Meaningful Special Education Advocacy

A Step-by-Step Guide

Understanding Your Child's Psychological & Educational Evaluation

Helping families to be confident advocates

Getting an evaluation report for your child can feel like receiving a document in another language — dense with scores, acronyms, and clinical terms. This guide walks you through each section of a typical report, explains what it means in plain English, and helps you use it to make sure your child gets the support they're entitled to.

How to use this guide: Read it start to finish before your first evaluation meeting, or jump to the sections you need. In the UK sections below links to each part.

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01 The Evaluation Process

Every evaluation follows a similar path, though timelines vary by state and school district. Knowing what comes before and after the report helps you stay in control of the process.

STEP 1
Referral

A parent, teacher, or pediatrician requests the evaluation in writing. Schools must respond to this request within a specific timeframe (often 15 days).

A parent may already have a private evaluation in hand — schools are required to consider it, though they're not obligated to accept its findings.

STEP 2
Consent

You sign a written consent form. Nothing moves forward without it. You can also withdraw consent at any point. Read what you're agreeing to — testing, observations, interviews, and which areas will be assessed.

STEP 3
Testing

Evaluators observe your child, review records, and administer standardized tests. This usually takes several sessions spread over a few weeks.

STEP 4
Report

Written report is completed. A meeting is scheduled to review findings and discuss eligibility. You receive a copy of the report before this meeting.

STEP 5
Eligibility Meeting

The team decides whether your child qualifies for special education services. If they do, they develop an IEP together. If they don't, you have the right to challenge that decision.

You are part of the team. As a parent, you have the right to participate in every step — including reviewing the report before the meeting and asking for more time if you need it.

02 Types of Evaluations

Depending on your child's needs, there are many specialists who may conduct different types of evaluations. Here's who does what.

Evaluation	Specialist	What It Measures
Psychological / Cognitive	School Psychologist or Clinical Psychologist	Intellectual ability, learning strengths and weaknesses, how your child takes in and processes information. Often includes IQ testing and tests that look at memory, attention, and problem-solving.
Educational / Academic	Special Educator or Educational Diagnostician	Skills in reading, writing, and math, and how they compare to grade-level expectations. Often uses curriculum-based measures, not just norm-referenced tests.
Speech-Language	Speech-Language Pathologist	Articulation, receptive and expressive language, pragmatics, social communication, and how your child uses language in context.
Occupational Therapy (OT)	Occupational Therapist	Fine motor skills, sensory processing, and how your child engages with their environment.
Physical Therapy (PT)	Physical Therapist	Gross motor skills, strength, balance, and coordination for movement-related concerns.
Assistive Technology (AT) Evaluation	Multiple Specialists	The evaluation team to see if computerized AAC communicating devices or other assistive technology would help your child access learning. Often includes a trial period with different tools.
Vision / Hearing	Vision Specialist / Audiologist	Whether sensory issues are affecting learning. Usually done before other evaluations to rule out basic access problems.

03 Understanding Specific Tests

You don't need to memorize every test, but here's what a few common ones actually measure, explained in plain language.

Woodcock Johnson IV (WJ IV)

The WJ IV is one of the most widely used tests in schools. It has a set of cognitive clusters and a set of academic clusters, so it can show how a child's thinking skills line up with their actual achievement.

Cognitive Fluency measures how quickly your child can perform tasks they already know well, like rapidly naming pictures or doing simple math facts. It's a measure of automaticity — how much mental effort certain skills require.

Executive Functioning looks at working memory and flexible thinking — the ability to hold information in mind while using it, and to shift between different ways of thinking. Difficulties here can show up as trouble with organization, following multi-step directions, or getting stuck on one idea.

Understanding Directions looks at how well your child can follow spoken instructions, especially when they get longer or more complex.

Comparing the two is often how a specific learning disability like dyslexia or dyscalculia is identified: when there's a significant gap between what your child can think and what they can achieve academically.

Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V)

The WISC-V is the most widely used IQ test for school-aged children. It breaks down into five primary scores, including one that's built specifically to be more culturally and linguistically fair — when cross-cultural fairness is a concern, this is the score to look at.

Verbal Comprehension — vocabulary, general knowledge, and verbal reasoning.

Visual Spatial — how your child thinks about shapes, patterns, and how things fit together.

Fluid Reasoning — solving new problems, without relying on prior knowledge.

Working Memory — holding information in mind while doing something with it.

Processing Speed — completing tasks quickly and accurately.

