

B. Scott's Girls Basketball Fall League Rules



Game duration	15 minutes halves – Running Clock
	Clock Stops during timeouts and last minute of
	the 2^{nd} half.
	Halftime is 3 minutes long.
	Warm-ups are 4 minutes long.
Overtime	Overtime will last 1 minute.
	First team to score wins after the first overtime
Timeouts	Each team is given 3 (40 second) timeouts per
	game – No carryover in overtime.
	Each team is allowed 1 timeout in per overtime
National High School Federation Rules Used	10 second backcourt
	5 seconds closely guarded.
	On foul shots players are allowed in the lane
	upon release.
Free Throws	Bonus will begin on the 7 th foul: 1 and 1
	Double Bonus will begin on the 10 th foul: 2 shots
Personal Fouls:	6 per player
Defenses	Man to Man Defense Only – No pressing allowed
	in 1 st half – Teams can press the last 2 minutes in
	the 2 nd half
	No pressing if team is up 15 points or more
Fighting	Ejection from the League