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P.O. Box 804, Pinedale, Wyoming 82941

Email: rpact2021@gmail.com

Website: www.rendezvouspointe.com

Phone: 307-367-2881 Fax: 307-367-6769

Hours: Monday—Friday, 8am—4pm

This complete newsletter
can be viewed on our website.

August 2024

HTA Request to Donate!

Mail to: Ridley's Family Markets
Att: Cherie
621 Washington St S
Twin Falls, ID 83301



208-324-4633
x10118

Organization Name:
Rendezvous Pointe

PO BOX 804

Pinedale WY 82941

Please process a new donation as marked below:

Please donate all of the points in my acct
(1 x upon receipt)

Please donate _____ points
(1x upon receipt)

Please donate all of the points in my acct
(now and at the end of each quarter
through the end of the year)

Name: _____

Address: _____

Phone #: _____

Advantage Card #: _____

Signature: _____ Date: _____

Enjoy the rest of your summer, from your RP staff!!



This document was developed under grants from the Wyoming Department of Health, Aging Division.



EMPLOYEE DIRECTORY

Director - Tina Robinson
Financial Director - Cher Rosencranse
Adm. Asst. - Charlee Thomson
Activity Director/Newsletter - Kathy Allen
Transit Coordinator - Hannah Bennett
Transit Driver - Blake Ober

Case Manager/SAMS - Karissa Aldava
 Flor Quezada---Homemaker
 Angel Filkins----Homemaker

Kitchen Manager - Holly Hansen
Cook—Kerri Anderson

Kitchen Staff—
 Jody Wilson, Flor Quezada,
 Sharon Bell, Lydia Petersen,
 Zoey Hedgepeth, Andy Jones,
 Mavzuna ToshpuLatova

Board of Trustees

Max Lockett - Chair 371-2654
 e-mail: maxlockett@msn.com

Ruth Neely - Treasurer 360-7009
 e-mail: rneely14@hotmail.com

Lourinda Beierle - Secretary 231-0047
 e-mail: rod031@centurytel.net

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 e-mail: willmanscott@yahoo.com

Jeanene Esterholt 231-1231
 e-mail: ridinginthewinds@gmail.com

Linda Trimmer 752-1077
 e-mail: ltrimmer719@gmail.com

Thank you Bank of Jackson Hole for hosting our monthly Birthday lunch!!



From the Director

I hope everyone is enjoying the warm weather and fun in Pinedale and here at Rendezvous Pointe. We welcome everyone to join us for lunch and activities— bring your friends and family!

Friendly and Important Reminders:

Foundation23 kicks off their annual fundraiser from July 23rd to September 28th. With any donations made on behalf of Rendezvous Pointe, **Foundation23** solicits **matching funds for every dollar donated!** The matching funds help stretch every dollar we receive and every donation Rendezvous Pointe receives helps us to make ends meet and to do more than we otherwise could.

FROM July 23rd – September 28th

Checks can be mailed and made payable to:

Foundation23
P.O. Box 2135
Pinedale, WY 82941

To ensure the donation goes to Rendezvous Pointe, please include the following information:

Your Name
Business Name: Rendezvous Pointe
Email: edrpointe2021@gmail.com
Mailing Address: P.O. Box 804, Pinedale, WY 82941

Rendezvous Pointe has an open Board Position – anyone interested please stop in for an application. This is a one year position.

Oh, and just a little reminder for everyone – you are amazing and appreciated! Thank you for who you are and all you do.



Birthday lunch was so good, thank you Holly and kitchen staff for a great meal!!

Our volunteers for the WY Food Bank day are an efficient team and know how to pack those boxes! Thank you to all of the volunteers, we really appreciate you!!

