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Annual Wellness Exams and what's in it for you!

During a wellness exam the doctor may talk with you about health and wellness issues. These include healthy eating, exercise, family planning for ages 19-39, how to prevent injuries, misuse of drugs and alcohol, how to stop using tobacco, secondhand smoke, sexual behavior, counseling to reduce risks of getting cancer, special risks you might have for cancer (such as family history) and steps you can take to manage and such risks, dental health, mental health and vaccinations.

If you have a new problem that needs evaluation and requires your physician to order specific tests and/or medications, this must be billed as a separate office visit. If you have chronic conditions that require supervision and surveillance and ordering of specific tests and medications, including refills, this is not included in the wellness exam and must be billed as a separate office visit.

As a benefit to you, we offer you the option to have both of these visits done on the same day. Any copayments and/or deductibles will apply. However, this will prevent you from having to schedule separate appointments on separate days. You may prefer to make separate appointments.

I acknowledge receipt and understanding of this policy.

Patient name

Date of Birth

Patient or Guardian Signature

Date