expectations from this fast. Make a list of what you want God to do in and through and for you in this fast. Ask God not only for what you need but ask Him for what you want this year. Be specific and have a target list.

- Am I determined on this fast to minister to the Lord?" Our fasting should be unto the Lord. It is a time of literally presenting our bodies as a living sacrifice. If it is a sacrifice that ministers to God, make it a meaningful one. How? Make it mean something to you. If it doesn't mean anything to you, it won't mean anything to God. Without being combined with prayer and the Word, fasting is little more than dieting

Consecration Focus:

Our fasting schedule will be from 12:00 am to 12:00 pm with only water.

After 12:00 noon our fast will continue, but with limitations of food.

No bread, no sweets, no social media, no fried food, no coffee, no sodas, pasta. We are fasting Monday through Friday- the weekend is yours.

Fruits, nuts, and rice are acceptable.

If your medication requires you to eat breakfast, please refer to the fast after 12:00 noon.

21 DAYS OF TARGETED GLORY — DAILY DEVOTION SCRIPTURES

DAY 1- JAN 5

THE PROMISE OF GREATER GLORY

Haggai 2:9

God declares increase, not decline.

Devotional:

God opens this fast with a promise—not of survival, but of increase. Even when things look smaller, quieter, or less impressive than before, God declares that what's ahead will carry greater glory. This fast is not about loss; it's about positioning for what God is about to release.

Prayer Focus:

Ask God to shift your perspective from decline to expectation and to help you trust His promise of increase.

DAY 2 Jan 06

GLORY REQUIRES ALIGNMENT

Haggai 2:7–8

God fills what He owns.

Devotional:

God's glory fills what belongs to Him. Fasting helps realign our hearts, motives, and priorities so that

every area of our lives is surrendered back to God. Alignment creates space for God to fill what He already owns.

Prayer Focus:

Invite God to realign anything in your life that is out of order or out of place.

DAY 3 Jan 07

THE GLORY IS GOD'S WEIGHT

Exodus 33:18–19

“Show me thy glory.”

Devotional:

Moses didn't ask for a sign—he asked for God Himself. God's glory carries weight, authority, and substance. During this fast, we seek more than answers; we seek His presence and character.

Prayer Focus:

Ask God to reveal more of who He is, not just what He can do.

DAY 4- Jan 08

GLORY FOLLOWS OBEDIENCE

Exodus 40:34–35

The glory filled what was built according to God's pattern.

Devotional:

God's glory filled the tabernacle only after it was built according to His instructions. Obedience prepares the environment for His presence. Fasting sharpens our sensitivity to obey fully and promptly.

Prayer Focus:

Ask God to show you where obedience needs to be strengthened in your life.

DAY 5 - Jan 09

GLORY IS REVEALED IN HOLINESS

Leviticus 10:3

“I will be sanctified... and before all the people I will be glorified.”

Devotional:

Holiness isn't about perfection—it's about reverence. God is glorified when we honor Him with our lives. This fast is a call to consecration, allowing God to cleanse and refine us.

Prayer Focus:

Ask God to purify your heart and help you walk in reverence before Him.

DAY 6 - Jan 10

GOD'S GLORY IS SEEN IN HIS PEOPLE

Isaiah 60:1–2

Darkness may cover the earth, but glory rises on you.

Devotional:

Even in dark times, God's glory shines through His people. This fast positions us to rise—not by our strength, but by His glory resting upon us.

Prayer Focus:

Pray for God's glory to be visible in your life so others may see Him.

DAY 7 - Jan 11

GLORY IS CONNECTED TO GOD'S PRESENCE

Psalms 24:7–10

The King of Glory enters prepared gates.

Devotional:

God's glory enters where hearts are open and prepared. Fasting helps us lift the gates of pride, distraction, and resistance so the King of Glory can enter freely.

Prayer Focus:

Ask God to prepare your heart to host His presence.

DAY 8 - Jan 12

GLORY REQUIRES HUMILITY

2 Chronicles 7:1–3

Fire fell after surrender.

Devotional:

God responds to humility and surrender. When the people bowed low, God answered with fire and glory. This fast is an invitation to lay ourselves fully before Him.

Prayer Focus:

Pray for a humble heart that surrenders completely to God.

DAY 9 - Jan 13

GLORY DWELLS WHERE PRAISE IS PURE

Psalms 22:3

God inhabits praise.

Devotional:

God's glory rests where praise is sincere. Even while fasting, praise keeps our hearts aligned with heaven and invites God's presence to dwell among us.

