

# HELPING NUMBERS

## McHENRY COUNTY

NATIONAL CRISIS LINE: 9-8-8

MCHEMRY CO. CRISIS LINE (24/7 ASSISTANCE): 1-800-892-8900

WARM LINE (Peer and Family Support): 1-866-359-7953

NON-EMERGENCY COMMUNITY HELP LINE: 2-1-1

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### Health/Wellness (Salud y bienestar)

|                                                     |              |
|-----------------------------------------------------|--------------|
| 1. 1st Way Life Center .....                        | 815-385-2999 |
| 2. Aunt Martha's Woodstock.....                     | 708-747-8111 |
| 3. Northwestern Medicine Hospital Huntley .....     | 224-654-0000 |
| 4. Northwestern Medicine Hospital McHenry .....     | 815-344-5000 |
| 5. Northwestern Medicine Hospital Woodstock.....    | 815-338-2500 |
| 6. Community Health Partnership of IL.....          | 815-943-4339 |
| 7. Family Health Partnership Clinic.....            | 779-220-9300 |
| 8. Informed Choices (Pregnancy Center) .....        | 815-455-0965 |
| 9. Journey Care.....                                | 847-381-5599 |
| 10. McHenry Community Health Center.....            | 815-363-9900 |
| 11. McHenry County Health Department Clinic .....   | 815-334-4500 |
| 12. Medicaid – IL Department of Human Services..... | 815-338-0234 |
| 13. Poison Control .....                            | 800-222-1222 |
| 14. Genoa Pharmacy McHenry .....                    | 815-344-3263 |

### Job/Career (Empleo/Carrera)

|                                                     |              |
|-----------------------------------------------------|--------------|
| 1. Illinois Department of Employment Security ..... | 800-244-5631 |
| 2. McHenry County College Career Services .....     | 815-455-8566 |
| 3. McHenry County Workforce Network .....           | 815-338-7100 |

### Legal (Legal)

|                                                       |              |
|-------------------------------------------------------|--------------|
| 1. Illinois Lawyer Referral Service .....             | 800-922-8757 |
| 2. McHenry County Dept. of Court Services .....       | 815-334-4400 |
| 3. McHenry County Mental Health and Drug Courts ..... | 815-334-4913 |
| 4. McHenry County Public Defender .....               | 815-334-4170 |
| 5. Prairie State Legal Services .....                 | 815-344-9113 |
| 6. State's Attorney of McHenry County.....            | 815-334-4159 |

### Mental Health/Psychiatric (Psiquiátrica y salud mental)

|                                                           |              |
|-----------------------------------------------------------|--------------|
| 1. Association of Individual Development .....            | 847-931-2340 |
| 2. Amita Health Alexian Brothers Behavioral Health .....  | 847-882-1600 |
| 3. Amita Health Behavioral Medicine (ages 12-18).....     | 855-383-2224 |
| 4. Aunt Martha's Woodstock.....                           | 708-747-8111 |
| 5. Northwestern Medicine Behavioral Health Woodstock..... | 800-765-9999 |
| 6. Community Health Partnership of Illinois .....         | 815-943-4339 |
| 7. Greater Family Health .....                            | 815-363-9900 |
| 8. Independence Health & Therapy .....                    | 815-338-3590 |
| 9. Horizons Behavioral Health .....                       | 815-455-7100 |
| 10. Mathers Clinic.....                                   | 815-444-9999 |
| 11. McHenry County Crisis Services.....                   | 800-892-8900 |
| 12. Pioneer Center .....                                  | 815-344-1230 |
| 13. Psych Express .....                                   | 815-527-7300 |
| 14. Rosecrance McHenry County .....                       | 815-363-6132 |
| 15. Samaritan Counseling Center .....                     | 847-382-4673 |
| 16. Thresholds .....                                      | 815-338-8324 |

### Financial (Financiera)

|                                                        |              |
|--------------------------------------------------------|--------------|
| 1. Consumer Credit Counseling Services .....           | 815-338-5757 |
| 2. McHenry County Social Security Administration ..... | 877-405-7828 |