A large gap between Verbal Comprehension and Visual Spatial is a common pattern in twice-exceptional learners — kids who are gifted in some areas but struggle in others.

Wechsler Individual Achievement Test, Fourth Edition (WIAT-4)

The WIAT-4 measures how well your child can actually use academic skills, rather than how they think.

Reading — decoding, word recognition, reading fluency, and comprehension.

Written Expression — spelling, sentence writing, and how organized and persuasive their writing is.

Mathematics — math problem solving and math fluency, based on real-world and classroom-style questions.

Oral Language — listening comprehension and how well they can express themselves.

Pairing a cognitive test with an achievement test is how evaluators look for a discrepancy — a gap between what your child can do and what they're actually doing in school.

Kaufman Test of Educational Achievement, Third Edition (KTEA-3)

The KTEA-3 is another widely used achievement test, with a strong focus on reading and writing.

Reading — letter-word recognition, decoding, fluency, and comprehension.

Math — math concepts, applications, and fluency.

Oral Language — listening comprehension and expression.

Written Expression — spelling, sentence writing, and how well they express ideas in writing.

Comprehensive Test of Phonological Processing, Second Edition (CTOPP-2)

The CTOPP-2 looks specifically at the sound-based skills that underlie reading and spelling — often the first place dyslexia shows up.

Phonological Awareness — how well your child can break apart and play with the sounds in words.

Phonological Memory — how well they can hold sounds in mind long enough to work with them.

Rapid Symbolic Naming — how quickly a child can name familiar letters and numbers, which relates to reading fluency.

Alternate Phonological Awareness — a newer subtest that looks at how flexibly your child can manipulate sounds.

Test Assessment of Writing (TAOW)

The TAOW is a timed, prompt-based test of written expression. It looks at more than just spelling and handwriting — it measures how well your child can plan, organize, and develop ideas in writing.

Production Index — the physical, motor side of handwriting: how fluid/easy, speed, and legibility.

Quality Index — how well-developed and organized the written content is.

Automatic Index — supporting skills like spelling that need to be automatic to free up working memory.

A child can struggle in just one of these areas — for example, strong ideas but illegible handwriting, or neat writing but very little to say. The TAOW helps tell those apart.

Gray Oral Reading Test, Fifth Edition (GORT-5)

The GORT-5 measures how well your child reads connected text, not just individual words. It's often used to see whether a child can read fluently and with understanding in real-world contexts.

Rate — how quickly they read a passage.

Accuracy — how many words they read correctly.

Fluency — a combined score of rate and accuracy, reflecting how smooth and effortless reading sounds.

Comprehension — how well they understand what they've read, including answering questions about the passage.

Because it uses full passages, the GORT-5 can show whether a child who reads words accurately still struggles to make sense of what they've read — a common pattern in students with dyslexia.

Clinical Evaluation of Language Fundamentals, Fifth Edition (CELF-5)

The CELF-5 is the most widely used test of how your child understands and uses spoken language. It looks at the building blocks of language and how they work together in real conversations.

Receptive Language — understanding words, sentences, and directions.

Expressive Language — putting words together to form spoken sentences and ideas.

Language Content and **Language Structure** — vocabulary and grammar, which can be assessed on their own.

Pragmatics Profile — how your child uses language in social settings, which can be tested on its own.

Pairing the CELF-5 with a cognitive test can help tell apart a true language disorder from a child who's bright but hasn't had the same exposure to language at home or in school.

Test of Pragmatic Language, Second Edition (TOPL-2)

The TOPL-2 looks at "pragmatics" — how a child actually uses language in social situations, not just how well they know words or grammar. It's often used when a child has strong vocabulary and grammar skills but still struggles to connect with peers or navigate conversations.

Pragmatic Skills — the overall score, which reflects how well your child uses language in social settings.

Rules — understanding and following the unwritten rules of conversation.

Pragmatic Judgment — making good decisions about what to say and how to say it.

Violations — recognizing when something said or done doesn't fit the social situation.

Social Interaction — how well your child engages with others in conversation.

A child can pass many vocabulary and grammar tests and still struggle here — this test is often the one that explains why.

Beery Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (Beery VMI)

The Beery VMI measures how well your child can copy shapes, which requires them to take in what they see and then put their hands to work. It's a foundation skill for handwriting and many academic tasks.

Visual-Motor Integration — how well your child can copy shapes, from simple to complex.

Motor Coordination — how well they can draw without thinking about the shapes, just the movement.