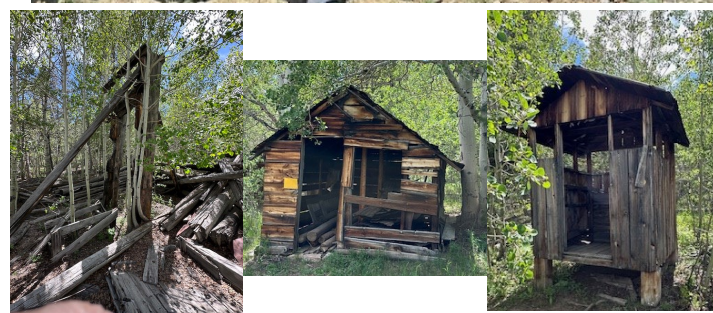


End of Summer BOCES sponsored Potluck BBQ on Thursday, September 5th at 5:00pm

to celebrate having another great summer and our **BOCES Sponsored Seniors On The Go** here at Rendezvous Pointe. Everyone is welcome, but you will need to sign up on the bulletin board to let me know what dish you will be bringing and to get a count so I can determine how many burgers to plan on for the barbie! Activities will furnish the meat and drinks. There will be a slide show of the trips this summer (hopefully!)



Bowling, coal mine tour, hiking, English Tunnel tour, ghost town remains. What fun Seniors On The Go have!



Rod's dance class is an hour and a half of having fun, socializing, some laughs, and of course exercise!! Great for seniors!

If you didn't attend any of the Tuesday sessions, you missed out on a delightful time!



Coffee & Conversation on Friday mornings will return in September!!
Sponsored by First Bank



Coffee and Conversation is on hold for the summer, watch for it to start back up on [September 27th at 9:00am.](#)

Podiatrist Dr. Stanton Smith

will be coming to Rendezvous Pointe on **October 21st in 2024.**

There are still appointment times open. If you have any foot problems that need attention, call Charlee at Rendezvous Pointe at 367-2881 to make an appointment for any of this future date with Dr. Smith.

Appointments start at 12:30pm, schedule every 15 minutes and last appointment time is 2:45pm.

If coming for the first time please bring your I.D. and insurance information or be prepared to pay day of visit.

Random August dates you may or may not want to know!

- 1st - National Raspberry Cream Pie Day
- 3rd - National Disco Golf Day
- National Mustard Day
- 5th - National Underwear Day
- 10th - National Garage Sale Day
- 16th - National Hawaiian Shirt Day
- 17th - National I Love My Feet Day
- 20th - National Bacon Lovers Day
- 21st - National Senior Citizens Day
- 24th - National Can Opener Day
- 31st - National Eat outside Day

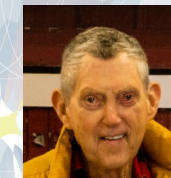
From Hannah our Transportation Coordinator

Do you need a ride to medical appointments in Jackson or Rock Springs? Or even local trips to the clinic, grocery store, hair appointments, dental appointments, etc? Reach out to Hannah at 307-360-7138 to schedule your ride or find out what our rates for transportation are. We'd be happy to serve you!

Homemaker Services

If anyone is in need of homemaker services which consists of light housekeeping, basic meal preparation, shopping and laundry, please contact Karissa. At this time, we are compiling a waiting list and will be adding staff to accommodate the need.

There will be a **Celebration of Life** for **Dean Boundy** on **Saturday, August 10th** from **4:30pm - 6:00pm** at **Rendezvous Pointe.** Bring pictures and stories!



The 1,000 piece horse puzzle finally got finished after almost FIVE long months! No more 1,000 piece puzzles!