### Senior Citizen Services (Mayores y servicios)

|                                                     |              |
|-----------------------------------------------------|--------------|
| 1. Elderwerks Educational Services.....             | 855-462-0100 |
| 2. Independence Health & Therapy .....              | 815-338-3590 |
| 3. Senior Care Volunteer Network.....               | 815-455-3120 |
| 4. Senior Services Associates, McHenry Office ..... | 815-344-3555 |
| 5. Crystal Lake Office .....                        | 815-356-7457 |

### Substance Use Disorder (Servicios para la tercera edad abuso de sustancias)

|                                                           |              |
|-----------------------------------------------------------|--------------|
| 1. Alano Club .....                                       | 815-455-0906 |
| 2. Alano/Alateen (self-help for family members) .....     | 815-459-6190 |
| 3. Northwestern Medicine Behavioral Health Woodstock..... | 800-765-9999 |
| 4. Connect to Recovery .....                              | 779-220-0336 |
| 5. Gateway for Alcohol and Drug Treatment .....           | 877-505-4673 |
| 6. Live 4 Life .....                                      | 844-584-5254 |
| 7. New Directions Addiction Recovery Services.....        | 779-220-0336 |
| 8. Northern Illinois Recovery Center .....                | 855-786-1978 |
| 9. Rosecrance McHenry County .....                        | 815-363-6132 |

### Brain Injury (Lesión cerebral traumática)

|                                                           |              |
|-----------------------------------------------------------|--------------|
| 1. Independence Health & Therapy .....                    | 815-338-3590 |
| 2. Neuroclinic and Assessment.....                        | 815-344-1999 |
| 3. Northwestern Medicine Neuro-Rehabilitation Center..... | 815-356-2700 |

### Veterans (Veteranos)

|                                                          |              |
|----------------------------------------------------------|--------------|
| 1. Illinois Dept. Of Veteran Affairs .....               | 815-338-9292 |
| 2. Lake County Veteran & Family Services Foundation..... | 847-986-4622 |
| 3. McHenry VA Outpatient Clinic.....                     | 815-759-2306 |
| 4. Veterans Assistance Commission .....                  | 815-334-4229 |
| 5. Veterans Path to Hope .....                           | 815-321-4673 |

### Other/ Don't Know Where to Turn (Otros/ ¿No sabes a donde ir?)

|                                                    |              |
|----------------------------------------------------|--------------|
| 1. McHenry County Dial-A-Ride Services .....       | 800-451-4599 |
| 2. McHenry County Emergency Management Agency..... | 815-338-6400 |
| 3. McHenry County Government Center .....          | 815-334-4000 |
| 4. McHenry County Mental Health Board.....         | 815-455-2828 |
| 5. Not-For-Profit Resources .....                  | 815-344-4483 |
| 6. Regional Office of Education .....              | 815-334-4475 |

### Abuse/Neglect (Abuso y negligencia)

|                                                                 |              |
|-----------------------------------------------------------------|--------------|
| 1. CARE Center (Sexual Assault Services) .....                  | 815-671-4004 |
| 2. Child Advocacy Center of McHenry County .....                | 815-334-9597 |
| 3. DCFS hotline.....                                            | 800-252-2873 |
| 4. Adult Protective Services Hotline.....                       | 866-800-1409 |
| 5. McHenry County Crisis Line .....                             | 800-892-8900 |
| 6. IDHS/Inspector general (Adult with disabilities abuse) ..... | 800-368-1463 |
| 7. Senior Services.....                                         | 815-356-7457 |
| 8. Turning Point Inc.....                                       | 815-338-8081 |

