

LAKE MINNETONKA TRIATHLON  
Long Lake Regional Park - Excelsior, MN, June 18, 2011

1/2 Mile Swim - 14.5 Mile Bike - 3 Mile Run

INDIVIDUAL RESULTS

Place	Div/Tot	Bib	Name	Cat	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pac
1	1/11	1	Steve Sander	E	32	M	Richfield	MN	13	11:47	1:21	0:57	1	34:31	25.2	0:49	6	17:57	5:5
2	2/11	479	Tony Schiller	E	53	M	Eden Prairie	MN	11	11:43	1:20	1:04	4	36:00	24.2	0:43	3	17:22	5:4
3	3/11	3	Brett Lovaas	E	36	M	Minnetonka	MN	1	10:27	1:12	0:51	7	36:56	23.6	0:44	9	18:06	6:0
4	4/11	82	Tom Camp	E	45	M	Minneapolis	MN	3	10:51	1:14	1:11	8	36:57	23.5	1:15	4	17:38	5:5
5	5/11	560	Carl Unger	E	37	M	Prior Lake	MN	24	12:24	1:25	1:26	2	35:36	24.4	0:51	12	18:23	6:0
6	6/11	276	Jmatt Keil	E	37	M	Minneapolis	MN	8	11:28	1:19	1:12	11	37:43	23.1	0:50	5	17:40	5:5
7	1/48	73	Mike Buenting	I	36	M	Chanhausen	MN	59	13:16	1:31	1:08	21	38:33	22.6	0:31	2	17:15	5:4
8	7/11	132	Taggart Downare	E	41	M	St Cloud	MN	87	14:23	1:38	1:29	3	35:59	24.2	1:03	8	18:06	6:0
9	1/19	291	Jesse Kling	I	31	M	Blaine	MN	30	12:36	1:26	1:24	16	38:02	22.9	0:53	10	18:08	6:0
10	1/63	442	Tom Pettit	I	42	M	Eden Prairie	MN	9	11:30	1:19	1:07	29	39:26	22.1	0:47	11	18:15	6:0
11	2/63	21	Jon Armour	I	41	M	Golden Valley	MN	4	11:11	1:17	1:06	14	38:01	22.9	0:55	33	20:15	6:4
12	8/11	115	Michael Danielson	E	47	M	Tonka Bay	MN	53	13:08	1:30	1:10	22	38:34	22.6	1:04	7	17:59	6:0
13	9/11	449	Derick Podratz	E	36	M	Lino Lakes	MN	58	13:16	1:31	1:30	30	39:26	22.1	0:56	1	17:04	5:4
14	1/7	278	Heidi Keller Miler	E	46	F	Chaska	MN	2	10:42	1:13	1:07	41	40:28	21.5	0:54	16	19:04	6:2
15	1/38	355	Brent Magid	I	46	M	Excelsior	MN	5	11:12	1:17	1:24	17	38:04	22.9	0:48	42	20:50	6:5
16	3/63	513	Tim Sosnowski	I	40	M	Eden Prairie	MN	14	11:50	1:21	1:18	24	38:36	22.5	0:58	21	19:41	6:3
17	2/48	69	Robert Brown	I	36	M	Hopkins	MN	32	12:39	1:27	1:03	25	38:46	22.4	0:47	17	19:09	6:2
18	2/19	178	Lorenz Gerschwiler	I	34	M	Plymouth	MN	39	12:44	1:27	1:43	5	36:22	23.9	0:55	44	20:55	6:5
19	2/38	294	David Knack	I	48	M	Prior Lake	MN	37	12:43	1:27	1:46	13	37:46	23.0	0:55	20	19:32	6:3
20	2/7	2	Sarah Mercer	E	43	F	Golden Valley	MN	15	11:51	1:21	1:16	26	38:53	22.4	1:00	34	20:19	6:4
21	10/11	613	Brian Zeuli	E	34	M	Hudson	WI	43	12:51	1:28	1:59	6	36:25	23.9	0:49	55	21:17	7:0
22	11/11	430	Nicholas Oswald	E	27	M	Plymouth	MN	64	13:25	1:32	1:18	32	39:41	21.9	0:37	14	18:45	6:1
23	1/10	421	Jared Ohlfort	I	29	M	Shoreview	MN	35	12:40	1:27	0:58	42	40:42	21.4	0:53	13	18:43	6:1
24	4/63	52	Mike Blair	I	41	M	Prior Lake	MN	73	13:48	1:35	1:20	10	37:43	23.1	0:39	40	20:42	6:5
25	3/38	55	Douglas Boehme	I	45	M	Woodbury	MN	28	12:34	1:26	1:48	19	38:11	22.8	0:56	58	21:24	7:0
26	1/19	176	Paul Gaskin	C	44	M	Victoria	MN	38	12:43	1:27	1:25	27	39:02	22.3	1:09	57	21:23	7:0
27	3/7	509	Ann Snuggerud	E	43	F	Chaska	MN	16	11:54	1:22	1:17	67	42:11	20.6	1:04	19	19:20	6:2
28	4/38	159	Sean Finn	I	45	M	Savage	MN	95	14:28	1:39	1:17	38	40:13	21.6	0:55	15	18:58	6:2
29	5/63	554	Paul Traczyk	I	41	M	Shoreview	MN	52	13:07	1:30	1:19	31	39:41	21.9	0:58	46	20:55	6:5
30	4/7	4	Jan Gunther	E	53	F	Mound	MN	47	13:00	1:29	1:24	39	40:20	21.6	1:09	31	20:06	6:4
31	1/13	161	Skip Fitting	I	56	M	Buffalo	MN	104	14:40	1:40	2:11	28	39:06	22.3	1:13	24	19:48	6:3
32	5/7	523	Nordica Stocker	E	25	F	Minneapolis	MN	31	12:39	1:27	1:07	45	41:07	21.2	0:59	50	21:13	7:0
33	6/63	137	Mike Duggan	I	42	M	Edina	MN	90	14:23	1:39	1:32	34	39:46	21.9	1:01	37	20:23	6:4
34	5/38	517	Gregg Steiger	I	45	M	Minnetonka	MN	124	15:06	1:43	1:16	18	38:09	22.8	1:08	64	21:36	7:1
35	6/38	490	Eric Showers	I	48	M	Minnetonka	MN	33	12:40	1:27	1:29	37	40:05	21.7	1:09	77	22:00	7:2
36	2/19	515	Josh Stahl	C	42	M	Minnetonka	MN	80	14:10	1:37	1:20	15	38:02	22.9	1:01	106	22:53	7:3
37	3/19	429	Christopher Oswald	I	31	M	Rochester	MN	23	12:22	1:25	1:28	96	43:02	20.2	0:45	28	19:54	6:3
38	7/63	269	Marc Justinak	I	42	M	Excelsior	MN	108	14:49	1:41	1:57	20	38:11	22.8	1:06	71	21:50	7:1
39	1/49	538	Laura Swartz	I	44	F	St. Louis Park	MN	96	14:29	1:39	1:24	44	40:54	21.3	1:02	36	20:19	6:4
40	6/7	144	Jill Ellenbecker	E	38	F	Coon Rapids	MN	77	13:53	1:35	1:11	87	42:36	20.4	0:52	25	19:48	6:3
41	1/16	100	Rebecca Cota	I	25	F	Maple Grove	MN	54	13:09	1:30	0:59	43	40:46	21.3	0:55	96	22:37	7:3
42	7/38	281	Edward Kelly	I	46	M	Saint Paul	MN	60	13:18	1:31	2:35	36	39:50	21.8	0:51	83	22:13	7:2
43	7/7	236	Angie Hop-Mracek	E	40	F	Rosemount	MN	19	12:10	1:23	1:41	59	41:47	20.8	1:05	80	22:08	7:2
44	8/63	537	Dan Swartz	I	42	M	St. Louis Park	MN	91	14:24	1:39	1:26	83	42:32	20.5	1:07	26	19:50	6:3
45	4/19	200	Nick Greb	I	30	M	Windsor Heights	IA	63	13:23	1:32	1:19	82	42:31	20.5	0:57	54	21:14	7:0
46	8/38	225	Lee Hetherington	I	47	M	Chaska	MN	36	12:40	1:27	1:59	56	41:37	20.9	1:16	75	21:53	7:1
47	3/48	545	Shawn Thomas	I	38	M	Eden Prairie	MN	62	13:23	1:32	1:42	106	43:29	20.0	0:55	29	20:05	6:4
48	9/63	466	Jason Riley	I	40	M	Maple Grove	MN	94	14:28	1:39	1:33	53	41:29	21.0	1:16	45	20:55	6:5
49	1/3	293	Anton Knack	I	18	M	Prior Lake	MN	6	11:14	1:17	1:34	129	44:19	19.6	0:51	72	21:50	7:1
50	1/17	402	Mark Myers	I	52	M	Lake Elmo	MN	162	15:35	1:47	2:05	58	41:46	20.8	1:09	18	19:17	6:2
51	4/48	59	Doug Bolster	I	38	M	Eden Prairie	MN	61	13:20	1:31	2:34	81	42:31	20.5	0:51	41	20:47	6:5
52	9/38	24	Mark Augdahl	I	46	M	Chaska	MN	65	13:29	1:32	1:39	91	42:44	20.4	1:00	53	21:14	7:0
53	5/48	356	Matt Mahannah	I	38	M	Chanhausen	MN	152	15:25	1:46	2:06	62	41:56	20.7	0:56	30	20:05	6:4
54	10/63	578	Tim J Walker	I	44	M	Minnetonka	MN	101	14:37	1:40	1:45	23	38:34	22.6	0:43	208	25:05	8:2
55	3/19	345	Bryan Logue	C	40	M	New Prague	MN	66	13:30	1:33	1:40	50	41:23	21.0	0:51	131	23:25	7:4
56	1/22	292	Amy Klosterman	I	49	F	White Bear Lake	MN	26	12:26	1:25	1:03	126	44:14	19.7	0:53	85	22:18	7:2
57	11/63	548	Paul Thorne	I	43	M	Hopkins	MN	151	15:24	1:45	1:21	54	41:29	21.0	0:51	73	21:50	7:1
58	12/63	342	Dave Link	I	44	M	Eden Prairie	IA	179	16:01	1:50	1:56	9	37:40	23.1	1:13	166	24:16	8:0
59	2/13	181	Paul Glade	I	56	M	Cedar Falls	IA	159	15:30	1:46	1:23	70	42:20	20.6	1:09	43	20:53	6:5
60	10/38	314	Dan Lagermeier	I	48	M	Eden Prairie	MN	51	13:06	1:30	1:26	63	41:57	20.7	1:26	134	23:26	7:4
61	5/19	452	Stan Pohmer	I	32	M	St. Louis Park	MN	114	14:59	1:43	2:05	94	42:57	20.3	0:55	38	20:32	6:5
62	2/10	542	Andrew Tewksbury	I	27	M	St Louis Park	MN	203	16:35	1:53	2:05	86	42:36	20.4	0:50	22	19:43	6:3
63	6/48	512	Tom Sorenson	I	38	M	Shakopee	MN	83	14:14	1:38	1:27	113	43:53	19.8	0:56	61	21:28	7:1
64	1/26	546	April Thomes	I	34	F	Victoria	MN	149	15:23	1:45	1:43	47	41:16	21.1	1:27	88	22:22	7:2
65	4/19	547	Chad Thompson	C	41	M	Victoria	MN	109	14:50	1:42	1:56	33	39:45	21.9	1:18	175	24:26	8:0
66	11/38	388	Troy Meyer	I	45	M	Victoria	MN	86	14:20	1:38	2:28	48	41:20	21.0	1:03	119	23:09	7:4
67	2/17	193	Larry Gough	I	51	M		MN	140	15:18	1:45	2:17	71	42:20	20.6	1:35	49	21:09	7:0
68	13/63	584	Rob Webb	I	41	M	Edina	MN	144	15:19	1:45	1:25	49	41:22	21.0	0:57	149	23:45	7:5
69	5/19	327	Eric Lavigne	C	39	M	Minnetonka	MN	116	14:59	1:43	2:10	35	39:47	21.9	0:51	204	25:01	8:2
70	12/38	462	Bob Revoir	I	47	M	Plymouth	MN	173	15:50	1:48	1:55	65	42:02	20.7	1:15	74	21:52	7:1
71	2/49	465	Kris Ridler	I	44	F	Chaska	MN	82	14:14	1:37	1:52	120	44:08	19.7	1:01	65	21:39	7:1
72	1/34	390	Gea Miller	I	35	F	Edina	MN	172	15:49	1:48	1:39	99	43:08	20.2	0:59	63	21:35	7:1
73	7/48	145	Barry Ellinger	I	37	M	Chaska	MN	89	14:23	1:38	1:41	68	42:16	20.6	1:17	147	23:44	7:5
74	6/19	259	Seth Jeska-Silrum	I	33	M	Mpls.	MN	262	17:32	2:00								

92	20/63	33	Dan Barsness	I	41	M	Victoria	MN	21	12:18	1:24	1:58	85	42:34	20.4	1:08	282	26:57	8:5
93	7/19	201	Conor Green	I	31	M	Minneapolis	MN	45	12:53	1:28	3:12	169	46:07	18.9	1:19	59	21:25	7:0
94	21/63	50	Eric Best	I	41	M	Chanhassen	MN	256	17:25	1:59	2:17	74	42:26	20.5	1:03	70	21:48	7:1
95	13/38	574	James Vos	I	48	M	Goplden Valley	MN	7	11:24	1:18	2:23	174	46:18	18.8	1:44	122	23:11	7:4
96	2/26	484	Leslie Sedlak	I	34	F	Bloomington	MN	67	13:33	1:33	1:45	166	45:56	18.9	1:04	115	23:04	7:4
97	1/3	164	Bryan Flood	I	24	M	Minneapolis	MN	216	16:47	1:55	2:19	109	43:39	19.9	0:58	67	21:44	7:1
98	7/49	555	Beth Trautman	I	44	F	Medina	MN	235	17:10	1:57	1:35	78	42:30	20.5	0:50	133	23:25	7:4
99	13/48	89	Tim Cassidy	I	38	M	Plymouth	MN	215	16:46	1:55	2:26	72	42:20	20.6	1:15	99	22:45	7:3
100	14/48	212	Dan Hackenberg	I	38	M	Eden Prairie	MN	84	14:16	1:38	2:40	139	44:47	19.4	1:31	86	22:19	7:2
101	22/63	319	Paul Langer	I	44	M	Minneapolis	MN	205	16:36	1:54	3:00	117	44:05	19.7	0:54	47	20:59	7:0
102	15/48	283	Jeremy Kersten	I	35	M	Bloomington	MN	121	15:04	1:43	2:33	151	45:11	19.3	1:26	56	21:22	7:0
103	4/13	346	Frank Lombardo	I	57	M	Lakeville	MN	207	16:37	1:54	1:34	102	43:16	20.1	1:24	100	22:45	7:3
104	23/63	607	Ray Woodworth	I	40	M	Chaska	MN	46	13:00	1:29	3:05	191	46:48	18.6	1:24	62	21:34	7:1
105	24/63	489	Nick Shermeta	I	43	M	Minnetonka	MN	99	14:35	1:40	1:52	145	45:03	19.3	1:22	116	23:06	7:4
106	16/48	583	Greg Weaver	I	35	M	Eden Prairie	MN	76	13:52	1:35	2:47	184	46:37	18.7	1:15	60	21:27	7:0
107	14/38	558	Thorn Turner	I	48	M	Shorewood	MN	10	11:35	1:19	1:20	119	44:07	19.7	0:55	320	28:04	9:2
108	15/38	359	Dan Mans	I	46	M	Victoria	MN	292	18:38	2:07	2:42	64	42:02	20.7	1:32	51	21:13	7:0
109	17/48	177	James Gaul	I	39	M	Bloomington	MN	166	15:39	1:47	1:48	164	45:51	19.0	1:36	52	21:13	7:0
110	5/13	13	Mark Ambrosen	I	57	M	Excelsior	MN	85	14:19	1:38	2:19	122	44:10	19.7	1:46	140	23:37	7:5
111	2/34	471	Bridget Rosolanka	I	38	F	Victoria	MN	211	16:40	1:54	2:06	142	44:51	19.4	1:44	48	21:00	7:0
112	8/49	189	Tracy Good	I	40	F	Victoria	MN	223	16:57	1:56	1:53	69	42:18	20.6	1:00	169	24:21	8:0
113	3/34	531	Jodi Sussner	I	35	F	Chaska	MN	204	16:35	1:54	1:55	115	44:01	19.8	1:13	98	22:44	7:3
114	18/48	233	Tim Hoke	I	37	M	Crystal	MN	174	15:50	1:48	1:38	110	43:48	19.9	1:01	167	24:16	8:0
115	4/34	162	Jennifer Fitzharris-Fun	I	35	F	Minneapolis	MN	264	17:36	2:00	1:27	132	44:23	19.6	1:03	79	22:06	7:2
116	4/17	407	Eric Nelson	I	53	M	Minneapolis	MN	120	15:04	1:43	2:12	140	44:49	19.4	1:30	118	23:09	7:4
117	8/19	42	David Behrens	I	33	M	Hopkins	MN	72	13:48	1:35	2:26	180	46:33	18.7	0:46	130	23:22	7:4
118	1/3	363	Carol Markham-Cousins	I	56	F	Minneapolis	MN	126	15:12	1:44	2:29	104	43:18	20.1	1:16	189	24:42	8:1
119	19/48	420	Paul Ohnsorg	I	36	M	Medina	MN	135	15:16	1:45	2:10	123	44:12	19.7	1:22	155	23:58	8:0
120	20/48	557	Ej Tso	I	38	M	Minneapolis	MN	329	20:03	2:17	1:31	51	41:25	21.0	1:11	112	22:58	7:4
121	25/63	411	Lawrence Nemecek	I	44	M	Minnetrista	MN	131	15:15	1:44	2:06	95	43:00	20.2	1:26	229	25:28	8:3
122	26/63	249	Shaun Jamison	I	44	M	St Louis Park	MN	167	15:44	1:48	2:38	144	44:01	19.3	0:57	114	22:58	7:4
123	9/19	556	Jorge Trujillo	I	30	M	Minneapolis	MN	182	16:04	1:50	2:38	112	43:49	19.9	1:39	120	23:10	7:4
124	27/63	594	Garrett Wilson	I	40	M	Edina	MN	200	16:22	1:52	2:14	88	42:37	20.4	1:10	202	25:00	8:2
125	5/17	275	Marty Kaye	I	50	M	Victoria	MN	314	19:16	2:12	3:28	40	40:26	21.5	2:27	68	21:46	7:1
126	21/48	31	Beau Ballin	I	35	M	Minnetonka	MN	139	15:18	1:45	1:36	165	45:55	18.9	1:16	126	23:17	7:4
127	16/38	122	Rob Delaune	I	46	M	Shoreview	MN	170	15:49	1:48	2:23	159	45:32	19.1	1:17	91	22:24	7:2
128	2/22	309	Dawn Labisosa	I	46	F	Apple Valley	MN	29	12:35	1:26	2:13	186	46:39	18.6	1:03	199	24:56	8:1
129	1/6	608	Shelby Woodworth	I	18	F	Hutchinson	MN	197	16:16	1:51	1:17	152	45:13	20.2	1:09	142	23:38	7:5
130	6/17	125	Kevin Dillon	I	54	M	Chanhassen	MN	303	18:57	2:10	1:55	337	53:39	16.2		107	22:54	7:3
131	6/19	335	Mike Lesage	C	41	M	Chanhassen	MN	306	19:02	2:10	2:13	101	43:11	20.1	0:57	89	22:22	7:2
132	3/26	72	Kelli Bue	I	33	F	Chaska	MN	195	16:15	1:51	2:46	156	45:21	19.2	1:27	76	21:56	7:1
133	17/38	488	Bill Sharpe	I	48	M	Deephaven	MN	187	16:09	1:51	3:14	121	44:09	19.7	1:49	93	22:27	7:2
134	3/22	86	Martha Carlson	I	48	F	Chaska	MN	41	12:47	1:28	1:36	218	47:47	18.2	1:12	173	24:25	8:0
135	4/22	331	Henriette Lemke	I	48	F	Prior Lake	MN	145	15:19	1:45	1:39	201	47:12	18.4	0:52	102	22:47	7:3
136	7/19	30	Robert Ball	C	40	M	Minnetonka Beach	MN	40	12:46	1:27	2:39	124	44:12	19.7	1:33	270	26:40	8:5
137	22/48	173	Dan Fritz	I	39	M	Wayzata	MN	180	16:01	1:50	3:21	52	41:26	21.0	1:39	227	25:26	8:2
138	5/22	142	Karen Eklin	I	47	F	Plymouth	MN	155	15:28	1:46	1:54	171	46:12	18.8	0:56	132	23:25	7:4
139	8/19	520	Scott Stensland	C	49	M	Chaska	MN	175	15:50	1:48	2:15	79	42:30	20.5	1:43	238	25:45	8:3
140	9/19	333	Scott Leo	C	49	M	Minneapolis	MN	111	14:53	1:42	2:05	84	42:32	20.5	1:15	306	27:30	9:1
141	2/3	240	Scott Hudson	I	21	M	Shoreview	MN	183	16:05	1:50	2:36	76	42:28	20.5	0:51	260	26:19	8:4
142	28/63	129	Chad Dohlen	I	43	M	St Paul	MN	239	17:14	1:58	1:44	103	43:18	20.1	1:22	184	24:41	8:1
143	6/22	184	Lisa Goepfert	I	48	F	Blaine	MN	199	16:19	1:52	1:38	149	45:08	19.3	0:49	174	24:25	8:0
144	7/22	307	Disa Kullman	I	48	F	Waconia	MN	190	16:13	1:51	2:13	138	44:38	19.5	1:20	157	24:03	8:0
145	18/38	277	Michael Keller	I	46	M	Mpls	MN	117	14:59	1:43	1:33	199	47:06	18.5	1:34	128	23:18	7:4
146	4/26	135	Danielle Drevlow	I	33	F	Golden Valley	MN	141	15:18	1:45	2:22	162	45:41	19.0	1:21	151	23:52	7:5
147	6/13	134	Dru Drake	I	56	M	Woodbury	MN	22	12:20	1:25	1:51	127	44:15	19.7	2:04	326	28:12	9:2
148	10/19	64	John Brantingham	I	33	M	East Bethel	MN	252	17:21	1:59	2:43	128	44:16	19.7	1:31	109	22:55	7:3
149	9/49	207	Sarah Grobel	I	40	F	Victoria	MN	134	15:16	1:45	2:13	153	45:14	19.2	1:40	171	24:22	8:0
150	19/38	536	Eric Swanson	I	49	M	Edina	MN	383	22:02	2:31	2:58	93	42:57	20.3	1:07	23	19:45	6:3
151	29/63	298	Edward Knutson	I	42	M	Waconia	MN	102	14:38	1:40	2:01	168	46:03	18.9	0:58	216	25:18	8:2
152	3/10	611	Paul Youngberg	I	27	M	Chanhassen	MN	112	14:54	1:42	2:02	217	47:40	18.3	0:45	148	23:44	7:5
153	1/15	194	Eric Goullaud	I	66	M	Plymouth	MN	156	15:29	1:46	1:58	143	44:54	19.4	1:49	203	25:01	8:2
154	10/49	248	Rea James	I	40	F	Long Lake	MN	56	13:12	1:30	2:19	228	48:02	18.1	1:09	176	24:29	8:1
155	30/63	148	Jay Erb	I	44	M	Chanhassen	MN	118	15:00	1:43	2:59	158	45:30	19.1	1:16	179	24:32	8:1
156	31/63	581	Steve Wander	I	43	M	Minnetonka	MN	177	15:56	1:49	2:45	105	43:25	20.0	1:50	223	25:22	8:2
157	11/49	109	Lisa Dahl	I	44	F	Minneapolis	MN	185	16:07	1:50	2:57	188	46:42	18.6	1:19	84	22:16	7:2
158	32/63	445	Jon Pierce	I	42	M	Excelsior	MN	150	15:23	1:45	1:45	189	46:44	18.6	1:16	165	24:13	8:0
159	10/19	364	Jeff Mattson	C	55	M	Apple Valley	MN	68	13:35	1:33	2:39	134	44:25	19.6	1:37	290	27:08	9:0
160	33/63	241	John Hughes	I	42	M	Long Lake	MN	137	15:17	1:45	2:25	190	46:47	18.6	1:27	139	23:33	7:5
161	7/17	110	Jeff Daly	I	51	M	Lakeville	MN	237	17:12	1:58	1:43	108	43:39	19.9	1:35	221	25:21	8:2
162	34/63	62	Neal Bradsher	I	44	M	Eden Prairie	MN	70	13:37	1:33	3:18	167	46:01	18.9	1:21	211	25:12	8:2
163	5/26	260	Allison Johnson	I	33	F	Victoria	MN	227	17:01	1:56	2:03	157	45:28	19.1	0:56	156	24:02	8:0
164	4/10	340	Craig Lindsay	I	26	M	Minneapolis	MN	107	14:49	1:41	2:52	208	47:23	18.4	1:20	123	23:12	7:4
165	20/38	386	Jeff Metzler	I	45	M	Mpls.	MN	263	17:36	2:00	1:45	114	43:53	19.8	1:19	209	25:07	8:2
166</																			

