




Wholesome Harvest Food Co-op

30 W. Main St.
Frostburg, MD 21532

301-689-3120 

wholesomeharvestcoop.com 

gm@wholesomeharvestcoop.com 

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Member-Owner

Digital Download: Card not valid until stamped by WHFC

Name:

ID #:

Present this card at check-out to receive your member-owner discount here and at participating local businesses