Expanded In-home Services for the Elderly Program (EISEP)



EISEP (Expanded In-home Services for the Elderly Program) provides case management and non-medical in-home services to income-eligible older adults age 60 and over. It enables frail, functionally impaired older adults to remain safely at home. Potential clients cannot be receiving assistance from Medicaid or any other similar entitlement program. It gives clients access to a well-planned, coordinated package of in-home and other supportive services designed to supplement informal care from their families.



EISEP is administered by the New York State Office for the Aging and managed locally through the Rockland County Office for the Aging. It is a uniform statewide program that provides non-medical in-home services, day care and ancillary services for qualified older adults.

To be eligible for EISEP the person must be:

- A Rockland County resident
- At least 60 years old
- Impaired in IADLs "Instrumental Activities of Daily Living" (such as meal preparation, housekeeping or shopping) and/or ADLs – "Activities of Daily Living" (such as bathing, dressing or general grooming)
- Able to be maintained safely at home
- Not be a Medicaid recipient or eligible for Medicaid

EISEP is a means tested program. Payment for services is determined based on monthly income and household expenses (such as social security, pensions, IRA distributions, dividends and interest, rent/mortgages, utilities, etc.). Client may be responsible for a portion of the cost for services.

EISEP can provide the following services:

- In-home Services Including assistance with bathing, dressing, general grooming, toileting, transferring in/out of bed/chair; also, light housecleaning, laundry, and meal preparation.
- Social Adult Day Care Provides frail older adults the opportunity to socialize in a safe environment. Temporarily relieves the client's primary informal caregiver from the stresses and strains associated with caregiving.
- Ancillary Services Personal Emergency Response System (Lifeline), provides 24/7 access at the touch of a button to emergency assistance.

If you have questions or would like to know more about EISEP, please call us at (845) 364-2113 or (845) 364-2117.