Funny Vacation Complaints

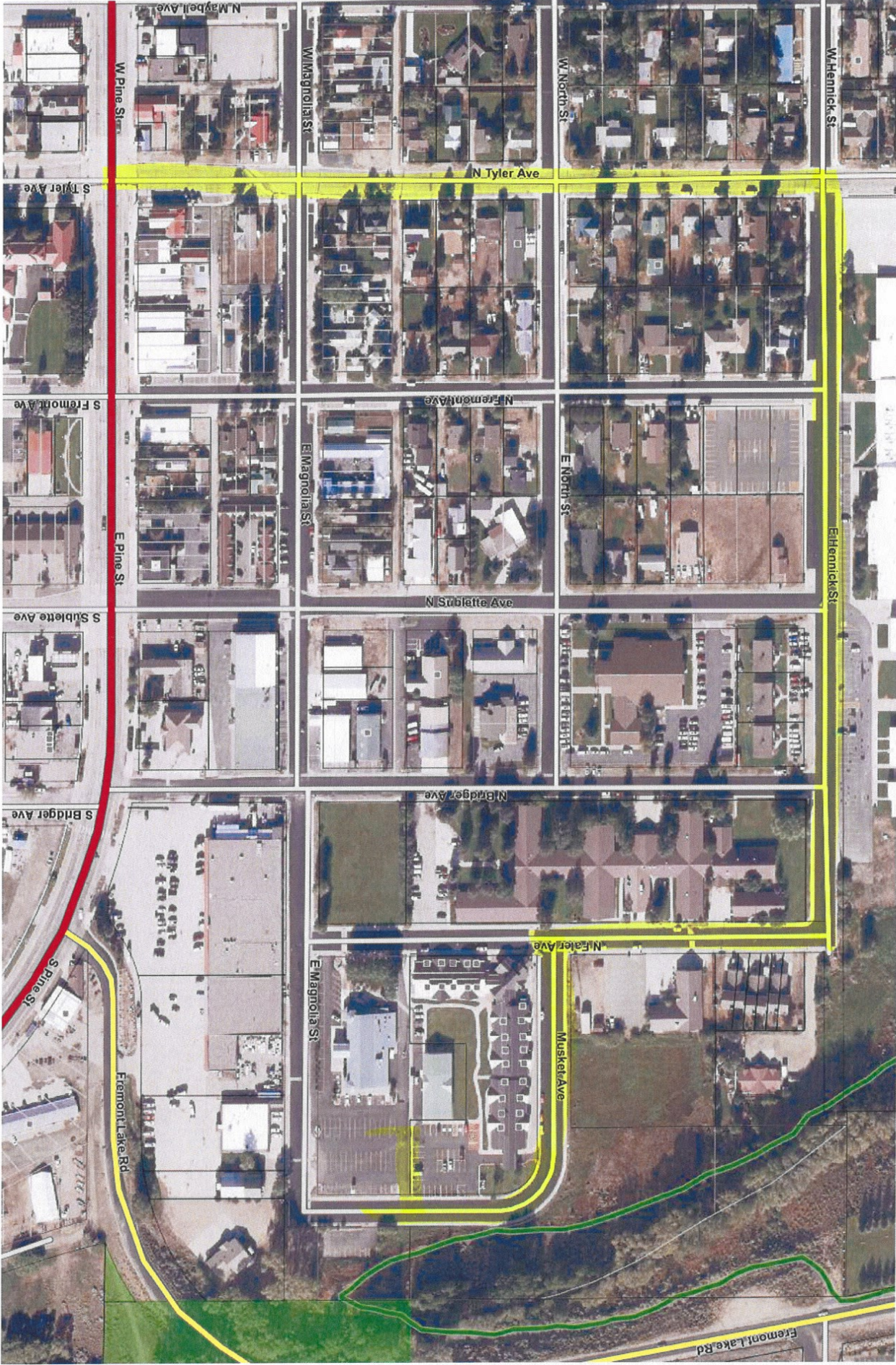
"The roads were uneven and bumpy, so we could not read the local guide book during the bus ride to the resort. Because of this, we were unaware of many things that would have made our holiday more fun."

When you ask me what I am doing today, and I say "nothing," it does not mean I am free. It means I am doing nothing!

To insure enough time to prepare and cook lunch, please honor the 9:30am call in deadline for lunch reservations each day.

Thank you for your cooperation and consideration!! (Reserve anytime the day before!!)

We are trying to get WY Food Bank traffic off of Pine Street/Hwy 191 during our monthly food distribution. We would like people to turn down Tyler and then right onto Hennick (in front of the High School), then right onto N. Faler, and then left onto Musket then proceed around to the parking lot of Rendezvous Pointe for pick up. We greatly appreciate your help. **THANK YOU!!!**
 Please do not block private driveways or intersections while waiting in line, Thank you!



