

Get Involved!



- Donate!
- Volunteer at future fundraisers!

To learn more about donating or volunteering, please email info@teamsanddreams.org.



Connect with Us!

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info@teamsanddreams.org

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"There can be no keener revelation of a society's soul than the way in which it treats its children."

-Nelson Mandela-



Our Story

The Teams and Dreams Foundation is a non-profit organization that was founded in April of 2022. Started by a couple wishing to adopt via foster care with a desire to help foster children, the Teams and Dreams Foundation aims to create opportunities and supportive services for foster children to reach their dreams by providing access to extracurricular and enrichment activities.



Values

Honesty, Unity, Equality,
Compassion, Kindness,
& Respect

Vision

Give all foster children:

- A sense of belonging;
- The ability to improve their physical and mental health and social and leadership skills; and
- Opportunities to create healthy habits to become successful adults.

Program Offerings

The Teams and Dreams Foundation offers a variety of programs including: Martial Arts, Swimming, Baseball, Softball, Basketball, Soccer, Football, Arts & Crafts, Dance, Drama & Theater, Tutoring, Gymnastics, Musical Instrument Lessons, Cooking, and More!

Benefits for Youth

Foster children greatly benefit from access to enrichment activities. These include: improved academic performance and outcomes, increased self-esteem, healthy development through childhood and adolescence, increased resiliency, development of communication and leadership skills, improved mental health, development of a healthy support network, decreased risky behaviors, and counteraction of the harmful effects of trauma (California Assembly Bill 2945, 2022).