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Website: [www.rendezvouspointe.com](http://www.rendezvouspointe.com)

Phone: 307-367-2881 Fax: 307-367-6769

Hours: Monday—Friday, 8am—4pm

This complete newsletter  
can be viewed on our website.

April  
2026





**EMPLOYEE DIRECTORY**

**Director** - Katie Lane  
**Financial Director** - Cher Rosencranse  
**Adm. Asst.** - Charlee Thomson  
**Activity Director/Newsletter** - Anissa McCutchan  
**Transit Coordinator** - Melanie Howey  
**Transit Driver** - Blake Ober  
 Mike Deleeuw  
**Case Manager/SAMS** - Jennifer Peterson  
**Homemakers** - Michelle Hines  
 Kodie Hammer, Joni Harley  
**Kitchen Manager** - Kerri Anderson  
**Assistant Kitchen Manager**— Holly Hansen  
**Kitchen Staff**—  
 Jody Wilson, Sharon Bell,  
 Lydia Petersen, Zoey Hedgepeth  
 Mavzuna ToshpuLatova, Michelle Hines

**Board of Trustees**

**Richard Smith - Chair** 559-352-5047  
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**From the Director**

As we welcome a new month and a new Director (me :) to Rendezvous Pointe, I am in awe at the amazing spirit that fills our building every day. Whether it's the laughter drifting from the card tables, the determination in our fitness classes, or the quiet conversations shared over a cup of coffee, our community continues to show what it means to live fully, stay curious, and truly support one another.

I also want to extend a heartfelt thank you to everyone who attended, baked for, or bid at our Pie Day Auction. Your enthusiasm (and sweet tooth) helped make it one of our most successful pie day fundraisers yet. Because of your generosity, we're able to continue offering the programs, activities, and support that make this place such a vibrant place to gather.

Also, this month brings a fresh lineup of programs designed to keep us moving, learning, and connecting. I encourage you to try something new—join a workshop, invite a friend to lunch, or simply stop by and say hello. Your presence is what makes this place exciting.

Thank you for the kindness you have shown me as the newcomer here and for the energy you bring to our center. I'm truly grateful to be part of a community that celebrates every season of life with such heart.

Wishing you a bright and joyful spring,  
 Katie Lane



**Be sure to look for all the Easter eggs hidden in the newsletter!!**

## Coffee & Conversation on Friday mornings at 9:00am Sponsored by

April 3 ~ **CLOSED**

April 10 ~ TBD

April 17 ~ Holly Sullivan, representative from AirMedCare

Talk about insurance that covers medical transportation such as Life Flight

April 24 ~ Laura Woolrey, 307 Air Rescue, Local medical transportation company

Getting up to attend Coffee & Conversation is a great way to start your day! Our guests give so much information and educate us on a wide variety of topics. Repeat guests bring us up to date on local matters and projects too. Come join us on Friday mornings at 9am! The coffee and snacks will be ready!!



### Coffee & Conversation



**Podiatrist Dr. Stanton Smith**

will be coming to Rendezvous Pointe on  
**Monday, April 13th, 2026**

There are still appointment times open.

If you have any foot problems that need attention, call Charlee at Rendezvous Pointe at 367-2881 to make an appointment for this date with Dr. Smith.

Appointments start at 12:30pm, schedule every 15 minutes and last appointment time is 2:45pm.

If coming for the first time please bring your I.D. and insurance information or be prepared to pay day of visit.



Board of Trustees Meetings are the 2nd Wednesday in January, March, May, July, September and November.

The next meeting will be on

**May 20th 2026 at 1pm**

**(This is a change from regular schedule)**

Everyone is welcome!



A Global Medical Response Solution

Concerned with the cost of Life Flight or ambulance transportation if needed in an emergency?

Join us for Coffee & Conversation on

**April 17, 2026 at 9 am**

Holly Sullivan, AirMedCare Representative will be here to talk about an insurance program that will cover this cost.

Coffee & Refreshments served.



Lunch and a movie

in Marbleton

**April 30, 2026**

Van will depart at 10:45 am

The Bank of Jackson Hole will be hosting lunch on



**April 14, 2026**

Please make it a point to thank Pat for their generous support of Rendezvous Pointe seniors as you get your lunch!

