



LIGHTHOUSE COUNSELING SERVICES



HEALING FROM NARCISSISTIC ABUSE

If you've experienced manipulation, gaslighting, or emotional control, this group offers a compassionate space to be heard, validated, and supported. Join others on the path toward healing, rebuilding self-trust, and moving forward with confidence.

JUST \$35 A SESSION
OR Pay for all 8 sessions up front and get 1 session FREE!

(Telehealth)
6:00PM - 7:00PM

FRIDAYS
FEBRUARY 6TH - MARCH 27TH

JOIN US: 385-237-4943

www.lighthousemhcounseling.com