



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

HODDING CARTER MEMORIAL YMCA

# POOL SCHEDULE

June 1st– June 28th, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5:15am-6:30am</b> Adult Lap Swim Masters Swim Lap Side B. Ott	<b>9:00am-9:50am</b> Aqua Fitness Adult Lap Swim  C. Johnson	<b>5:15am-6:30am</b> Adult Lap Swim Masters Swim Lap Side B. Ott	<b>9:00am-9:50am</b> Aqua Fitness Adult Lap Swim  C. Johnson	<b>5:15am-6:30am</b> Adult Lap Swim Masters Swim Lap Side B. Ott		
<b>8:30am - 10:45am</b>  Swimming  Lessons	<b>8:30am - 10:45am</b>  Swimming  Lessons	<b>8:30am - 10:45am</b>  Swimming  Lessons	<b>8:30am - 10:45am</b>  Swimming  Lessons	<b>10:15am.-11:05am</b>  Aqua Fitness  Family Side C. Johnson	<b>11:30 - 1:30pm</b> Family Open Swim Adult Lap Swim	<b>1:30-3:30pm</b> Family Open Swim Adult Lap Swim
<b>11:30-5:00pm</b>  Open Swim Adult Lap Swim	<b>11:30-5:00pm</b>  Open Swim Adult Lap Swim	<b>11:30-5:00pm</b>  Open Swim Adult Lap Swim	<b>11:30-5:00pm</b>  Open Swim Adult Lap Swim	<b>11:30-5:00pm</b> Family Open Swim Adult Lap Swim		
<b>5:30pm - 6:00pm</b>  Swimming  Lessons	<b>5:30pm - 6:00pm</b>  Swimming  Lessons	<b>5:30pm - 6:00pm</b>  Swimming  Lessons	<b>5:30pm - 6:00pm</b>  Swimming  Lessons			
<b>5:30pm-6:20pm</b> Aqua Fitness Family Side C. Johnson	<b>5:30pm-6:20pm</b> Aqua Fitness Family Side C. Johnson		<b>5:30pm-6:20pm</b> Aqua Fitness Family Side C. Johnson			
<b>6:15pm - 7:45pm</b> Adult Lap Swim Family Open Swim	<b>6:15pm - 7:45pm</b> Adult Lap Swim Family Open Swim	<b>6:15pm - 7:45pm</b> Adult Lap Swim Family Open Swim	<b>6:15pm - 7:45pm</b> Adult Lap Swim Family Open Swim	<b>6:15pm - 7:45pm</b> Adult Lap Swim Family Open Swim		

**Patrons will be asked to leave the pool 5 minutes prior to closing during each session.**

**Adult Lap Swim:** There will be lane ropes in place for continuous swimming. The number of dedicated lanes will vary. 4 individuals per lane maximum allowed.

**Open Swim:** Space available for recreational activity. The amount of space will vary.

**Children under the age of 15 must be accompanied by an adult.**

**Aqua Fitness:** Group exercise, led by an instructor.

**Family Open Swim:** Anyone under the age of 18 must be accompanied by their parent or guardian.

**When a name appears in a space, this is the leader at that time.**

**If no name appears, the pool is open and staffed but no leader for the designated activities.**

**The pool has 2 sides. A lap side (larger pool) and a family side (smaller pool with stairs). The schedule will state a side for an activity.**

**POOL SCHEDULE AND NUMER OF LANES OFFERED IS SUBJECT TO CHANGE WITHOUT NOTICE.**