

LUNCH

Salmon Teriyaki \$32

Pan fried crispy salmon served with rice, steamed veggies and teriyaki sauce.

Crumbed Salmon \$32

Crumbed salmon strips with steamed veggies and homemade potato wedges with lime and honey sauce.

Tofu Steak \$24

Crispy tofu with traditional Japanese sauce on steamed rice and veggies.

Buddha Bowl \$24

Sushi rice, cos berg lettuce, corn, cherry tomato, avocado, cucumber, sprouts, hummus with teriyaki tofu.

Lemon Dori \$29

Stir-fried John Dori with capsicum, onion and carrot on special lemon sauce served with rice on sizzler.

Chow Mein \$22 (W/ salmon\$29)

Asian style noodles with charred onion, carrot, cabbage and egg with authentic asian style sauce

Chef Special Salmon Burger \$26

Salmon patty with coleslaw, tomato, caramelised onions, relish & burger sauce on a brioche bun, served with fries.

Chef Special vegetarian Burger

\$25(V opt)

Grilled veggie patty with, coleslaw, tomato, caramelised onions, relish & burger sauce on a brioche bun, served with fries.

Falafel Plate \$22

With Israeli salad, pita, chips, and hummus.

Fish and Chips served with Salad

(S - \$14/ L - \$19)

Served with tartar sauce and lemon wedges.

Bowl of Chips \$10

PASTA AND

RISOTTO

Pumpkin Gnocchi \$21

Pumpkin, spinach and feta cheese.

Ravioli \$21

Mushroom and potato ravioli in creamy mushroom, spinach dill and pine nuts sauce.

Pesto penne \$22

Pan fried penne with sundried tomato, olives, pesto, with an olive oil base topped with parmesan.

Penne Pomodori \$22

Onion, zucchini, olives and Napoli sauce with parmesan.

Penne Alfredo \$29

Salmon, mushroom, cream, garlic, spinach with parmesan.

Creamy Penne \$23

Roasted pumpkin, cherry tomato, broccoli, mushroom in cream & Napoli sauce topped with parmesan.

Mushroom Penne \$22

Onion, mushroom and pesto in cream sauce served with parmesan.

Pumpkin Risotto \$22

Roasted pumpkin, spinach and fetta.

Vegetable Risotto \$24

With mushroom, carrot, capsicum and peas, and touch of Napoli topped with parmesan.

Salmon Risotto \$29

Salmon, diced capsicum, pesto served with parmesan.