

Fabulous February

A Message From Our President

Hi everyone. We have added 3 new members to our group and they are as follows: Bob Brown, Shannon Boot, and Natasha Barnsby. We will be adding more new members this coming month. If you meet them, please welcome them warmly into the group.

We are still looking for members to come forward and take on some volunteer positions. We are looking for:

- 1) Family Director
- 2) Adult director
- 3) Vice President
- 4) Publicity Director

It's important to fill these positions so it takes the workload off other Members. Most of these positions do not take many hours per month. You need to attend our general meetings on the 2nd Wednesday of each month, except for July and August.

We are looking for ideas for adult and family activities. I don't want to hear we are not doing enough. It's up to all of our members to help organize events. It's what will make us a stronger and more inviting group to be a part of. If any other members wish to host events let us know. The chapter will pay up to \$100 for snacks and drinks (keep all receipts). Also, this counts towards volunteer time.

Cheers,

Doug Brown

Upcoming Events!

We are planning family bowling event for Feb. 15th at Garrison Lanes.

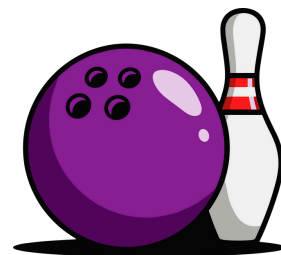
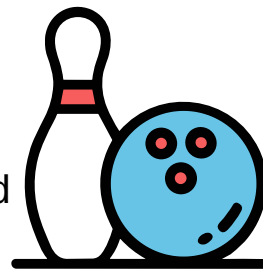
They have worked out a great rate for our group. The cost is \$200 for unlimited bowling including your shoes. The board members have voted and passed that the chapter will pay the cost of bowling along with pizza for everyone. You can purchase your beverages from the cafe at the bowling lanes venue. This package covers up to 25 people. If the demand is more, we will look at booking 1 extra lane.

Timing is as follows: If you wish to have pizza please be there for 12 noon. We will have a private room we can use to eat and leave all our coats and personal belongings. Bowling will start at 12:30 sharp.

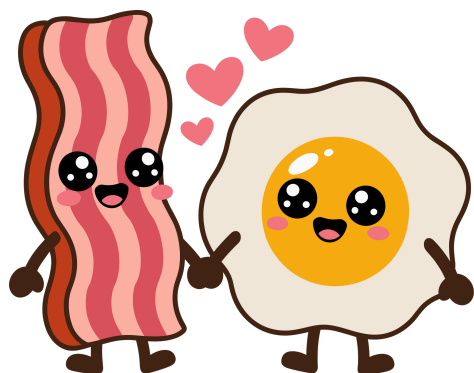
If you have preferences on who you want on your team please let me know and we will try our best to accommodate.

If you wish to attend, please let me know ASAP how many and who is coming. Members must be in good standings to benefit from this event.

Contact: Doug Brown - loveroflife38@hotmail.com or 613-888-0271



Join Us For Breakfast!



When? Sunday, Feb 15th 2026 at 9:30am

Where? Eggsquis, 2774 Princess St

RSVP: Karla via text message 613-650-1929, Messenger or OPFA group on Facebook.



February Frontenacs Game

We will be having another Frontenacs game on Friday, February the 13th . Please message me back early so I can get tickets. Members pay \$10 and the chapter will cover for the kids.

Contact: Doug Brown - loveroflife38@hotmail.com or 613-888-0271



Games Night



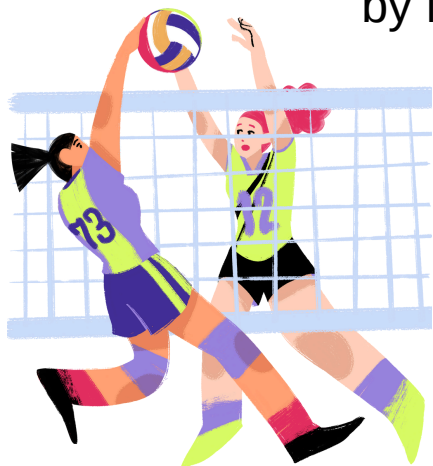
Laura McNiff has graciously opened her and Jeff's home for a potluck and game night.

Please let Laura know through email if you're coming and what kind of dish you may be bringing. Laura_roffey10@hotmail.com

Try to carpool if possible. Parking may be limited. Let's make this a great event with a good showing and maybe some of the new members will attend as well.

Smashing Sports Update

by Mary-Beth Walker - Sports Director



Congratulations to our volleyball tournaments raising almost \$1000 for our OPFA, One Parent Families Association.

Our next tournament is February 7th in Ajax.

We are in desperate need of changing up some processes to help everyone have a better experience.

Effective immediately:

- 1) Captains will now be responsible for collecting funds from their own team members. Captains can pay in advance or the morning of the tournament. This will alleviate the registration line ups on the day of the tournament.
- 2) 3 Team Captains will be asked to provide at least 2 names for referee duty throughout the day while sitting. We can generally cover the score-keepers so any excess referee pool we have will spill over to the score-keeper volunteers.
- 3) 1 Team Captain will be asked to donate to the Cantina / Lunch table for folks. Gatorade, Water, Sandwiches are the key things we are looking for. We will rotate allowing each team to have 1 tournament per year for donations, not much to ask.

For more details, registrations, or inquiries, please text Mary-Beth Walker at 647-999-8082.

Your Limestone OPFA Committee Members

Title	Name	Email
President	Doug Brown	Loveroflife38@hotmail.com
VP	Vacant	
Treasurer	Karla Doucet	kmdoucet@hotmail.com
Secretary	Jenn Byrd	jhsjennifer@gmail.com
Membership Director	Esthela Diaz	Esthela.diaz@gmail.com
Sports Director	Mary-Beth Walker	jackandmb@gmail.com
Newsletter Director	Jenn Byrd	jhsjennifer@gmail.com
Website/Publicity Director	Vacant	
Family Activities Director	Vacant	
Adult Activities Director	Vacant	

Important Crisis Numbers

Telephone Aid Line Kingston (TALK)	613-544-1771
Kids Help Phone	1-800-668-6868
Kingston Interval House	613-546-1777
Sexual Assault Centre Kingston	613-544-6424
Addictions/Mental Health Crisis Kingston	613-544-4229