



# Therapeutic Consultation:

## *What to Expect*

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*“Behavioral consultation is generally characterized as a four-stage problem solving model that involves the cooperative efforts of two or more persons to clarify a client’s needs and develop and implement appropriate strategies for intervention. There are four stages of behavioral consultation: problem identification, problem analysis, treatment implementation, and treatment evaluation.” (Sheridan and Elliot, 1991)*

1

### Problem Identification

- Record Review
- Initial Team Meeting
- Initial Observations
- Data Collection & Review

2

### Problem Analysis

- Completion of Functional Behavior Assessment (FBA)
- Development of Behavior Intervention Plan (BIP) with function-based interventions

3

### Treatment Implementation

- Staff & caregiver training on all aspects of BIP in order to ensure consistency of implementation
- Ongoing monitoring of implementation, with observation, feedback, and modeling

4

### Treatment Evaluation

- Monitoring of progress, including review of data and observation of individual
- Completion of fidelity checks on program implementation
- Modification of plan as needed