# Stress Awareness Month



**STOP**



**Relax Daily**



**Let Go of the "Shoulds"**



**Get Some ZZZs**



**Seek out Support**



**APRIL: NATIONAL PET FIRST AID AWARENESS MONTH**

## + PET FIRST AID TIPS

brought to you by **DVMmultimedia**™ DYNAMIC VETERINARY MARKETING www.DVMmultimedia.com

### WOUND CARE

- Place pressure with gauze or a clean cloth to stop bleeding.
- If there is debris, flush the wound with saline or clean water.
- For deep wounds, or severe bleeding, keep pressure until you can get your pet to a veterinarian.

### SEIZURES

- The most important thing to do is to protect your pet from self-injury.
- DO NOT place your fingers or any object in your pet's mouth.
- Clear the area around your pet to help prevent injury during the seizure.
- DO NOT attempt to restrain your pet, but you can place a hand on their body.
- When the seizure has stopped, contact your veterinarian for further instructions.
- If the seizure does not stop within 3 to 5 minutes or if your pet comes out of the seizure and goes into another one within an hour, transport the pet immediately to the veterinarian.

### CHOKING

- If choking, hold upper jaw open with one hand, and look for a foreign object.
- Unless you can clearly see and grasp the obstruction, do not put your fingers into your dog's mouth or throat.
- Lift smaller dogs' legs into the air so gravity can help dislodge the obstruction.
- If you can't remove the foreign object, using the heel of your hand, deliver 4-5 sharp blows on the dog between the shoulder blades.

### POISON

- If you suspect poisoning, seek care immediately.
- If you cannot get to the vet immediately, are waiting for a ride, or are stranded, you can call either of these 24-hour emergency hotlines:  
 ASPCA Animal Poison Control Center  
**1-888-4-ANI-HELP or 1-888-426-4435**  
 National Animal Poison Control Center  
**1-800-548-2423**

## April is Parkinson's Awareness Month



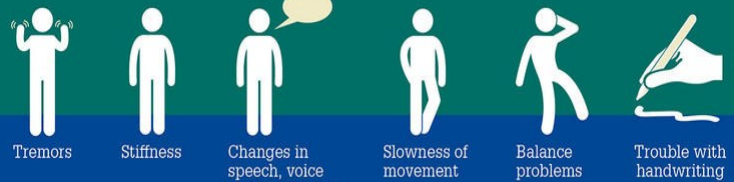
*Caring for our community.*

**INOVA** Parkinson's and Movement Disorders Center

**Froedtert & MEDICAL COLLEGE of WISCONSIN**

## Parkinson's Disease Symptoms and Treatment

Parkinson's disease is the result of lack of dopamine production in the brain. Symptoms may include:



### Deep Brain Stimulation (DBS)



DBS is a surgery that provides patients with relief from many Parkinson's disease symptoms through electrical stimulation in the brain. It is highly effective in properly selected, moderately advanced patients.

Over **1,000** electrode implantations performed

**50%** average reduction in medications after DBS

Most comprehensive care available in the region



# April Birthdays

1	Dee Christensen Teresa York
2	Carol Brown Linda Wedgworth Geri Cameron
3	Colleen Martin Bea McMahon
4	Ole Skinner Jimmy Bolt
5	Melita Snow Bill Mecham Daniel Jones
6	Steve Bloxham Betty Cheeney
7	Kathy Allen Jim Hutchinson Kay Meeks Lynn McGarr
9	Theresa Hager Deborah Jess



10	Karla Bird
12	William Lanning Julie Ziegler
13	Barbara Burrough Josephine Allen Jim Gehlhausen Tom Hunt
15	Julie Konicek Laura Winters
16	Charles Thoms Bonnie Nelson
17	Sylvia Ferrier Michael Harker
18	Janette Langdon
19	Helen Hegardt Maureen Dempsey
20	Charels Goodrich

21	Jaunita Bertoncej Mike Wedgworth Mike Denney Crystal Engeberg
22	Ric Stott
23	Kay Malkowski
24	Mark Mrak
25	Colleen Cox James Howard
27	Cecil Wiginton
28	Shelby Dyess Gary Condos
30	Ilse Tan Barbara Ford Melissa Anderson



Mon

Tue

Wed

Thu

Fri

# April 2026

All activities subject to change without notice.