Visual Perception — how well they can see and match shapes, even when they're distracting or hard to find.

Woodcock-Johnson Tests of Oral Language, Fifth Edition (WJ V OL)

The WJ V OL looks at how well your child understands and uses spoken language, with a strong focus on vocabulary and how words are related to each other.

Oral Language — the overall score, which reflects how well your child understands and uses spoken language.

Vocabulary — understanding and using words, including how words are related to each other.

Speed of Lexical Access — how quickly your child can find and use the right word.

Sentence Repetition — repeating sentences, which tests memory and grammar together.

Morphological Awareness — how well your child understands how words are built, like prefixes and suffixes.

Phonological Awareness — how well your child can work with the sounds in words.

Lexical Knowledge — how well your child knows and uses words in context.

Listening Comprehension — understanding what they hear, including longer passages.

Phonological Processing — how well your child can work with the sounds in words.

Word Retrieval Fluency — how quickly your child can find and say words.

Rapid Naming — how quickly your child can name familiar things.

Speed of Lexical Access — how quickly your child can find and use the right word.

Sentence Repetition — repeating sentences, which tests memory and grammar together.

Morphological Awareness — how well your child understands how words are built, like prefixes and suffixes.

Lexical Knowledge — how well your child knows and uses words in context.

Listening Comprehension — understanding what they hear, including longer passages.

Test of Auditory Processing Skills, Fourth Edition (TAPS-4)

The TAPS-4 looks at what happens after your child's ears take in sound — how their brain makes sense of what they hear. It's often used when a child has normal hearing but still struggles to follow directions, remember what was said, or tell similar sounds apart.

Auditory Processing — the overall score, which reflects how well your child processes what they hear.

Phonological Processing — how well your child can work with the sounds in words.

Auditory Memory — holding spoken information in mind long enough to use it.

Auditory Comprehension — understanding what they hear, including longer passages.

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Wide Range Assessment of Visual Motor Abilities (WRAVMA)

The WRAVMA is a quick, easy-to-give test that helps evaluators screen whether visual-motor skills are a concern. It's often used as a first step before deciding whether a more detailed evaluation is needed.

Drawing — copying increasingly complex shapes, combining visual and motor control.

Matching — finding the same shape from a group, which leans more on visual perception.

Fingers — how well your child can move their fingers, which matters for writing and typing.

Overall — the combined score, which gives the clearest picture of your child's visual-motor skills.

Kaufman Assessment of Graphomotor Processing (KTOG)

The KTOG looks at how well your child can get their ideas from their head onto paper — a skill that's often overlooked when a child struggles with writing.

Spatial — how well they organize their drawings and writing on the page.

Graphomotor Fluency — how quickly and smoothly they can produce writing and drawings.

Legibility — whether others can read what they've written.

Graphomotor Processing — the overall score, which reflects how well your child can get their ideas onto paper.

Spatial — how well they organize their drawings and writing on the page.

Graphomotor Fluency — how quickly and smoothly they can produce writing and drawings.

Legibility — whether others can read what they've written.

Pediatric Evaluation of Disability Inventory - Computer Adaptive Test (PEDI-CAT)

Unlike a one-and-done assessment, the PEDI-CAT is designed to be given repeatedly to track progress over time. It's often used to measure how a child's skills change after therapy or other interventions.

Daily Activities — how independently your child handles everyday tasks, like eating, dressing, and toileting.

Mobility — moving safely and efficiently at home, in the community, and on different surfaces.

Responsibility — managing daily tasks and decisions independently, adjusted for age.

Social/Cognitive — how well your child plays, communicates, and interacts with others and their environment.

Sensory Profile 2

The Sensory Profile 2 is a questionnaire completed by parents and/or teachers, rather than a direct test of your child. It looks at how your child's sensory processing shows up in everyday life.

Seeking — actively looking for extra sensory input, like touching things or moving a lot.

Sensitivity — noticing sensory input more easily than most children.

Avoiding — withdrawing from or disliking certain sensory input, like loud noises or textures.

Registration — being slow to notice sensory input, even when it's obvious.

These patterns can help an occupational therapist understand behaviors that are otherwise hard to explain, like a child who refuses to wear certain clothes or seems to be in constant motion.

Adolescent/Adult Sensory Profile

The Adolescent/Adult Sensory Profile is the same idea as the Sensory Profile 2, but tailored for older teens and adults. It's a questionnaire completed by the person themselves, rather than by a parent or teacher.

