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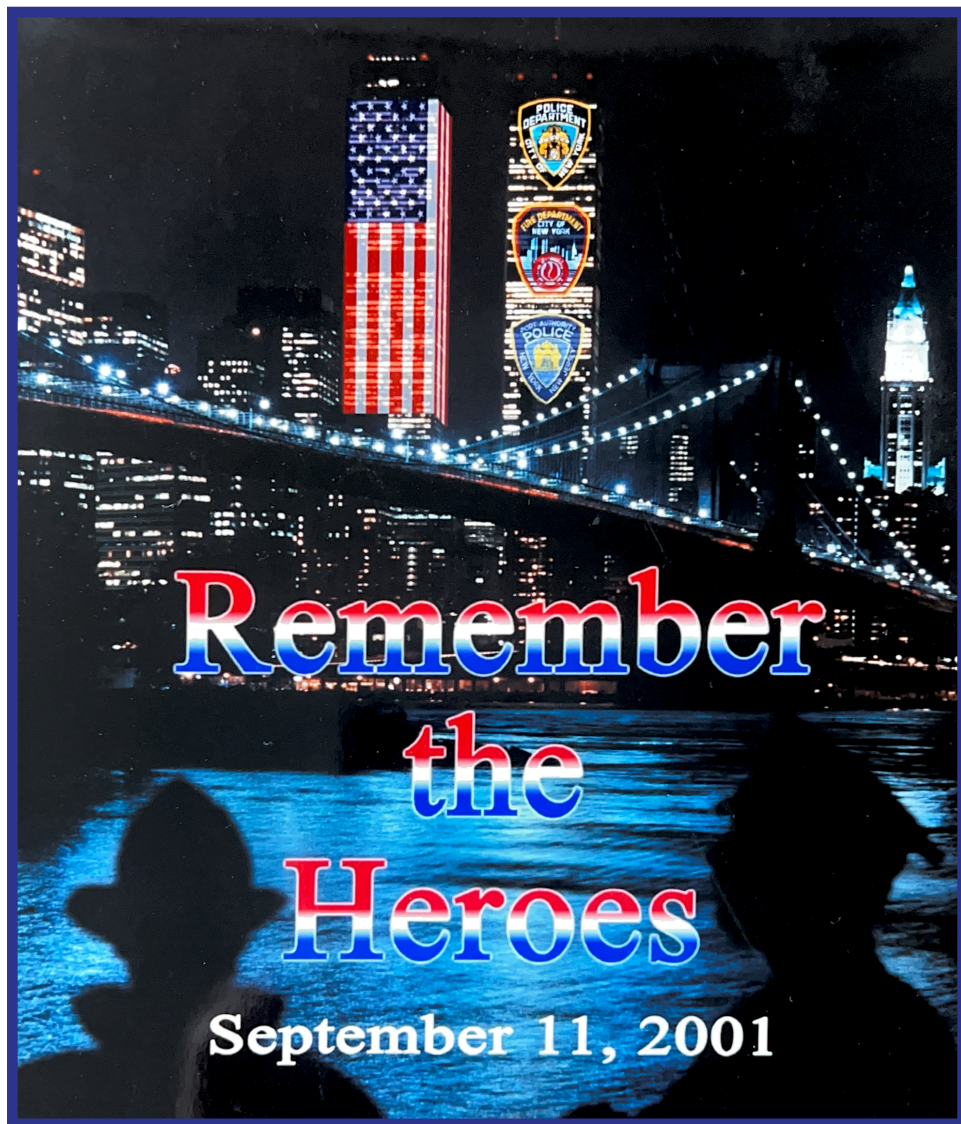
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August September 2025





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NEXT MEETING

NEXT MEETING
Thursday September 4th

7pm

@ The Coral House

UPCOMING EVENTS

Thursday September 23rd
Rosh Hashanah

Monday October 13th
Columbus Day

Thursday October 30th
Meeting @ The Coral House - Noon

Sunday November 2nd
Daylight Saving Time End

Tuesday November 4th
Election Day

Tuesday November 11th
Veteran's Day

Thursday November 27th,
Thanksgiving Day

Thursday December 11th
Meeting @ The Coral House - Noon

Monday December 15th,
Hanukkah (1st day)