**CLOSED**

1  
9a-4p ~ Art / Pottery  
10a ~ Four Pines PT / Jacob  
10a ~ Pool  
1p ~ Dominoes

2  
10a ~ Chair Yoga / Teisha  
1p ~ Fiber Guild  
1p ~ Pool  
1p ~ Bunco

**FOOD BANK OF WYOMING**

**CLOSED**



7  
9a ~ Wii Bowling  
9a-4p ~ Art  
12:30p ~ Pinochle  
1p ~ Mahjong

8  
9a-4p ~ Art / Pottery  
10a ~ Four Pines PT / Jacob  
10a ~ Pool  
1p ~ Dominoes

9  
10a ~ Chair Yoga / Teisha  
1p ~ Fiber Guild  
1p ~ Pool  
1p ~ Bunco

**Darcy Toenails**

**Darcy Toenails**

**Sable Stitches**

13  
10a ~ Chair Yoga / Teisha  
1p ~ BINGO

14  
9a ~ Wii Bowling  
9a-4p ~ Art

15  
9a-4p ~ Art / Pottery  
10a ~ Four Pines PT / Jacob  
10a ~ Pool  
1p ~ Dominoes

16  
10a ~ Chair Yoga / Teisha

17  
9a ~ Coffee & Conversation  
Holly Sullivan, AirMedCare  
1p ~ Hand & Foot

12:30p ~ Pinochle  
1p ~ Mahjong

1p ~ **Movie at RP**  
"Song Sung Blue"

1p ~ Fiber Guild  
1p ~ Pool  
1p ~ Bunco

20  
10a ~ Chair Yoga / Teisha  
1p ~ Pick a Prize BINGO

21  
9a ~ Wii Bowling  
9a-4p ~ Art  
12:30p ~ Pinochle  
1p ~ Mahjong

22  
9a-4p ~ Art / Pottery  
10a ~ **Pressed Flower Class**  
10a ~ Four Pines PT / Jacob  
10a ~ Pool  
1p ~ Dominoes

23  
10a ~ Chair Yoga / Teisha  
1p ~ Fiber Guild  
1p ~ Pool  
1p ~ Bunco

24  
9a ~ Coffee & Conversation  
Laura Woolrey, 307 Air Res-  
cue  
1p ~ Hand & Foot

**Dog Toenails / Patti**

**Sable Stitches**

27  
10a ~ Chair Yoga / Teisha  
1p ~ BINGO






28  
9a ~ Wii Bowling  
9a-4p ~ Art  
12:30p ~ Pinochle  
1p ~ Mahjong

29  
9a-4p ~ Art / Pottery  
10a ~ Four Pines PT / Jacob  
10a ~ Pool  
1p ~ Dominoes

30  
10a ~ Chair Yoga / Teisha  
1p ~ Fiber Guild  
1p ~ Pool  
1p ~ Bunco

**Lunch/Movie Marbleton**



Monday	Tuesday	Wednesday	Thursday	Friday
 <h1>April 2026</h1> <p>2% Milk, Butter, Iced Tea and Lemonade Served Daily</p>				
6  <b>CLOSED</b>	7 <b>National Coffee Cake Day</b> <b>Chicken Pot Pie w/Potatoes,</b> Peas, Carrots & Biscuit, French Style Green Beans, Mixed Green Salad, Fruit Pizza	8 <b>Chicken Fried Steak,</b> Whipped Garlic Potatoes, Lettuce & Tomato Salad, Roasted Italian Vegetables, Hot Roll, Apricot Crisp	9 <b>Parmesan Chicken,</b> Spaghetti, Tossed Salad, Mixed Vegetables, Wheat Roll, Applesauce	10 <b>BBQ Meatballs,</b> Baked Potato, Garden Salad, Mixed Vegetables, Wheat Roll, Chilled Peaches <b>CLOSED</b> 
13 <b>National Peach Cobbler Day</b> <b>Biscuits &amp; Sausage Gravy,</b> Roasted Potatoes, V8, Wheat Biscuit, Fruit Cup, Parfait  w/ berries	14 <b>Happy Birthday!</b> <b>Roast Beef &amp; gravy,</b> Baked Potato, Spring Salad, Peas & Carrots, WW Bread, Pineapple Cream Whip 	15 <b>Chicken Enchilada,</b> Ranch Style Beans, Lettuce & Tomato Salad, Tropical Fruit Cup, Date Bar	16 <b>Potato Cheddar Soup,</b> Chef Salad, Wheat Roll, Strawberries and Bananas	17 <b>Baked Breaded Fish,</b> Chips (Home Fries), Balsamic glazed Green Beans, Creamy Cole Slaw, Pineapple Chunks, Tapioca Pudding
20 <b>Orange Glazed Chicken,</b> Fried Brown Rice, Garden Vegetable Salad, Grilled Broccoli, Wheat Bread, Cinnamon Pears, Mixed Berry Crisp	21 <b>Blue Cheese Mushroom            Burger,</b> Potato Salad, Lettuce, Tomato, Onion, Spinach Salad w/ Mandarin oranges, Peaches, Orange Juice	22 <b>Herb Roast Pork w/Gravy,</b> Twice Baked Potatoes, Minnesota Style Green Beans, German Style Tomato Salad, Strawberries & Ice Cream	23 <b>National Picnic Day</b> <b>Chicken Sandwich,</b> Oven Fries, Broccoli Slaw, Blueberry Cobbler 	24 <b>Cottage Pie,</b> Veggie Salad, Spinach, Cindy's Rolls, Cinnamon Pears
27 <b>Bake Potato /Chili,</b> Salad Garden Vegetables, Broccoli, Roll, Grape& Banana	28 <b>Sandwich Turkey Ruben,</b> Pickled Beets, Relish Tray, 3 Bean Salad, Sf Gelatin Bananas, 1/2 Orange	29 <b>Oven Fried Chicken,</b> Mac & Cheese, Mixed Vegetables, Chocolate & Vanilla Pudding Cup, Orange Juice	30 <b>National Oatmeal            Cookie Day / Raisin Day</b> <b>Stuffed            Pepper,</b> 3 Bean Salad, California Vegetables, Wheat Bread, Peaches  	