192	13/19	264	Nick Johnson	I	33	M	Fargo	ND	213	16:42	1:54	3:14	206	47:22	18.4	1:29	108	22:55	7:3
193	9/26	210	Anne Gustin	I	32	F	Edina	MN	127	15:13	1:44	2:23	241	48:43	17.9	1:11	164	24:12	8:0
194	3/15	348	Gary Lund	I	67	M	Plymouth	MN	220	16:50	1:55	3:00	57	41:41	20.9	1:27	347	29:08	9:4
195	13/49	121	Rachel Dehaan	I	43	F	Woodbury	MN	157	15:29	1:46	2:25	130	44:20	19.6	1:51	324	28:08	9:2
196	9/22	482	Barbara Scouler	I	48	F	Excelsior	MN	20	12:14	1:24	1:49	251	49:12	17.7	1:37	305	27:28	9:1
197	14/49	496	Jayne Simon	I	40	F	Mound	MN	212	16:42	1:54	1:22	213	47:31	18.3	0:52	241	25:57	8:3
198	3/3	38	Chase Bauernfeind	I	16	M	Chanhasseen	MN	55	13:10	1:30	3:31	317	52:32	16.6	0:52	94	22:27	7:2
199	6/34	217	Anne Hartman (garlock)	I	35	F	Mound	MN	271	17:55	2:03	1:56	212	47:31	18.3	1:30	145	23:41	7:5
200	9/17	391	Peter Miller	I	53	M	Zimmerman	MN	230	17:06	1:57	1:40	176	46:21	18.8	1:49	236	25:44	8:3
201	10/17	450	Tom Pohland	I	51	M		MN	168	15:47	1:48	2:53	175	46:19	18.8	1:22	263	26:21	8:4
202	10/22	87	Joan Casey	I	46	F	St Louis Park	MN	12	11:46	1:21	2:00	273	50:02	17.4	1:34	302	27:23	9:0
203	7/34	254	Jen Jensen	I	35	F	Victoria	MN	224	17:00	1:56	2:28	200	47:06	18.5	1:23	205	25:02	8:2
204	15/49	427	Marissa Onheiber	I	43	F	St. Paul	MN	191	16:13	1:51	2:01	215	47:35	18.3	0:56	253	26:13	8:4
205	11/22	438	Mary Perlich	I	49	F	Minnetonka	MN	270	17:52	2:02	2:16	137	44:33	19.5	1:18	295	27:12	9:0
206	2/3	98	Bethany Collins	I	55	F	New Hope	MN	79	14:09	1:37	2:00	185	46:39	18.6	1:34	340	28:50	9:3
207	8/34	344	Shannon Loehrke	I	39	F	Mounds View	MN	240	17:14	1:58	2:17	221	47:49	18.2	1:16	190	24:43	8:1
208	40/63	528	Mark Struthers	I	42	M	Chanhasseen	MN	198	16:19	1:52	3:16	224	47:56	18.2	1:20	183	24:40	8:1
209	7/10	341	Marc Lindstrom	I	25	M	Excelsior	MN	317	19:23	2:13	2:19	198	47:02	18.5	1:08	146	23:41	7:5
210	41/63	423	Bryan Olson	I	44	M	Victoria	MN	251	17:20	1:59	2:17	214	47:32	18.3	1:10	213	25:15	8:2
211	14/19	218	Eric Hathaway	I	32	M	Minneapolis	MN	277	18:09	2:04	2:28	92	42:52	20.3	1:11	348	29:10	9:4
212	42/63	464	John Ridler	I	43	M	Chaska	MN	241	17:14	1:58	3:00	229	48:02	18.1	1:28	159	24:06	8:0
213	43/63	510	Dave Snuggerud	I	44	M	Chaska	MN	289	18:37	2:07	2:38	207	47:22	18.4	0:44	177	24:30	8:1
214	9/34	23	Wendy Asplund	I	39	F	Excelsior	MN	69	13:37	1:33	2:29	260	49:23	17.6	1:17	300	27:16	9:0
215	10/34	265	Shiloh Johnson	I	36	F	Medina	MN	295	18:43	2:08	2:26	249	49:10	17.7	1:26	87	22:20	7:2
216	11/34	521	Amy Stern	I	37	F	Eden Prairie	MN	249	17:19	1:59	1:45	179	46:28	18.7	1:22	304	27:25	9:0
217	12/34	572	Angie Volk	I	35	F	Rogers	MN	278	18:11	2:04	2:31	225	47:56	18.2	1:13	178	24:32	8:1
218	3/16	566	Annalee Vanasse	I	29	F	Plymouth	MN	232	17:08	1:57	2:36	239	48:40	17.9	1:05	200	24:57	8:1
219	2/6	158	Jane Finn	I	16	F	Savage	MN	78	13:55	1:35	1:32	293	51:22	16.9	1:27	255	26:16	8:4
220	25/38	216	Chris Harristhal	I	49	M	Minneapolis	MN	259	17:29	2:00	2:39	243	48:47	17.8	1:18	170	24:21	8:0
221	2/9	511	Peg Sorensen	I	54	F	Chaska	MN	188	16:10	1:51	2:14	210	47:28	18.3	1:49	283	26:59	9:0
222	44/63	170	Chris Freed	I	40	M	Excelsior	MN	196	16:15	1:51	3:15	232	48:07	18.1	1:35	233	25:38	8:3
223	26/38	562	Todd Utech	I	47	M	Eagan	MN	206	16:36	1:54	1:51	170	46:11	18.8	1:47	334	28:30	9:3
224	13/19	486	Jacob Selseth	C	37	M	St. Paul	MN	272	17:56	2:03	2:03	193	46:52	18.6	1:46	261	26:19	8:4
225	12/22	251	Colleen Jason	I	46	F	Eden Prairie	MN	98	14:31	1:39	3:46	308	51:54	16.8	1:56	105	22:53	7:3
226	1/3	242	Aimee Hukill	I	24	F	Minneapolis	MN	97	13:13	1:31	1:29	355	54:45	15.9	0:56	182	24:39	8:1
227	14/19	243	Andrew Humphries	C	27	M	Minneapolis	MN	97	14:30	1:39	2:49	219	47:48	18.2	1:38	327	28:18	9:2
228	8/10	302	Jon Koss	I	29	M	Eden Prairie	MN	258	17:28	1:59	1:25	261	49:27	17.6	1:08	234	25:39	8:3
229	45/63	549	Jason Thunstrom	I	41	M	Plymouth	MN	228	17:03	1:57	2:13					231	25:32	8:3
230	23/48	17	Peter Andrada	I	38	M	San Jose	CA	345	20:25	2:20	2:03	177	46:22	18.8	1:04	214	25:16	8:2
231	4/16	262	Heather Johnson	I	29	F	Plymouth	MN	255	17:25	1:59	2:57	302	51:39	16.8	0:47	92	22:26	7:2
232	27/38	469	Mike Rogers	I	46	M	Minnetonka	MN	265	17:39	2:01	2:01	234	48:15	18.0	2:09	217	25:18	8:2
233	7/13	370	Tom McConville	I	58	M	Osseo	MN	369	21:25	2:26	2:49	98	43:06	20.2	1:12	277	26:54	8:5
234	28/38	203	Tom Griffin	I	48	M	Bloomington	MN	253	17:22	1:59	2:31	178	46:23	18.8	1:17	322	28:06	9:2
235	13/22	199	Kathy Graves	I	49	F	Minneapolis	MN	333	20:10	2:18	2:04	231	48:07	18.1	1:49	136	23:29	7:5
236	10/26	150	Christy Erickson	I	30	F	Plymouth	MN	138	15:17	1:45	2:52	204	47:18	18.4	1:53	329	28:21	9:2
237	24/48	67	James Brown	I	39	M	Prior Lake	MN	171	15:49	1:48	3:08	263	49:32	17.6	1:15	244	26:00	8:4
238	46/63	564	Luke Van Santen	I	42	M	Minnetonka	MN	178	16:00	1:50	2:34	181	46:34	18.7	1:06	358	29:34	9:5
239	11/26	43	Kirsten Beltz	I	32	F	Plymouth	MN	393	23:07	2:38	1:43	223	47:54	18.2	1:19	69	21:48	7:1
240	25/48	47	Amy Berg	I	39	M	Plymouth	MN	214	16:45	1:55	2:49	272	49:53	17.4	1:05	222	25:22	8:2
241	16/49	416	Cheryl O'Connell	I	40	F	Eden Prairie	MN	248	17:19	1:59	1:59	209	47:25	18.3	1:25	314	27:50	9:1
242	8/13	14	Jan Andersen	I	57	M	Minnetonka	MN	291	18:37	2:07	2:17	211	47:28	18.3	1:39	243	25:59	8:4
243	17/49	280	Amy Kelly	I	41	F	Saint Paul	MN	322	19:34	2:14	2:32	262	49:28	17.6	1:21	129	23:21	7:4
244	15/19	95	Tim Cline	I	31	M	St Bonifacius	MN	339	20:13	2:18	3:48	161	45:35	19.1	1:05	232	25:36	8:3
245	12/26	376	Jennifer McKinnon	I	32	F	West Fargo	ND	260	17:31	2:00	2:33	235	48:19	18.0	1:16	279	26:54	8:5
246	13/34	157	Libby Ferguson	I	36	F	Deephaven	MN	49	13:04	1:30	3:38	313	52:19	16.6	0:44	274	26:50	8:5
247	47/63	57	Nick Boen	I	41	M	Chaplain	MN	165	15:38	1:47	3:13	244	48:49	17.8	1:56	291	27:08	9:0
248	48/63	56	Nate Boen	I	43	M	Minnetonka	MN	254	17:23	1:59	2:56	203	47:16	18.4	2:00	293	27:10	9:0
249	29/38	171	Rob Frischmann	I	47	M	Victoria	MN	153	15:27	1:46	2:23	297	51:28	16.9	0:50	278	26:54	8:5
250	16/19	49	Scott Berry	I	33	M	St. Louis Park	MN	221	16:51	1:55	2:45	265	49:42	17.5	1:05	271	26:40	8:5
251	3/6	97	Catherine Cole	I	16	F	Eden Prairie	MN	34	12:40	1:27	2:30	359	55:01	15.8	1:41	212	25:13	8:2
252	14/34	507	Sally Smith	I	38	F	Corcoran	MN	269	17:51	2:02	1:59	259	49:22	17.6	1:05	280	26:54	8:5
253	13/26	575	Emily Waitz	I	34	F	Hopkins	MN	266	17:39	2:01	2:03	248	49:07	17.7	1:30	281	26:55	8:5
254	15/34	12	Amy Alegi	I	36	F	Shorewood	MN	71	13:40	1:34	4:33	331	53:20	16.3	2:06	141	23:38	7:5
255	5/16	366	Marin McCarthy	I	25	F	Excelsior	MN	231	17:07	1:57	3:10	325	53:08	16.4	0:41	121	23:11	7:4
256	16/34	111	Leah Daly	I	36	F	Orono	MN	340	20:14	2:18	1:35	240	48:41	17.9	1:35	225	25:25	8:2
257	6/16	461	Jessica Reisner	I	28	F	St Louis Park	MN	320	19:31	2:14	2:08	230	48:03	18.1	1:23	265	26:26	8:4
258	14/26	351	Lindsay Lundeen	I	31	F	Chaska	MN	373	21:36	2:28	2:40	236	48:24	18.0	1:54	117	23:08	7:4
259	14/22	387	Marcie Meyer	I	45	F	Victoria	MN	287	18:35	2:07	2:13	267	49:43	17.5	1:08	256	26:16	8:4
260	26/48	305	Steve Kueppens	I	36	M	Chanhasseen	MN	370	21:27	2:27	2:54	222	47:50	18.2	1:05	186	24:41	8:1
261	27/48	6	Timothy Acheson	I	36	M	Richfield	MN	267	17:42	2:01	2:52	246	48:52	17.8	1:25	297	27:13	9:0
262	28/48	571	Christopher Vogel	I	36	M	Chicago	IL	326	19:45	2:15	2:03	245	48:49	17.8	1:13	254	26:15	8:4
263	29/48	519	Lee Steinhauer	I	35	M	Robbinsdale	MN	305	19:02	2:10	3:34	196	46:57	18.5	0:49	313	27:45	9:1
264	18/49	332	Ann Lendino	I	40	F	Chaska	MS	351	20:46	2:22	1:56	275	50:07	17.4	1:11	162	24:10	8:0
265	30/48	185	Andrew Goke	I	36	M	Minneapolis	AL	338	20:13	2:18	2:27	284	50:47	17.				

292	51/63	27	Christopher Mandery	I	44	M	Eagan	MN	302	18:57	2:10	2:06	333	53:22	16.3	1:41	191	24:44	8:1
293	17/26	591	Angela Williams Schrode	I	31	F	St. Cloud	MN	242	17:15	1:58	2:30	135	44:26	19.6	1:22	419	35:29	11:5
294	17/19	357	Beauregard Manhart	I	34	M	Maple Grove	MN	319	19:27	2:13	2:34	274	50:04	17.4	2:49	252	26:09	8:4
295	11/17	477	Bruce Salmela	I	51	M	Shakopee	MN	402	24:25	2:47	2:25	277	50:23	17.3	0:51	127	23:18	7:4
296	18/26	503	Kelly Skoog	I	32	F	Corcoran	MN	103	14:39	1:40	3:21	314	52:29	16.6	1:19	369	30:06	10:0
297	32/38	361	Dan Maras	I	45	M	Shakopee	MN	115	14:59	1:43	3:22	323	53:04	16.4	1:55	344	29:00	9:4
298	23/49	266	Suzanne Johnson	I	41	F	Orono	MN	236	17:11	1:58	2:34	335	53:34	16.2	1:14	325	28:08	9:2
299	33/38	245	Brian Ip	I	49	M	Edina	MN	275	18:01	2:03	2:05	290	51:11	17.0	2:39	341	28:51	9:3
300	18/34	46	Tiffany Berenberg	I	36	F	Plymouth	MN	286	18:32	2:07	2:55	279	50:29	17.2	1:23	360	29:36	9:5
301	19/34	246	Michelle Jacklitch	I	35	F	Plymouth	MN	261	17:31	2:00	2:04	298	51:34	16.9	1:33	370	30:14	10:0
302	15/22	580	Katherine Walz	I	48	F	Plymouth	MN	324	19:37	2:14	1:55	330	53:16	16.3	1:42	268	26:34	8:5
303	34/38	426	Owen O'Neill	I	48	M	Edina	MN	143	15:18	1:45	4:34	353	54:41	15.9	1:23	298	27:14	9:0
304	5/15	120	Jeffrey Day	I	61	M	Plymouth	MN	300	18:51	2:09	4:27	332	53:21	16.3	1:24	218	25:19	8:2
305	19/26	300	Alicia Kockler	I	30	F	Carver	MN	88	14:23	1:38	2:11	366	55:41	15.6	0:52	371	30:18	10:0
306	20/34	303	Nancy Kotovic	I	39	F	Deephaven,mn	MN	327	19:50	2:16	1:56	340	54:01	16.1	1:12	267	26:31	8:5
307	37/48	108	Andrew Cutting	I	35	M	Eden Prairie	MN	343	20:22	2:19	3:06	250	49:12	17.7	2:04	342	28:55	9:3
308	11/16	410	Shelley Nelson	I	27	F	Edina	MN	294	18:42	2:08	2:55	320	52:45	16.5	1:12	330	28:24	9:2
309	3/9	491	Catherine Shreves	I	54	F	Minneapolis	MN	193	16:13	1:51	3:29	357	54:48	15.9	1:56	310	27:36	9:1
310	21/34	271	Sara Kanavati	I	38	F	Meenota Heights	MN	245	17:17	1:58	4:54	358	54:59	15.8	0:48	257	26:16	8:4
311	24/49	565	Kristin Van Wyk	I	40	F	Deephaven	MN	123	15:06	1:43	3:53	385	57:30	15.1	0:47	288	27:05	9:0
312	25/49	446	Talia Pierce	I	42	F	Excelsior	MN	397	23:46	2:42	2:41	327	53:13	16.3	1:20	135	23:28	7:5
313	12/16	530	Gina Sundeen	I	28	F	Plymouth	MN	219	16:49	1:55	2:39	326	53:11	16.4	1:48	367	30:04	10:0
314	52/63	593	Charles Wilson	I	42	M	Plymouth	MN	288	18:35	2:07	3:23	294	51:24	16.9	1:27	363	29:52	9:5
315	35/38	413	Jeff Newhouse	I	46	M	Minnetonka	MN	386	22:14	2:32	3:04	295	51:26	16.9	1:00	284	27:02	9:0
316	38/48	406	Dan Nelson	I	39	M	Minnetrista	MN	360	21:09	2:25	3:38	220	47:48	18.2	1:13	387	31:00	10:2
317	16/22	435	Michele Pasko	I	45	F	Minnetonka	MN	330	20:04	2:17	4:37	268	49:43	17.5	2:29	319	28:02	9:2
318	39/48	85	Christopher Carlisle	I	39	M	St. Louis Park	MN	415	26:00	2:58	3:07	312	52:12	16.7	1:33	90	22:23	7:2
319	6/15	272	Joe Kandiko	I	61	M	Excelsior	MN	176	15:51	1:48	3:00	329	53:15	16.3	1:55	390	31:16	10:2
320	53/63	354	Gregory Maddrey	I	42	M	Wayzata	MN	318	19:25	2:13	2:47	303	51:39	16.8	2:27	354	29:25	9:4
321	26/49	123	Wendy Dellis	I	43	F	Richfield	MN	352	20:47	2:22	3:41	334	53:23	16.3	1:30	266	26:26	8:4
322	22/34	304	Jessica Kottke	I	37	F	Saint Paul	MN	394	23:12	2:39	4:33	348	54:22	16.0	0:47	111	22:57	7:3
323	27/49	334	Cindy Lesage	I	42	F	Chanhassen	MN	398	23:56	2:44	3:11	319	52:36	16.5	1:08	201	24:59	8:2
324	4/9	65	Reina Brekke	I	53	F	Shoreview	MN	364	21:17	2:26	2:39	300	51:36	16.9	1:12	349	29:10	9:4
325	12/17	448	Steve Pinick	I	54	M	Chanhassen	MN	194	16:15	1:51	4:19	343	54:03	16.1	2:49	337	28:42	9:3
326	15/19	124	Doug Dewey	C	48	M	Eden Prairie	MN	222	16:53	1:56	2:16	306	51:48	16.8	1:58	404	33:22	11:0
327	54/63	172	Brad Fritz	I	43	M	Eden Prairie	MN	359	20:56	2:23	3:58	373	56:15	15.5	0:59	161	24:09	8:0
328	13/16	317	Dorelle Landsteiner	I	29	F	Minneapolis	MN	472	21:34	2:28	2:49	286	50:54	17.1	1:06	366	30:01	10:0
329	18/19	141	Shawn Eells	I	31	M	Minnetonka	MN	327	30:00	3:25	3:47	242	48:45	17.8	1:46	82	22:11	7:2
330	17/22	561	Sylvia Utecht	I	45	F	Eagan	MN	313	19:12	2:11	2:08	328	53:13	16.3	1:11	381	30:48	10:1
331	5/9	149	Carol Erickson	I	52	F	Chanhassen	MN	399	24:14	2:46	2:22	282	50:40	17.2	1:25	323	28:07	9:2
332	28/49	504	Amy Smith	I	42	F	Excelsior	MN	316	19:19	2:12	2:23	354	54:44	15.9	2:18	332	28:27	9:2
333	40/48	253	Eric Jensen	I	37	M	Victoria	MN	374	21:37	2:28	3:51	269	49:44	17.5	2:08	365	29:53	9:5
334	14/16	247	Melissa Jacobsen	I	29	F	Chaska	MN	44	12:52	1:28	2:00	383	57:19	15.2	0:53	413	34:08	11:2
335	41/48	228	Mark Hines	I	35	M	Eden Prairie	MN	378	21:48	2:29	3:49	311	52:01	16.7	2:07	307	27:30	9:1
336	23/34	54	Christine Boberg	I	38	F	Chanhassen	MN	293	18:39	2:08	5:29	371	56:02	15.5	1:09	245	26:00	8:4
337	24/34	190	Amethyst Goodland	I	37	F	Maple Grove	MN	418	26:59	3:04	4:07	266	49:42	17.5	1:19	219	25:20	8:2
338	7/15	499	Richard Simpson	I	62	M	Chanhassen	MN	344	20:22	2:19	4:52	289	51:06	17.0	2:02	357	29:28	9:5
339	29/49	495	Melissa Sigel	I	44	F	Minnetonka	MN	285	18:30	2:07	3:32	287	50:58	17.1	1:24	405	33:29	11:1
340	3/3	234	Philip Hollway	I	24	M	Minneapolis	MN	334	20:10	2:18	2:33	365	55:36	15.6	1:16	328	28:20	9:2
341	18/22	347	Denise Long	I	48	F	St Paul	MN	321	19:33	2:14	2:50	347	54:13	16.0	1:48	361	29:40	9:5
342	36/38	284	Daniel Kessler	I	46	M	Chaska	MN	209	16:38	1:54	2:53	288	50:59	17.1	1:49	423	35:47	11:5
343	19/22	389	Carol Miles	I	46	F	Hartford	SD	282	18:16	2:05	3:06	408	59:59	14.5	1:05	240	25:51	8:3
344	37/38	478	Joe Sanguinetti	I	45	M	Minnetonka	MN	381	21:59	2:30	4:17	304	51:42	16.8	2:28	316	27:50	9:1
345	42/48	10	Zachary Adams	I	36	M	Maple Grove	MN	384	22:04	2:31	3:16	384	57:24	15.2	0:45	207	25:04	8:2
346	30/49	169	Amy Freed	I	41	F	Excelsior	MN	299	18:51	2:09	3:46	411	1:00:38	14.3	1:03	168	24:18	8:0
347	25/34	336	Melanie Levy	I	38	F	Deephaven	MN	375	21:45	2:29	3:50	350	54:30	16.0	1:55	276	26:52	8:5
348	10/13	268	Doug Jost	I	56	M	Centerville	MN	331	20:05	2:17	2:59	346	54:11	16.1	1:44	368	30:06	10:0
349	8/15	35	James Barthel	I	64	M	Birchwood	MN	336	20:12	2:18	3:59	339	53:49	16.2	1:53	352	29:19	9:4
350	9/15	328	Rob Lea	I	64	M	Minneapolis	MN	280	18:13	2:05	4:05	299	51:36	16.9	2:18	402	33:01	11:0
351	43/48	191	Tom Goodnature	I	37	M	Mound	MN	366	21:21	2:26	4:05	310	52:00	16.7	1:09	380	30:47	10:1
352	44/48	586	Brett Werger	I	38	M	Minnetonka	MN	411	25:31	2:54	4:02	370	55:53	15.6	1:02	110	22:56	7:3
353	13/17	139	Philip Dunlay	I	54	M	Greenwood	MN	392	22:40	2:35	3:13	321	52:49	16.5	1:55	351	29:13	9:4
354	31/49	160	Kristen Fisher	I	42	F	Excelsior	MN	233	17:08	1:57	2:48	394	58:56	14.8	1:12	364	29:52	9:5
355	45/48	11	Steve Ahlvers	I	36	M	Lakeville	MN				474:42	364	55:13	15.8	3:47	417	35:06	11:1
356	16/19	44	Bill Benning	C	49	M	Lakeville	MN	106	14:45	1:41	1:40	433	1:07:34	12.9	1:48	172	24:22	8:0
357	4/6	624	Trisha Bachmeier	I	14	F	Prior Lake	MN	368	21:23	2:26	3:55	375	56:25	15.4	1:15	301	27:17	9:0
358	55/63	338	John Lietzke	I	44	M	Tonka Bay	MN	290	18:37	2:07	5:31	338	53:40	16.2	2:04	373	30:23	10:0
359	14/17	428	Mark Orfield	I	52	M	Edina	MN	431	32:30	3:42	3:30	280	50:33	17.2	0:48	113	22:58	7:4
360	56/63	167	Tony Frank	I	43	M	Minnetonka	MN	409	25:06	2:52	4:37	363	55:05	15.8	0:53	188	24:42	8:1
361	15/17	40	Randy Bauernfeind	I	52	M	Chanhassen	MN	382	22:00	2:30	3:48	351	54:36	15.9	1:00	345	29:01	9:4
362	32/49	297	Krista Knudsen	I	42	F	Minnetonka	MN	307	19:02	2:10	4:56	396	59:07	14.7	2:11	210	25:10	8:2
363	15/16	598	Stephanie Windfeldt	I	25	F	Eden Prairie	MN	337	20:12	2:18	2:18	374	56:17	15.5	2:52	339	28:49	9:3
364	57/63	229	Mike Hines	I	40	M	Eden Prairie	MN	420	27:28	3:08	3:21	309	51:57	16.7	1:47	251	26:09	8:4
365	26/34																		