Prayer Focus:

Offer God pure praise, regardless of circumstances.

DAY 10 - Jan 14

GLORY FOLLOWS FAITHFULNESS

1 Samuel 2:30

Those who honor God are honored by God.

Devotional:

God honors those who remain faithful, even when no one is watching. Fasting strengthens our commitment to honor God with consistency and integrity.

Prayer Focus:

Ask God to help you remain faithful in every season.

DAY 11 - Jan 15

GLORY IS RELEASED THROUGH GOD'S WORD

Psalms 19:1

The heavens declare His glory.

Devotional:

God's Word reveals His glory everywhere. As we fast, spending time in Scripture renews our minds and releases revelation into our lives.

Prayer Focus:

Pray for a fresh hunger and understanding of God's Word.

DAY 12 - Jan 16

GLORY IS NOT LIMITED BY PAST FAILURE

Joel 2:25-27

Restoration precedes revelation.

Devotional:

God restores what was lost before revealing His glory. This fast reminds us that failure is not the end—God redeems and rebuilds.

Prayer Focus:

Ask God to heal, restore, and redeem past seasons.

DAY 13 - Jan 17

GLORY COMES WITH THE SPIRIT

Ezekiel 37:14

Glory follows breath and revival.

Devotional:

When God's Spirit breathes, life returns. Fasting creates space for revival and fresh movement of the Spirit within us.

Prayer Focus:

Invite the Holy Spirit to revive dry places in your life.

DAY 14 - Jan 18

GLORY IS MANIFESTED THROUGH CHRIST

John 1:14

"We beheld His glory..."

Devotional:

Jesus reveals God's glory in human form. As we fast, we fix our eyes on Christ, allowing His life to shape ours.

Prayer Focus:

Thank God for Jesus and ask to reflect His character daily.

DAY 15 - Jan 19

GLORY IS RELEASED THROUGH UNITY

John 17:22–23

Unity attracts glory.

Devotional:

Unity creates an atmosphere where God's glory flows freely. Fasting helps remove division and align us in love and purpose.

Prayer Focus:

Pray for unity within families, churches, and the body of Christ.

DAY 16 - Jan 20

GLORY IS EXPERIENCED THROUGH THE HOLY GHOST

Acts 2:1–4

Glory came with power.

Devotional:

God's glory was revealed through the power of the Holy Spirit. This fast invites fresh infilling and boldness.

Prayer Focus:

Ask for renewed power and sensitivity to the Holy Spirit.

DAY 17 - Jan 21

GLORY IS SEEN IN TRANSFORMATION

2 Corinthians 3:18

From glory to glory.

Devotional:

God's glory transforms us over time. This fast is not about instant perfection, but ongoing change.

Prayer Focus:

Ask God to continue transforming you into His likeness.

DAY 18 - Jan 22

GLORY OUTLASTS SUFFERING

Romans 8:18

Present pain cannot cancel future glory.

Devotional:

Suffering does not cancel God's glory. What He is preparing far outweighs what we endure now.

Prayer Focus:

Ask God for strength and hope beyond present trials.

DAY 19 - Jan 23

GLORY IS GOD'S END GOAL

Ephesians 3:20–21

Unto Him be glory in the church.

Devotional:

Everything God does points back to His glory. This fast helps us realign our lives to glorify Him in all things.

Prayer Focus:

Surrender your plans and purpose to glorify God alone.

DAY 20 - Jan 24

GLORY IS FOLLOWED BY PEACE

Haggai 2:9b

“...and in this place will I give peace.”

Devotional:

God’s glory brings peace—not chaos. As we fast, God settles our hearts and restores His peace.

Prayer Focus:

Ask God to release His peace over your mind and spirit.

DAY 21- Jan 25

GLORY WILL COVER THE EARTH

Habakkuk 2:14

The knowledge of God’s glory fills everything.

Devotional:

God’s glory is not limited—it will fill the earth. This fast ends with hope, expectation, and vision for what God is doing globally and personally.

Prayer Focus:

Pray for God’s glory to be revealed throughout the earth and in your life.

TARGETED GLORY: FINANCIAL & FITNESS STEWARDSHIP

“The glory of the latter house...” — Haggai 2:9

Glory rests where discipline, obedience, and order are present.

PART I — FINANCIAL CONSECRATION PLAN

“RETURNING GOD TO FIRST PLACE”

CORE PRINCIPLES

- Stewardship before increase
- Obedience before overflow
- Discipline before prosperity

Proverbs 3:9–10

Honour the LORD with thy substance, and with the firstfruits of all thine increase:

Pro 3:10 So shall thy barns be filled with plenty, and thy presses shall burst out with new wine.

