

Questions to Ask Before Choosing a Dry Needling Course

The following are guidelines for you to ask your provider before enlisting in a course. We have put them in a table for ease of read, with our answers already inserted, and a blank space for you to fill according to the answers you get from your potential provider.

Question	Our Course	Course Provider Considered
Accreditation	FHT Accredited	?
Technique Selection	Trigger Point, Nerve Stimulation, Periosteal	?
Health & Safety	In-depth discussion of safe practice, risk management and clinical decision-making.	?
Contraindications	General and to each of the techniques learned + a technique not taught but very widely used	?
Confidence to Work Independently	Designed to help you feel confident assessing, planning and delivering treatment independently.	?
Clinical Reasoning	Learn not only how to needle, but why, when and for whom.	?
Assessment & Competency	Graded examination required for certification	Attendance is enough?
Anatomy Depth	Revision of relevant anatomy and the rationale behind every needle placement.	?
Treatment Planning	Learn to build the best case scenario for your client, not just work in a given template	?
Evidence	Evidence-informed content with referenced materials and regular updates.	?
Material to take home	Student handbook and course slides for future reference in clinical practice.	?
Practical Experience	Supervised practice throughout the course with direct feedback	?

Wishing you all the best in whichever course you may choose.

Hoping to see you soon!

Zenith Morphosis Staff