### Advocacy/Help/Support (Ayuda, ayuda y soporte)

|                                                                                             |              |
|---------------------------------------------------------------------------------------------|--------------|
| 1. CARE Center (Sexual Assault Services) .....                                              | 815-671-4004 |
| 2. Child Advocacy Center of McHenry County .....                                            | 815-334-9597 |
| 3. CSRA (Child Support Recovery Act) .....                                                  | 800-447-4278 |
| 4. Dept. Of Human Services – Developmental Disabilities<br>(Client Assistance Hotline)..... | 800-843-6154 |
| 5. Farmworkers & Landscapers Advocacy Project.....                                          | 888-451-3527 |
| 6. Illinois Guardianship and Advocacy Commission.....                                       | 815-987-7657 |
| 7. Jail Brakers .....                                                                       | 224-422-7431 |
| 8. Lake County Center for Independent Living.....                                           | 847-949-4440 |
| 9. McHenry County Mental Health Board .....                                                 | 815-455-2828 |
| 10. NAMI of McHenry County .....                                                            | 815-308-0851 |
| 11. Office of Civil Rights .....                                                            | 312-866-2359 |
| 12. Options & Advocacy for McHenry County.....                                              | 815-477-4720 |
| 13. PFLAG Help Line.....                                                                    | 630-415-0622 |

### Autism Services (Servicios de autismo)

|                                            |              |
|--------------------------------------------|--------------|
| 1. Alexander Leigh Center for Autism ..... | 815-344-2522 |
| 2. Options & Advocacy for McHenry .....    | 815-477-4720 |
| 3. Talk About Curing Autism (TACA).....    | 855-726-7810 |

### Child & Adolescent Services (Servicios para niños y adolescentes)

|                                                           |              |
|-----------------------------------------------------------|--------------|
| 1. Big Brothers Big Sisters of McHenry County.....        | 815-385-3855 |
| 2. CASA (Court Appointed Special Advocates) .....         | 779-994-4398 |
| 3. Community Action Agency Head Start .....               | 815-338-8790 |
| 4. 4-C: Community Coordinated Child Care .....            | 815-344-5510 |
| 5. DCFS (Dept. of Children and Families).....             | 800-232-3798 |
| 6. National Center for Missing & Exploited Children ..... | 800-843-5678 |
| 7. National Runaway Safeline .....                        | 800-786-2929 |
| 8. Partnering for Prevention .....                        | 224-241-2192 |
| 9. Pioneer Center Centralized Intake .....                | 815-759-7204 |
| 10. Rosecrance.....                                       | 815-363-6132 |
| 11. T.A.M.I. (Teenage Mothers Initiative) .....           | 815-344-1230 |
| 12. Youth & Family Center of McH. Cty. ....               | 815-322-2357 |

### Developmental, Mental and Physical Disabilities (Desarrollo, Discapacidades físicas y mentales)

|                                                             |              |
|-------------------------------------------------------------|--------------|
| 1. Child and Family Connections .....                       | 815-477-4720 |
| 2. Clearbrook .....                                         | 847-870-7711 |
| 3. Dept. of Rehabilitation Services (DRS).....              | 847-931-2360 |
| 4. Equip for Equality.....                                  | 312-341-0022 |
| 5. Independence Health & Therapy .....                      | 815-338-3590 |
| 6. Lake County Center for Independent Living .....          | 847-949-4440 |
| 7. Neuropsych Association of Illinois .....                 | 847-367-1611 |
| 8. NISRA (Northern Illinois Special Recreation Assoc) ..... | 815-459-0737 |
| 9. Options & Advocacy of McHenry County .....               | 815-477-4720 |
| 10. Pioneer Center for Human Services .....                 | 815-344-1230 |
| 11. SEDOM (Special Education District of McHenry Co.).....  | 815-338-3622 |
| 12. Service, Inc. of Illinois.....                          | 815-741-0800 |

### Domestic Violence (Violencia doméstica)

|                                                 |              |
|-------------------------------------------------|--------------|
| 1. A Safe Place Helpline.....                   | 847-249-4450 |
| 2. CARE Center (Sexual Assault Services) .....  | 815-671-4004 |
| 3. Home of the Sparrow (Women & Children) ..... | 815-271-5444 |
| 4. Turning Point .....                          | 815-338-8081 |

### Housing (Vivienda)

|                                                 |              |
|-------------------------------------------------|--------------|
| 1. Home of the Sparrow (Women & Children) ..... | 815-271-5444 |
| 2. McHenry County Housing Authority .....       | 815-338-7752 |
| 3. McHenry County PADS – Homeless Shelter ..... | 815-344-1230 |
| 4. Salvation Army.....                          | 815-455-2769 |