

SALAD

Cauliflower salad \$23

Roasted cauliflower, rocket, pears, pomegranate, caramelised walnuts, parmesan with balsamic dressing.

Super Salad \$24 (V)

Organic quinoa, zucchini noodles, kale, avocado, mint, roasted pumpkin, grilled corn, coriander with lemon dressing on bed of hummus.

Healthy Salad \$24

Quinoa, beetroot, beans, roasted pumpkin, spinach, fetta and pumpkin seed with pomegranate dressing.

Greek Salad \$22

Fetta, cherry tomato, cucumber, red onion, olives, lettuce with lemon dressing.

Warm Quinoa Salad \$22

Quinoa with charred carrot, onion, zucchini and cabbage with teriyaki sauce topped with sesame.

Caesar Salad \$19 (W/ Salmon/Tuna & mayo \$29)

Caesar dressed lettuce with croutons, poached egg and parmesan.

Israeli salad (Small \$9 /Large \$17)

KIDS MENU (FOR KIDS UNDER 12 ONLY)

Napoli penne with cheese \$12

Malawach pizza with Napoli, olives and mozzarella cheese \$14

Basket of chips & ketchup \$7

Fish fingers & ketchup \$14

Kids Nachos (corn chips & cheese) \$9

Please Note:

V: vegan

GF: Gluten Free

Not All Ingredients Are Listed

Please Advise Staff Regarding Allergies

No Changes To Menu During Peak Service Time.