

# MENUS FOR JANUARY

Young Scholars of Central PA

**FREE BREAKFAST!**  
All students, every day.  
Breakfast includes the listed entree, fruit, juice, and milk.

**We look forward to serving you in 2026!**



MAKING NEW YEAR'S RESOLUTIONS IS A COMMON ACTIVITY AT THIS TIME OF YEAR. THE BEST RESOLUTIONS (OR GOALS) ARE **SPECIFIC, REALISTIC, AND CAN BE MEASURED**. ASK YOURSELF THESE QUESTIONS: WHAT DO I WANT TO DO? WITH HARD WORK AND PERSISTENCE, WILL I BE ABLE TO DO IT? HOW WILL I KNOW WHEN I AM DONE? **GOOD LUCK ACHIEVING YOUR GOALS THIS YEAR!**

**Lowfat and Fat Free White Milk is Served with Breakfast. A choice of Lowfat White and Fat Free Chocolate Milk is Offered with Lunch.**

The SCASD Food Service Department is proud to partner with YSCP to provide high quality school meals. Feel free to contact us directly with questions or concerns.  
814-231-5095  
foodservices@scasd.org

|   |  |   |   |  |
|---|--|---|---|--|
| <b>Monday, January 5</b><br><b>Cereal &amp; Grahams</b><br>Chicken Nuggets & Soft Pretzel<br>Steamed Green Beans<br>Baby Carrots<br>Applesauce<br>Choice of Milk      | <b>Tuesday, January 6</b><br><b>Cinnamon Crumb Cake</b><br>Cheese Pierogies & Roll<br>Carrots & Celery<br>Strawberry Cup<br>Cookie<br>Choice of Milk                     | <b>Wednesday, January 7</b><br><b>Banana Bread</b><br>Mini Pancakes & Yogurt<br>Hashbrown<br>Orange Slices<br>Cherry Star Juice<br>Choice of Milk                 | <b>Thursday, January 8</b><br><b>Cereal &amp; Grahams</b><br>Pasta & Meatballs<br>Garlic Breadstick<br>Broccoli & Cherry Tomatoes<br>Peach Cup<br>Choice of Milk        | <b>Friday, January 9</b><br><b>Mini Cinni</b><br>Cheese Pizzaboli & Sauce<br>Cowboy Bean Salad<br>Cucumber Slices<br>Pineapple Cup<br>Choice of Milk       |
| <b>Monday, January 12</b><br><b>Cereal &amp; Grahams</b><br>Yogurt Parfait & Granola<br>Baked Potato Baby Carrots<br>Crisp Apple<br>Graham Crackers<br>Choice of Milk | <b>Tuesday, January 13</b><br><b>Yogurt &amp; Grahams</b><br>Macaroni & Cheese w/ Roll<br>Broccoli & Cherry Tomatoes<br>Orange Slices<br>Fruit Roll Up<br>Choice of Milk | <b>Wednesday, January 14</b><br><b>Banana Bread</b><br>Walking Taco<br>Lettuce & Tomato<br>Baby Carrots<br>Pineapple Cup<br>Choice of Milk                        | <b>Thursday, January 15</b><br><b>Cereal &amp; Grahams</b><br>Cheesy Lasagna & Breadstick<br>Cucumber Slices<br>Sweet Melon<br>Cookie<br>Choice of Milk                 | <b>Friday, January 16</b><br><b>Mini Cinni</b><br>BBQ Chicken & Corn Bread<br>Baked Beans<br>Sweet Pepper Strips<br>Applesauce<br>Choice of Milk           |
| <b>Martin Luther King Day</b><br><i>I look to a day WHEN PEOPLE will not be judged BY THE COLOR of their skin but BY THE CONTENT OF THEIR CHARACTER</i>               | <b>Tuesday, January 20</b><br><b>No School Today</b><br><br><b>Menus are Subject to Change</b>   | <b>Wednesday, January 21</b><br><b>Cereal &amp; Grahams</b><br>Chicken Nuggets & Breadstick<br>Steamed Green Beans<br>Baby Carrots<br>Peach Cup<br>Choice of Milk | <b>Thursday, January 22</b><br><b>Banana Bread</b><br>Egg & Cheese Croissant<br>Hash Brown<br>Broccoli & Cherry Tomatoes<br>Juicy Clementines<br>Choice of Milk         | <b>Friday, January 23</b><br><b>Mini Cinni</b><br>Baked Potato & Cheese Sauce<br>All Bean Chili<br>Soft Pretzel<br>Sweet Melon<br>Choice of Milk           |
| <b>Monday, January 26</b><br><b>Cereal &amp; Grahams</b><br>Popcorn Chicken & Roll<br>Steamed Sweet Corn<br>Baby Carrots<br>Strawberry Cup<br>Choice of Milk          | <b>Tuesday, January 27</b><br><b>Cinnamon Crumb Cake</b><br>All Beef Hot Dog<br>Baked Beans Cucumber Slices<br>Apple Slices<br>Fritos Corn Chips<br>Choice of Milk       | <b>Wednesday, January 28</b><br><b>Banana Bread</b><br>Warm Cheese Pretzel<br>Carrot & Celery Sticks<br>Banana<br>Fruit Roll Up<br>Choice of Milk                 | <b>Thursday, January 29</b><br><b>Cereal &amp; Grahams</b><br>Chicken Patty Sandwich<br>Cowboy Bean Salad<br>Sweet Pepper Strips<br>Juicy Clementines<br>Choice of Milk | <b>Friday, January 30</b><br><b>Mini Cinni</b><br>Grilled Cheese Sandwich<br>Tomato Soup Goldfish Crackers<br>Cucumber Slices<br>Peaches<br>Choice of Milk |