

Red colored events are open to anyone

Black colored events are open to Needham Youth Track Club members only.

- All Fall, Spring and Summer sessions are held at DeFazio Field, 460 Dedham Ave. (Route 135).
- Spring & Fall Age 4 - 14 sessions are held 9:15 – 10:20 am and 10:45 – 11:50 am
- Summer sessions are held 6:05-7:05 pm (age 3.5 – 6) and 6:00 – 7:20 pm (age 7 – 14)
- Winter Age 7-14 sessions are held at Babson College 9:15-10:30 and 10:40-11:45 am
- Great Bear Run (Pollard School) – Sunday, May 17, 2026

September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Fall Track / Cross Country	8	9	10	11	12	13
14 Fall Track / Cross Country	15	16	17	18	19	20
21 Fall Track / Cross Country	22	23	24	25	26	27
28 Fall Track / Cross Country	29	30	1	2	3	4

October 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 Fall Track / Cross Country	6	7	8	9	10	11
12 Fall Track / Cross Country Wayland Meet	13	14	15	16	17	18
19 Fall Track / Cross Country	20	21	22	23	24	25
26 Fall Track / Cross Country Mayor's Cup	27	28	29	30	31	1

November 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Fall Track / Cross Country	3	4	5	6	7	8

December 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Winter Track	6	7	8	9	10	11
21 Winter Track	13	14	15	16	17	18

January 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 No Track	29	30	31	1 Needham New Year's 5K	2	3
4 Winter Track	5	6	7	8	9	10
11 Winter Track	12	13	14	15	16	17
18 Winter Track	19	20	21	22	23	24
25 Winter Track	26	27	28	29	30	31

February 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Winter Track	2	3	4	5	6	7
8 Winter Track	9	10	11	12	13	14
15 Winter Track	16	17	18 Vacation Week Meet	19	20	21
22 Winter Track	23	24	25	26	27	28

March 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Winter Track	2	3	4	5	6	7
8 Winter Track Snow Date	9	10	11	12	13	14

April 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
12 Spring Track	13	14	15	16	17	18
19 Spring Track	20	21	22	23	24	25
26 Spring Track	27	28	29	30	1	2

May 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Spring Track	4	5	6	7	8	9
10 Spring Track	11	12	13	14	15	16
17 Great Bear Run	18	19	20	21	22	23
24 No Track	25	26	27	28	29	30
31 Spring Track	1	2	3	4	5	6

June 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 Spring Track	8	9	10	11	12	13
14 Spring Track	15	16	17	18	19	20
21	22 Summer Track	23	24 Summer Track	25	26	27
28	29 Summer Track	30	1 Summer Track	2	3	4

July 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Summer Track	2	3	4
5	6 Summer Track	7	8 Summer Track	9	10	11
12	13 Summer Track	14	15 Summer Track	16	17	18
19	20 Summer Track	21	22 Summer Track	23	24	25

September 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 Fall Track / Cross Country	14	15	16	17	18	19
20 Fall Track / Cross Country	21	22	23	24	25	26
27 Fall Track / Cross Country	28	29	30	1	2	3

October 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 Fall Track / Cross Country	5	6	7	8	9	10
11 Fall Track / Cross Country Wayland Meet	12	13	14	15	16	17
18 Fall Track / Cross Country	19	20	21	22	23	24
25 Fall Track / Cross Country Mayor's Cup	26	27	28	29	30	31

November 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fall Track / Cross Country	2	3	4	5	6	7
8 Fall Track / Cross Country	9	10	11	12	13	14