

The A+ Parent

A POSITIVE APPROACH TO MANAGING BEHAVIORS AT HOME



Applied Behavior Analysis (ABA) is often considered the “golden standard” of therapy. ABA is a scientific approach which is designed to improve specific behaviors and skills in many arenas of life. There has been over 30 years of research that has demonstrated the efficacy of ABA methods in promoting positive behavior. These techniques can assist as a roadmap to calmer, more consistent ways to manage problem behaviors and offers a chance to help children develop and gain the developmental skills they need to regulate their own behaviors.

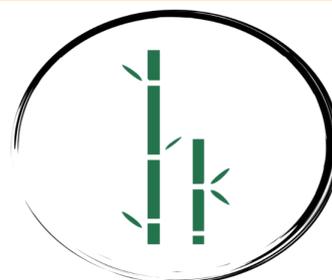
The A+ Parent workshop focuses on *antecedent and positive* measures (hence the name, A+) and offers parents a comprehensive look at problem behavior. It covers a variety of topics, including the principles of behavior, prevention strategies, motivation and communication skills.

Inquire about our workshop

Web: <https://abhatherapy.com/trainings>

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Social: <https://www.facebook.com/AbhaTherapy>



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ADVANCED BEHAVIORAL HEALTH ANALYSIS LLC