

RESOURCES FOR FAMILIES

DURING PREGNANCY

| Food | WIC | The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. | https://www.fns.usda.gov/wic |
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| Health | CDC | Centers for Disease Control and Prevention (CDC) is one of the major operating components of the Department of Health and Human Services. | https://www.cdc.gov/pregnancy/ind ex.html |
| Health | Catholic Charities Pregnancy Support Program | Catholic Charities Pregnancy Support Program is designed to support and comfort pregnant women, their partners, and family during what can be a stressful time in their life. | https://cclse.org/i-think-im- pregnant/ |
| New Baby Car Seats | Safe Kids | Select the State of Georgia and then find your county. The list provides the places with free or reduces cost for new car seats. You need to take a one hour class to receive your free car seat. Please read the instructions when enrolling. | https://www.safekids.org/inspection-stations#GA |

FAMILIES

| Advocacy | Stand for | Stand for Children is a non-profit education advocacy organization | http://stand.org/ |
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| | Children | focused on ensuring all students receive a high quality, relevant | |
| | | education, especially those whose boundless potential is | |
| | | overlooked and under-tapped because of their skin color, zip code, | |
| | | first language, or disability. | |
| Academic | GED | The GED® program is the only higher secondary certificate | https://ged.com/en/ |
| | | available in over 85 countries and accepted by nearly all | |
| | | universities in the U.S. and many across the world. | |
| Church | Find a church | Enter your city and the database will give you the churches and | https://masstimes.org/ |
| | | mass time. | |
| Food | Feeding | Feeding Georgia is composed of seven regional Feeding America | Our Food Banks - Feeding Georgia |
| | Georgia | food banks | |
| Food | Georgia | If you are in need of emergency food assistance, contact one of | Hall County - Georgia Mountain |
| | Mountain Food | our partner agencies in Hall County. Each agency has different | Food Bank - Food Assistance |
| | Bank | hours of operation and requirements. Therefore, we suggest that | (gamountainfoodbank.org) |
| | | you call the agency for specific information. If you are unable to | |
| | | find help near you, please contact our office at (770)534-4111 | |
| Food | Hall County | List of food pantries in Hall County, GA | https://www.hallcounty.org/Docum |
| | | | entCenter/View/3128/Food-Pantry- |
| | | | Resources-Directory-as-of-June- |
| | | | <u>2016?bidId</u> = |
| Health | Amerigroup | Amerigroup offers health benefits to kids, families, and adults | https://choose.amerigroup.com/me |
| | | through Medicaid, Georgia Pathways to Coverage™, and | dicaid/acq/agp/ga/medical/enroll/in dex |
| | | PeachCare for Kids® programs in Georgia. | _ |
| Health | CHIP | The Children's Health Insurance Program (CHIP) provides health | https://www.medicaid.gov/chip/ind |
| | | coverage to eligible children, through both Medicaid and separate | <u>ex.html</u> |
| | | CHIP programs. CHIP is administered by states, according to | |



| | | federal requirements. The program is funded jointly by states and the federal government. | |
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| Health | Insure Kids Now | Find information on health insurance programs and dental providers in your state | https://www.insurekidsnow.gov/ |
| Housing | Family Promise of Gwinnett | Brings existing local resources together to help homeless children and their families regain their housing and their independence, while maintaining their dignity. | https://familypromisegwinnett.org/ |
| Housing | Hall County Homeless Resources | Help for homeless individuals are available via the Georgia Department of Community Affairs, which includes helpful links to financial, housing and other programs and services. | https://www.hallcounty.org/881/Ho meless-Assistance |
| Housing | Find Shelter | The U.S. Department of Housing and Urban Development's (HUD) Find Shelter tool provides information about housing, shelter, health care, and clothing resources in communities across the country. | https://www.hud.gov/findshelter |
| Housing | Family Promise | Immediate shelter and guidance to families with children who are facing or experiencing the crisis of homelessness. Preventing homeless, sheltering program, and stabilizing families. | https://www.familypromiseathens.org |
| Housing | My Sister's Place | My Sister's Place provides a nurturing home, transportation assistance, nutritious meals and other basic necessities to the single women and mothers with children whom we serve. | https://www.my-sisters-place.org/ |
| Housing | Hall County Emergency Rental Assistance | Households in Hall County who have individuals qualified for unemployment benefits, incurred significant costs, or experienced other financial hardship due to the COVID-19 pandemic are highly encouraged to apply. | https://www.hallcounty.org/1119/E mergency-Rental-Assistance |
| Housing | Emergency Rental Gwinnett | If you rent your home, you may also be eligible for assistance through Project Reset 2.0 | https://www.gwinnettcounty.com/ web/gwinnett/departments/financi alservices/grants/emergencyrentala ssistanceprogram |
| Job | Mother Works | MotherWorks was founded to help Moms find flexible, work from home jobs that allow for a positive work-life balance. Work from home jobs can help parents find balance by giving professionals more flexible working hours to balance career and family responsibilities. In the digital age, many jobs can be performed at remote locations outside the office and outside the traditional 9 to 5 window. | https://motherworks.com/ |
| Medical | Dental Programs | A listing of all CODA-accredited dental and dental-related education programs. | https://www.ada.org/en/coda/find- a-program/search-dental- programs#t=us&sort=relevancy |
| Medical | Children's wellness experts | CHOA Strong 4Life is armed with a team of Children's doctors, therapists, nurses, registered dietitians and other wellness experts, Strong4Life has resources to help busy families raise healthy, safe, resilient kids | https://www.choa.org/medical- services/strong4life |
| Mental Health | Double Trouble in Recovery | This is a 12-step fellowship- substance use and behavioral health challenges | https://www.gmhcn.org/double -trouble-in-recovery |
| Mental Health | Forsyth County | Mental health resources | https://www.mhfocoga.com |
| Mental Health | NAMI | National Alliance of Mental Illness Helpline 1-800-715-4225 "In-Person" Every 2nd and 4th Tuesday of the Month, 6:45pm ET Location: United Way of Forsyth County (240 Elm Street, Cumming, GA 30040) | https://namifdl.org |