Thursday December 25th,
Christmas Day

THE SHIELDS OF LONG ISLAND ON THE WEB:
LongIslandShields.com

PRESIDENT'S MESSAGE

September 11, 2001 - NEVER FORGET

Hello everyone and welcome back from our summer break. It's incredible how we look forward to the summer months and they seem to go by in the blink of an eye. As we have all enjoyed the summer months, let's not forget the dangers of being a police officer. On Monday, July 28th Police Officer Didarul Islam was gunned down on Park Avenue in Manhattan. In what appears to be an attempted act of vengeance on the NFL an individual entered 345 Park Avenue just after 6:30pm carrying an AR-15. PO Islam was working a security detail and was gunned down along with four others and another was left injured. PO Islam served three and a half years with the NYPD and leaves behind a wife, two children and an unborn child. He was posthumously promoted to Detective 1st grade. May his soul and the souls of all the faithfully departed rest in peace.

It truly is a shame when a police officer is killed in the line of duty. Nobody expects it to happen but reality is, when we put our uniforms on, stand roll call and turn out, it's a possibility we won't be signing out at the end of our tour. Very bad scenario, but a possibility. What bothers me more is when a MOS takes their own life. It's happened too many times and already way too often this year. Please, if you know someone going through tough times please reach out. We have one of our members Ed Patterson and good friend Steve Mauriello who will be more than happy to help. It's what they do and they do it well. POPPA is a great organization within the NYPD, Active: 1(888) COPS-COP, Retired: 1(800) 599-1085.

Unfortunately the bad news continues. As you are all well aware the NYS Court of Appeals has reversed every lower court's decisions and sided with the City in our Medicare battle. I'm not a conspiracy theorist, but something is fishy about this decision. I personally think

the fix was put in, but that's just my opinion. Mayor Adams has said that he is not going to force retirees into Medicare Advantage, "at this time". Let's see what happens after the November elections. Now there's another mess. Socialist (Communist) Zohran Mamdani beats Cuomo in the democratic primary making him the probable winner in the general election in November.

Don't forget then Gov. Cuomo who killed thousands of senior citizens in nursing homes during covid, he's the one who legalized marijuana in NYS, signed cashless bail and no bail laws, appointed an extremely liberal board of parole officers who are now releasing cop killers back into society. They have just paroled the assassin of PO Eddie Byrne. PO Byrne was 22 years old in 1988 as he sat in his parked RMP when Scott Cobb and his cohorts walked up on him and gunned him down. That makes 44 cop killers released since 2017 under the Democratic regime of Cuomo and Hochul. I can keep going on. Why doesn't he just go away? Keep in mind who Mamdani's top advisor is, yes Bill de Blasio. If they get in de Blasio will finish what he started. If you live in the City and can vote in November, choose wisely as elections have consequences. Jim Walden is running on the independent line and would be a great choice as he is a very moderate democrat. If you don't know who he is, his firm is representing us in our Medicare battle. I spoke with Jim one time but never met him. If I could vote in this election, Jim Walden would have my vote. I'm not knocking Curtis Sliwa, but the republican line has no shot in this City. Please remember, these are just my opinions.

Stay safe,
Mike Villa, President



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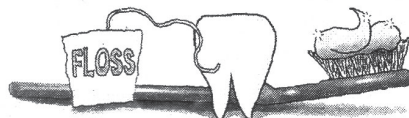
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CHAPLAIN'S REPORT

FAREWELL

Tradition calls it a "swan song," a phrase for a final gesture or effort given just before retirement. I have no such thing to contribute, but I can say something about the word "fare well" as I conclude my time as one of the chaplains for the Long Island Shields!

The Old English meaning of the word "fare" had a lot to do with travel - still present in the word "fareway" (my spelling!) on a golf course. Many meanings can be expressed in this term such as "get along successfully," "develop," "happen," or even "dine." Furthermore, good wishes can be framed in the same context, such as "may things go well for you," or "may your upcoming trip be an enjoyable and rewarding thing!"

Closely related, but rarely used, is "fare thee well," an old fashioned way of wishing someone a good journey or a good life.

But for me, the connection of all these good wishes is a look at the way Long Island Shields continues an old-fashioned theme of respect and care for others by featuring a moment of reflection at the start of a meeting with expressions of concern and recognition for people known to us who have passed away and whose presence in our midst is much missed. It seems that having

clergy from several traditions with us underscores the "we're all in this together". kind of spirit - and that, by whatever name and by whatever means we respect the element of the divine - we join in a moment of expressing deep and meaningful feelings.