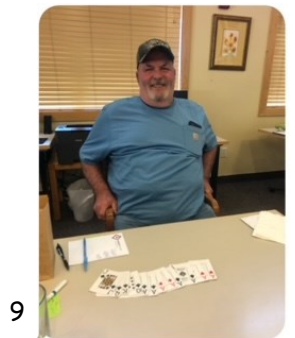

Attention
 My Hearing Center is coming to Rendezvous Pointe the second Monday and Tuesday of each month.
 If you need an appointment, please call My Hearing Center in Rock Springs, 307-212-3234.



Darcy will be here to cut toenails on Wednesday, August 21st.
 Please call Charlee to schedule your appointment.

Sable Stitches are Giving Back!!
 Come in for lunch on the 3rd Tuesday of the month and enter to win a lap quilt made by the Sable Stitches. Winner will have his/her choice of the two lap quilts pictured!
 Our July winner was Jackie Hunt!!





Scott had Aces & A Family in Pinochle!!

Pam bowled a perfect 300 in Wii bowling!



ACTIVITIES



Jacob from Four Pines PT on **Wednesdays at 10am** for guided exercise to help improve mobility, balance, strength, and overall well being thru exercise. New exercises added weekly! Come improve your physical well being!

Thank You Jacob for your dedication to our seniors!



Yoga with Teisha !!
Mondays and Thursdays from 10am - 11am at Rendezvous Pointe. Come and take part in a fun yoga session!! Your body will thank you!!



Book Club is taking a break during July and August. We will pick up reading in September! I should have the September book in around mid August for reading. Discussion will be Sept. 20th.

Dog Toenail Clipping
Thursday, August 22nd @ 12:45pm with Patti Baxley



Please have your dog on a leash!



Dominoes
Wednesdays at 1:00pm
Come join the fun of mental exercise! No need to sign up, just come and play! We learn new versions regularly. All Fives, Threes and Fives,

Miss Devon and The Outlaw concert was fun and so enjoyable!

You should always come to our concerts, we have not had a bad one yet! You may even get to dance with one of the band! Get out and get active!



1	George Staidl Fran Weksler
2	Albert Santillo
3	Karen Rule Jahna Groh
5	Jocelyn Moore
6	Connie Owen
7	Elizabeth Palmer Marge Sellyei
8	Nadine Bobcock Norman Pape Joseph Hruska
11	Tim Burns
12	Kathleen Petersen Ron Taylor Irma VanDerVelde

13	Christy O'Connor
14	Janet Doering
15	Ed Brewer Stephanie Harker Mary Anne Sherbrook Debra Fiesler Jeannie Hale
16	Karen Moulton
17	Melva Post Gene Pearson Sandy Jorgensen
18	Jami Anderson Sharon Luntford
21	Fred Sensenig Mary Pendergast

22	Peggy Weber
23	Deborah Laseke Rich Hulen
25	Rosemary Howard Shirley Mills Jacqueline Strike Virginia Rossow Ray Iwie
27	Andy Pfaff
28	Dale Kingsbury
29	Katherine Kelly
30	Nellie Johnson Mary Bluemel Liz Bartlett
31	Tom Johnson