392	47/48	514	Chad St. Germain	I	36	M	Omaha	NE	416	26:09	2:59	3:56	324	53:06	16.4	1:59	395	31:56	10:3
393	22/22	112	Maura Daly	I	46	F	St. Louis Park	MN	353	20:50	2:23	2:28	393	58:43	14.8	1:09	410	34:01	11:2
394	29/34	192	Jennifer Gorder	I	38	F	Bloomington	MN	387	22:20	2:33	4:37	368	55:48	15.6	1:42	403	33:10	11:0
395	21/26	156	Andrea Fazendin	I	31	F	Minneapolis	MN	147	15:20	1:45	3:34	434	1:08:22	12.7	1:18	355	29:26	9:4
396	39/49	239	Michelle Hoy	I	41	F	Deephaven	MN	423	27:45	3:10	3:49	389	57:55	15.0	1:01	309	27:36	9:1
397	40/49	128	Kristin Dingman	I	41	F	Maple Grove	MN	335	20:12	2:18	4:52	360	55:02	15.8	5:57	397	32:05	10:4
398	12/15	541	Mike Tenney	I	66	M	Excelsior	MN	247	17:18	1:58	4:41	356	54:46	15.9	2:48	432	38:51	12:5
399	41/49	337	Sassy Libertus	I	43	F	Minneapolis	MN	426	28:32	3:15	5:39	387	57:45	15.1	1:21	230	25:29	8:3
400	30/34	9	Lisa Adams	I	35	F	Maple Grove,	MN	379	21:49	2:29	3:40	414	1:01:15	14.2	2:21	375	30:26	10:0
401	13/15	205	Larry Grimstad	I	68	M	Decorah	IA	396	23:18	2:39	4:50	404	59:46	14.6	1:04	389	31:09	10:2
402	31/34	588	Alysa Wilbur	I	39	F	Victoria	MN	133	15:15	1:44	3:01	417	1:02:23	13.9	2:24	429	37:20	12:2
403	22/26	222	Amy Hendel	I	34	F	Plymouth	MN	421	27:30	3:08	3:50	397	59:13	14.7	1:04	346	29:04	9:4
404	42/49	362	Lora Marceau	I	43	F	Tonka Bay	MN	376	21:46	2:29	6:27	402	59:39	14.6	2:34	372	30:22	10:0
405	1/3	498	Mary Beth Simpson	I	62	F	Chanhasen	MN	400	24:24	2:47	3:54	406	59:54	14.5	1:27	391	31:22	10:2
406	43/49	312	Christy Lacourse	I	40	F	Deephaven	MN	422	27:41	3:09	7:05	410	1:00:33	14.4	1:04	197	24:53	8:1
407	44/49	590	Vikki Williams	I	43	F	Minnetrista	MN	408	24:50	2:50	3:24	401	59:35	14.6	2:36	388	31:03	10:2
408	2/3	605	Jean Wood	I	61	F	Excelsior	MN	380	21:54	2:30	3:50	344	54:06	16.1	1:53	436	40:05	13:2
409	45/49	378	Bridget McLaughlin	I	41	F	Andover	MN	315	19:17	2:12	2:06	405	59:53	14.5	2:58	430	37:39	12:3
410	7/9	612	Gina Zaffarano	I	50	F	Minnetonka	MN	405	24:39	2:49	2:30	418	1:02:24	13.9	1:54	382	30:49	10:1
411	38/38	138	Christian Dunlay	I	45	M	Stamford	CT	404	24:29	2:47	3:14	392	58:36	14.8	1:58	411	34:01	11:2
412	32/34	505	Heather Smith	I	37	F	Excelsior	MN	389	22:25	2:33	4:54	422	1:03:24	13.7	2:01	362	29:44	9:5
413	46/49	279	Emily Kellogg	I	42	F	Excelsior	MN	301	18:55	2:09	3:40	400	59:35	14.6	3:45	426	36:32	12:1
414	3/3	493	Cortney Sieben	I	23	F	Shakopee	MN	274	18:00	2:03	4:33	420	1:03:12	13.8	1:09	425	36:32	12:1
415	47/49	375	Kelly McKernan	I	43	F	Anoka	MN	419	27:16	3:06	4:17	391	58:32	14.9	1:38	398	32:11	10:4
416	48/49	74	Margaret Burdine	I	44	F	Shakopee	MN	425	28:21	3:14	5:30	421	1:03:13	13.8	1:44	247	26:03	8:4
417	23/26	324	Emily Latzka	I	34	F	Minnetonka	MN	184	16:06	1:50	3:44	435	1:09:36	12.5	1:15	428	36:41	12:1
418	13/13	16	Mark Anderson	I	55	M	Excelsior	MN	323	19:35	2:14	5:08	424	1:03:45	13.6	1:49	431	38:27	12:4
419	24/26	529	Cari Sturgis	I	31	F	Excelsior	MN	358	20:55	2:23	4:32	416	1:02:07	14.0	1:32	434	39:38	13:1
420	25/26	215	Lauren Hallau	I	30	F	Chanhasen	MN	356	20:52	2:23	4:39	415	1:02:05	14.0	1:32	433	39:37	13:1
421	10/10	78	Tony Burton	I	29	M	Minneapolis	MN	385	22:05	2:31	3:07	438	1:12:51	11.9	1:50	353	29:25	9:4
422	33/34	285	Kris Kilmer	I	36	F	Lake Forest	IL	310	19:05	2:11	13:35	426	1:04:04	13.6	2:29	376	30:27	10:0
423	14/15	508	Tom Smith	I	68	M	Eden Prairie	MN	357	20:52	2:23	7:04	423	1:03:40	13.7	2:56	422	35:38	11:5
424	34/34	61	Ann Bradsher	I	36	F	Eden Prairie	MN	432	33:43	3:50	5:19	428	1:04:20	13.5	1:35	215	25:17	8:2
425	5/6	352	Laura Lyon	I	14	F	Excelsior	MN	395	23:17	2:39	4:24	436	1:10:49	12.3	1:01	392	31:32	10:3
426	61/63	83	Greg Campbell	I	43	M	Victoria	MN	430	32:06	3:39	5:08	407	59:54	14.5	1:19	400	32:57	10:5
427	62/63	603	Matthew Winston	I	41	M	Plymouth	MN	296	18:43	2:08	22:40	398	59:23	14.7	3:33	292	27:08	9:0
428	49/49	258	Melonie Jeska	I	44	F	Fridley	MN	424	27:47	3:10	4:58	419	1:02:45	13.9	2:33	406	33:44	11:1
429	2/3	475	Marcella Sackett	A	42	F	Bloomington	MN	428	31:36	3:36	3:44	352	54:37	15.9	3:12	435	39:58	13:2
430	63/63	360	Sara Maras	I		F	Shakopee	MN	433	34:13	3:54	2:55	425	1:04:03	13.6	1:16	409	33:56	11:1
431	19/19	392	Tim Miller	C	45	M	Victoria	MN	413	25:45	2:56	4:12	413	1:01:14	14.2	2:35	437	43:12	14:2
432	3/3	432	Nina Page	A	43	F	Minneapolis	MN	410	25:27	2:54	4:39	409	1:00:22	14.4	2:54	440	45:46	15:1
433	6/6	397	Arianna Moore	I	16	F	Chaska	MN	429	32:02	3:39	4:09	432	1:06:40	13.1	1:19	418	35:19	11:4
434	15/15	5	David Abramson	I	69	M	St. Louis Park	MN	437	39:53	4:32	3:50	403	59:43	14.6	2:14	412	34:08	11:2
435	8/9	576	Mary Walcker	I	53	F	Chaska	MN	435	37:50	4:18	4:48	431	1:05:18	13.3	2:02	384	30:54	10:1
436	9/9	214	Deb Hagele	I	53	F	Excelsior	MN	436	37:53	4:19	4:51	430	1:05:16	13.3	2:09	379	30:45	10:1
437	48/48	282	Dj Kennedy	I	39	M	Chanhasen	MN	439	43:55	5:00	5:08	427	1:04:07	13.6	2:33	374	30:25	10:0
438	3/3	599	Vicki Windfeldt	I	58	F	Eden Prairie	MN	412	25:36	2:55	3:51	437	1:12:10	12.1	1:44	439	45:30	15:1
439	3/3	365	Diane McCarthy	I	64	F	Bonita Springs	FL	434	36:53	4:12	6:02	429	1:05:03	13.4	2:33	438	43:53	14:3
440	26/26	153	Ella Eydel	I	34	F	Minnetonka	MN	438	41:23	4:43	5:02	439	1:17:59	11.2	1:41	407	33:49	11:1

results by Pickle Events

results posted on: www.pickleevents.com

MALE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	622	Team Three Generatio	David Moore , Joseph Moore , Peter Moore		1	15:46	1:48	1:39	1	1:07:11	12.9	0:38	1	27:02	9:01 1:52:13

FEMALE RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	615	CME TRI	Corrie Muench , Marie Steinberger , Ellie Swedenborg		2	22:18	2:32	1:14	1	48:59	17.8	0:31	1	24:19	8:07 1:37:18
2	618	Pretty Sporty	Courtney Rile , Jenny Hardacre , Pam Konen		1	16:49	1:55	0:48	2	58:16	14.9	0:28	2	26:09	8:43 1:42:27

MIXED RELAY RESULTS

Place	Bib	TEAM	MEMBERS:SWIMMER, BIKER, RUNNER	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	616	cmjocks	Roger Wambhein , Mary Makowski , John Makowski		3	19:01	2:10	0:57	3	56:55	15.3	0:32	1	23:12	7:44 1:40:34
2	617	Jilty's Tri for Life	Genevieve McJilton , Pauline McJilton , Charles McJilton		2	16:13	1:51	0:57	1	44:58	19.3	0:58	3	46:15	15:25 1:49:18
3	621	Team Simpson	Darwin Klockers , Peggy Anderson , Deb Shaw		1	15:29	1:46	1:33	2	55:10	15.8	2:13	2	36:40	12:14 1:51:02

DQ or DID NOT FINISH

Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
186	David Goldberg	51	M	Excelsior	MN	1	11:15	1:17	1:00	1	38:19	22.7	0:43	1	16:46	5:36 1:08:00	
235	Susan Holt	55	F	Plymouth	MN	3	15:33	1:46	3:17	3	50:17	17.3	1:38				
230	Michael Hoenie	38	M	Golden Valley	MN	4	16:35	1:53	2:31	2	44:31	19.5					
244	Chris Hurcomb	45	M	Minneapolis	MN	6	18:33	2:07	3:14	4	52:40	16.5					
326	Brian Lavelle	49	M	Chaska	MN	2	12:26	1:25	1:33								
577	Jamie Walker	39	F	Minnetonka	MN	7	22:30	2:34	4:03								
444	Janene Phillips	50	F	Eden Prairie	MN	5	18:20	2:05									
104	Lyle Crider	68	M	Shakopee	MN	8	33:35	3:49									
1001																	

ELITE MALE OVERALL RESULTS

Place	Bib	Name	Age	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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1	1	Steve Sander	32	Richfield	MN	5	11:47	1:21	0:57	1	34:31	25.2	0:49	5	17:57	5:59	1:05:58
2	479	Tony Schiller	53	Eden Prairie	MN	4	11:43	1:20	1:04	4	36:00	24.2	0:43	2	17:22	5:48	1:06:50
3	3	Brett Lovaas	36	Minnetonka	MN	1	10:27	1:12	0:51	6	36:56	23.6	0:44	8	18:06	6:02	1:07:01
4	82	Tom Camp	45	Minneapolis	MN	2	10:51	1:14	1:11	7	36:57	23.5	1:15	3	17:38	5:53	1:07:49
5	560	Carl Unger	37	Prior Lake	MN	6	12:24	1:25	1:26	2	35:36	24.4	0:51	9	18:23	6:08	1:08:38
6	276	Jmatt Keil	37	Minneapolis	MN	3	11:28	1:19	1:12	8	37:43	23.1	0:50	4	17:40	5:54	1:08:51
7	132	Taggart Downare	41	St Cloud	MN	11	14:23	1:38	1:29	3	35:59	24.2	1:03	7	18:06	6:02	1:10:56
8	115	Michael Danielson	47	Tonka Bay	MN	8	13:08	1:30	1:10	9	38:34	22.6	1:04	6	17:59	6:00	1:11:52
9	449	Derick Podratz	36	Lino Lakes	MN	9	13:16	1:31	1:30	10	39:26	22.1	0:56	1	17:04	5:42	1:12:08
10	613	Brian Zeuli	34	Hudson	WI	7	12:51	1:28	1:59	5	36:25	23.9	0:49	11	21:17	7:06	1:13:20
11	430	Nicholas Oswald	27	Plymouth	MN	10	13:25	1:32	1:18	11	39:41	21.9	0:37	10	18:45	6:15	1:13:44

## ELITE FEMALE OVERALL RESULTS

Place	Bib	Name	Age	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	278	Heidi Keller Miler	46	Chaska	MN	1	10:42	1:13	1:07	3	40:28	21.5	0:54	1	19:04	6:22	1:12:13
2	2	Sarah Mercer	43	Golden Valley	MN	2	11:51	1:21	1:16	1	38:53	22.4	1:00	5	20:19	6:47	1:13:17
3	509	Ann Snuggerud	43	Chaska	MN	3	11:54	1:22	1:17	6	42:11	20.6	1:04	2	19:20	6:27	1:15:44
4	4	Jan Gunther	53	Mound	MN	6	13:00	1:29	1:24	2	40:20	21.6	1:09	4	20:06	6:42	1:15:57
5	523	Nordica Stocker	25	Minneapolis	MN	5	12:39	1:27	1:07	4	41:07	21.2	0:59	6	21:13	7:05	1:17:03
6	144	Jill Ellenbecker	38	Coon Rapids	MN	7	13:53	1:35	1:11	7	42:36	20.4	0:52	3	19:48	6:36	1:18:18
7	236	Angie Hop-Mracek	40	Rosemount	MN	4	12:10	1:23	1:41	5	41:47	20.8	1:05	7	22:08	7:23	1:18:49

## CLYDESDALE OVERALL RESULTS

Place	Bib	Name	Age	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	176	Paul Gaskin	44	Victoria	MN	1	12:43	1:27	1:25	2	39:02	22.3	1:09	1	21:23	7:08	1:15:40
2	515	Josh Stahl	42	Minnetonka	MN	5	14:10	1:37	1:20	1	38:02	22.9	1:01	3	22:53	7:38	1:17:24
3	345	Bryan Logue	40	New Prague	MN	3	13:30	1:33	1:40	5	41:23	21.0	0:51	4	23:25	7:49	1:20:47
4	547	Chad Thompson	41	Victoria	MN	8	14:50	1:42	1:56	3	39:45	21.9	1:18	6	24:26	8:09	1:22:13
5	327	Eric Lavigne	39	Minnetonka	MN	11	14:59	1:43	2:10	4	39:47	21.9	0:51	7	25:01	8:21	1:22:47
6	335	Mike Lesage	41	Chanhassen	MN	16	19:02	2:10	2:13	8	43:11	20.1	0:57	2	22:22	7:28	1:27:43
7	30	Robert Ball	40	Minnetonka Beach	MN	2	12:46	1:27	2:39	10	44:12	19.7	1:33	12	26:40	8:54	1:27:48
8	520	Scott Stensland	49	Chaska	MN	13	15:50	1:48	2:15	6	42:30	20.5	1:43	8	25:45	8:35	1:28:00
9	333	Scott Leo	49	Minneapolis	MN	10	14:53	1:42	2:05	7	42:32	20.5	1:15	14	27:30	9:10	1:28:13
10	364	Jeff Mattson	55	Apple Valley	MN	4	13:35	1:33	2:39	11	44:25	19.6	1:37	13	27:08	9:03	1:29:23
11	394	David Moen	41	Victoria	MN	12	15:30	1:46	2:33	9	44:02	19.8	1:59	10	26:20	8:47	1:30:21
12	80	George Callahan	43	Wayzata	MN	9	14:52	1:42	2:51	12	45:18	19.2	1:45	11	26:25	8:49	1:31:09
13	486	Jacob Selseth	37	St. Paul	MN	15	17:56	2:03	2:03	13	46:52	18.6	1:46	9	26:19	8:47	1:34:54
14	243	Andrew Humphries	27	Minneapolis	MN	6	14:30	1:39	2:49	14	47:48	18.2	1:38	15	28:18	9:26	1:35:01
15	124	Doug Dewey	48	Eden Prairie	MN	14	16:53	1:56	2:16	16	51:48	16.8	1:58	16	33:22	11:08	1:46:14
16	44	Bill Benning	49	Lakeville	MN	7	14:45	1:41	1:40	19	1:07:34	12.9	1:48	5	24:22	8:08	1:50:08
17	146	Peder Engbretson	47	St Anthony	MN	17	20:29	2:20	3:31	17	52:31	16.6	1:12	17	33:53	11:18	1:51:34
18	66	Narvel Brooks	59	Waconia	MN	18	24:24	2:47	2:44	15	49:22	17.6	1:40	18	35:34	11:52	1:53:41
19	392	Tim Miller	45	Victoria	MN	19	25:45	2:56	4:12	18	1:01:14	14.2	2:35	19	43:12	14:24	2:16:57

## ATHENA OVERALL RESULTS

Place	Bib	Name	Age	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	155	Sofia Farone	24	Minneapolis	MN	1	15:13	1:44	3:01	1	54:09	16.1	1:05	1	26:02	8:41	1:39:27
2	475	Marcella Sackett	42	Bloomington	MN	3	31:36	3:36	3:44	2	54:37	15.9	3:12	2	39:58	13:20	2:13:05
3	432	Nina Page	43	Minneapolis	MN	2	25:27	2:54	4:39	3	1:00:22	14.4	2:54	3	45:46	15:16	2:19:06