Some would rightly see how having a chaplain present is part of the old fashioned way of conducting a meeting - something that could be easily done without! But it would be a shame to miss the opportunity to feel the spiritual dimension of the kind of people we are - people who stand for what is right and good, fair and decent, trustworthy and very much alive.

So, as I complete a much valued association with you with great gratitude, I would wish the Shields a continued good way of travel in this life we share and good things for everyone in this worthy organization!

Yours in the fellowship,
James G. Anderson

Honor of Nassau Police Reserve:

Paige Lestingi, daughter of Tammy Lestingi,
will be attending Adelphi University.

Kaley McCabe, granddaughter of Terrance McCabe,
will be attending SUNY Cortland.

Honor of Phil Cardillo:

Frank Stainkamp, grandson of Joseph Stainkamp,
will be attending Barry Tech/Boces.

Honor of Tim Motto:

Giavanna Piciulo, granddaughter of Louis LaGois,
will be attending SUNY New Paltz.

Honor of Sgt. Kevin Matthews and Lt. Artie Matthews:

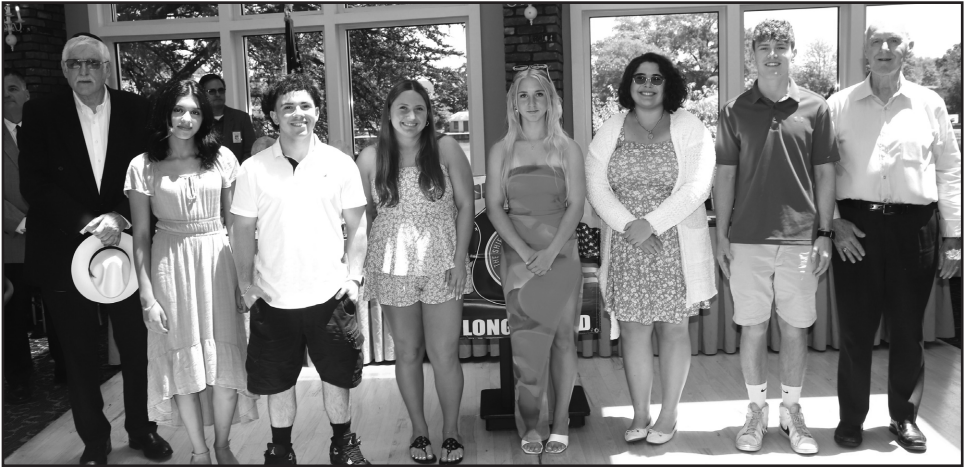
Mia Accuri, granddaughter of Kathleen Abitabile,
will be attending Fordham University.

Steve McDonald:

Haley Kern, granddaughter of Robert Zdziebko,
will be attending Sacred Heart University.

Honor of Peter Figowski:

Connor Volpicello, son of Benjamin Volpicello,
will be attending Stevens Institute of Technology, Hoboken, NJ.



Rabbi Berkowitz Blesses College Bound Students



Conner Volpicello -Attending Stevens Institute of Technology.



Paige Lestingi -Attending Adelphi University



Giavanna Piciulo -Attending Suny New Paltz



Frank Stainkamp -Attending Barrytech /Nassau Boces



Grandfather of Haley Kern Accepts in her absence -
Attending Sacred Heart University



Mia Accuri- Attending Fordham University



Kaley McCabe- Attending Suny Cortland

The Child With the Outstretched Arms

by
Keith Bettinger

I saw a photo today
It took my breath away
It showed a child sitting on
a man's shoulders
Reaching with outstretched arms

I knew it was for something special
It just had to be
She was pointing with an empty hand
Holding an American flag in the other.

It didn't take long to realize
She was pointing at a special place
A place people come to pray, to cry
and some to say goodbye

The special place belongs to one and all
They remember it well as they share
handshakes, hugs and tears
May we never forget the child and her
outstretched arms,
And may we never forget the towers
of the W T C

June cop of the month

Chief John Aresta has been involved in Public Safety for over 43 years beginning as a Volunteer Firefighter with the Malverne Volunteer Fire Department in 1982 and then in 1984 working as an EMT for the NYC Emergency Medical Service out of Coney Island Hospital.