Serving time for lunch will be 12noon!

Please Call Rendezvous Point @ 367-2881 before 9:30am for your Reservations



Jacob with Four Pines PT on **Wednesdays at 10am** for guided exercise to help improve mobility, balance, strength, and overall well being thru exercise. Come improve your physical well being!

Thank You Jacob for your dedication to our seniors!

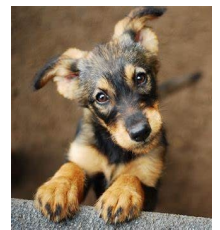
We would also like to thank Megan and Brooke for helping to change it up for us every once in a while!



**Chair Yoga with Teisha !!**  
**Mondays and Thursdays**  
from 10am - 11am  
at Rendezvous Pointe.  
Come and take part in a fun yoga session!!  
Your body will thank you!!

**Dog Toenail Clipping on**  
**April 23, 2026**  
**12:45 PM**

Please have your dog on a leash!



**Attention Bingo Players!!**

Candy Bar Bingo Day will be the first Monday of the month.

Bring a regular size candy bar for an additional prize for each game!!

So much tastier than a white elephant!!

Pick a Prize Bingo Day will be the 3rd Monday of the month.

Select a prize with each bingo!!



Come join us for a movie on  
**Thursday, April 16th, 2026 at 1 PM**  
At Rendezvous Pointe  
Movie "Song Sung Blue"



Anyone play pitch or would like to learn?

We are looking for players to start a pitch group.

Please let Anissa know if you are interested . We are currently working on getting a group together.



Darcy will be here to cut toenails on  
**April 8 & 9, 2026.**

Please call Charlee to schedule an appointment.

Thank you Darcy for doing such a great job and your generosity for our seniors!!

# PINOCHLE

## Tournament

THURSDAY, APRIL 9  
at Golden Hour Senior Center  
Game Room

Just \$5 entry fee  
to join the fun  
\$5 for lunch

Sign in 9-9:30  
Play time  
9:30am-4pm

For more information  
Call 307-872-3223  
Please RSVP by April 3




Rendezvous Pointe is accepting applications for a 3-year term board member!

Applications can be picked up at Rendezvous Pointe and are due by April 27th.

Please call Rendezvous Pointe with any questions at



307-367-2881



### Pressed Flower Candleholder/ Vase Class

April 22, 2026 at 10am

Let spring encourage you and join us for this fun and easy class!

All supplies are provided.



### Easter Lunch April 2, 2026

*Happy Easter*

Join us for Easter Lunch!

Please be sure to call in by 9:30am to reserve your spot.

### The Promise

Hanging there and dying  
in agony and pain  
forgiving those who nailed You there,  
forsaken and in shame.

No one but You dear Lord,  
upon that ugly tree,  
could give a sinless life  
to set all people free.

On that 1st glorious Easter morn,  
Your word all true and honest,  
You rose up from that dreary tomb  
just as You had promised.

~~Rich Boetcher



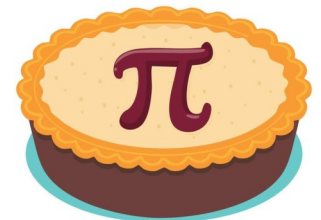
This quilt was  
pieced together  
by Alberta "Albie"  
McAndrews and  
donated to Sable  
Stitchers who fin-  
ished the quilt.  
You can purchase  
tickets from Sable  
Stitchers member  
or Charlee.