| Support | Gwinnett | Emergency Food Assistance | https://www.gwinnettcounty.com/ |
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| Сарран | Resources & | Housing & Utility Assistance | web/gwinnett/newsandevents/covi |
| | Assistance | Childcare Assistance | <u>d-</u> |
| | | Transportation Assistance | 19response/resourcesandassistance |
| Support | Stephen Ministries | Stephen Ministers are caring and committed men and women, who are ready to "walk the journey" with people who are hurting. While not counselors, Stephen Ministers provide one-on-one care to people who are experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, to name a few. | https://www.popfb.org/stephen- ministry |
| Support | Project Rachel | Healing after abortion | https://hopeafterabortion.com/ |
| Support | Esperanza postaborto | Ayuda para sanar después de un aborto | https://esperanzaposaborto.org |
| Support | Community Resources | (English) https://www.unitedwayforsyth.com/sites/unitedwayforsyth.com/files/2021%20Spanish%20Helplist.pdf (English) https://www.unitedwayforsyth.com/sites/unitedwayforsyth.com/files/2021%20Spanish%20Helplist.pdf | United Way of Forsyth County's 2021 Community Help List |
| Transportation | Working Cars for Working Families | Working Cars for Working Families is fighting to ensure that families get a fair deal when buying and financing a car and that the lack of a car does not stand in the way of families' ability to become economically successful. | https://www.workingcarsforworking families.org/ |
| Transportation | Cars for Low Income Families | List of agencies to try for a free charity car near you. The staff there can show qualified low income families or the working poor how to apply for an automobile program that gives away free automobiles. | https://www.needhelppayingbills.co m/html/find_free_cars.html |
| Utilities | Gwinnett County | Gwinnett County partners with several organizations to provide assistance to customers who are having a difficult time paying their bill or repairing leaks | https://www.gwinnettcounty.com/ web/gwinnett/departments/water/ customercare/paymentassistancean drebates |
| | | Need Help Applying for Payment or Plumbing Assistance? DWR has Customer Advocates that can help you through the process. Contact a Customer Advocate at | |



| | | WRAP@GwinnettCounty.com or by calling 678.376.6800. If you need extra time to pay your bill, please speak to a Customer Care Representative prior to disconnection of service. | |
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| Utilities | Water bill | Residents of DeKalb, Gwinnett, Rockdale, Newton, and Walton counties that meet income eligibility guidelines as listed below. Applicants must also be a customer of one of the following vendors: DeKalb County Watershed Management, Gwinnett County Water Resources, City of Buford, Newton County Water & Sewage Authority, Rockdale County Water Resources. | https://pcaction.org/water- assistance/ |
| Utilities | Plumbing Assistance- Gwinnett | Need assistance fixing a leak, getting more water-efficient appliances, or fixing your septic tank? Habitat for Humanity and Gwinnett Water have developed a water resources assistance program that can help. Visit Habitat for Humanity Gwinnett to apply. | https://habitatgwinnett.org/wrap-program/ |
| Utilities | Toilet Rebate program | Gwinnett water customers are eligible for a \$75 rebate per toilet by replacing old toilets with qualifying 1.1 gallons per flush (gpf) or less | https://www.epa.gov/watersense/r esidential-toilets |
| Utilities | Payment | There are several local organizations that may have resources to help Gwinnett residents in need of utility payment assistance. Gwinnett County Government is not affiliated with the organizations listed below. Please contact each directly on eligibility requirements and funding availability: | https://www.gwinnettcounty.com/s tatic/departments/water/pdf/utility payment resources.pdf |
| Utilities | Payment | The following churches have Saint Vincent de Paul ministry. They can help with utilities, food pantry, and more! Prince of Peace Catholic Church in Flowery Branch, GA Saint Michael Catholic Church in Gainesville, GA | https://svdpgeorgia.org/get- help/ |