## AGE GROUP MALE OVERALL RESULTS

Place	Bib	Name	Age	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	73	Mike Buenting	36	Chanhassen	MN	27	13:16	1:31	1:08	12	38:33	22.6	0:31	1	17:15	5:45	1:10:41
2	291	Jesse Kling	31	Blaine	MN	13	12:36	1:26	1:24	7	38:02	22.9	0:53	2	18:08	6:03	1:11:00
3	442	Tom Pettit	42	Eden Prairie	MN	5	11:30	1:19	1:07	17	39:26	22.1	0:47	3	18:15	6:05	1:11:03
4	21	Jon Armour	41	Golden Valley	MN	1	11:11	1:17	1:06	6	38:01	22.9	0:55	19	20:15	6:45	1:11:25
5	355	Brent Magid	46	Excelsior	MN	2	11:12	1:17	1:24	8	38:04	22.9	0:48	26	20:50	6:57	1:12:16
6	513	Tim Sosnowski	40	Eden Prairie	MN	7	11:50	1:21	1:18	14	38:36	22.5	0:58	9	19:41	6:34	1:12:20
7	69	Robert Brown	36	Hopkins	MN	14	12:39	1:27	1:03	15	38:46	22.4	0:47	6	19:09	6:23	1:12:23
8	178	Lorenz Gerschwiler	34	Plymouth	MN	19	12:44	1:27	1:43	1	36:22	23.9	0:55	28	20:55	6:59	1:12:35
9	294	David Knack	48	Prior Lake	MN	18	12:43	1:27	1:46	5	37:46	23.0	0:55	8	19:32	6:31	1:12:39
10	421	Jared Olhoff	29	Shoreview	MN	16	12:40	1:27	0:58	24	40:42	21.4	0:53	4	18:43	6:15	1:13:53
11	52	Mike Blair	41	Prior Lake	MN	35	13:48	1:35	1:20	3	37:43	23.1	0:39	24	20:42	6:54	1:14:10
12	55	Douglas Boehme	45	Woodbury	MN	12	12:34	1:26	1:48	10	38:11	22.8	0:56	38	21:24	7:08	1:14:50
13	159	Sean Finn	45	Savage	MN	47	14:28	1:39	1:17	22	40:13	21.6	0:55	5	18:58	6:20	1:15:48
14	554	Paul Traczyk	41	Shoreview	MN	25	13:07	1:30	1:19	18	39:41	21.9	0:58	30	20:55	6:59	1:15:57
15	161	Skip Fitting	56	Buffalo	MN	51	14:40	1:40	2:11	16	39:06	22.3	1:13	12	19:48	6:36	1:16:56
16	137	Mike Duggan	42	Edina	MN	43	14:23	1:39	1:32	19	39:46	21.9	1:01	21	20:23	6:48	1:17:03
17	517	Gregg Steiger	45	Minnetonka	MN	64	15:06	1:43	1:16	9	38:09	22.8	1:08	43	21:36	7:12	1:17:13
18	490	Eric Showers	48	Minnetonka	MN	15	12:40	1:27	1:29	21	40:05	21.7	1:09	53	22:00	7:20	1:17:21
19	429	Christopher Oswald	31	Rochester	MN	10	12:22	1:25	1:28	66	43:02	20.2	0:45	15	19:54	6:38	1:17:28
20	269	Marc Justinak	42	Excelsior	MN	54	14:49	1:41	1:57	11	38:11	22.8	1:06	48	21:50	7:17	1:17:51
21	281	Edward Kelly	46	Saint Paul	MN	28	13:18	1:31	2:35	20	39:50	21.8	0:51	56	22:13	7:25	1:18:44
22	537	Dan Swartz	42	St. Louis Park	MN	44	14:24	1:39	1:26	55	42:32	20.5	1:07	13	19:50	6:37	1:19:16
23	200	Nick Greb	30	Windsor Heights	IA	31	13:23	1:32	1:19	54	42:31	20.5	0:57	36	21:14	7:05	1:19:22
24	225	Lee Hetherington	47	Chaska	MN	17	12:40	1:27	1:59	33	41:37	20.9	1:16	52	21:53	7:18	1:19:23
25	545	Shawn Thomas	38	Eden Prairie	MN	30	13:23	1:32	1:42	72	43:29	20.0	0:55	16	20:05	6:42	1:19:31
26	466	Jason Riley	40	Maple Grove	MN	46	14:28	1:39	1:33	30	41:29	21.0	1:16	29	20:55	6:59	1:19:38
27	293	Anton Knack	18	Prior Lake	MN	3	11:14	1:17	1:34	89	44:19	19.6	0:51	49	21:50	7:17	1:19:46
28	402	Mark Myers	52	Lake Elmo	MN	84	15:35	1:47	2:05	35	41:46	20.8	1:09	7	19:17	6:26	1:19:49
29	59	Doug Bolster	38	Eden Prairie	MN	29	13:20	1:31	2:34	53	42:31	20.5	0:51	25	20:47	6:56	1:20:01
30	24	Mark Augdahl	46	Chaska	MN	32	13:29	1:32	1:39	61	42:44	20.4	1:00	35	21:14	7:05	1:20:04
31	356	Matt Mahannah	38	Chanhassen	MN	79	15:25	1:46	2:06	38	41:56	20.7	0:56	17	20:05	6:42	1:20:25
32	578	Tim J Walker	44	Minnetonka	MN	49	14:37	1:40	1:45	13	38:34	22.6	0:43	123	25:05	8:22	1:20:41
33	548	Paul Thorne	43	Hopkins	MN	78	15:24	1:45	1:21	31	41:29	21.0	0:51	50	21:50	7:17	1:20:53
34	342	Dave Link	44	Eden Prairie	MN	98	16:01	1:50	1:56	2	37:40	23.1	1:13	105	24:1		

41	193	Larry Gough	51	72	15:18	1:45	2:17	45	42:20	20.6	1:35	32	21:09	7:03	1:22:37		
42	584	Rob Webb	41	Edina	MN	74	15:19	1:45	1:25	27	41:22	21.0	0:57	94	23:45	7:55	1:22:45
43	462	Bob Revoir	47	Plymouth	MN	93	15:50	1:48	1:55	41	42:02	20.7	1:15	51	21:52	7:18	1:22:51
44	145	Barry Ellinger	37	Chaska	MN	42	14:23	1:38	1:41	43	42:16	20.6	1:17	92	23:44	7:55	1:23:18
45	259	Seth Jeska-Silrum	33	Mpls.	MN	145	17:32	2:00	2:44	42	42:10	20.6	0:50	18	20:12	6:44	1:23:24
46	552	Scott Tollefson	44	Minneapolis	MN	157	18:28	2:06	1:35	59	42:38	20.4	1:02	14	19:52	6:38	1:23:33
47	383	David Mercer	43	Golden Valley	MN	45	14:28	1:39	3:17	4	37:45	23.0	1:23	160	26:49	8:57	1:23:39
48	343	David Liske	39	Saint Louis Park	MN	108	16:29	1:53	2:03	32	41:33	20.9	1:11	62	22:42	7:34	1:23:56
49	592	John Willoughby	43	Deephaven	MN	52	14:44	1:41	2:09	90	44:21	19.6	1:03	44	21:44	7:15	1:23:58
50	130	Jason Dohm	42	Milaca	MN	11	12:25	1:25	2:16	73	43:36	20.0	1:06	117	24:50	8:17	1:24:10
51	263	Jake Johnson	36	Medina	MN	131	17:13	1:58	2:54	49	42:27	20.5	1:23	20	20:19	6:47	1:24:14
52	227	Kevin Hill	41	Mpls	MN	66	15:14	1:44	2:10	104	45:21	19.2	1:01	23	20:35	6:52	1:24:17
53	96	Bradley Close	42	Orono	MN	142	17:26	1:59	1:51	36	41:50	20.8	1:13	54	22:06	7:22	1:24:23
54	614	Gary Zinter	58	Plymouth	MN	23	13:05	1:30	2:19	51	42:29	20.5	1:08	136	25:26	8:29	1:24:24
55	187	Michael Gonzales	52	Lakeville	MN	65	15:10	1:44	1:53	67	43:04	20.2	1:05	80	23:17	7:46	1:24:27
56	457	Mark Rannow	38	Minnetonka	MN	116	16:38	1:54	1:52	60	42:39	20.4	0:50	65	22:46	7:36	1:24:44
57	22	Greg Asplund	39	Excelsior	MN	36	13:49	1:35	2:13	47	42:21	20.5	1:36	116	24:49	8:17	1:24:46
58	301	Scott Koltes	37	Richfield	MN	109	16:31	1:53	1:58	25	41:12	21.1	1:17	96	23:56	7:59	1:24:51
59	33	Dan Barsness	41	Victoria	MN	8	12:18	1:24	1:58	56	42:34	20.4	1:08	164	26:57	8:59	1:24:52
60	201	Conor Green	31	Minneapolis	MN	21	12:53	1:28	3:12	113	46:07	18.9	1:19	39	21:25	7:09	1:24:54
61	50	Eric Best	41	Chanhasen	MN	141	17:25	1:59	2:17	48	42:26	20.5	1:03	47	21:48	7:16	1:24:57
62	574	James Vos	48	Goplden Valley	MN	4	11:24	1:18	2:23	115	46:18	18.8	1:44	78	23:11	7:44	1:24:57
63	164	Bryan Flood	24	Minneapolis	MN	120	16:47	1:55	2:19	75	43:39	19.9	0:58	45	21:44	7:15	1:25:24
64	89	Tim Cassidy	38	Plymouth	MN	119	16:46	1:55	2:26	46	42:20	20.6	1:15	63	22:45	7:35	1:25:30
65	212	Dan Hackenberg	38	Eden Prairie	MN	39	14:16	1:38	2:40	93	44:47	19.4	1:31	57	22:19	7:27	1:25:30
66	319	Paul Langer	44	Minneapolis	MN	111	16:36	1:54	3:00	81	44:05	19.7	0:54	31	20:59	7:00	1:25:32
67	283	Jeremy Kersten	35	Bloomington	MN	63	15:04	1:43	2:33	103	45:11	19.3	1:26	37	21:22	7:08	1:25:34
68	346	Frank Lombardo	57	Lakeville	MN	113	16:37	1:54	1:34	69	43:16	20.1	1:24	64	22:45	7:35	1:25:34
69	607	Ray Woodworth	40	Chaska	MN	22	13:00	1:29	3:05	127	46:48	18.6	1:24	42	21:34	7:12	1:25:48
70	489	Nick Shermeta	43	Minnetonka	MN	48	14:35	1:40	1:52	98	45:03	19.3	1:22	74	23:06	7:42	1:25:55
71	583	Greg Weaver	35	Eden Prairie	MN	37	13:52	1:35	2:47	124	46:37	18.7	1:15	40	21:27	7:09	1:25:56
72	558	Thorn Turner	46	Shorewood	MN	6	11:35	1:19	1:20	82	44:07	19.7	0:55	181	28:04	9:22	1:25:59
73	359	Dan Mans	48	Victoria	MN	162	18:38	2:07	2:42	40	42:02	20.7	1:32	33	21:13	7:05	1:26:03
74	177	James Gaul	39	Bloomington	MN	87	15:39	1:47	1:48	109	45:51	19.0	1:36	34	21:13	7:05	1:26:05
75	13	Mark Ambrosen	57	Excelsior	MN	40	14:19	1:38	2:19	84	44:10	19.7	1:46	88	23:37	7:53	1:26:07
76	233	Tim Hoke	37	Crystal	MN	94	15:50	1:48	1:38	76	43:48	19.9	1:01	106	24:16	8:06	1:26:31
77	407	Eric Nelson	53	Minneapolis	MN	62	15:04	1:43	2:12	94	44:49	19.4	1:30	75	23:09	7:43	1:26:42
78	42	David Behrens	33	Hopkins	MN	34	13:48	1:35	2:26	120	46:33	18.7	0:46	84	23:22	7:48	1:26:53
79	420	Paul Ohnsorg	36	Medina	MN	68	15:16	1:45	2:10	85	44:12	19.7	1:22	98	23:58	8:00	1:26:56
80	557	Ej Tso	38	Minneapolis	MN	181	20:03	2:17	1:31	28	41:25	21.0	1:11	71	22:58	7:40	1:27:06
81	411	Lawrence Nemecek	44	Minnetrista	MN	67	15:15	1:44	2:06	65	43:00	20.2	1:26	138	25:28	8:30	1:27:12
82	249	Shaun Jamison	40	St Louis Park	MN	88	15:44	1:48	2:38	97	45:01	19.3	0:57	73	22:58	7:40	1:27:16
83	556	Jorge Trujillo	30	Minneapolis	MN	101	16:04	1:50	2:38	78	43:49	19.9	1:39	77	23:10	7:44	1:27:17
84	594	Garrett Wilson	40	Edina	MN	107	16:22	1:52	2:14	58	42:37	20.4	1:10	120	25:00	8:20	1:27:20
85	275	Marty Kaye	50	Victoria	MN	174	19:16	2:12	3:28	23	40:26	21.5	2:27	46	21:46	7:16	1:27:20
86	31	Beau Ballin	35	Minnetonka	MN	71	15:18	1:45	1:36	110	45:55	18.9	1:16	81	23:17	7:46	1:27:20
87	122	Rob Delaune	46	Shoreview	MN	91	15:49	1:48	2:23	106	45:32	19.1	1:17	59	22:24	7:28	1:27:21
88	125	Kevin Dillon	54	Chanhasen	MN	167	18:57	2:10	1:55	198	53:39	16.2		67	22:54	7:38	1:27:40
89	488	Bill Sharpe	48	Deephaven	MN	103	16:09	1:51	3:14	83	44:09	19.7	1:49	60	22:27	7:29	1:27:45
90	173	Dan Fritz	39	Wayzata	MN	99	16:01	1:50	3:21	29	41:26	21.0	1:39	137	25:26	8:29	1:27:52
91	240	Scott Hudson	21	Shoreview	MN	102	16:05	1:50	2:36	50	42:28	20.5	0:51	155	26:19	8:47	1:28:16
92	129	Chad Dohlen	43	St Paul	MN	132	17:14	1:58	1:44	70	43:18	20.1	1:22	112	24:41	8:14	1:28:17
93	277	Michael Keller	46	Mpls	MN	59	14:59	1:43	1:33	133	47:06	18.5	1:34	83	23:18	7:46	1:28:27
94	134	Dru Drake	56	Woodbury	MN	9	12:20	1:25	1:51	87	44:15	19.7	2:04	183	28:12	9:24	1:28:39
95	64	John Brantingham	33	East Bethel	MN	138	17:21	1:59	2:43	88	44:16	19.7	1:31	69	22:55	7:39	1:28:42
96	536	Eric Swanson	49	Edina	MN	206	22:02	2:31	2:58	63	42:57	20.3	1:07	11	19:45	6:35	1:28:47
97	298	Edward Knutson	42	Waconia	MN	50	14:38	1:40	2:01	112	46:03	18.9	0:58	128	25:18	8:26	1:28:55
98	611	Paul Youngberg	27	Chanhasen	MN	55	14:54	1:42	2:02	140	47:40	18.3	0:49	93	23:44	7:55	1:29:03
99	194	Eric Goullaud	66	Plymouth	MN	81	15:29	1:46	1:58	96	44:54	19.4	1:49	121	25:01	8:21	1:29:08
100	148	Jay Erb	44	Chanhasen	MN	60	15:00	1:43	2:59	105	45:30	19.1	1:16	109	24:32	8:11	1:29:14
101	581	Steve Wander	43	Minnetonka	MN	96	15:56	1:49	2:45	71	43:25	20.0	1:50	134	25:22	8:28	1:29:15
102	445	Jon Pierce	42	Excelsior	MN	77	15:23	1:45	1:45	125	46:44	18.6	1:16	104	24:13	8:05	1:29:19
103	241	John Hughes	42	Long Lake	MN	70	15:17	1:45	2:25	126	46:47	18.6	1:27	87	23:33	7:51	1:29:26
104	110	Jeff Daly	51	Lakeville	MN	130	17:12	1:58	1:43	74	43:39	19.9	1:35	132	25:21	8:27	1:29:27
105	62	Neal Bradsher	44	Eden Prairie	MN	33	13:37	1:33	3:18	111	46:01	18.9	1:21	125	25:12	8:24	1:29:28
106	340	Craig Lindsay	26	Minneapolis	MN	53	14:49	1:41	2:52	137	47:23	18.4	1:20	79	23:12	7:44	1:29:32
107	386	Jeff Metzler	45	Mpls.	MN	146	17:36	2:00	1:45	80	43:53	19.8	1:19	124	25:07	8:23	1:29:38
108	540	Chris Tadevich	44	Farmington	MN	69	15:16	1:45	2:12	128	46:53	18.6	1:16	99	24:05	8:02	1:29:40
109	223	Craig Hendrickson	34	Hopkins	MN	85	15:37	1:47	2:44	108	45:44	19.0	1:37	101	24:08	8:03	1:29:47
110	99	Tim Cooley	31	Wayzata	MN	134	17:17	1:58	2:16	52	42:31	20.5	1:04	159	26:47	8:56	1:29:52
111	163	John Flaa	49	Plymouth	MN	61	15:04	1:43	1:57	144	48:00	18.1	1:17	89	23:40	7:54	1:29:56
112	270	Vince Justinak	53	Minneapolis	MN	135	17:17	1:58	2:40	37	41:54	20.8	1:11	167	27:04	9:02	1:30:04
113	296	Barry Knight	62	Orono	MN	56	14:58	1:42	1:42	100	45:05	19.3	1:40	161	26:51	8:57	1:30:13
114	481	Kurt Schultz	48	Lakeville	MN	90	15:47	1:48	1:39	77	43:48	19.9	2:01	166	27:03	9:01	1:30:15
115	198	Andy Grant	40	Eden Prairie	MN	122	16:48	1:55	2:05	95	44:49	19.4	1:10	143	25:09	8:33	1:30:29
116	182	Mark Glodoski	46	Excelsior	MN	126	17:01	1:56	3:15	99	45:04	19.3	0:49	110	24:34	8:12	1:30:41
117	476	Ken Saddler	46	Chanhasen	MN	83	15:31	1:46	3:54	101	45:05	19.3	0:51	135	25:24	8:28	1:30:43
118	188	Jason Good	41	Victoria	MN	150	17:56	2:03	2:10	86	44:13	19.7	1:19	131	25:20	8:27	1:30:56
119	119																

141	469	Mike Rogers	46	Minnetonka	MN	147	17:39	2:01	2:01	148	48:15	18.0	2:09	129	25:18	8:26	1:35:19	
142	370	Tom McConville	58	Osseo	MN	200	21:25	2:26	2:49	68	43:06	20.2	1:12	162	26:54	8:58	1:35:23	
143	203	Tom Griffin	48	Bloomington	MN	139	17:22	1:59	2:31	119	46:23	18.8	1:17	182	28:06	9:22	1:35:36	
144	67	James Brown	39	Prior Lake	MN	92	15:49	1:48	3:08	162	49:32	17.6	1:15	147	26:00	8:40	1:35:42	
145	564	Luke Van Santen	42	Minnetonka	MN	97	16:00	1:50	2:34	121	46:34	18.7	1:06	201	29:34	9:52	1:35:46	
146	47	Andy Berg	39	Plymouth	MN	118	16:45	1:55	2:49	167	49:53	17.4	1:05	133	25:22	8:28	1:35:52	
147	14	Jan Andersen	57	Minnetonka	MN	161	18:37	2:07	2:17	138	47:28	18.3	1:39	146	25:59	8:40	1:35:58	
148	95	Tim Cline	31	St Bonifacius	MN	187	20:13	2:18	3:48	107	45:35	19.1	1:05	140	25:36	8:32	1:36:16	
149	57	Nick Boen	41	Champlin	MN	86	15:38	1:47	3:13	153	48:49	17.8	1:56	169	27:08	9:03	1:36:41	
150	56	Nate Boen	43	Minnetonka	MN	140	17:23	1:59	2:56	134	47:16	18.4	2:00	171	27:10	9:04	1:36:43	
151	171	Rob Frischmann	47	Victoria	MN	80	15:27	1:46	2:23	179	51:28	16.9	0:50	163	26:54	8:58	1:36:59	
152	49	Scott Berry	33	St. Louis Park	MN	124	16:51	1:55	2:45	164	49:42	17.5	1:05	158	26:40	8:54	1:37:00	
153	305	Steve Kueppers	36	Chanhassen	MN	201	21:27	2:27	2:54	142	47:50	18.2	1:05	113	24:41	8:14	1:37:55	
154	6	Timothy Acheson	36	Richfield	MN	148	17:42	2:01	2:52	155	48:52	17.8	1:25	172	27:13	9:05	1:38:01	
155	571	Christopher Vogel	36	Chicago	IL	180	19:45	2:15	2:03	154	48:49	17.8	1:13	153	26:15	8:45	1:38:03	
156	519	Lee Steinhauer	35	Robbinsdale	MN	169	19:02	2:10	3:34	130	46:57	18.5	0:49	177	27:45	9:15	1:38:04	
157	185	Andrew Goke	36	Minneapolis	AL	186	20:13	2:18	2:27	172	50:47	17.1	1:03	95	23:50	7:57	1:38:18	
158	374	Justin McHugh	38	Deephaven	MN	114	16:37	1:54	4:53	147	48:13	18.0	3:55	118	24:52	8:18	1:38:27	
159	447	Michael Pietrowski	39	Hopkins	MN	149	17:44	2:01	3:46	176	51:16	17.0	0:51	119	24:52	8:18	1:38:28	
160	204	Ben Grimstad	38	Decorah	IA	121	16:47	1:55	2:35	158	49:15	17.7	1:33	187	28:46	9:36	1:38:53	
161	436	Paul Pasko	46	Minnetonka	MN	198	21:20	2:26	3:24	92	44:32	19.5	2:05	175	27:39	9:13	1:38:57	
162	492	Aaron Sieben	25	Shakopee	MN	172	19:06	2:11	3:00	159	49:17	17.7	1:46	149	26:07	8:43	1:39:13	
163	195	Michael John Gournaris	37	Lakeville	MN	211	22:35	2:34	2:58	123	46:36	18.7	1:29	145	25:46	8:36	1:39:24	
164	483	Jason Sedlak	36	Bloomington	MN	164	18:49	2:09	3:28	131	47:00	18.5	2:08	180	28:01	9:21	1:39:24	
165	467	Donny Rix	45	Chanhassen	MN	156	18:13	2:05	2:13	149	48:24	18.0	1:44	194	29:11	9:44	1:39:43	
166	238	Jerry House	63	Woodbury	MN	194	20:50	2:23	2:21	183	51:42	16.8	1:37	86	23:30	7:50	1:39:58	
167	255	Joseph Jeppesen	55	Chanhassen	MN	188	20:15	2:19	4:18	163	49:33	17.6	2:02	103	24:10	8:04	1:40:16	
168	532	Brian Svendahl	42	Plymouth	MN	193	20:36	2:21	2:49	157	49:14	17.7	1:37	150	26:08	8:43	1:40:20	
169	81	Jeff Callinan	38	Wayzata	MN	183	20:07	2:18	2:32	169	50:10	17.3	0:49	168	27:08	9:03	1:40:43	
170	79	Paul Buschmann	40	Minnetonka	MN	173	19:08	2:11	3:22	150	48:39	17.9	1:45	179	27:52	9:18	1:40:43	
171	27	Christopher Mandery	44	Eagan	MN	166	18:57	2:10	2:06	196	53:22	16.3	1:41	115	24:44	8:15	1:40:48	
172	357	Beauregard Manhart	34	Maple Grove	MN	177	19:27	2:13	2:34	168	50:04	17.4	2:49	152	26:09	8:43	1:41:01	
173	477	Bruce Salmela	51	Shakopee	MN	214	24:25	2:47	2:25	170	50:23	17.3	0:51	82	23:18	7:46	1:41:19	
174	361	Dan Maras	45	Shakopee	MN	58	14:59	1:43	3:22	191	53:04	16.4	1:55	190	29:00	9:40	1:42:17	
175	245	Brian Ip	49	Edina	MN	151	18:01	2:03	2:05	175	51:11	17.0	2:39	188	28:51	9:37	1:42:46	
176	426	Owen O'Neill	48	Edina	MN	73	15:18	1:45	4:34	205	54:41	15.9	1:23	173	27:14	9:05	1:43:08	
177	120	Jeffrey Day	61	Plymouth	MN	165	18:51	2:09	4:27	195	53:21	16.3	1:24	130	25:19	8:27	1:43:21	
178	108	Andrew Cutting	35	Eden Prairie	MN	189	20:22	2:19	3:06	156	49:12	17.7	2:04	189	28:55	9:39	1:43:37	
179	593	Charles Wilson	42	Plymouth	MN	158	18:35	2:07	3:23	177	51:24	16.9	1:27	202	29:52	9:58	1:44:39	
180	413	Jeff Newhouse	46	Minnetonka	MN	209	22:14	2:32	3:04	178	51:26	16.9	1:00	165	27:02	9:01	1:44:43	
181	406	Dan Nelson	39	Minnetrista	MN	197	21:09	2:25	3:38	141	47:48	18.2	1:13	210	31:00	10:20	1:44:47	
182	85	Christopher Carlisle	39	St. Louis Park	MN	219	26:00	2:58	3:07	187	52:12	16.7	1:33	58	22:23	7:28	1:45:13	
183	272	Joe Kandiko	61	Excelsior	MN	95	15:51	1:48	3:00	194	53:15	16.3	1:55	212	31:16	10:26	1:45:14	
184	354	Gregory Maddrey	42	Wayzata	MN	176	19:25	2:13	2:47	181	51:39	16.8	2:27	198	29:25	9:49	1:45:41	
185	448	Steve Pinick	54	Chanhassen	MN	104	16:15	1:51	4:19	202	54:03	16.1	2:49	186	28:42	9:34	1:46:05	
186	172	Brad Fritz	43	Eden Prairie	MN	196	20:56	2:23	3:58	212	56:15	15.5	0:59	102	24:09	8:03	1:46:15	
187	141	Shawn Eells	31	Minnetonka	MN	224	30:00	3:25	3:47	151	48:45	17.8	1:46	55	22:11	7:24	1:46:27	
188	253	Eric Jensen	37	Victoria	MN	202	21:37	2:28	3:51	165	49:44	17.5	2:08	203	29:53	9:58	1:47:09	
189	228	Mark Hines	35	Eden Prairie	MN	203	21:48	2:29	3:49	186	52:01	16.7	2:07	174	27:30	9:10	1:47:14	
190	499	Richard Simpson	62	Chanhassen	MN	190	20:22	2:19	4:52	174	51:06	17.0	2:02	200	29:28	9:50	1:47:48	
191	234	Philip Hollway	24	Minneapolis	MN	184	20:10	2:18	2:33	209	55:36	15.6	1:16	184	28:20	9:27	1:47:52	
192	284	Daniel Kessler	46	Chaska	MN	115	16:38	1:54	2:53	173	50:59	17.1	1:49	225	35:47	11:56	1:48:03	
193	478	Joe Sanguinetti	45	Minnetonka	MN	204	21:59	2:30	4:17	182	51:42	16.8	2:28	178	27:50	9:17	1:48:15	
194	10	Zachary Adams	36	Maple Grove	MN	207	22:04	2:31	3:16	217	57:24	15.2	0:45	122	25:04	8:22	1:48:30	
195	268	Doug Jost	56	Centerville	MN	182	20:05	2:17	2:59	203	54:11	16.1	1:44	204	30:06	10:02	1:49:03	
196	35	James Barthel	64	Birchwood	MN	185	20:12	2:18	3:59	200	53:49	16.2	1:53	196	29:19	9:47	1:49:09	
197	328	Rob Lea	64	Minneapolis	MN	155	18:13	2:05	4:05	180	51:36	16.9	2:18	218	33:01	11:01	1:49:11	
198	191	Tom Goodnature	37	Mound	MN	199	21:21	2:26	4:05	185	52:00	16.7	1:09	208	30:47	10:16	1:49:19	
199	586	Brett Werger	38	Minnetonka	MN	218	25:31	2:54	4:02	211	55:53	15.6	1:02	70	22:56	7:39	1:49:21	
200	139	Philip Dunlay	54	Greenwood	MN	212	22:40	2:35	3:13	190	52:49	16.5	1:55	195	29:13	9:45	1:49:46	
201	11	Steve Ahlvers	36	Lakeville	MN					474:42	208	55:13	15.8	3:47	222	35:06	11:42	1:50:04
202	338	John Lietzke	44	Tonka Bay	MN	160	18:37	2:07	5:31	199	53:40	16.2	2:04	205	30:23	10:08	1:50:13	
203	428	Mark Orfield	52	Edina	MN	226	32:30	3:42	3:30	171	50:33	17.2	0:48	72	22:58	7:40	1:50:15	
204	167	Tony Frank	43	Minnetonka	MN	217	25:06	2:52	4:37	207	55:05	15.8	0:53	114	24:42	8:14	1:50:20	
205	40	Randy Bauernfeind	52	Chanhassen	MN	205	22:00	2:30	3:48	204	54:36	15.9	1:00	191	29:01	9:41	1:50:22	
206	229	Mike Hines	40	Eden Prairie	MN	223	27:28	3:08	3:21	184	51:57	16.7	1:47	151	26:09	8:43	1:50:40	
207	458	David Reeder	40	Chanhassen	MN	171	19:04	2:10	3:33	197	53:35	16.2	1:41	217	32:59	11:00	1:50:49	
208	544	Geoff Theobald	34	Carver	MN	216	24:49	2:50	3:11	210	55:48	15.6	0:42	157	26:34	8:52	1:51:03	
209	494	Daniel Sieben	52	Edina	MN	210	22:24	2:33	4:04	218	57:32	15.1	2:26	148	26:03	8:41	1:52:27	
210	28	Scott Bailey	40	Eagan	MN	192	20:35	2:21	3:37	215	56:56	15.3	1:09	207	30:39	10:13	1:52:54	
211	579	Peter Walman	69	Minnetonka	MN	100	16:02	1:50	2:51	214	56:42	15.3	1:32	226	36:03	12:01	1:53:08	
212	311	Brian Lack	41	Victoria	MN	222	26:56	3:04	4:53	166	49:47	17.5	2:29	199	29:26	9:49	1:53:29	
213	453	John Purdie	52	Lakeville	MN	152	18:09	2:04	4:03	201	54:01	16.1	2:02	223	35:33	11:51	1:53:45	
214	174	Tom Fulton	64	Saint Louis Park	MN	168	18:59	2:10	3:21	189	52:34	16.6	2:49	227	36:34	12:12	1:54:14	
215	497	Joseph Simpson	36	Shorewood	MN	125	17:00	1:56	5:37	216	57:11	15.2	3:08	213	31:35	10:32	1:54:28	
216	559	Carl Tuura	56	Plymouth	MN	154	18:12	2:05	3:16	213	56:30	15.4	2:28	221	34:38	11:33	1:55:01	
217	431	Bob Oxborough	55	Plymouth	MN	179	19:42	2:15										