Seeking — actively looking for extra sensory input, like movement, sound, or touch.

Sensitivity — noticing sensory input more easily than most people.

Avoiding — withdrawing from or disliking certain sensory input.

Registration — being slow to notice sensory input, even when it's obvious.

These patterns can help an occupational therapist understand behaviors that are otherwise hard to explain, like a person who refuses to wear certain clothes or seems to be in constant motion.

Autism Diagnostic Observation Schedule (ADOS-2)

The ADOS-2 is a standardized, play-based assessment used to help diagnose autism. Rather than asking questions, it gives your child specific activities and social situations, and observes how they communicate, interact, and respond to them.

Social Affect — how your child uses and understands social communication and interaction.

Restricted Repetitive Behaviors — patterns of interests, routines, or movements that are repetitive.

Play/Imagination — how your child uses toys and engages in pretend play.

The ADOS-2 is designed for trained professionals and is often the most time-intensive part of an autism evaluation. It's usually part of a broader assessment that also includes parent interviews, developmental history, and observations in other settings.

Autism Diagnostic Interview-Revised (ADI-R)

The ADI-R is a standardized, parent-interview tool used to help diagnose autism. Rather than observing your child directly, it asks you detailed questions about your child's development and behavior, and how they've changed over time.

Social Interaction — how your child relates to others and engages socially.

Communication — how your child uses and understands language.

Restricted, Repetitive, and Stereotyped Behaviors — patterns of interests, routines, or movements that are repetitive.

The ADI-R is typically the starting point of an MDE — the parent-only interview that gathers the developmental history, while the ADOS-2 is the direct observation that follows.

Behavior Assessment System for Children, Third Edition (BASC-3)

The BASC-3 looks at how your child's behavior and emotions show up in different settings, and how different people see them. It's often used to get a fuller picture than any single observation can provide.

Externalizing Problems — outwardly directed behaviors like hyperactivity, aggression, or defiance.

Internalizing Problems — inwardly directed behaviors like anxiety, depression, and withdrawal (physical or social).

Behavioral Symptoms Index — an overall score that suggests the most significant concerns.

Adaptive Skills — strengths like adaptability, social skills, and leadership.

Because it's completed by multiple people who see the child in different settings, the BASC-3 can show whether a concern is consistent across environments or only appears in one specific setting.

Wrigley Transition Skills Inventory (Wrigley TSI)

The Wrigley TSI is a criterion-referenced inventory — rather than comparing your student to same-age peers, it looks at whether they've mastered the specific skills they'll need for their next step. It's often used in transition planning for students approaching high school graduation.

Self-Awareness & Self-Advocacy — understanding their own strengths, needs, and how to speak up for themselves.

Self-Determination & Interpersonal Skills — self-advocacy, decision-making, and working in others.

Daily Living Skills — practical skills like managing money, cooking, and taking care of themselves.

Because it's criterion-referenced, the Wrigley TSI can directly inform what skills to teach next. It's often used to set specific, measurable goals for the IEP rather than general benchmarks.

Asset Transition Preparation and Evaluation System (ASSETS)

The ASSETS is a criterion-referenced inventory of practical, student-centered skills for transition planning. It's often used to set specific, measurable goals for the IEP rather than general benchmarks.

Learned Industriousness — work performance (e.g., how on time, prepared, or thorough they are) in a different setting.

Learned Resourcefulness — how well they can problem-solve and adapt when things don't go as planned.

Learned Social Skills — how they interact with others in a professional or community setting.

Community-Based Functional Skills Assessment for Transition-Age Youth with ASD

The Community-Based Functional Skills Assessment for Transition-Age Youth with ASD is a criterion-referenced inventory of practical, student-centered skills for transition planning. It's often used to set specific, measurable goals for the IEP rather than general benchmarks.

Academic — hands-on, real-world use of academic skills.

Community Living — navigating public spaces, transportation, and services.

Safety — recognizing and responding to risks and emergencies.

Social — making, keeping, or ending friendships.

Vocational — job-related skills and work habits.

Independence — supervision and assistance needed in other areas.

Because it's completed by multiple people who see the child in different settings, the BASC-3 can show whether a concern is consistent across environments or only appears in one specific setting.

04 How to Read the Report

Reports can run 10–20 pages. Most follow the same structure. Here's what to expect in each section.

