

**Menus for May & June**

Young Scholars of Central PA

Lunches are provided free of charge to families for the remainder of this school year.



*Happy*  
**Mother's Day**

**Sunday, May 8**



**SCHOOL LUNCH HERO DAY**

**May 6, 2022**

Between preparing healthy food, adhering to strict nutrition standards, navigating student food allergies, and offering service with a smile, school nutrition professionals have a lot on their plate. School Lunch Hero Day was designated by The School Nutrition Association and Jarrett Krosoczka, author of the "Lunch Lady" graphic novel series, as an opportunity for parents, students, and communities to thank those who provide healthy meals to nearly 30 million of America's students each school day. Don't forget to thank the great staff at Young Scholars who work hard to serve our students!

**Monday, May 2**

Chicken Nuggets  
Biscuit  
Steamed Sweet Corn  
Applesauce  
Choice of Milk

**Tuesday, May 3**

Pizzaboli  
Steamed Green Beans  
Baby Carrots  
Banana  
Choice of Milk

**Wednesday, May 4**

Chicken Patty Sandwich  
Baked Beans  
Cucumber Slices  
Strawberry Cup  
Choice of Milk

**Thursday, May 5**

Cereal & Grahams  
Sunflower Seeds  
Hashbrown  
Sweet Pepper Strips  
Apple Slices  
Choice of Milk

**Friday, May 6**

Grilled Cheese Sandwich  
Baked Chips  
Tomatoes & Broccoli  
Pineapple  
Choice of Milk

**Monday, May 9**

Popcorn Chicken  
Soft Pretzel Rod  
Steamed Peas  
Baby Carrots  
Peach Cup  
Choice of Milk

**Tuesday, May 10**

Yogurt Parfait  
Hashbrown  
Sweet Pepper Slices  
Apple Juice  
Graham Crackers  
Choice of Milk

**Wednesday, May 11**

Hamburger  
Crisp Chips  
Baked Beans  
Cucumber Slices  
Fresh Pineapple  
Choice of Milk

**Thursday, May 12**

Deli Turkey Sandwich  
Tomatoes & Broccoli  
Apple Slices  
Oreos  
Choice of Milk

**Friday, May 13**

Grilled Chicken Sandwich  
Carrots & Celery  
Mandarin Oranges  
Fruit Roll Up  
Choice of Milk

**HELP WANTED**

**Support positions available at SCASD.  
Call for information.**

Food Service 814-231-5095	Bus Drivers 814-231-1033	Custodians 814-231-1026
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**THE COUNTDOWN!**

**12 SCHOOL DAYS LEFT!**

Monday, May 16

Macaroni & Cheese  
Dinner Roll  
Green Beans  
Pineapple Cup  
Choice of Milk

Tuesday, May 17

Baked Potato & Cheese  
Soft Pretzel  
Baby Carrots  
Banana  
Choice of Milk

Wednesday, May 18

Popcorn Chicken  
Garlic Breadstick  
Green Beans  
Strawberry Cup  
Choice of Milk

Thursday, May 19

Hot Dog\*  
Crisp Corn Chips  
Baked Beans  
Cucumber Slices  
Grape Juice  
Choice of Milk

\*turkey & beef

Friday, May 20

Grilled Cheese Sandwich  
Broccoli & Tomatoes  
Apple  
Crisp Chips  
Choice of Milk

Monday, May 23

Chicken Nuggets  
Biscuit  
Steamed Corn  
Applesauce  
Choice of Milk

Tuesday, May 24

Mini Waffles & Yogurt  
Hashbrown  
Sweet Pepper Strips  
Banana  
Choice of Milk

Wednesday, May 25

Deli Turkey Sandwich  
Carrots & Broccoli  
Mandarin Oranges  
Crisp Chips  
Choice of Milk

Thursday, May 26

Hamburger  
Carrots & Celery  
Watermelon  
Chocolate Chip Cookie  
Choice of Milk



Friday, May 27

Cheesy Lasagna  
Garlic Breadstick  
Cucumber Slices  
Peach Cup  
Choice of Milk

Monday, May 30

**MEMORIAL DAY**

"As we express our gratitude,  
we must never forget  
that the highest appreciation  
is not to utter the words,  
but to live by them."

- John F. Kennedy

Tuesday, May 31

Popcorn Chicken  
Garlic Breadstick  
Steamed Sweet Peas  
Pineapple Cup  
Choice of Milk

Wednesday, June 1

Pizzaboli  
Fresh Veggies  
Fruit Cup  
Oreos  
Choice of Milk

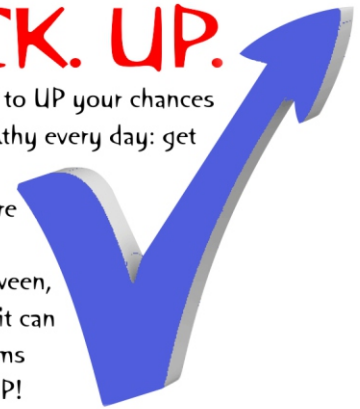
Don't forget Dad!



Sunday, June 19

**CHECK. UP.**

Here's a heads-UP to UP your chances for waking UP healthy every day: get an annual CHECK UP. Whether you're young or old or somewhere in between, a yearly doctor visit can find and fix problems before they crop UP!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**



We hope that every day is fun-filled and wonderful! Take time to dig in a garden, read a good book, build a fort, paint a picture, go fishing, sleep in a tent, ride a bike, dream some dreams, and play with friends Before you know it, summer will be a happy memory, and it will be time to come back to school!



Thanks for your support!

We look forward to serving you next year.

**GET OUT & HAVE SOME FUN!**