7	166	Sarah Foley	40	Cologne	MN	25	14:27	1:39	1:19	10	44:05	19.7	1:19	18	22:48	7:36	1:23:56
8	295	Alison Knapp	40	Saint Paul	MN	44	15:27	1:46	2:06	7	43:08	20.2	0:53	14	22:30	7:30	1:24:02
9	84	Patty Campbell	42	Plymouth	MN	11	13:01	1:29	1:06	24	45:34	19.1	0:58	30	23:31	7:51	1:24:09
10	58	Jill Bollettieri	41	Saint Louis Park	MN	3	12:03	1:23	1:58	40	47:21	18.4	1:14	8	22:08	7:23	1:24:43
11	484	Leslie Sedlak	34	Bloomington	MN	16	13:33	1:33	1:45	26	45:56	18.9	1:04	21	23:04	7:42	1:25:20
12	555	Beth Trautman	44	Medina	MN	73	17:10	1:57	1:35	5	42:30	20.5	0:50	27	23:25	7:49	1:25:28
13	471	Bridget Rosolanka	38	Victoria	MN	63	16:40	1:54	2:06	18	44:51	19.4	1:44	2	21:00	7:00	1:26:17
14	189	Tracy Good	40	Victoria	MN	66	16:57	1:56	1:53	4	42:18	20.6	1:00	41	24:21	8:07	1:26:26
15	531	Jodi Sussner	35	Chaska	MN	62	16:35	1:54	1:55	9	44:01	19.8	1:13	16	22:44	7:35	1:26:26
16	162	Jennifer Fitzharris-Fun	35	Minneapolis	MN	85	17:36	2:00	1:27	14	44:23	19.6	1:03	7	22:06	7:22	1:26:32
17	363	Carol Markham-Cousins	56	Minneapolis	MN	32	15:12	1:44	2:29	8	43:18	20.1	1:16	51	24:42	8:14	1:26:55
18	309	Dawn Labisoa	46	Apple Valley	MN	7	12:35	1:26	2:13	32	46:39	18.6	1:03	56	24:56	8:19	1:27:24
19	608	Shelby Woodworth	18	Hutchinson	MN	60	16:16	1:51	1:17	20	45:13	19.2	1:09	32	23:38	7:53	1:27:33
20	72	Kelli Bue	33	Chaska	MN	59	16:15	1:51	2:46	22	45:21	19.2	1:27	6	21:56	7:19	1:27:44
21	86	Martha Carlson	48	Chaska	MN	9	12:47	1:28	1:36	47	47:47	18.2	1:12	43	24:25	8:09	1:27:45
22	331	Henriette Lemke	48	Prior Lake	MN	41	15:19	1:45	1:39	37	47:12	18.4	0:52	17	22:47	7:36	1:27:46
23	142	Karen Eklin	47	Plymouth	MN	45	15:28	1:46	1:54	27	46:12	18.8	0:56	26	23:25	7:49	1:27:52
24	184	Lisa Goepfert	48	Blaine	MN	61	16:19	1:52	1:38	19	45:08	19.3	0:49	44	24:25	8:09	1:28:17
25	307	Lisa Kullman	48	Waconia	MN	55	16:13	1:51	2:13	17	44:38	19.5	1:20	37	24:03	8:01	1:28:25
26	135	Danielle Drevlow	33	Golden Valley	MN	39	15:18	1:45	2:22	25	45:41	19.0	1:21	34	23:52	7:58	1:28:33
27	207	Sarah Grobel	40	Victoria	MN	37	15:16	1:45	2:13	21	45:14	19.2	1:40	42	24:22	8:08	1:28:43
28	248	Rea James	40	Long Lake	MN	14	13:12	1:30	2:19	52	48:02	18.1	1:09	45	24:29	8:10	1:29:09
29	109	Lisa Dahl	44	Minneapolis	MN	51	16:07	1:50	2:57	34	46:42	18.6	1:19	9	22:16	7:26	1:29:19
30	260	Allison Johnson	33	Victoria	MN	68	17:01	1:56	2:03	23	45:28	19.1	0:56	36	24:02	8:01	1:29:28
31	441	Carol Peterson	46	Minneapolis	MN	35	15:15	1:44	2:05	33	46:42	18.6	1:00	50	24:42	8:14	1:29:41
32	51	Heather Beumer	31	Chanhausen	MN	2	12:01	1:22	2:31	29	46:17	18.8	1:51	98	27:25	9:09	1:30:03
33	208	Helen Gunther	54	Excelsior	MN	47	15:33	1:46	2:22	28	46:17	18.8	1:07	55	24:53	8:18	1:30:09
34	468	Nicole Roberts	26	Eden Prairie	MN	22	14:14	1:37	1:50	38	47:16	18.4	1:52	68	25:44	8:35	1:30:53
35	131	Jessie Donovan	38	Buffalo	MN	19	13:52	1:35	2:04	65	49:20	17.6	0:54	53	24:49	8:17	1:30:58
36	93	Sarah Chillo	31	Minneapolis	MN	40	15:18	1:45	1:44	51	47:57	18.1	1:29	49	24:41	8:14	1:31:08
37	569	Stefani Vinkemeier	40	Maple Grove	MN	77	17:16	1:58	1:38	35	46:51	18.6	0:59	47	24:37	8:13	1:31:18
38	113	Nicole Danielsen	32	Minneapolis	MN	28	14:36	1:40	2:29	46	47:40	18.3	1:27	66	25:28	8:30	1:31:37
39	210	Anne Gustin	32	Edina	MN	33	15:13	1:44	2:23	59	48:43	17.9	1:11	39	24:12	8:04	1:31:40
40	121	Rachel Dehaan	43	Woodbury	MN	46	15:29	1:46	2:25	13	44:20	19.6	1:51	109	28:08	9:23	1:32:10
41	482	Barbara Scouler	48	Excelsior	MN	4	12:14	1:24	1:49	63	49:12	17.7	1:37	100	27:28	9:10	1:32:18
42	496	Jayne Simon	40	Mound	MN	64	16:42	1:54	1:22	44	47:31	18.3	0:52	70	25:57	8:39	1:32:21
43	217	Anne Hartman (garlock)	35	Mound	MN	89	17:55	2:03	1:56	43	47:31	18.3	1:30	33	23:41	7:54	1:32:31
44	87	Joan Casey	46	St Louis Park	MN	1	11:46	1:21	2:00	73	50:02	17.4	1:34	97	27:23	9:08	1:32:41
45	254	Jen Jensen	35	Victoria	MN	67	17:00	1:56	2:28	36	47:06	18.5	1:23	59	25:02	8:21	1:32:56
46	427	Marissa Onheiber	43	St. Paul	MN	56	16:13	1:51	2:01	45	47:35	18.3	0:56	74	26:13	8:45	1:32:56
47	438	Mary Perlich	49	Minnetonka	MN	88	17:52	2:02	2:16	16	44:33	19.5	1:18	92	27:12	9:04	1:33:08
48	98	Bethany Collins	55	New Hope	MN	21	14:09	1:37	2:00	31	46:39	18.6	1:34	119	28:50	9:37	1:33:10
49	344	Shannon Loehrke	39	Mounds View	MN	75	17:14	1:58	2:17	48	47:49	18.2	1:16	52	24:43	8:15	1:33:18
50	23	Wendy Asplund	39	Excelsior	MN	17	13:37	1:33	2:29	67	49:23	17.6	1:17	95	27:16	9:06	1:34:00
51	265	Shiloh Johnson	36	Medina	MN	99	18:43	2:08	2:26	62	49:10	17.7	1:26	11	22:20	7:27	1:34:02
52	521	Amy Stern	37	Eden Prairie	MN	80	17:19	1:59	1:45	30	46:28	18.7	1:22	99	27:25	9:09	1:34:16
53	572	Angie Volk	35	Rogers	MN	91	18:11	2:04	2:31	50	47:56	18.2	1:13	46	24:32	8:11	1:34:21
54	566	Annalee Vanasse	29	Plymouth	MN	71	17:08	1:57	2:36	57	48:40	17.9	1:05	57	24:57	8:19	1:34:24
55	158	Jane Finn	16	Savage	MN	20	13:55	1:35	1:32	84	51:22	16.9	1:27	75	26:16	8:46	1:34:29
56	511	Peg Sorensen	54	Chaska	MN	53	16:10	1:51	2:14	42	47:28	18.3	1:49	88	26:59	9:00	1:34:37
57	251	Colleen Jason	46	Eden Prairie	MN	27	14:31	1:39	3:46	91	51:54	16.8	1:56	19	22:53	7:38	1:34:58
58	242	Aimee Hukill	24	Minneapolis	MN	15	13:13	1:31	1:29	114	54:45	15.9	0:56	48	24:39	8:13	1:34:59
59	262	Heather Johnson	29	Plymouth	MN	82	17:25	1:59	2:57	89	51:39	16.8	0:47	13	22:26	7:29	1:35:12
60	199	Kathy Graves	49	Minneapolis	MN	115	20:10	2:18	2:04	54	48:07	18.1	1:49	29	23:29	7:50	1:35:37
61	150	Christy Erickson	30	Plymouth	MN	38	15:17	1:45	2:52	39	47:18	18.4	1:53	111	28:21	9:27	1:35:39
62	43	Kirsten Beltz	32	Plymouth	MN	145	23:07	2:38	1:43	49	47:54	18.2	1:19	5	21:48	7:16	1:35:49
63	416	Cheryl O'Connell	40	Eden Prairie	MN	79	17:19	1:59	1:59	41	47:25	18.3	1:25	104	27:50	9:17	1:35:56
64	280	Amy Kelly	41	Saint Paul	MN	110	19:34	2:14	2:32	68	49:28	17.6	1:21	25	23:21	7:47	1:36:14
65	376	Jennifer McKinnon	32	West Fargo	ND	83	17:31	2:00	2:33	55	48:19	18.0	1:16	85	26:54	8:58	1:36:31
66	157	Libby Ferguson	36	Deephaven	MN	12	13:04	1:30	3:38	92	52:19	16.6	0:44	83	26:50	8:57	1:36:33
67	97	Catherine Cole	16	Eden Prairie	MN	8	12:40	1:27	2:30	117	55:01	15.8	1:41	62	25:13	8:25	1:37:04
68	507	Sally Smith	38	Corcoran	MN	87	17:51	2:02	1:59	66	49:22	17.6	1:05	86	26:54	8:58	1:37:09
69	575	Emily Waitz	34	Hopkins	MN	86	17:39	2:01	2:03	61	49:07	17.7	1:30	87	26:55	8:59	1:37:12
70	12	Amy Alegi	26	Shorewood	MN	18	13:40	1:34	4:33	103	53:20	16.3	2:06	31	23:38	7:53	1:37:14
71	366	Marin McCarthy	35	Excelsior	MN	70	17:07	1:57	3:10	98	53:08	16.4	0:41	23	23:11	7:44	1:37:16
72	111	Leah Daly	36	Orono	MN	118	20:14	2:18	1:35	58	48:41	17.9	1:35	65	25:25	8:29	1:37:28
73	461	Jessica Reisner	28	St Louis Park	MN	108	19:31	2:14	2:08	53	48:03	18.1	1:23	79	26:26	8:49	1:37:28
74	351	Lindsay Lundeen	31	Chaska	MN	136	21:36	2:28	2:40	56	48:24	18.0	1:54	22	23:08	7:43	1:37:40
75	387	Marcie Meyer	45	Victoria	MN	96	18:35	2:07	2:13	70	49:43	17.5	1:08	76	26:16	8:46	1:37:52
76	332	Ann Lendino	40	Chaska	MS	122	20:46	2:22	1:56	74	50:07	17.4	1:11	38	24:10	8:04	1:38:08
77	522	Heather Sterner	40	Minnetonka	MN	34	15:14	1:44	2:39	85	51:26	16.9	1:33	101	27:32	9:11	1:38:22
78	600	Jackie Windfeldt-Bingha	29	Alexandria	VA	119	20:19	2:19	2:17	90	51:52	16.8	1:09	24	23:13	7:45	1:38:48
79	68	Julia Brown	28	Plymouth	MN	81	17:20	1:59	2:55	83	51:17	17.0	2:21	60	25:04	8:22	1:38:55
80	39	Paige Bauernfeind	20	Chanhausen	MN	6	12:33	1:26	2:09	125	56:14	15.5	0:50	93	27:13	9:05	1:38:56
81	7	Lisa Ackerman	29	Minneapolis	MN	93	18:26	2:06	1:36	60	48:59	17.8	1:20	116	28:40	9:34	1:38:59
82	417	Pam O'Connor	41	Chanhausen	MN	48	15:37	1:47	2:22	80	50:52	17.1	1:30	120	28:58	9:40	1:39:17
83	88	Jodi Cassidy	36	Plymouth	MN	57	16:13	1:51	2:52	79	50:45	17.1	1:07	113	28:25	9:29	1:39:20
84	553	Stephanie Tollefson	40	Chanhausen	MN	54	16:11	1:51	1:56	111	54:23	16.0	1:08	71	25:59	8:40	1:39:34
85	470	Kathleen Roller	42	Orono	MN	120	20:32										