PREGNANCY RESOURCE CENTERS

- 1. PAC- Atlanta, Roswell and Forest Park
- 2. Atlanta Care Center
- 3. Georgia Mountain Pregnancy Center Blairsville
- 4. Pregnancy Resource Center (Carroll Save a Life)- Carroll, Haralson, and Heard Counties
- 5. Life Matters Outreach Cedartown
- 6. Birthright of Atlanta Chamblee, GA
- 7. Cleveland Care Center Cleveland
- 8. The Refuge Center Convers
- 9. North Georgia Pregnancy Services Center, Inc. Dahlonega/Dawsonville
- 10. Women's Enrichment Center Dalton
- 11. ABC Women's Clinic Dublin
- 12. Fayette Pregnancy Center Fayetteville
- 13. The Pregnancy Resource Center of Monroe County Forsyth
- 14. Choices Pregnancy Care Center (Gainesville and Flowery Branch)
- 15. First Call Pregnancy Center Greensboro
- 16. Hart Life Pregnancy Care Center Hartwell
- 17. Paulding Pregnancy Center Hiram
- 18. The Pregnancy Center Jasper
- 19. First Choice Women's Center LaGrange
- 20. Obria Lawrenceville
- 21. Core Healthcare for Women: Macon, Warner Robbins, and Milledgeville
- 22. The Kolbe Center Macon
- 23. First Care Women's Center Marietta
- 24. Women's Pregnancy Center at Roswell Street Baptist Marietta
- 25. Women's Health and Wellness Clinic of Walton Monroe
- 26. The Hope Center Woodstock



FoodFinder.us

Gwinnett Cares has partnered with this national website and mobile app to help you locate food providers nearest you. Simply go to FoodFinder.us or download the mobile apps (iPhone and Android) and enter your address and follow their lead.



Cooperative Ministries

The Co-Ops help <u>Gwinnett</u> families in *immediate crisis* meet their basic food needs. Simply find your zip code on the list below and go to your assigned Co-Op during their operating hours. In order to receive assistance, you will need to present ID and a utility bill showing your current address and zip code. Some may require scheduled appointments, so please check your Co-Op's website for their most current service hours, distribution methods, and assistance offered.

PLEASE NOTE: While some of the zip codes below span multiple county lines, these Co-Ops only serve residents of Gwinnett County.

Serving zip codes: 30019, 30042, 30043, 30044, 30045, 30046, 30049
Lawrenceville Cooperative Ministry
https://lawrencevilleco-op.org/
52 Gwinnett Drive, Suite C, Lawrenceville 30046

Serving zip codes: 30096, 30097
Duluth Cooperative Ministry
https://duluthco-op.org/
3395 Fox St NW, Suite 101, Duluth 30096

Serving zip codes: 30017, 30052, 30039, 30078 Southeast Gwinnett Cooperative Ministry https://segwinnettcoop.org/

55 Grayson Industrial Pkwy, Grayson, GA 30017

Serving zip codes: 30340, 30360, 30071, 30091, 30093, 30092, 30084

Neighborhood Cooperative Ministries

https://www.ourncm.org/

500 Pinnacle Court, Suite 510, Norcross, 30071

Serving zip codes: 30011, 30517, 30515, 30519, 30548, 30518, 30024



North Gwinnett Cooperative Ministry https://northgwinnettcoop.org/
4395 Commerce Dr, Buford 30518

Serving zip codes: 30047, 30084, 30087 Lilburn Cooperative Ministry https://lilburnco-op.org/ 5329 Five Forks Trickum Rd SW, Lilburn 30047

Faith Community

Many churches and worship centers have launched food programs to help meet the needs of our community. We encourage you to reach out to local places of worship in your neighborhood to see how they might help. Here are just a few (of many):

Mercy Seed Resource Center https://newmerciesnow.org/events/mercy-seed-resource-center/ 4000 Five Forks Trickum Rd.
Lilburn, GA 30047

The Fountain Church
https://thefountain.church/community
1985 Old Fountain Rd.
Lawrenceville, GA 30043

The Pantry at Hamilton Mill UMC https://tphm.org/
1450 Pine Road Dacula, GA 30019

CarePointe Community Ministries https://crosspointechurch.com/carepointe/
1800 Satellite Blvd.
Duluth, GA 30097



Live Healthy Gwinnett Food Distributions

Free drive-through food distribution events offer fresh and shelf-stable food items for food insecure families. No identification is required.

Link to their website here https://www.livehealthygwinnett.com/programs-events/