Luke 16:10–11

He that is faithful in that which is least is faithful also in much: and he that is unjust in the least is unjust also in much.

Luk 16:11 If therefore ye have not been faithful in the unrighteous mammon, who will commit to your trust the true *riches*?

WEEKLY FINANCIAL FOCUS

WEEK 1

ALIGNMENT

Goal:

- Pray over your finances daily

Fast From

- Impulse spending
- Eating out
- Online shopping

“Lord, I invite you into my finances.”

Now therefore thus saith the LORD of hosts; Consider your ways.

Hag 1:6 Ye have sown much, and bring in little; ye eat, but ye have not enough; ye drink, but ye are not filled with drink; ye clothe you, but there is none warm; and he that earneth wages earneth wages *to put it* into a bag with holes.

Hag 1:7 Thus saith the LORD of hosts; Consider your ways.

WEEK 2: OBEDIENCE & ORDER

Goal: Put God back in priority

Actions

- Commit to faithful tithing (or returning to it)
- Set aside a seed offering (even small)
- Create a simple spending boundary

Fast From

- Unnecessary subscriptions
- Financial fear and anxiety

Declaration

“God, You are my source, not my salary.”

Malachi 3:10

Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that *there shall not be room enough to receive it.*

Matthew 6:33

But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

WEEK 3: VISION & PREPARATION

Goal: Prepare for targeted increase

- **Write 3 financial goals (debt, saving, giving)**
- **Start a savings envelope/account (any amount)**
- **Pray over future opportunities**

Fast From

- **Comparison**
- **Complaining about money**

Declaration

“I am preparing a room for glory.”

Habakkuk 2:2

Proverbs 21:5

PART II — FITNESS CONSECRATION PLAN

“THE BODY AS GOD’S DWELLING PLACE”

1 Corinthians 6:19–20

Romans 12:1

This is not about aesthetics—it’s about stamina, discipline, and longevity for ministry.

DAILY FITNESS FRAMEWORK (ALL 21 DAYS)

DAILY COMMITMENT (30–45 MIN TOTAL)

1. WALKING / MOVEMENT (15–25 min)

- Brisk walk, treadmill, or outdoors
- Pray, worship, or listen to Scripture

Genesis 17:1 — *“Walk before me...”*

2. STRENGTH & BODY CARE (10–15 min)

Rotate daily:

- Squats
- Wall or knee push-ups
- Chair dips
- Core holds
- Stretching

No gym required.

3. BREATHING & STILLNESS (5 min)

- Deep breathing
- Scripture meditation
- Silence before God

Psalms 46:10

WEEKLY FITNESS EMPHASIS

WEEK 1: CLEANSING & CONSISTENCY

Focus: Show up daily

- Drink more water
- Reduce sugar and fried foods
- Go to bed 30 minutes earlier

Daniel 1:8–15

But Daniel proposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself.

Dan 1:9 Now God had brought Daniel into favour and tender love with the prince of the eunuchs.

Dan 1:10 And the prince of the eunuchs said unto Daniel, I fear my lord the king, who hath appointed your meat and your drink: for why should he see your faces worse liking than the children which *are* of your sort? then shall ye make *me* endanger my head to the king.

Dan 1:11 Then said Daniel to Melzar, whom the prince of the eunuchs had set over Daniel, Hananiah, Mishael, and Azariah,

Dan 1:12 Prove thy servants, I beseech thee, ten days; and let them give us pulse to eat, and water to drink.

Dan 1:13 Then let our countenances be looked upon before thee, and the countenance of the children that eat of the portion of the king's meat: and as thou seest, deal with thy servants.

Dan 1:14 So he consented to them in this matter, and proved them ten days.

Dan 1:15 And at the end of ten days their countenances appeared fairer and fatter in flesh than all the children which did eat the portion of the king's meat.

WEEK 2: STRENGTH & DISCIPLINE

Focus: Build resilience

- Increase walking pace or distance
- Add light resistance (bands or bodyweight)
- Practice posture awareness

1 Timothy 4:8

For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come.

WEEK 3: ENDURANCE & RENEWAL

Focus: Sustain the change

- Longer walks or added steps
- Stretch joints and back daily
- Pray for physical healing

Isaiah 40:31

But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint

DAILY DECLARATION FOR FINANCE AND FITNESS.

My life is aligned.

My body is disciplined.

My finances are ordered.

I am making room for glory.

The latter house will be greater.