Background & Reason for Referral	Why the evaluation was requested and relevant developmental, medical, or school history.
Tests Administered	A list of every assessment tool used — you can look up any test by name to learn more.
Behavioral Observations	The evaluator's notes on how your child engaged, focused, and responded during testing.
Results by Domain	Scores and descriptions for each area assessed, usually broken into cognitive, academic, and social-emotional.
Summary & Eligibility	Integrated findings and whether your child meets criteria for special education services.
Recommendations	Suggested supports, services, or accommodations — this is often the most useful section for planning.

Tip: Read the summary and recommendations first for the big picture, then go back for the detailed scores.

05 Understanding the Numbers

Scores can look intimidating, but they all answer the same basic question: how does my child compare to other children their age?

Standard Score	Percentile Rank	Scaled Score
Centers on the mean (median) and standard deviation.	Shows the percentage of peers your child outperformed or matched.	Used for individual subtests, not the whole test. Common in Wechsler tests.

Composite Score
A combined score that reflects performance across multiple related subtests.

Standard Score	Scaled Score	Percentile Range	Classification
130+	16–19	98+	Very Superior
120–129	14–15	91st–97th	Superior
110–119	12–13	75th–90th	High Average
90–109	8–11	25th–74th	Average
80–89	6–7	9th–24th	Low Average
70–79	4–5	2nd–8th	Low
Below 70	1–3	Below 2nd	Very Low

Scores in the middle 50% (roughly 90–110) are considered average. Most eligibility decisions look at scores well below that range.

06 Common Terms in Reports

Knowing the language a psychologist uses helps you ask better questions. Here's a translation table for the terms that show up the most often.

Variability The amount of scatter among scores in a set of data.	What to look for: The report should explain why the test was appropriate for your child and whether the results are reliable.
Reliability How consistent a test is when it's repeated.	What to look for: The report should note the reliability scores that indicate the test is dependable.
Norms The standard group your child is compared to.	What to look for: The report should name the age range, grade level, and demographics of the norm group.
Standard Score A score on the standard scale of 100 ± 15.	What to look for: Most scores in reports are shown this way. Anything below 85 is typically considered below average.
Percentile Rank The percentage of peers your child outperformed or matched.	What to look for: A percentile of 25 means your child scored better than 25% of same-age peers.
Functional Impact How the results affect your child's daily life and learning.	What to look for: The report should connect test scores to real-life challenges and help you envision in school and at home.

Remember: Scores are tools for understanding your child, not labels. Ask your evaluator to explain anything that doesn't make sense. A good report should be clear enough that you can explain it to someone else.

07 Your Rights as a Parent

Federal law — primarily the IDEA (Individuals with Disabilities Education Act) 2004 and Section 504 of the Rehabilitation Act — gives you specific, enforceable rights in the evaluation process.

1. You must give **written consent** before any evaluation begins.
2. You have the right to **review the evaluation report** before the meeting to discuss it.
3. You can request an **Independent Educational Evaluation (IEE)** at public expense if you disagree with the school's findings.
4. You're an **equal member of the team** whose input the school is required to listen to and consider.
5. You can bring an **advocate, family member, or professional** to any meeting.

08 Transition Evaluations

Starting no later than age 16 (and often earlier, depending on your state), evaluations may include a transition component. These look at what comes after high school — work, college, or independent living — and help the team build services that support those goals.

These evaluations use a mix of tools — standardized interest inventories, interviews, and observations of real-world skills — to identify strengths, preferences, and areas that may need support. Family, school staff, and the student themselves all contribute to the process.

Your child's voice matters most here. These evaluations should center your child's own goals and preferences, not just what adults think is best. Ask how your child's input is being gathered and how it's being incorporated into the plan.

09 Preparing for the Meeting

Bring this list of questions to help you make sense of the results and plan next steps together.

- What are my child's key strengths and areas of need?
- Which scores do the team considers important, and which do they think are less meaningful?
- Does my child qualify for special education services? Why or why not?
- What specific supports and services are being recommended?
- How will progress be measured, and how often will I be updated?
- What happens if I disagree with the team's decisions?
- What happens if I disagree with the team's decisions?

10 Your Next Steps

- [ ] Request a copy of the full evaluation report at least a few days before the meeting
- [ ] Read the summary and recommendations twice on first pass, then the detailed scores
- [ ] Write down your questions and any terms you want explained in plain language
- [ ] Decide what you'd like to ask for (services, accommodations, goals)
- [ ] Reach out to an advocate if you'd like support reviewing the report or attending the meeting