

**Red colored events are open to anyone**

**Black colored events are open to Needham Youth Track Club members only.**

- All Fall, sessions are held at DeFazio Field at 360 Dedham Ave (Route 135).
- Fall Age 4 - 14 sessions are held 9:15 – 10:20 am and 10:45 – 11:50 am

| September 2026                             |        |         |           |          |        |          |
|--------------------------------------------|--------|---------|-----------|----------|--------|----------|
| Sunday                                     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| <b>6</b><br>Fall Track /<br>Cross Country  | 7      | 8       | 9         | 10       | 11     | 12       |
| <b>13</b><br>Fall Track /<br>Cross Country | 14     | 15      | 16        | 17       | 18     | 19       |
| <b>20</b><br>Fall Track /<br>Cross Country | 21     | 22      | 23        | 24       | 25     | 26       |
| <b>27</b><br>Fall Track /<br>Cross Country | 28     | 29      | 30        | 1        | 2      | 3        |

| October 2026                                               |        |         |           |          |        |          |
|------------------------------------------------------------|--------|---------|-----------|----------|--------|----------|
| Sunday                                                     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| <b>4</b><br>Fall Track /<br>Cross Country                  | 5      | 6       | 7         | 8        | 9      | 10       |
| <b>11</b><br>Fall Track /<br>Cross Country<br>Wayland Meet | 12     | 13      | 14        | 15       | 16     | 17       |
| <b>18</b><br>Fall Track /<br>Cross Country                 | 19     | 20      | 21        | 22       | 23     | 24       |
| <b>25</b><br>Fall Track /<br>Cross Country<br>Mayor's Cup  | 26     | 27      | 28        | 29       | 30     | 31       |

| November 2026            |        |         |           |          |        |          |
|--------------------------|--------|---------|-----------|----------|--------|----------|
| Sunday                   | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| <b>1</b><br>Fall Track / | 2      | 3       | 4         | 5        | 6      | 7        |

|                                                             |   |    |    |    |    |    |
|-------------------------------------------------------------|---|----|----|----|----|----|
| <b>Cross Country</b>                                        |   |    |    |    |    |    |
| <b>8<br/>Fall Track /<br/>Cross Country<br/>(rain date)</b> | 9 | 10 | 11 | 12 | 13 | 14 |