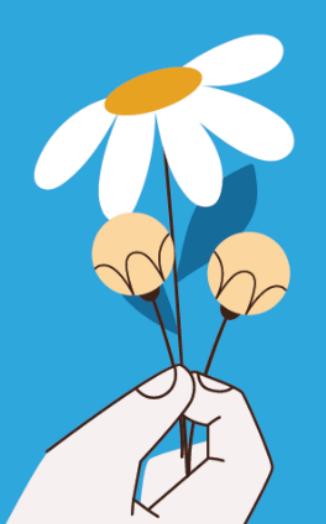


# MENTAL HEALTH SUPPORT



You are not alone. You can access mental health support with your health insurance and there are services available to help you navigate the process.

[on.nyc.gov/MentalHealthAwareness](http://on.nyc.gov/MentalHealthAwareness)



**NYC** Mayor's Office of  
Community Mental Health

**NYC** Mayor's Public  
Engagement Unit  
GetCovered**NYC**

**NYC**  
Department of  
Social Services

Office of  
Citywide Health  
Insurance Access