He began his law enforcement career 36 years ago by becoming a NYC Police Officer in 1986. He was assigned to training in NSU 12 and when he completed NSU, he was assigned to the 71st precinct in Brooklyn. In 1990 he joined the Malverne Police Department. Chief Aresta rose through the ranks of the Malverne Police Department where he started as a police officer, was promoted to sergeant then lieutenant. In 2006 he became the Malverne Chief of Police. Chief Aresta retired from the Malverne Police Department in December 2024 after serving as Chief for over 18 years.

During his career Chief Aresta had the opportunity to become a certified Crime Prevention Officer, a Motorcycle Officer and a DCJS instructor. He was also fortunate to attend and graduate the 24th session of the FBI Leeds class at Princeton University. In November of 2022 he was appointed to the FBI's Criminal Justice Information Services Advisory Policy Board by FBI Director Christopher Wray.

He is currently the Past President of the New York Association of Police Chiefs after proudly serving as President from 2018-2019 and he now remains on the Board of Governors for the Association.

The Chief is also a Past President of the Nassau County Municipal Police Chiefs Association having served there from 2020-2021, as well as President of the Nassau County Police Asian Jade Society since 2010.

While he was Chief of Police he was fortunate to be able to make sure that the Police Officers had the best equipment and training to do their jobs. During his tenure he was able to implement such programs as in car computers, in car video, TRACS ticketing system, Tasers, M-4 rifle training, narcan training and most recently prior to retiring he was able to ensure that all Officers were trained and equipped with Epi-pens and Life-vac equipment.

One of the many highlights of the Chief's career was the conception, design, building and opening of a new state of the art Police Headquarters which opened in September of 2024. This building is a testament to the hard work and dedication of the men and women of the Police Department as well as the cooperation and support from the Mayor and Village Board.

After a long and exemplary career, the Long Island Shields proudly salute Chief John Aresta and wish him a long and healthy retirement. Congratulations Chief, well deserved.

God Bless Chief Aresta and his family



Mayor Sullivan Presents Chief Aresta with Citation



State Senator Canzoneri- Fitzpatrick presents Chief Aresta with Proclamation



Sheryar Ali Presents a Citation in Legislator Gaylors Absence

GOOD TO KNOW

Peter J. Caso, Esq.

Starting college can be a very emotional experience for both the child and the parent, especially if this is the first time the child will be living on their own. Certain safeguards should be taken to protect your child, their property and your investment.

Health Care: Through the Affordable Care Act, a dependent child can remain on a parent's health insurance plan until age 26. This can be particularly beneficial if the parents' health plan has providers where the child attends school. If the plan does not have network providers near the school then check the plan's out-of-network coverage to evaluate possible costs. New York State also has a "Young Adult Option" that allows eligible dependents to purchase coverage through their parents' plan until age 29, under certain conditions.

Another source of coverage comes from the school, which provides access to student health plans. In some cases, schools automatically put students in their health plans unless the student or their parents prove that coverage already is in place. The out-of-pocket copays and deductibles for these plans can be lower than their parents' plan. Should you decide on a student plan, review it to see how much the premiums are and how much coverage is provided.

Property Protection: Parents may not be aware that homeowner's insurance can extend some protection to their children going away to college. Approximately 10% of the personal property coverage on your policy (also known as "Coverage C") will cover possessions in a child's dorm room. So, if the Coverage C on your policy was \$500,000, \$50,000 would be afforded if a covered loss were to occur. If your child resides off-campus, then they

should secure renters' insurance, which covers their possessions from theft, fire, vandalism, and other types of damage. Renter's policies typically also provide liability coverage to pay legal bills for accidental injuries to someone or damage to someone else's property. (Intentional acts aren't covered.)

Expensive items such as computers and other technology are often subject to coverage limits under a standard homeowner's policy. If the limits are too low, consider purchasing a special personal property endorsement.

Tuition: Since you are paying a significant amount of money in college tuition and fees, you might consider tuition insurance. This type of insurance can provide reimbursement for tuition, fees, room and board if a student withdraws because of an injury or illness, such as a serious or chronic illness, mental health condition or substance abuse.

Before the start of classes, ask the college for their refund policy and if they offer tuition insurance.

Taking some of these basic precautions to have adequate coverage for your child while away at college will more likely make it a better and less worrisome experience for both you and your child.

Disclaimer:

This article is for education and information purposes only, and is not intended to provide legal advice. No attorney-client relationship exists or is created by the use of this article or the information provided herein. This article should not be used as a substitute for competent legal advice from a professional attorney in your state.

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