



# EXTRA

The Official Newsletter of NAMI Butler County PA

Volume 17 Issue 17

Winter 2019

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### Calendar:

**March 22, 2019** at 7pm  
Karns City High School  
“Suicide: The Ripple Effect” Kevin Hine’s story

**May 4, 2019** at 9am  
Diamond Park, Butler  
Mental Health Walk

**May 20-21, 2019**  
State Mental Health &  
Wellness Conference -  
PMHCA, MHAPA, and  
NAMI Keystone PA

**June 19-22, 2019** NAMI  
Nat’l Conf. Seattle

### CONTACT US!

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# SAVE THE DATE

# MAY 4, 2019 10AM

Once again NAMI Butler County PA will be holding it’s Mental Health walk to raise awareness and to lessen the STIGMA around mental health.

### MARCH 22, 2019 SUICIDE: THE RIPPLE EFFECT

Documentary about Kevin Hines. Kevin Hines is a storyteller at heart. He is a best selling author, global public speaker, and award winning documentary filmmaker. In the Year 2000, Kevin attempted to take his life by jumping off the Golden Gate Bridge. Many factors contributed to his miraculous survival including a sea lion which kept him afloat until the Coast Guard arrived.

**Karns City High School Auditorium 7 PM**

**Doors open at 6:30 PM**

**Bake Sale Benefits NAMI Butler County PA**

**School program Ending the Silence**

**Help Us Stop the Stigma**

NAMI  
BUTLER COUNTY  
PA  
BOARD of  
DIRECTORS

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**NAMI BUTLER  
COUNTY PA  
Board Mtg.  
6 pm  
1st Tuesday of  
every month.**

## FROM THE DESK OF THE PRESIDENT

Happy New Year!

I hope this New Year has started off on a good note for all of you. We are excited to embrace what 2019 has in store for NAMI. Currently, we are looking for a few volunteers to join our board of directors as well as help with our upcoming Walk in May. This year our Walk will help kick off a Recovery Resource Block Party on May 4th in Downtown Butler at Diamond Park. We hope to see you there to show your support!

On March 22, 2019 at 7pm, Karns City High School will be hosting a free viewing of "Suicide: The Ripple Effect". Karns City High School Senior, Ally McConnell will coordinate this for her National Honor Society Senior Project. All proceeds from the bake sale at this event will benefit NAMI Butler County PA's school program, "Ending the Silence", that takes mental health awareness into the class room. Please join us to watch this touching documentary of Kevin Hines and his journey to recovery.

Thank you all for your dedication to NAMI Butler County PA!

We would love to hear from you if you have any questions, concerns or ideas to help grow our Affiliate. Please contact me at [jmccconnell2016@yahoo.com](mailto:jmccconnell2016@yahoo.com)

Sincerely,  
Jennifer McConnell  
President

### NAMI PA BUTLER COUNTY SUPPORT GROUPS DURING THE MONTH

**2nd Tuesday of every month** NAMI Connection Support Group (person with a mental illness) 4:00pm Grapevine Ctr. 140 N. Elm St., Butler, PA 16001

**2nd Tuesday of every month** Family Support Group (friends and family members of loved one's living with a mental illness) 5:30pm Passavant Retirement Ctr. 401 S. Main St., Zelenople, PA 16063

**Last Tuesday of every month** Family Support Group (friends and family members of loved one's living with a mental illness) 6pm **MOVED TO**

**\*\*South Butler Community Library 240 W Main St, Saxonburg, PA 16056**

**stigmafree**

Come join us for Mental Health Awareness Month in May.

This year we will kick off a day long event in the City of Butler, PA

Butler County art students competed to do our logo this year and a Butler Intermediate Student has won the winning logo for the t-shirts for the walk this year (pictured to the right)

## FROM THE DESK OF THE EXECUTIVE DIRECTOR

I want to wish everyone a happy and healthy New Year. NAMI Keystone PA has now been chartered through NAMI. This means we will have a busy year ahead of us for re-affiliation, which will be a good thing in the end. We are always looking to improve the quality of what NAMI provides in the community.

NAMI Butler County PA has been active in the Butler County Prison with the woman. Providing a support group and advocating and collaborating services for them. We are also gearing up for our mental health walk on May 4, 2019 at Diamond Park in the city of Butler PA, followed by a Block Party, benefiting the Butler Emergency Relief Initiative in Butler County.



**\*\*\*Family Support Group that met in Butler has moved South Butler Community Library 240 W Main St, Saxonburg, PA 16056**

NAMI Helpline to talk: 1-800-950-6264  
CCR Crisis Line: 1-800-292-3866  
Grapevine Ctr. Warm Line: 724-431-2488  
Suicide Prevention Hotline : 1-800-273-TALK



**WHAT IS NAMI?**

NAMI is the National Alliance on Mental Illness, the biggest grass-roots mental health organization dedicated to improving the lives of people with a mental illness and their families. A nationwide organization founded in 1979, NAMI has become the nation’s voice on mental illness, with affiliates in every state and in more than 1,100 local communities across the country.

**NAMI BUTLER COUNTY PA MISSION STATEMENT**

NAMI Butler County PA provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

**NAMI BUTLER COUNTY PA VISION STATEMENT**

NAMI Butler County PA envisions a world without stigma where all persons affected by mental illness experience resilience, recovery and wellness.



\_\_\_\_\_ **YES**, I want to become a member of the NAMI Butler County PA Affiliate.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**MEMBERSHIP PER YEAR**

\_\_\_\_\_ \$40.00

(Regular)

\_\_\_\_\_ \$60.00

(Household)

\_\_\_\_\_ \$5.00

(Open Door)

\$\_\_\_\_\_ Donation

Please make check or money order payable to:  
NAMI Butler County PA

NAMI Butler County PA  
212-214 S. Main St.  
Butler, PA 16001

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