107	65	Reina Brekke	53 Shoreview	MN	131	21:17	2:26	2:39	87	51:36	16.9	1:12	122	29:10	9:44	1:45:52
108	317	Dorelle Landsteiner	29 Minneapolis	MN	135	21:34	2:28	2:49	81	50:54	17.1	1:06	129	30:01	10:01	1:46:22
109	561	Sylvia Utecht	45 Eagan	MN	105	19:12	2:11	2:08	101	53:13	16.3	1:11	139	30:48	10:16	1:46:30
110	149	Carol Erickson	52 Chanhassen	MN	150	24:14	2:46	2:22	78	50:40	17.2	1:25	108	28:07	9:23	1:46:46
111	504	Amy Smith	42 Excelsior	MN	107	19:19	2:12	2:23	113	54:44	15.9	2:18	114	28:27	9:29	1:47:09
112	247	Melissa Jacobsen	29 Chaska	MN	10	12:52	1:28	2:00	131	57:19	15.2	0:53	158	34:08	11:23	1:47:10
113	54	Christine Boberg	38 Chanhassen	MN	97	18:39	2:08	5:29	124	56:02	15.5	1:09	72	26:00	8:40	1:47:17
114	190	Amethyst Goodland	37 Maple Grove	MN	158	26:59	3:04	4:07	69	49:42	17.5	1:19	64	25:20	8:27	1:47:25
115	495	Melissa Sigel	44 Minnetonka	MN	94	18:30	2:07	3:32	82	50:58	17.1	1:24	153	33:29	11:10	1:47:51
116	347	Denise Long	48 St Paul	MN	109	19:33	2:14	2:50	109	54:13	16.0	1:48	126	29:40	9:54	1:48:00
117	389	Carol Miles	46 Hartford	SD	92	18:16	2:05	3:06	148	59:59	14.5	1:05	69	25:51	8:37	1:48:14
118	169	Amy Freed	41 Excelsior	MN	101	18:51	2:09	3:46	150	1:00:38	14.3	1:03	40	24:18	8:06	1:48:33
119	336	Melanie Levy	38 Deephaven	MN	137	21:45	2:29	3:50	112	54:30	16.0	1:55	84	26:52	8:58	1:48:50
120	160	Kristen Fisher	42 Excelsior	MN	72	17:08	1:57	2:48	138	58:56	14.8	1:12	128	29:52	9:58	1:49:54
121	624	Trisha Bachmeier	14 Prior Lake	MN	133	21:23	2:26	3:55	127	56:25	15.4	1:15	96	27:17	9:06	1:50:13
122	297	Krista Knudsen	42 Minnetonka	MN	103	19:02	2:10	4:56	140	59:07	14.7	2:11	61	25:10	8:24	1:50:24
123	598	Stephanie Windfeldt	25 Eden Prairie	MN	117	20:12	2:18	2:18	126	56:17	15.5	2:52	118	28:49	9:37	1:50:26
124	94	Sara Chovan	37 Minnetonka	MN	121	20:41	2:21	3:20	107	54:03	16.1	2:07	137	30:39	10:13	1:50:47
125	526	Rachelle Stratton	41 Minnetonka	MN	139	21:46	2:29	3:19	128	56:33	15.4	1:38	105	27:50	9:17	1:51:03
126	179	Suzanne Gilbert	52 Minneapolis	MN	132	21:23	2:26	3:24	75	50:24	17.3	1:33	159	34:28	11:30	1:51:10
127	527	Lindsey Streefeld	27 Richfield	MN	69	17:03	1:57	2:51	135	57:56	15.0	0:51	151	32:41	10:54	1:51:20
128	308	Lou Kycck	42 West Saint Paul	MN	157	25:55	2:57	3:04	120	55:03	15.8	1:29	89	27:03	9:01	1:52:31
129	90	Sara Chapman	35 Excelsior	MN	152	24:27	2:47	2:59	119	55:03	15.8	2:04	107	28:06	9:22	1:52:36
130	382	Jennifer Meles	42 Chanhassen	MN	125	20:50	2:23	4:24	122	55:45	15.6	0:57	141	30:52	10:18	1:52:46
131	143	Melissa Elder	47 Chanhassen	MN	134	21:33	2:27	4:10	94	52:29	16.6	2:38	148	32:04	10:42	1:52:51
132	147	Sally Engebretson	42 Orono	MN	130	21:14	2:25	4:57	130	56:53	15.3	1:33	117	28:40	9:34	1:53:15
133	408	Julie Nelson	31 Chicago	IL	128	21:11	2:25	3:11	139	59:02	14.7	1:36	115	28:28	9:30	1:53:26
134	454	Kristen Purtell	38 Deephaven	MN	154	24:45	2:49	2:46	97	53:00	16.4	2:24	147	31:48	10:36	1:54:41
135	596	Mary Wilson	44 Chicago	IL	100	18:43	2:08	4:02	129	56:38	15.4	1:23	160	35:00	11:40	1:55:44
136	76	Colleen Burns	45 Chanhassen	MN	144	22:31	2:34	4:10	151	1:01:01	14.3	0:50	94	27:15	9:05	1:55:44
137	601	Christine Winston	40 Plymouth	MN	129	21:13	2:25	4:42	142	59:28	14.6	3:30	91	27:10	9:04	1:56:01
138	112	Maura Daly	46 St. Louis Park	MN	124	20:50	2:23	2:28	137	58:43	14.8	1:09	157	34:01	11:21	1:57:08
139	192	Jennifer Gorder	38 Bloomington	MN	142	22:20	2:33	4:37	123	55:48	15.6	1:42	152	33:10	11:04	1:57:35
140	156	Andrea Pazendin	31 Minneapolis	MN	42	15:20	1:45	3:34	168	1:08:22	12.7	1:18	123	29:26	9:49	1:57:59
141	239	Michelle Hoy	41 Deephaven	MN	162	27:45	3:10	3:49	134	57:55	15.0	1:01	102	27:36	9:12	1:58:03
142	128	Kristin Dingman	41 Maple Grove	MN	116	20:12	2:18	4:52	118	55:02	15.8	5:57	149	32:05	10:42	1:58:05
143	337	Sassy Libertus	43 Minneapolis	MN	165	28:32	3:15	5:39	133	57:45	15.1	1:21	67	25:29	8:30	1:58:44
144	9	Lisa Adams	35 Maple Grove,	MN	140	21:49	2:29	3:40	152	1:01:15	14.2	2:21	135	30:26	10:09	1:59:28
145	588	Alysa Wilbur	39 Victoria	MN	36	15:15	1:44	3:01	155	1:02:23	13.9	2:24	166	37:20	12:27	2:00:21
146	222	Amy Hendel	34 Plymouth	MN	160	27:30	3:08	3:50	141	59:13	14.7	1:04	121	29:04	9:42	2:00:39
147	362	Lora Marceau	43 Tonka Bay	MN	138	21:46	2:29	6:27	145	59:39	14.6	2:34	134	30:22	10:08	2:00:45
148	498	Mary Beth Simpson	62 Chanhassen	MN	151	24:24	2:47	3:54	147	59:54	14.5	1:27	145	31:22	10:28	2:00:58
149	312	Christy Lacourse	41 Deephaven	MN	161	27:41	3:09	7:05	149	1:00:33	14.4	1:04	54	24:53	8:18	2:01:13
150	590	Vikki Williams	43 Minnetrista	MN	155	24:50	2:50	3:24	144	59:35	14.6	2:36	144	31:03	10:21	2:01:26
151	605	Jean Wood	61 Excelsior	MN	141	21:54	2:30	3:50	108	54:06	16.1	1:53	170	40:05	13:22	2:01:45
152	378	Bridget McLaughlin	41 Andover	MN	106	19:17	2:12	2:06	146	59:53	14.5	2:58	167	37:39	12:33	2:01:52
153	612	Gina Zaffarano	50 Minnetonka	MN	153	24:39	2:49	2:30	156	1:02:24	13.9	1:54	140	30:49	10:17	2:02:14
154	505	Heather Smith	37 Excelsior	MN	143	22:25	2:33	4:54	160	1:03:24	13.7	2:01	127	29:44	9:55	2:02:25
155	279	Emily Kellogg	42 Excelsior	MN	102	18:55	2:09	3:40	143	59:35	14.6	3:45	164	36:32	12:11	2:02:25
156	493	Cortney Sieben	23 Shakopee	MN	90	18:00	2:03	4:33	158	1:03:12	13.8	1:09	163	36:32	12:11	2:03:24
157	375	Kelly McKernan	43 Anoka	MN	159	27:16	3:06	4:17	136	58:32	14.9	1:38	150	32:11	10:44	2:03:51
158	74	Margaret Burdine	44 Shakopee	MN	164	28:21	3:14	5:30	159	1:03:13	13.8	1:44	73	26:03	8:41	2:04:48
159	324	Emily Latzka	34 Minnetonka	MN	50	16:06	1:50	3:44	169	1:09:36	12.5	1:15	165	36:41	12:14	2:07:20
160	529	Cari Sturgis	31 Excelsior	MN	127	20:55	2:23	4:32	154	1:02:07	14.0	1:32	169	39:38	13:13	2:08:42
161	215	Lauren Hallau	30 Chanhassen	MN	126	20:52	2:23	4:39	153	1:02:05	14.0	1:32	168	39:37	13:13	2:08:42
162	285	Kris Kilmer	36 Lake Forest	IL	104	19:05	2:11	13:35	162	1:04:04	13.6	2:29	136	30:27	10:09	2:09:38
163	61	Ann Bradsher	36 Eden Prairie	MN	167	33:43	3:50	5:19	163	1:04:20	13.5	1:35	63	25:17	8:26	2:10:11
164	352	Laura Lyon	14 Excelsior	MN	147	23:17	2:39	4:24	170	1:10:49	12.3	1:01	146	31:32	10:31	2:11:01
165	258	Melonie Jeska	44 Fridley	MN	163	27:47	3:10	4:58	157	1:02:45	13.9	2:33	154	33:44	11:15	2:11:43
166	360	Sara Maras	Shakopee	MN	168	34:13	3:54	2:55	161	1:04:03	13.6	1:16	156	33:56	11:19	2:16:21
167	397	Arianna Moore	16 Chaska	MN	166	32:02	3:39	4:09	167	1:06:40	13.1	1:19	161	35:19	11:47	2:19:27
168	576	Mary Walcker	53 Chaska	MN	170	37:50	4:18	4:48	166	1:05:18	13.3	2:02	142	30:54	10:18	2:20:50
169	214	Deb Hagele	53 Excelsior	MN	171	37:53	4:19	4:51	165	1:05:16	13.3	2:09	138	30:45	10:15	2:20:51
170	599	Vicki Windfeldt	58 Eden Prairie	MN	156	25:36	2:55	3:51	171	1:12:10	12.1	1:44	172	45:30	15:10	2:28:48
171	365	Diane McCarthy	64 Bonita Springs	FL	169	36:53	4:12	6:02	164	1:05:03	13.4	2:33	171	43:53	14:38	2:34:21
172	153	Ella Eydel	34 Minnetonka	MN	172	41:23	4:43	5:02	172	1:17:59	11.2	1:41	155	33:49	11:17	2:39:51

TOP TEN SWIM TIMES

PLACE	NAME	CITY	ST	AGE	S	Swim Time	100 yds
1	Brett Lovaas	Minnetonka	MN	36	M	10:27	1:12
2	Heidi Keller Miler	Chaska	MN	46	F	10:42	1:13
3	Tom Camp	Minneapolis	MN	45	M	10:51	1:14
4	Jon Armour	Golden Valley	MN	41	M	11:11	1:17
5	Brent Magid	Excelsior	MN	46	M	11:12	1:17
6	Anton Knack	Prior Lake	MN	18	M	11:14	1:17
7	James Vos	Goplden Valley	MN	48	M	11:24	1:18
8	Jmatt Keil	Minneapolis	MN	37	M	11:28	1:19
9	Tom Pettit	Eden Prairie	MN	42	M	11:30	1:19
10	Thorn Turner	Shorewood	MN	48	M	11:35	1:19

TOP TEN BIKE TIMES

PLACE	NAME	CITY	ST	AGE	S	Bike Time	mph
1	Steve Sander	Richfield	MN	32	M	00:34:31	25.2
2	Carl Unger	Prior Lake	MN	37	M	00:35:36	24.4
3	Taggart Downare	St Cloud	MN	41	M	00:35:59	24.2
4	Tony Schiller	Eden Prairie	MN	53	M	00:36:00	24.2
5	Lorenz Gerschwiler	Plymouth	MN	34	M	00:36:22	23.9
6	Brian Zeuli	Hudson	WI	34	M	00:36:25	23.9
7	Brett Lovaas	Minnetonka	MN	36	M	00:36:56	23.6
8	Tom Camp	Minneapolis	MN	45	M	00:36:57	23.5
9	Dave Link	Eden Prairie	MN	44	M	00:37:40	23.1
10	Mike Blair	Prior Lake	MN	41	M	00:37:43	23.1

TOP TEN RUN TIMES

PLACE	NAME	CITY	ST	AGE	S	Time	Pace
1	Derick Podratz	Lino Lakes	MN	36	M	17:04	5:42
2	Mike Buenting	Chanhassen	MN	36	M	17:15	5:45
3	Tony Schiller	Eden Prairie	MN	53	M	17:22	5:48
4	Tom Camp	Minneapolis	MN	45	M	17:38	5:53
5	Jmatt Keil	Minneapolis	MN	37	M	17:40	5:54
6	Steve Sander	Richfield	MN	32	M	17:57	5:59
7	Michael Danielson	Tonka Bay	MN	47	M	17:59	6:00
8	Taggart Downare	St Cloud	MN	41	M	18:06	6:02
9	Brett Lovaas	Minnetonka	MN	36	M	18:06	6:02
10	Jesse Kling	Blaine	MN	31	M	18:08	6:03

FEMALE AGE GROUP RESULTS 1 - 19

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	608	Shelby Woodworth	18	F	Hutchinson	MN	3	16:16	1:51	1:17	1	45:13	19.2	1:09	1	23:38	7:53	1:27:33
2	158	Jane Finn	16	F	Savage	MN	2	13:55	1:35	1:32	2	51:22	16.9	1:27	3	26:16	8:46	1:34:29
3	97	Catherine Cole	16	F	Eden Prairie	MN	1	12:40	1:27	2:30	3	55:01	15.8	1:41	2	25:13	8:25	1:37:04
4	624	Trisha Bachmeier	14	F	Prior Lake	MN	4	21:23	2:26	3:55	4	56:25	15.4	1:15	4	27:17	9:06	1:50:13
5	352	Laura Lyon	14	F	Excelsior	MN	5	23:17	2:39	4:24	6	1:10:49	12.3	1:01	5	31:32	10:31	2:11:01
6	397	Arianna Moore	16	F	Chaska	MN	6	32:02	3:39	4:09	5	1:06:40	13.1	1:19	6	35:19	11:47	2:19:27

FEMALE AGE GROUP RESULTS 20 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	242	Aimee Hukill	24	F	Minneapolis	MN	2	13:13	1:31	1:29	1	54:45	15.9	0:56	1	24:39	8:13	1:34:59
2	39	Paige Bauernfeind	20	F	Chanhassen	MN	1	12:33	1:26	2:09	2	56:14	15.5	0:50	2	27:13	9:05	1:38:56
3	493	Cortney Sieben	23	F	Shakopee	MN	3	18:00	2:03	4:33	3	1:03:12	13.8	1:09	3	36:32	12:11	2:03:24

FEMALE AGE GROUP RESULTS 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	100	Rebecca Cota	25	F	Maple Grove	MN	2	13:09	1:30	0:59	1	40:46	21.3	0:55	2	22:37	7:33	1:18:24
2	131	Jessie Donovan	28	F	Buffalo	MN	3	13:52	1:35	2:04	5	49:20	17.6	0:54	5	24:49	8:17	1:30:58
3	566	Annalee Vanasse	29	F	Plymouth	MN	8	17:08	1:57	2:36	3	48:40	17.9	1:05	6	24:57	8:19	1:34:24
4	262	Heather Johnson	29	F	Plymouth	MN	10	17:25	1:59	2:57	9	51:39	16.8	0:47	1	22:26	7:29	1:35:12
5	366	Marin McCarthy	25	F	Excelsior	MN	7	17:07	1:57	3:10	12	53:08	16.4	0:41	3	23:11	7:44	1:37:16
6	461	Jessica Reisner	28	F	St Louis Park	MN	13	19:31	2:14	2:08	2	48:03	18.1	1:23	8	26:26	8:49	1:37:28
7	600	Jackie Windfeldt-Bingha	29	F	Alexandria	VA	15	20:19	2:19	2:17	10	51:52	16.8	1:09	4	23:13	7:45	1:38:48
8	68	Julia Brown	28	F	Plymouth	MN	9	17:20	1:59	2:55	8	51:17	17.0	2:21	7	25:04	8:22	1:38:55
9	7	Lisa Ackerman	29	F	Minneapolis	MN	11	18:26	2:06	1:36	4	48:59	17.8	1:20	10	28:40	9:34	1:38:59
10	409	Sarah Nelson	29	F	Minneapolis	MN	4	16:08	1:50	3:09	6	50:37	17.2	0:45	12	29:35	9:52	1:40:11
11	410	Shelley Nelson	27	F	Edina	MN	12	18:42	2:08	2:55	11	52:45	16.5	1:12	9	28:24	9:28	1:43:57
12	530	Gina Sundeen	28	F	Plymouth	MN	5	16:49	1:55	2:39	13	53:11	16.4	1:48	14	30:04	10:02	1:44:28
13	317	Dorelle Landsteiner	29	F	Minneapolis	MN	16	21:34	2:28	2:49	7	50:54	17.1	1:06	13	30:01	10:01	1:46:22
14	247	Melissa Jacobsen	29	F	Chaska	MN	1	12:52	1:28	2:00	15	57:19	15.2	0:53	16	34:08	11:23	1:47:10
15	598	Stephanie Windfeldt	25	F	Eden Prairie	MN	14	20:12	2:18	2:18	14	56:17	15.5	2:52	11	28:49	9:27	1:50:26
16	527	Lindsey Streefland	27	F	Richfield	MN	6	17:03	1:57	2:51	16	57:56	15.0	0:51	15	32:41	10:54	1:51:20

FEMALE AGE GROUP RESULTS 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	546	April Thomes	34	F	Victoria	MN	12	15:23	1:45	1:43	1	41:16	21.1	1:27	3	22:22	7:28	1:22:09
2	484	Leslie Sedlak	34	F	Bloomington	MN	2	13:33	1:33	1:45	6	45:56	18.9	1:04	4	23:04	7:42	1:25:20
3	72	Kelli Bue	33	F	Chaska	MN	14	16:15	1:51	2:46	3	45:21	19.2	1:27	2	21:56	7:19	1:27:44
4	135	Danielle Drevlow	33	F	Golden Valley	MN	9	15:18	1:45	2:22	5	45:41	19.0	1:21	6	23:52	7:58	1:28:33
5	260	Allison Johnson	33	F	Victoria	MN	15	17:01	1:56	2:03	4	45:28	19.1	0:56	8	24:02	8:01	1:29:28
6	51	Heather Beumer	31	F	Chanhassen	MN	1	12:01	1:22	2:31	7	46:17	18.8	1:51	14	27:25	9:09	1:30:03
7	93	Sarah Chillo	31	F	Minneapolis	MN	10	15:18	1:45	1:44	11	47:57	18.1	1:29	10	24:41	8:14	1:31:08
8	113	Nicole Danielsen	32	F	Minneapolis	MN	4	14:36	1:40	2:29	9	47:40	18.3	1:27	11	25:28	8:30	1:31:37
9	210	Anne Gustin	32	F	Edina	MN	7	15:13	1:44	2:23	14	48:43	17.9	1:11	9	24:12	8:04	1:31:40
10	150	Kristy Erickson	30	F	Plymouth	MN	8	15:17	1:45	2:52	8	47:18	18.4	1:53	15	28:21	9:27	1:35:39
11	43	Kirsten Beltz	32	F	Plymouth	MN	24	23:07	2:38	1:43	10	47:54	18.2	1:19	1	21:48	7:16	1:35:49
12	376	Jennifer McKinnon	32	F	West Fargo	ND	17	17:31	2:00	2:33	12	48:19	18.0	1:16	12	26:54	8:58	1:36:31
13	575	Emily Waitz	34	F	Hopkins	MN	18	17:39	2:01	2:03	15	49:07	17.7	1:30	13	26:55	8:59	1:37:12
14	351	Lindsay Lundeen	31	F	Chaska	MN	23	21:36	2:28	2:40	13	48:24	18.0	1:54	5	23:08	7:43	1:37:40
15	252	Molly Jeatran	31	F	Minneapolis	MN	6	15:04	1:43	3:10	16	49:14	17.7	1:51	21	30:59	10:20	1:40:17
16	433	Quannah Parker-Mcgowan	30	F	Minneapolis	MN	19	20:00	2:17	2:53	17	51:38	16.8	2:11	7	23:57	7:59	1:40:37
17	591	Angela Williams Schrode	31	F	St. Cloud	MN	16	17:15	1:58	2:30	2	44:26	19.6	1:22	23	35:29	11:50	1:41:00
18	503	Kelly Skoog	32	F	Corcoran	MN	5	14:39	1:40	3:21	18	52:29	16.6	1:19	19	30:06	10:02	1:41:52
19	300	Alicia Kockler	30	F	Carver	MN	3	14:23	1:38	2:11	19	55:41	15.6	0:52	20	30:18	10:06	1:43:24
20	408	Julie Nelson	31	F	Chicago	IL	22	21:11	2:25	3:11	20	59:02	14.7	1:36	16	28:28	9:30	1:53:26
21	156	Andrea Fazendin	31	F	Minneapolis	MN	11	15:20	1:45	3:34	24	1:08:22	12.7	1:18	18	29:26	9:49	1:57:59
22	222	Amy Hendel	34	F	Plymouth	MN	25	27:30	3:08	3:50	21	59:13	14.7	1:04	17	29:04	9:42	2:00:39
23	324	Emily Latzka	34	F	Minnetonka	MN	13	16:06	1:50	3:44	25	1:09:36	12.5	1:15	24	36:41	12:14	2:07:20
24	529	Cari Sturgis	31	F	Excelsior	MN	21	20:55	2:23	4:32	23	1:02:07	14.0	1:32	26	39:38	13:13	2:08:42
25	215	Lauren Hallau	30	F	Chanhassen	MN	20	20:52	2:23	4:39	22	1:02:05	14.0	1:32	25	39:37	13:13	2:08:42
26	153	Ella Eydel	34	F	Minnetonka	MN	26	41:23	4:43	5:02	26	1:17:59	11.2	1:41	22	33:49	11:17	2:39:51

FEMALE AGE GROUP RESULTS 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	390	Gea Miller	35	F	Edina	MN	6	15:49	1:48	1:39	1	43:08	20.2	0:59	2	21:35	7:12	1:23:08
2	471	Bridget Rosolanka	38	F	Victoria	MN	9	16:40	1:54	2:06	4	44:51	19.4	1:44	1	21:00	7:00	1:26:17
3	531	Jodi Sussner	35	F	Chaska	MN	8	16:35	1:54	1:55	2	44:01	19.8	1:13	5	22:44	7:35	1:26:26
4	162	Jennifer Fitzharris-Fun	35	F	Minneapolis	MN	15	17:36	2:00	1:27	3	44:23	19.6	1:03	3	22:06	7:22	1:26:32
5	468	Nicole Roberts	36	F	Eden Prairie	MN	4	14:14	1:37	1:50	7	47:16	18.4	1:52	15	25:44	8:35	1:30:53
6	217	Anne Hartman (garlock)	35	F	Mound	MN	17	17:55	2:03	1:56	8	47:31	18.3	1:30	8	23:41	7:54	1:32:31
7	254	Jen Jensen	35	F	Victoria	MN	10	17:00	1:56	2:28	6	47:06	18.5	1:23	11	25:02	8:21	1:32:56
8	344	Shannon Loehrke	39	F	Mounds View	MN	11	17:14	1:58	2:17	9	47:49	18.2	1:16	10	24:43	8:15	1:33:18
9	23	Wendy Asplund	39	F	Excelsior	MN	2	13:37	1:33	2:29	14	49:23	17.6	1:17	22	27:16	9:06	1:34:00
10	265	Shiloh Johnson	36	F	Medina	MN	21	18:43	2:08	2:26	12	49:10	17.7	1:26	4	22:20	7:27	1:34:02
11	521	Amy Stern	37	F	Eden Prairie	MN	13	17:19	1:59	1:45	5	46:28	18.7	1:22	23	27:25	9:09	1:34:16
12	572	Angie Volk	35	F	Rogers	MN	18	18:11	2:04	2:31	10	47:56	18.2	1:13	9	24:32	8:11	1:34:21
13	157	Libby Ferguson	36	F	Deephaven	MN	1	13:04	1:30	3:38	19	52:19	16.6	0:44	19	26:50	8:57	1:36:33
14	507	Sally Smith	38															

17	88	Jodi Cassidy	36	F	Plymouth	MN	7	16:13	1:51	2:52	17	50:45	17.1	1:07	25	28:25	9:29	1:39:20
18	46	Tiffany Berenberg	36	F	Plymouth	MN	19	18:32	2:00	2:55	16	50:29	17.2	1:23	26	29:36	9:52	1:42:53
19	246	Michelle Jacklitch	35	F	Plymouth	MN	14	17:31	2:07	2:04	18	51:34	16.9	1:33	28	30:14	10:05	1:42:54
20	303	Nancy Kotovic	39	F	Deephaven,mn	MN	23	19:50	2:16	1:56	22	54:01	16.1	1:12	18	26:31	8:51	1:43:27
21	271	Sara Kanavati	38	F	Mendota Heights	MN	12	17:17	1:58	4:54	26	54:59	15.8	0:48	17	26:16	8:46	1:44:11
22	304	Jessica Kottke	37	F	Saint Paul	MN	30	23:12	2:39	4:33	24	54:22	16.0	0:47	6	22:57	7:39	1:45:48
23	54	Christine Boberg	38	F	Chanhassen	MN	20	18:39	2:08	5:29	29	56:02	15.5	1:09	16	26:00	8:40	1:47:17
24	190	Amethyst Goodland	37	F	Maple Grove	MN	33	26:59	3:04	4:07	15	49:42	17.5	1:19	13	25:20	8:27	1:47:25
25	336	Melanie Levy	38	F	Deephaven	MN	26	21:45	2:29	3:50	25	54:30	16.0	1:55	20	26:52	8:58	1:48:50
26	94	Sara Chovan	37	F	Minnetonka	MN	25	20:41	2:21	3:20	23	54:03	16.1	2:07	31	30:39	10:13	1:50:47
27	90	Sara Chapman	35	F	Excelsior	MN	31	24:27	2:47	2:59	27	55:03	15.8	2:04	24	28:06	9:22	1:52:36
28	454	Kristen Purtell	38	F	Deephaven	MN	32	24:45	2:49	2:46	20	53:00	16.4	2:24	32	31:48	10:36	1:54:41
29	192	Jennifer Gordier	38	F	Bloomington	MN	28	22:20	2:33	4:37	28	55:48	15.6	1:42	33	33:10	11:04	1:57:35
30	9	Lisa Adams	35	F	Maple Grove,	MN	27	21:49	2:29	3:40	30	1:01:15	14.2	2:21	29	30:26	10:09	1:59:28
31	588	Alysa Wilbur	39	F	Victoria	MN	5	15:15	1:44	3:01	31	1:02:23	13.9	2:24	34	37:20	12:27	2:00:21
32	505	Heather Smith	37	F	Excelsior	MN	29	22:25	2:33	4:54	32	1:03:24	13.7	2:01	27	29:44	9:55	2:02:25
33	285	Kris Kilmer	36	F	Lake Forest	IL	22	19:05	2:11	13:35	33	1:04:04	13.6	2:29	30	30:27	10:09	2:05:38
34	61	Ann Bradsher	36	F	Eden Prairie	MN	34	33:43	3:50	5:19	34	1:04:20	13.5	1:35	12	25:17	8:26	2:10:11