**Albie Quilt Raffle**  
**\$2 each / 3 for \$5**  
**Drawing will be**  
**May 12th**

**All proceeds directly**  
**benefit Rendezvous**  
**Pointe!**



**Our Pie Day**  
**Fundraiser was a**  
**huge success this**  
**year!!**



**A huge "Thank you" to Kerri, Holly and the kitchen staff who made so many amazing desserts ! You guys are the best!!**

**A big "Thank you" to Dave Stephens who did a fantastic job auctioneering this event!**

**And a big "Thank you" to the volunteers who helped put this all together!!**

**And to those who graciously purchased all the wonderful desserts and breads, we are truly grateful for your support!!**



## It's happening at Rendezvous Pointe



Above: Celebrating St. Patrick's Day!

Right: Rendezvous Pointe has gone electronic! We now check in for lunch, activities and more on the computer. We now have the My Senior Center Program.



Left: The pottery group got a new potter's wheel and are so excited to start using it! Let's see what wonderful creations they will make!

Below: Sable Stitches held a class on how to maintain a Featherweight Sewing Machine.



## Calling all Caregivers: You Are Not Alone

If you are caring for a loved one or spouse in Sublette County, the **National Family Caregiver Support Program** at Rendezvous Pointe is here to help you reclaim your time and health.



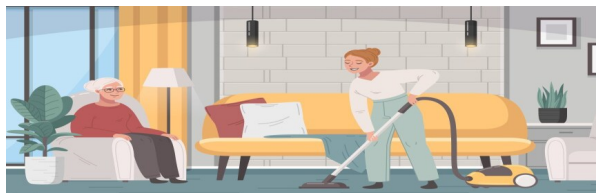
Caregiving can start as a rewarding and manageable job but as time goes you may start to wonder when you might ever have a minute to yourself again, you feel guilty about wanting time to yourself, you start to lose your needs, dreams and focus. Before it gets to this point, please ask for help! Caregiving can and will most likely affect your mind, body and heart and no one can do this alone!

**We are here to help you find the resources you need.** We offer many resources for Caregivers, from information to services available within community, training, support groups, counseling sources, respite care, grocery shopping, meal prep and some nutritional meals when under the Caregiver Support Program.

### Get Connected Today

All communication is private and confidential. Contact us for an assessment to access these free or low-cost resources.

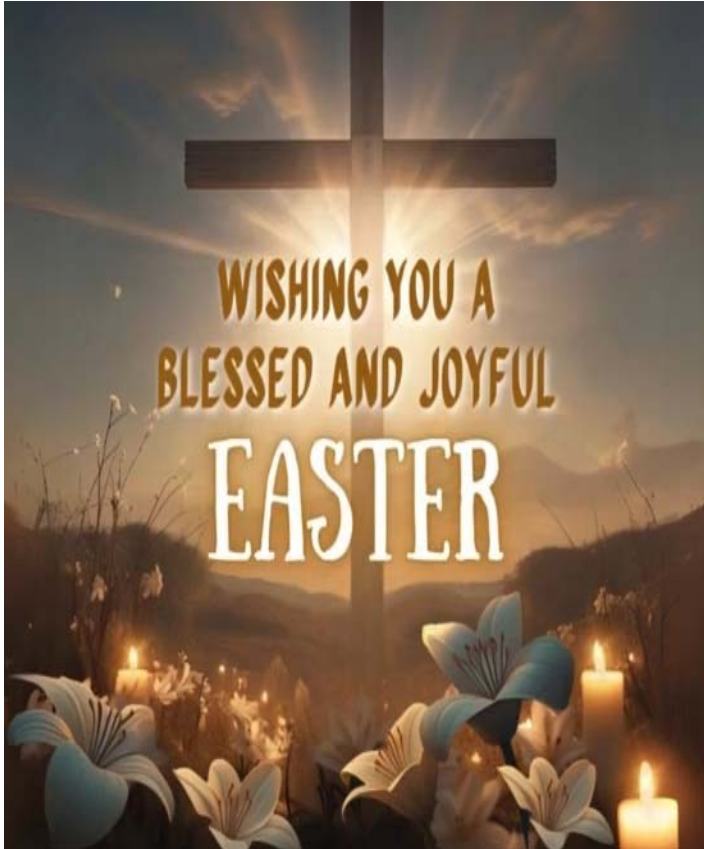
Jennifer Peterson  
Case Manager  
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**We will be closed April 3 & 6, 2026**