FEMALE AGE GROUP RESULTS 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	538	Laura Swartz	44	F	St. Louis Park	MN	6	14:29	1:39	1:24	1	40:54	21.3	1:02	1	20:19	6:47	1:18:06
2	465	Kris Ridler	44	F	Chaska	MN	4	14:14	1:37	1:52	6	44:08	19.7	1:01	2	21:39	7:13	1:22:52
3	166	Sarah Foley	40	F	Cologne	MN	5	14:27	1:39	1:19	5	44:05	19.7	1:19	6	22:48	7:36	1:23:56
4	295	Alison Knapp	40	F	Saint Paul	MN	10	15:27	1:46	2:06	4	43:08	20.2	0:53	5	22:40	7:30	1:24:02
5	84	Patty Campbell	42	F	Plymouth	MN	2	13:01	1:29	1:06	9	45:34	19.1	0:58	10	23:31	7:51	1:24:09
6	58	Jill Bollettieri	41	F	Saint Louis Park	MN	1	12:03	1:23	1:58	12	47:21	18.4	1:14	3	22:08	7:23	1:24:43
7	555	Beth Trautman	44	F	Medina	MN	19	17:10	1:57	1:35	3	42:30	20.5	0:50	8	23:25	7:49	1:25:28
8	189	Tracy Good	40	F	Victoria	MN	17	16:57	1:56	1:53	2	42:18	20.6	1:00	13	24:21	8:07	1:26:26
9	207	Sarah Grobel	40	F	Victoria	MN	9	15:16	1:45	2:13	8	45:14	19.2	1:40	14	24:22	8:08	1:28:43
10	248	Rea James	40	F	Long Lake	MN	3	13:12	1:30	2:19	16	48:02	18.1	1:09	15	24:29	8:10	1:29:09
11	109	Lisa Dahl	44	F	Minneapolis	MN	13	16:07	1:50	2:57	10	46:42	18.6	1:19	4	22:16	7:26	1:29:19
12	569	Stefani Vinkemeier	40	F	Maple Grove	MN	21	17:16	1:58	1:38	11	46:51	18.6	0:59	16	24:37	8:13	1:31:18
13	121	Rachel Dehaan	43	F	Woodbury	MN	11	15:29	1:46	2:25	7	44:20	19.6	1:51	34	28:08	9:23	1:32:10
14	496	Jayne Simon	40	F	Mound	MN	16	16:42	1:54	1:22	14	47:31	18.3	0:52	21	25:57	8:39	1:32:21
15	427	Marissa Onheiber	43	F	St. Paul	MN	15	16:13	1:51	2:01	15	47:35	18.3	0:56	24	26:13	8:45	1:32:56
16	416	Cheryl O'Connell	40	F	Eden Prairie	MN	22	17:19	1:59	1:59	13	47:25	18.3	1:25	32	27:50	9:17	1:35:56
17	280	Amy Kelly	41	F	Saint Paul	MN	30	19:34	2:14	2:32	17	49:28	17.6	1:21	7	23:21	7:47	1:36:14
18	332	Ann Lendino	40	F	Chaska	MS	33	20:46	2:22	1:56	19	50:07	17.4	1:11	11	24:10	8:04	1:38:08
19	522	Heather Sterner	40	F	Minnetonka	MN	8	15:14	1:44	2:39	22	51:26	16.9	1:33	30	27:32	9:11	1:38:22
20	417	Pam O'Connor	41	F	Chanhassen	MN	12	15:37	1:47	2:22	20	50:52	17.1	1:30	38	28:58	9:40	1:39:17
21	553	Stephanie Tollefson	40	F	Chanhassen	MN	14	16:11	1:51	1:56	27	54:23	16.0	1:08	22	25:59	8:40	1:39:34
22	470	Kathleen Roller	42	F	Orono	MN	32	20:32	2:20	1:59	18	49:44	17.5	1:22	25	26:18	8:46	1:39:52
23	266	Suzanne Johnson	41	F	Orono	MN	20	17:11	1:58	2:34	26	53:34	16.2	1:14	35	28:08	9:23	1:42:40
24	565	Kristin Van Wyk	40	F	Deephaven	MN	7	15:06	1:43	3:53	35	57:30	15.1	0:47	28	27:05	9:02	1:44:17
25	446	Talia Pierce	42	F	Excelsior	MN	40	23:46	2:42	2:41	24	53:13	16.3	1:20	9	23:28	7:50	1:44:26
26	123	Wendy Dellis	43	F	Richfield	MN	34	20:47	2:22	3:41	25	53:23	16.3	1:30	26	26:26	8:49	1:45:44
27	334	Cindy Lesage	42	F	Chanhassen	MN	41	23:56	2:44	3:11	23	52:36	16.5	1:08	18	24:59	8:20	1:45:48
28	504	Amy Smith	42	F	Excelsior	MN	29	19:19	2:12	2:23	28	54:44	15.9	2:18	36	28:27	9:29	1:47:09
29	495	Melissa Sigel	44	F	Minnetonka	MN	23	18:30	2:07	3:32	21	50:58	17.1	1:24	45	33:29	11:10	1:47:51
30	169	Amy Freed	41	F	Excelsior	MN	25	18:51	2:09	3:46	47	1:00:38	14.3	1:03	12	24:18	8:06	1:48:33
31	160	Kristen Fisher	42	F	Excelsior	MN	18	17:08	1:57	2:48	39	58:56	14.8	1:12	39	29:52	9:58	1:49:54
32	297	Krista Knudsen	42	F	Minnetonka	MN	27	19:02	2:10	4:56	40	59:07	14.7	2:11	19	25:10	8:24	1:50:24
33	526	Rachelle Stratton	41	F	Minnetonka	MN	39	21:46	2:29	3:19	32	56:33	15.4	1:38	33	27:50	9:17	1:51:03
34	308	Lou Kycek	42	F	West Saint Paul	MN	43	25:55	2:57	3:04	30	55:03	15.8	1:29	27	27:03	9:01	1:52:31
35	382	Jennifer Meles	42	F	Chanhassen	MN	35	20:50	2:23	4:24	31	55:45	15.6	0:57	41	30:52	10:18	1:52:46
36	147	Sally Engebretson	42	F	Orono	MN	37	21:14	2:25	4:57	34	56:53	15.3	1:33	37	28:40	9:34	1:53:15
37	596	Mary Wilson	44	F	Chicago	IL	24	18:43	2:08	4:02	33	56:38	15.4	1:23	47	35:00	11:40	1:55:44
38	601	Christine Winston	40	F	Plymouth	MN	36	21:13	2:25	4:42	41	59:28	14.6	3:30	29	27:10	9:04	1:56:01
39	239	Michelle Hoy	41	F	Deephaven	MN	46	27:45	3:10	3:49	37	57:55	15.0	1:01	31	27:36	9:12	1:58:03
40	128	Kristin Dingman	41	F	Maple Grove	MN	31	20:12	2:18	4:52	29	55:02	15.8	5:57	43	32:05	10:42	1:58:05
41	337	Sassy Libertus	43	F	Minneapolis	MN	49	28:32	3:15	5:39	36	57:45	15.1	1:21	20	25:20	8:30	1:58:44
42	362	Lora Marceau	43	F	Tonka Bay	MN	38	21:46	2:29	6:27	44	59:39	14.6	2:34	40	30:22	10:08	2:00:45
43	312	Christy Lacourse	40	F	Deephaven	MN	45	27:41	3:09	7:05	46	1:00:33	14.4	1:04	17	24:53	8:18	2:01:13
44	590	Vikki Williams	43	F	Minnetrissa	MN	42	24:50	2:50	3:24	43	59:35	14.6	2:36	42	31:03	10:21	2:01:26
45	378	Bridget McLaughlin	41	F	Andover	MN	28	19:17	2:12	2:06	45	59:53	14.5	2:58	49	37:39	12:33	2:01:52
46	279	Emily Kellogg	42	F	Excelsior	MN	46	28:15	3:29	3:40	42	59:35	14.6	3:45	48	36:32	12:11	2:02:25
47	375	Kelly McKernan	43	F	Anoka	MN	44	27:16	3:06	4:17	38	58:32	14.9	1:38	44	32:11	10:44	2:03:51
48	74	Margaret Burdine	44	F	Shakopee	MN	48	28:21	3:14	5:30	49	1:03:13	13.8	1:44	23	26:03	8:41	2:04:48
49	258	Melonie Jeska	44	F	Fridley	MN	47	27:47	3:10	4:58	48	1:02:45	13.9	2:33	46	33:44	11:15	2:11:43

FEMALE AGE GROUP RESULTS 45 - 49

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	292	Amy Klosterman	49	F	White Bear Lake	MN	3	12:26	1:25	1:03	1	44:14	19.7	0:53	1	22:18	7:26	1:20:49
2	309	Dawn Labisosa	46	F	Apple Valley	MN	4	12:35	1:26	2:13	6	46:39	18.6	1:03	10	24:56	8:19	1:27:24
3	86	Martha Carlson	48	F	Chaska	MN	5	12:47	1:28	1:36	9	47:47	18.2	1:12	7	24:25	8:09	1:27:45
4	331	Henriette Lemke	48	F	Chor Lake	MN	8	15:19	1:45	1:39	8	47:12	18.4	0:52	2	22:47	7:36	1:27:46
5	142	Karen Eklin	47	F	Plymouth	MN	9	15:28	1:46	1:54	5	46:12	18.8	0:56	4	23:25	7:49	1:27:52
6	184	Lisa Goepfert	48	F	Blaine	MN	11	16:19	1:52	1:38	4	45:08	19.3	0:49	8	24:25	8:09	1:28:17
7																		

1	208	Helen Gunther	54	F	Excelsior	MN	1	15:33	1:46	2:22	1	46:17	18.8	1:07	1	24:53	8:18	1:30:09
2	511	Peg Sorensen	54	F	Chaska	MN	2	16:10	1:51	2:14	2	47:28	18.3	1:49	2	26:59	9:00	1:34:37
3	491	Catherine Shreves	54	F	Minneapolis	MN	3	16:13	1:51	3:29	6	54:48	15.9	1:56	3	27:36	9:12	1:43:59
4	65	Reina Brekke	53	F	Shoreview	MN	4	21:17	2:26	2:39	5	51:36	16.9	1:12	5	29:10	9:44	1:45:52
5	149	Carol Erickson	52	F	Chanhassen	MN	6	24:14	2:46	2:22	4	50:40	17.2	1:25	4	28:07	9:23	1:46:46
6	179	Suzanne Gilbert	52	F	Minneapolis	MN	5	21:23	2:26	3:24	3	50:24	17.3	1:33	9	34:28	11:30	1:51:10
7	612	Gina Zaffarano	50	F	Minnetonka	MN	7	24:39	2:49	2:30	7	1:02:24	13.9	1:54	7	30:49	10:17	2:02:14
8	576	Mary Walcker	53	F	Chaska	MN	8	37:50	4:18	4:48	9	1:05:18	13.3	2:02	8	30:54	10:18	2:20:50
9	214	Deb Hagele	53	F	Excelsior	MN	9	37:53	4:19	4:51	8	1:05:16	13.3	2:09	6	30:45	10:15	2:20:51

FEMALE AGE GROUP RESULTS 55 - 59

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	363	Carol Markham-Cousins	56	F	Minneapolis	MN	2	15:12	1:44	2:29	1	43:18	20.1	1:16	1	24:42	8:14	1:26:55
2	98	Bethany Collins	55	F	New Hope	MN	1	14:09	1:37	2:00	2	46:39	18.6	1:34	2	28:50	9:37	1:33:10
3	599	Vicki Windfeldt	58	F	Eden Prairie	MN	3	25:36	2:55	3:51	3	1:12:10	12.1	1:44	3	45:30	15:10	2:28:48

FEMALE AGE GROUP RESULTS 60 - 64

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	498	Mary Beth Simpson	62	F	Chanhassen	MN	2	24:24	2:47	3:54	2	59:54	14.5	1:27	1	31:22	10:28	2:00:58
2	605	Jean Wood	61	F	Excelsior	MN	1	21:54	2:30	3:50	1	54:06	16.1	1:53	2	40:05	13:22	2:01:45
3	365	Diane McCarthy	64	F	Bonita Springs	FL	3	36:53	4:12	6:02	3	1:05:03	13.4	2:33	3	43:53	14:38	2:34:21

FEMALE AGE GROUP RESULTS 65 - 69

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	293	Anton Knack	18	M	Prior Lake	MN	1	11:14	1:17	1:34	1	44:19	19.6	0:51	1	21:50	7:17	1:19:46
2	550	Justin Thunstrom	16	M	Plymouth	MN	3	15:23	1:45	1:57	2	49:19	17.6	0:49	3	23:41	7:54	1:31:05
3	38	Chase Bauernfeind	16	M	Chanhassen	MN	2	13:10	1:30	3:31	3	52:32	16.6	0:52	2	22:27	7:29	1:32:28

MALE AGE GROUP RESULTS 1 - 19

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	164	Bryan Flood	24	M	Minneapolis	MN	2	16:47	1:55	2:19	2	43:39	19.9	0:58	1	21:44	7:15	1:25:24
2	240	Scott Hudson	21	M	Shoreview	MN	1	16:05	1:50	2:36	1	42:28	20.5	0:51	2	26:19	8:47	1:28:16
3	234	Philip Hollway	24	M	Minneapolis	MN	3	20:10	2:18	2:33	3	55:36	15.6	1:16	3	28:20	9:27	1:47:52

MALE AGE GROUP RESULTS 20 - 24

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	421	Jared Olhott	29	M	Shoreview	MN	1	12:40	1:27	0:58	1	40:42	21.4	0:53	1	18:43	6:15	1:13:53
2	542	Andrew Tewksbury	27	M	St Louis Park	MN	5	16:35	1:53	2:05	2	42:36	20.4	0:50	2	19:43	6:35	1:21:46
3	611	Paul Youngberg	27	M	Chanhassen	MN	4	14:54	1:42	2:02	7	47:40	18.3	0:45	5	23:44	7:55	1:29:03
4	340	Craig Lindsay	26	M	Minneapolis	MN	3	14:49	1:41	2:52	6	47:23	18.4	1:20	3	23:12	7:44	1:29:32
5	119	Alex Dauphin	26	M	Shakopee	MN	2	12:51	1:28	3:28	3	46:34	18.7	1:54	9	26:18	8:46	1:31:02
6	290	Matthew Kley	29	M	Minneapolis	MN	6	17:09	1:57	2:07	4	46:55	18.5	1:03	6	26:57	7:59	1:31:07
7	341	Marc Lindstrom	25	M	Excelsior	MN	9	19:23	2:13	2:19	5	47:02	18.5	1:08	4	23:41	7:54	1:33:31
8	302	Jon Koss	29	M	Eden Prairie	MN	7	17:28	1:59	1:25	9	49:27	17.6	1:08	7	25:39	8:33	1:35:04
9	492	Aaron Sieben	25	M	Shakopee	MN	8	19:06	2:11	3:00	8	49:17	17.7	1:46	8	26:07	8:43	1:39:13
10	78	Tony Burton	29	M	Minneapolis	MN	10	22:05	2:31	3:07	10	1:12:51	11.9	1:50	10	29:25	9:49	2:09:15

MALE AGE GROUP RESULTS 25 - 29

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	291	Jesse Kling	31	M	Blaine	MN	2	12:36	1:26	1:24	2	38:02	22.9	0:53	1	18:08	6:03	1:11:00
2	178	Lorenz Gerschwiler	34	M	Plymouth	MN	3	12:44	1:27	1:43	1	36:22	23.9	0:55	5	20:55	6:59	1:12:35
3	429	Christopher Oswald	31	M	Rochester	MN	1	12:22	1:25	1:28	8	43:02	20.2	0:45	2	19:54	6:38	1:17:28
4	200	Nick Greb	30	M	Windsor Heights	IA	5	13:23	1:32	1:19	5	42:31	20.5	0:57	6	21:14	7:05	1:19:22
5	452	Stan Pohmer	32	M	St. Louis Park	MN	7	14:59	1:43	2:05	7	42:57	20.3	0:55	4	20:32	6:51	1:21:25
6	259	Seth Jeska-Silrum	33	M	Mpls.	MN	14	17:32	2:00	2:44	3	42:10	20.6	0:50	3	20:12	6:44	1:23:24
7	201	Conor Green	31	M	Minneapolis	MN	4	12:53	1:28	3:12	13	46:07	18.9	1:19	7	21:25	7:09	1:24:54
8	42	David Behrens	33	M	Hopkins	MN	6	13:48	1:35	2:26	14	46:33	18.7	0:46	12	23:22	7:48	1:26:53
9	556	Jorge Trujillo	30	M	Minneapolis	MN	9	16:04	1:50	2:38	9	43:49	19.9	1:39	11	23:10	7:44	1:27:17
10	64	John Brantingham	33	M	East Bethel	MN	13	17:21	1:59	2:43	10	44:16	19.7	1:31	10	22:55	7:39	1:28:42
11	223	Craig Hendrickson	34	M	Hopkins	MN	8	15:37	1:47	2:44	12	45:44	19.0	1:37	13	24:08	8:03	1:29:47
12	99	Tim Cooley	31	M	Wayzata	MN	12	17:17	1:58	2:16	4	42:31	20.5	1:04	18	26:47	8:56	1:29:52
13	264	Nick Johnson	33	M	Fargo	ND	10	16:42	1:54	3:14	15	47:22	18.4	1:29	9	22:55	7:39	1:31:39
14	218	Eric Hathaway	32	M	Minneapolis	MN	15	18:09	2:04	2:28	6	42:52	20.3	1:11	19	29:10	9:44	1:33:46
15	95	Tim Cline	31	M	St Bonifacius	MN	17	20:13	2:18	3:48	11	45:35	19.1	1:05	14	25:36	8:32	1:36:16
16	49	Scott Berry	33	M	St. Louis Park	MN	11	16:51	1:55	2:45	17	49:42	17.5	1:05	17	26:40	8:54	1:37:00
17	357	Beauregard Manhart	34	M	Maple Grove	MN	16	19:27	2:13	2:34	18	50:04	17.4	2:49	15	26:09	8:43	1:41:01
18	141	Shawn Eells	31	M	Minnetonka	MN	19	30:00	3:25	3:47	16	48:45	17.8	1:46	8	22:11	7:24	1:46:27
19	544	Geoff Theobald	34	M	Carver	MN	18	24:49	2:50	3:11	19	55:48	15.6	0:42	16	26:34	8:52	1:51:03

MALE AGE GROUP RESULTS 30 - 34

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	73	Mike Buenting	36	M	Chanhassen	MN	2	13:16	1:31	1:08	1	38:33	22.6	0:31	1	17:15	5:45	1:10:41
2	69	Robert Brown	36	M	Hopkins	MN	1	12:39	1:27	1:03	2	38:46	22.4	0:47	2	19:09	6:23	1:12:23
3	545	Shawn Thomas	38	M	Eden Prairie	MN	4	13:23	1:32	1:42	14	43:29	20.0	0:55	3	20:05	6:42	1:19:31
4	59	Doug Bolster	38	M	Eden Prairie	MN	3	13:20	1:31	2:34	12	42:31	20.5	0:51	6	20:47	6:56	1:20:01
5	356	Matt Mahannah	38	M	Chanhassen	MN	13	15:25	1:46	2:06	7	41:56	20.7	0:56	4	20:05	6:42	1:20:25
6	512	Tom Sorensen	38	M	Shakopee	MN	7	14:14	1:38	1:27	16	43:53	19.8	0:56	10	21:02	7:10	1:21:56
7	145	Barry Ellinger	37	M	Chaska	MN	9	14:23	1:38	1:41	8	42:16	20.6	1:17	19	23:44	7:55	1:23:18
8	343	David Liske	39	M	Saint Louis Park	MN	18	16:29	1:53	2:03	6	41:33	20.9	1:11	13	22:42	7:34	1:23:56
9	263	Jake Johnson	36	M	Medina	MN	26	17:13	1:58	2:54	11	42:27	20.5	1:23	5	20:19	6:47	1:24:14
10	457	Mark Rannow	38	M	Minnetonka	MN	21	16:38	1:54	1:52	13	42:39	20.4	0:50	15	22:46	7:36	1:24:44
11	22	Greg Asplund	39	M	Excelsior	MN	5	13:49	1:35	2:13	10	42:21	20.5	1:36	25	24:49	8:17	1:24:46
12	301	Scott Koltes	37	M	Richfield	MN	19	16:31	1:53	1:58	3	41:12	21.1	1:17	21	23:56	7:59	1:24:51
13	89	Tim Cassidy	38	M	Plymouth	MN	23	16:46	1:55	2:26	9	42:20	20.6	1:15	14	22:45	7:35	1:25:30

MALE AGE GROUP RESULTS 35 - 39

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	73	Mike Buenting	36	M	Chanhassen	MN	2	13:16	1:31	1:08	1	38:33	22.6	0:31	1	17:15	5:45	1:10:41
2	69	Robert Brown	36	M	Hopkins	MN	1	12:39	1:27	1:03	2	38:46	22.4	0:47	2	19:09	6:23	1:12:23
3	545	Shawn Thomas	38	M	Eden Prairie	M												

14	212	Dan Hackenberg	38	M	Eden Prairie	MN	8	14:16	1:38	2:40	18	44:47	19.4	1:31	11	22:19	7:27	1:25:30
15	283	Jeremy Kersten	35	M	Bloomington	MN	10	15:04	1:43	2:33	19	45:11	19.3	1:26	8	21:22	7:08	1:25:34
16	583	Greg Weaver	35	M	Eden Prairie	MN	6	13:52	1:35	2:47	24	46:37	18.7	1:15	9	21:27	7:09	1:25:56
17	177	James Gaul	39	M	Bloomington	MN	14	15:39	1:47	1:48	20	45:51	19.0	1:36	7	21:13	7:05	1:26:05
18	233	Tim Hoke	37	M	Crystal	MN	16	15:50	1:48	1:38	15	43:48	19.9	1:01	23	24:16	8:06	1:26:31
19	420	Paul Ohnsorg	36	M	Medina	MN	11	15:16	1:45	2:10	17	44:12	19.7	1:22	22	23:58	8:00	1:26:56
20	557	Ej Tso	38	M	Minneapolis	MN	32	20:03	2:17	1:31	4	41:25	21.0	1:11	17	22:58	7:40	1:27:06
21	31	Beau Ballin	35	M	Minnetonka	MN	12	15:18	1:45	1:36	21	45:55	18.9	1:16	18	23:17	7:46	1:27:20
22	173	Dan Fritz	39	M	Wayzata	MN	17	16:01	1:50	3:21	5	41:26	21.0	1:39	31	25:26	8:29	1:27:52
23	17	Peter Andrada	38	M	San Jose	CA	36	20:25	2:20	2:03	22	46:22	18.8	1:04	29	25:16	8:26	1:35:08
24	67	James Brown	39	M	Prior Lake	MN	15	15:49	1:48	3:08	34	49:32	17.6	1:15	33	26:00	8:40	1:35:42
25	47	Andy Berg	39	M	Plymouth	MN	22	16:45	1:55	2:49	36	49:53	17.4	1:05	30	25:22	8:28	1:35:52
26	305	Steve Kueppers	36	M	Chanhassen	MN	39	21:27	2:27	2:54	28	47:50	18.2	1:05	24	24:41	8:14	1:37:55
27	6	Timothy Acheson	36	M	Richfield	MN	27	17:42	2:01	2:52	31	48:52	17.8	1:25	36	27:13	9:05	1:38:01
28	571	Christopher Vogel	36	M	Chicago	IL	31	19:45	2:15	2:03	30	48:49	17.8	1:13	34	26:15	8:45	1:38:03
29	519	Lee Steinhauer	35	M	Robbinsdale	MN	30	19:02	2:10	3:34	25	46:57	18.5	0:49	38	27:45	9:15	1:38:04
30	185	Andrew Goke	36	M	Minneapolis	AL	34	20:13	2:18	2:27	38	50:47	17.1	1:03	20	23:50	7:57	1:38:18
31	374	Justin McHugh	38	M	Deephaven	MN	20	16:37	1:54	4:53	29	48:13	18.0	0:55	26	24:52	8:18	1:38:27
32	447	Michael Pietrowski	39	M	Hopkins	MN	28	17:44	2:01	3:46	39	51:16	17.0	0:51	27	24:52	8:18	1:38:28
33	204	Ben Grimstad	38	M	Decorah	IA	24	16:47	1:55	2:35	33	49:15	17.7	1:33	40	28:46	9:36	1:38:53
34	195	Michael John Gournaris	37	M	Lakeville	MN	43	22:35	2:34	2:58	23	46:36	18.7	1:29	32	25:46	8:36	1:39:24
35	483	Jason Sedlak	36	M	Bloomington	MN	29	18:49	2:09	3:28	26	47:00	18.5	2:08	39	28:01	9:21	1:39:24
36	81	Jeff Callinan	38	M	Wayzata	MN	33	20:07	2:18	2:32	37	50:10	17.3	0:49	35	27:08	9:03	1:40:43
37	108	Andrew Cutting	35	M	Eden Prairie	MN	35	20:22	2:19	3:06	32	49:12	17.7	2:04	41	28:55	9:39	1:43:37
38	406	Dan Nelson	39	M	Minnetrista	MN	37	21:09	2:25	3:38	27	47:48	18.2	1:13	45	31:00	10:20	1:44:47
39	85	Christopher Carlisle	39	M	St. Louis Park	MN	45	26:00	2:58	3:07	42	52:12	16.7	1:33	12	22:23	7:28	1:45:13
40	253	Eric Jensen	37	M	Victoria	MN	40	21:37	2:28	3:51	35	49:44	17.5	2:08	42	29:53	9:58	1:47:09
41	228	Mark Hines	35	M	Eden Prairie	MN	41	21:48	2:29	3:49	41	52:01	16.7	2:07	37	27:30	9:10	1:47:14
42	10	Zachary Adams	36	M	Maple Grove	MN	42	22:04	2:31	3:16	48	57:24	15.2	0:45	28	25:04	8:22	1:48:30
43	191	Tom Goodnature	37	M	Mound	MN	38	21:21	2:26	4:05	40	52:00	16.7	1:09	44	30:47	10:16	1:49:19
44	586	Brett Werger	38	M	Minnetonka	MN	44	25:31	2:54	4:02	46	55:53	15.6	1:02	16	22:56	7:39	1:49:21
45	11	Steve Ahlvers	36	M	Lakeville	MN				474:42	45	55:13	15.8	3:47	49	35:06	11:42	1:50:04
46	497	Joseph Simpson	36	M	Shorewood	MN	25	17:00	1:56	5:37	47	57:11	15.2	3:08	46	31:35	10:32	1:54:28
47	514	Chad St. Germain	36	M	Omaha	NE	47	26:09	2:59	3:56	43	53:06	16.4	1:59	47	31:56	10:39	1:57:05
48	1002	Chad St. Germain	36	M	Omaha	NE	46	26:09	2:59	3:55	44	53:08	16.4	1:59	48	31:58	10:40	1:57:07
49	282	Dj Kennedy	39	M	Chanhassen	MN	48	43:55	5:00	5:08	49	1:04:07	13.6	2:33	43	30:25	10:09	2:26:05

MALE AGE GROUP RESULTS 40 - 44

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	442	Tom Pettit	42	M	Eden Prairie	MN	2	11:30	1:19	1:07	8	39:26	22.1	0:47	1	18:15	6:05	1:11:03
2	21	Jon Armour	41	M	Golden Valley	MN	1	11:11	1:17	1:06	4	38:01	22.9	0:55	5	20:15	6:45	1:11:25
3	513	Tim Sosnowski	40	M	Eden Prairie	MN	3	11:50	1:21	1:18	7	38:36	22.5	0:58	2	19:41	6:34	1:12:20
4	52	Mike Blair	41	M	Prior Lake	MN	9	13:48	1:35	1:20	2	37:43	23.1	0:39	8	20:42	6:54	1:14:10
5	554	Paul Traczyk	41	M	Shoreview	MN	7	13:07	1:30	1:19	9	39:41	21.9	0:58	10	20:55	6:59	1:15:57
6	137	Mike Duggan	42	M	Edina	MN	10	14:23	1:39	1:32	10	39:46	21.9	1:01	6	20:23	6:48	1:17:03
7	269	Marc Justinak	42	M	Excelsior	MN	18	14:49	1:41	1:57	5	38:11	22.8	1:06	15	21:50	7:17	1:17:51
8	537	Dan Swartz	42	M	St. Louis Park	MN	11	14:24	1:39	1:26	16	42:32	20.5	1:07	3	19:50	6:37	1:19:16
9	466	Jason Riley	40	M	Maple Grove	MN	13	14:28	1:39	1:33	12	41:29	21.0	1:16	9	20:55	6:59	1:19:38
10	578	Tim J Walker	44	M	Minnetonka	MN	15	14:37	1:40	1:45	6	38:34	22.6	0:43	36	25:05	8:22	1:20:41
11	548	Paul Thorne	43	M	Hopkins	MN	27	15:24	1:45	1:21	13	41:29	21.0	0:51	16	21:50	7:17	1:20:53
12	342	Dave Link	44	M	Eden Prairie	MN	32	16:01	1:50	1:56	1	37:40	23.1	1:13	27	24:16	8:06	1:21:04
13	584	Rob Webb	41	M	Edina	MN	24	15:19	1:45	1:25	11	41:22	21.0	0:57	22	23:45	7:55	1:22:45
14	552	Scott Tollefson	44	M	Minneapolis	MN	46	18:28	2:06	1:35	19	42:38	20.4	1:02	4	19:52	6:38	1:23:33
15	383	David Mercer	43	M	Golden Valley	MN	12	14:28	1:39	3:17	3	37:45	23.0	1:23	48	26:49	8:57	1:23:39
16	592	John Willoughby	43	M	Deephaven	MN	17	14:44	1:41	2:09	26	44:21	19.6	1:03	13	21:44	7:15	1:23:58
17	130	Jason Dohm	42	M	Milaca	MN	5	12:25	1:25	2:16	23	43:36	20.0	1:06	34	24:50	8:17	1:24:10
18	227	Kevin Hill	41	M	Mpls	MN	20	15:14	1:44	2:10	32	45:21	19.2	1:01	7	20:35	6:52	1:24:17
19	96	Bradley Close	42	M	Orono	MN	44	17:26	1:59	1:51	14	41:50	20.8	1:13	17	22:06	7:22	1:24:23
20	33	Dan Barsness	41	M	Victoria	MN	4	12:18	1:24	1:58	17	42:34	20.4	1:08	49	26:57	8:59	1:24:52
21	50	Eric Best	41	M	Chanhassen	MN	43	17:25	1:59	2:17	15	42:26	20.5	1:03	14	21:48	7:16	1:24:57
22	319	Paul Langer	44	M	Minneapolis	MN	36	16:36	1:54	3:00	24	44:05	19.7	0:54	11	20:59	7:00	1:25:32
23	607	Ray Woodworth	40	M	Chaska	MN	6	13:00	1:29	3:05	39	46:48	18.6	1:24	12	21:34	7:12	1:25:48
24	489	Nick Shermeta	43	M	Minnetonka	MN	14	14:35	1:40	1:52	30	45:03	19.3	1:22	20	23:06	7:42	1:25:55
25	411	Lawrence Nemecek	44	M	Minnetrista	MN	21	15:15	1:44	2:06	20	43:00	20.2	1:26	42	25:28	8:30	1:27:12
26	249	Shaun Jamison	44	M	St Louis Park	MN	29	15:44	1:48	2:38	29	45:01	19.3	0:57	19	22:58	7:40	1:27:16
27	594	Garrett Wilson	40	M	Edina	MN	35	16:22	1:52	2:14	18	42:37	20.4	1:10	35	25:00	8:20	1:27:20
28	129	Chad Dohlen	43	M	St Paul	MN	39	17:14	1:58	1:44	21	43:18	20.1	1:22	31	24:41	8:14	1:28:17
29	298	Edward Knutson	42	M	Waconia	MN	16	14:38	1:40	2:01	35	46:03	18.9	0:58	39	25:18	8:26	1:28:55
30	148	Jay Erb	44	M	Chanhassen	MN	19	15:00	1:43	2:59	33	45:30	19.1	1:16	29	24:32	8:11	1:29:14
31	581	Steve Wander	43	M	Minnetonka	MN	30	15:56	1:49	2:45	22	43:25	20.0	1:50	41	25:22	8:28	1:29:15
32	445	Jon Pierce	42	M	Excelsior	MN	26	15:23	1:45	1:45	37	46:44	18.6	1:16	26	24:13	8:05	1:29:19
33	241	John Hughes	42	M	Long Lake	MN	23	15:17	1:45	2:25	38	46:47	18.6	1:27	21	23:33	7:51	1:29:26
34	62	Neal Bradsher	44	M	Eden Prairie	MN	8	13:37	1:33	3:18	34	46:01	18.9	1:21	37	25:12	8:24	1:29:28
35	540	Chris Tadevich	44	M	Farmington	MN	22	15:16	1:45	2:12	40	46:53	18.6	1:16	23	24:05	8:02	1:29:40
36	198	Andy Grant	40	M	Eden Prairie	MN	37	16:48	1:55	2:05	28	44:49	19.4	1:10	45	25:39	8:33	1:30:29
37	188	Jason Good	41	M	Victoria	MN	45	17:56	2:03	2:10	25	44:13	19.7	1:19	40	25:20	8:27	1:30:56
38	45	Andrew Berenberg	41	M	Plymouth	MN	25	15:20	1:45	2:07	31	45:10	19.3	0:50	53	27:41	9:14	1:31:06
39	377	Brian McLaughlin	44	M	Medina	MN	52	19:03	2:10	2:59	27	44:25	19.6	1:53	18	22:50	7:	

61	83	Greg Campbell	43	M	Victoria	MN	62	32:06	3:39	5:08	61	59:54	14.5	1:19	61	32:57	10:59	2:11:21
62	603	Matthew Winston	41	M	Plymouth	MN	50	18:43	2:08	22:40	60	59:23	14.7	3:33	51	27:08	9:03	2:11:25

MALE AGE GROUP RESULTS 45 - 49																		
Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	355	Brent Magid	46	M	Excelsior	MN	1	11:12	1:17	1:24	2	38:04	22.9	0:48	4	20:50	6:57	1:12:16
2	294	David Knack	48	M	Prior Lake	MN	7	12:43	1:27	1:46	1	37:46	23.0	0:55	2	19:32	6:31	1:12:39
3	55	Douglas Boehme	45	M	Woodbury	MN	4	12:34	1:26	1:48	4	38:11	22.8	0:56	7	21:24	7:08	1:14:50
4	159	Sean Finn	45	M	Savage	MN	12	14:28	1:39	1:17	7	40:13	21.6	0:55	1	18:58	6:20	1:15:48
5	517	Gregg Steiger	45	M	Minnetonka	MN	16	15:06	1:43	1:16	3	38:09	22.8	1:08	8	21:36	7:12	1:17:13
6	490	Eric Showers	48	M	Minnetonka	MN	5	12:40	1:27	1:29	6	40:05	21.7	1:09	11	22:00	7:20	1:17:21
7	281	Edward Kelly	46	M	Saint Paul	MN	9	13:18	1:31	2:35	5	39:50	21.8	0:51	12	22:13	7:25	1:18:44
8	225	Lee Hetherington	47	M	Chaska	MN	6	12:40	1:27	1:59	9	41:37	20.9	1:16	10	21:53	7:18	1:19:23
9	24	Mark Augdahl	46	M	Chaska	MN	10	13:29	1:32	1:39	13	42:44	20.4	1:00	6	21:14	7:05	1:20:04
10	314	Dan Lagermeier	48	M	Eden Prairie	MN	8	13:06	1:30	1:26	10	41:57	20.7	1:26	18	23:26	7:49	1:21:19
11	388	Troy Meyer	45	M	Victoria	MN	11	14:20	1:38	2:28	8	41:20	21.0	1:03	15	23:09	7:43	1:22:18
12	462	Bob Revoir	47	M	Plymouth	MN	22	15:50	1:48	1:55	12	42:02	20.7	1:15	9	21:52	7:18	1:22:51
13	574	James Vos	48	M	Golden Valley	MN	2	11:24	1:18	2:23	24	46:18	18.8	1:44	16	23:11	7:44	1:24:57
14	558	Thorn Turner	48	M	Shorewood	MN	3	11:35	1:19	1:20	17	44:07	19.7	0:55	31	28:04	9:22	1:25:59
15	359	Dan Mans	46	M	Victoria	MN	33	18:38	2:07	2:42	11	42:02	20.7	1:32	5	21:13	7:05	1:26:03
16	122	Rob Delaune	46	M	Shoreview	MN	21	15:49	1:48	2:23	22	45:32	19.1	1:17	13	22:24	7:28	1:27:21
17	488	Bill Sharpe	48	M	Deephaven	MN	23	16:09	1:51	3:14	18	44:09	19.7	1:49	14	22:27	7:29	1:27:45
18	277	Michael Keller	46	M	Mpls	MN	14	14:59	1:43	1:33	26	47:06	18.5	1:34	17	23:18	7:46	1:28:27
19	536	Eric Swanson	49	M	Edina	MN	36	22:02	2:31	2:58	14	42:57	20.3	1:07	3	19:45	6:35	1:28:47
20	386	Jeff Metzler	45	M	Mpls.	MN	29	17:36	2:00	1:45	16	43:53	19.8	1:19	22	25:07	8:23	1:29:38
21	163	John Flaa	49	M	Plymouth	MN	15	15:04	1:43	1:57	27	48:00	18.1	1:17	19	23:40	7:54	1:29:56
22	481	Kurt Schultz	48	M	Lakeville	MN	20	15:47	1:48	1:39	15	43:48	19.9	2:01	27	27:03	9:01	1:30:15
23	182	Mark Glodoski	46	M	Excelsior	MN	26	17:01	1:56	3:15	20	45:04	19.3	0:49	21	24:34	8:12	1:30:41
24	476	Ken Saddler	46	M	Chanhassen	MN	19	15:31	1:46	3:54	21	45:05	19.3	0:51	24	25:24	8:28	1:30:43
25	216	Chris Harristhal	49	M	Minneapolis	MN	28	17:29	2:00	2:39	30	48:47	17.8	1:18	20	24:21	8:07	1:34:32
26	562	Todd Utecht	47	M	Eagan	MN	24	16:36	1:54	1:51	23	46:11	18.8	1:47	33	28:30	9:30	1:34:53
27	469	Mike Rogers	46	M	Minnetonka	MN	30	17:39	2:01	2:01	28	48:15	18.0	2:09	23	25:18	8:26	1:35:19
28	203	Tom Griffin	48	M	Bloomington	MN	27	17:22	1:59	2:31	25	46:23	18.8	1:17	32	28:06	9:22	1:35:36
29	171	Rob Frischmann	47	M	Victoria	MN	18	15:27	1:46	2:23	34	51:28	16.9	0:50	25	26:54	8:58	1:36:59
30	436	Paul Pasko	46	M	Minnetonka	MN	34	21:20	2:26	3:24	19	44:32	19.5	2:05	29	27:39	9:13	1:38:57
31	467	Donny Rix	45	M	Chanhassen	MN	32	18:13	2:05	2:13	29	48:24	18.0	1:44	36	29:11	9:44	1:39:43
32	361	Dan Maras	45	M	Shakopee	MN	13	14:59	1:43	3:22	36	53:04	16.4	1:55	35	29:00	9:40	1:42:17
33	245	Brian Ip	49	M	Edina	MN	31	18:01	2:03	2:05	32	51:11	17.0	2:39	34	28:51	9:37	1:42:46
34	426	Owen O'Neill	48	M	Edina	MN	17	15:18	1:45	4:34	37	54:41	15.9	1:23	28	27:14	9:05	1:43:08
35	413	Jeff Newhouse	46	M	Minnetonka	MN	37	22:14	2:32	3:04	33	51:26	16.9	1:40	26	27:02	9:01	1:44:43
36	284	Daniel Kessler	46	M	Chaska	MN	25	16:38	1:54	2:53	31	50:59	17.1	1:49	38	25:47	11:56	1:48:03
37	478	Joe Sanguinetti	45	M	Minnetonka	MN	35	21:59	2:30	4:17	35	51:42	16.8	2:28	30	27:50	9:17	1:48:15
38	138	Christian Dunlay	45	M	Stamford	CT	38	24:29	2:47	3:14	38	58:36	14.8	1:58	37	34:01	11:21	2:02:15

MALE AGE GROUP RESULTS 50 - 54																		
Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	402	Mark Myers	52	M	Lake Elmo	MN	4	15:35	1:47	2:05	2	41:46	20.8	1:09	1	19:17	6:26	1:19:49
2	193	Larry Gough	51	M	Lakeville	MN	3	15:18	1:45	2:17	4	42:20	20.6	1:35	2	21:09	7:03	1:22:37
3	187	Michael Gonzales	52	M	Lakeville	MN	2	15:10	1:44	1:53	5	43:04	20.2	1:05	7	23:17	7:46	1:24:27
4	407	Eric Nelson	53	M	Minneapolis	MN	1	15:04	1:43	2:12	7	44:49	19.4	1:30	6	23:09	7:43	1:26:42
5	275	Marty Kaye	50	M	Victoria	MN	12	19:16	2:12	3:28	1	40:26	21.5	2:27	3	21:46	7:16	1:27:20
6	125	Kevin Dillon	54	M	Chanhassen	MN	11	18:57	2:10	1:55	13	53:39	16.2	4:22	54	22:54	7:38	1:27:40
7	110	Jeff Daly	51	M	Lakeville	MN	8	17:12	1:58	1:43	6	43:39	19.9	1:35	9	25:21	8:27	1:29:27
8	270	Vince Justinak	53	M	Minneapolis	MN	9	17:17	1:58	2:40	3	41:54	20.8	1:11	13	27:04	9:02	1:30:04
9	391	Peter Miller	53	M	Zimmerman	MN	7	17:06	1:57	1:40	9	46:21	18.8	1:49	10	25:44	8:35	1:32:37
10	450	Tom Pohland	51	M	Lakeville	MN	5	15:47	1:48	2:53	8	46:19	18.8	1:22	12	26:21	8:47	1:32:41
11	477	Bruce Salmela	51	M	Shakopee	MN	16	24:25	2:47	2:25	10	50:23	17.3	0:51	8	23:18	7:46	1:41:19
12	448	Steve Pinick	54	M	Chanhassen	MN	6	16:15	1:51	4:19	15	54:03	16.1	2:49	14	28:42	9:34	1:46:05
13	139	Philip Dunlay	54	M	Greenwood	MN	15	22:40	2:35	3:13	12	52:49	16.5	1:55	16	29:13	9:45	1:49:46
14	428	Mark Orfield	52	M	Edina	MN	17	32:30	3:42	3:30	11	50:33	17.2	0:48	5	22:58	7:40	1:50:15
15	40	Randy Bauernfeind	52	M	Chanhassen	MN	13	22:00	2:30	3:48	16	54:36	15.9	1:00	15	29:01	9:41	1:50:22
16	494	Daniel Sieben	52	M	Edina	MN	14	22:24	2:33	4:04	17	57:32	15.1	2:26	11	26:03	8:41	1:52:27
17	453	John Furdie	52	M	Lakeville	MN	10	18:09	2:04	4:03	14	54:01	16.1	2:02	17	35:33	11:51	1:53:45

MALE AGE GROUP RESULTS 55 - 59																		
Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	161	Skip Fitting	56	M	Buffalo	MN	4	14:40	1:40	2:11	1	39:06	22.3	1:13	1	19:48	6:36	1:16:56
2	181	Paul Glade	56	M	Cedar Falls	IA	5	15:30	1:46	1:23	2	42:20	20.6	1:09	2	20:53	6:58	1:21:13
3	614	Gary Zinter	58	M	Plymouth	MN	2	13:05	1:30	2:19	3	42:29	20.5	1:08	6	25:26	8:29	1:24:24
4	346	Frank Lombardo	57	M	Lakeville	MN	6	16:37	1:54	1:34	5	43:16	20.1	1:24	3	22:45	7:35	1:25:34
5	13	Mark Ambrosen	57	M	Excelsior	MN	3	14:19	1:38	2:19	6	44:10	19.7	1:46	4	23:37	7:53	1:26:07
6	134	Dru Drake	56	M	Woodbury	MN	1	12:20	1:25	1:51	7	44:15	19.7	2:04	9	28:12	9:24	1:28:39
7	370	Tom McConville	58	M	Osseo	MN	13	21:25	2:26	2:49	4	43:06	20.2	1:12	8	26:54	8:58	1:35:23
8	14	Jan Andersen	57	M	Minnetonka	MN	8	18:37	2:07	2:17	8	47:28	18.3	1:39	7	25:59	8:40	1:35:58
9	255	Joseph Jeppesen	55	M	Chanhassen	MN	12	20:15	2:19	4:18	9	49:33	17.6	2:02	5	24:10	8:04	1:40:16
10	268	Doug Jost	56	M	Centerville	MN	11	20:05	2:17	2:59	10	54:11	16.1	1:44	10	30:06	10:02	1:49:03
11	559	Carl Tuura	56	M	Plymouth	MN	7	18:12	2:05	3:16	11	56:30	15.4	2:28	12	34:38	11:33	1:55:01
12	431	Bob Oxborough	55	M	Plymouth	MN	10	19:42	2:15	4:30	12	57:53	15.0	2:47	11	30:58	10:20	1:55:47
13	16	Mark Anderson	55	M	Excelsior	MN	9	19:35	2:14	5:08	13	1:03:45	13.6	1:49	13	38:27	12:49	2:08:42

MALE AGE GROUP RESULTS 60 - 64																		
Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	296	Barry Knight	62	M	Orono	MN	1	14:58	1:42	1:42	1	45:05	19.3					

3	579	Peter Walman	69	M	Minnetonka	MN	2	16:02	1:50	2:51	4	56:42	15.3	1:32	6	36:03	12:01	1:53:08
4	541	Mike Tenney	66	M	Excelsior	MN	4	17:18	1:58	4:41	3	54:46	15.9	2:48	7	38:51	12:57	1:58:22
5	205	Larry Grimstad	68	M	Decorah	IA	6	23:18	2:39	4:50	6	59:46	14.6	1:04	3	31:09	10:23	2:00:05
6	508	Tom Smith	68	M	Eden Prairie	MN	5	20:52	2:23	7:04	7	1:03:40	13.7	2:56	5	35:38	11:53	2:10:08
7	5	David Abramson	69	M	St. Louis Park	MN	7	39:53	4:32	3:50	5	59:43	14.6	2:14	4	34:08	11:23	2:19:46

MALE AGE GROUP RESULTS 70 - 98

Place	Bib	Name	Age	Sex	City	St	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
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Total Registered:	624
Total Number of Individual Finishers:	441
Total Number of Relay Finishers:	6
Number of Male Finishers:	259
Number of Female Finishers:	182
Did not Finish Race or Did Not Start:	177