August Birthdays

Monday	Tuesday	Wednesday	Thursday	Friday	
2% Milk, Butter, Iced Tea and Lemonade Served Daily	<h1>August 2024</h1>			1 Pizza w/ Meat & Veggies, Tossed Salad w/ garbanzo beans, Carrot & Apple Salad, Banana/Pineapple Cup	2 Chili Dog on Wheat Hot Dog Bun, Relish Tray, Lettuce, Tomato, Pickle, Melon Cup
5 Philly Cheesesteak Sandwich, Oven Roasted Potatoes, Vegetable Salad w/ garbanzo Beans, Mixed Vegetables, Sugar Cookie	6 Oven Fried Chicken, Mashed Potatoes/Poultry Gravy, Beet Salad, Mandarin Oranges, Gingerbread Cake	7 Meat Loaf /Light Brown Gravy, Cauliflower Mac & Cheese, Bahamas Blend Vegetables, Apricots, Pineapple Upside-Down Cake	8 Lunch host Jonah Energy Barbecue Pork Sandwich, Potato Salad, Fanny's Cole Slaw, WW Bun, Mandarin Pineapple Grape Cup, Lemon Bar	9 Beef Pot Pie, Tossed Salad, Brussels Sprouts, Chocolate Chip Cookie	
12 Baked Breaded Fish, Chips (Home Fries), Balsamic glazed Green Beans, Creamy Cole Slaw, Pineapple Chunks, Tapioca Pudding	13 Happy Birthday! Hamburger Steak, Mashed Potatoes, Tossed Salad w/ Italian Dressing, Broccoli, WW Roll, Chilled Apricots	14 Grilled Chicken Sandwich, Tater Tots, Broccoli Slaw, Blueberry Cobbler	15 Chicken Fried Steak, Mashed Potatoes, Green Beans w/ bacon, Biscuit, Apricots	16 Chicken Caesar Salad, Harvard Beets, WW Bread Stick, Creamy Fruit Bowl, Carrot Cake	
19 Parmesan Chicken, Spaghetti, Tossed Salad, Mixed Vegetables, Wheat Roll, Applesauce	20 BBQ Meatballs, Baked Potato, Garden Salad, Mixed Vegetables, Wheat Roll, Chilled Peaches	21 Chicken Stir Fry w/ Vegetables over Sesame Noodles, Asian Salad, Ginger Pears, Almond Bark Cookie	22 Cheeseburger, Sweet Potato Wedge, Lettuce & Tomato, Garden Bounty Salad, Peaches, Chocolate Chip Cookie	23 Baked Fish, Cheddar Mashed Potatoes, Creamy Coleslaw, Steamed Broccoli, Banana Bread, Chilled Apricots	
26 Taco Salad w/ lettuce, tomatoes & salsa, Chuck wagon Vegetables, Cottage Cheese & Cantaloupe, Citrus Fruit Cup	27 Sloppy Joe, Sweet Potato Puffs, Marinated Vegetable Salad, Pears, Peaches n' Cream Bar	28 Cabbage Roll Casserole, Baked Potato/Sour Cream, Pacific Blend Vegetable, Chunky Applesauce, Chocolate Surprise Cupcake	29 Roast Turkey, Turkey Dripping Gravy, Mashed Potatoes, Cranberry Sauce, Pacific Blend Vegetables, Mandarin Pineapple Grape Cup, Pumpkin Bar	30 Biscuits & Sausage Gravy, Roasted Potatoes, V8, Wheat Biscuit, Fruit Cup, Parfait w/ berries	

To ensure enough time to prepare and cook lunch, please honor the 9:30am call in deadline for

lunch reservations each day. 307-367-2881

Mon	Tue	Wed	Thu	Fri
<h1>August 2024</h1>				
5 10a ~ Chair Yoga/Teisha 1p ~ White Elephant Bingo	6 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	7 9a-12n ~ Art 10a ~ Four Pines PT/Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	8 10a ~ Chair Yoga/Teisha 1p ~ Fiber Guild 1p ~ Pool Lunch hosted by Jonah Energy	9 1pm ~ Hand & Foot Sable Stitches
12 10a ~ Chair Yoga/Teisha 1p ~ Bingo	13 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong My Hearing Center	14 9a-12n ~ Art 10a ~ Four Pines PT/Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes 12:30p ~ Bowling Marbleton Blood Pressure check by PH	15 10a ~ Chair Yoga/Teisha 1p ~ Fiber Guild 1p ~ Pool 12:45pm ~ Patti / dog toenails	16 1pm ~ Hand & Foot
19 10a ~ Chair Yoga/Teisha 1p ~ Bingo	20 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong SS Lap Quilt Draw/Lunch	21 9a-12n ~ Art 10a ~ Four Pines PT/Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes Toenail Clipping/Darcy	22 10a ~ Chair Yoga/Teisha 1p ~ Fiber Guild 1p ~ Pool 12:45pm ~ Patti / dog toenails	23 1pm ~ Hand & Foot Sable Stitches
26 10a ~ Chair Yoga/Teisha 1p ~ Bingo	27 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	28 9a-12n ~ Art 10a ~ Four Pines PT/Jacob 10a ~ Pool 1p ~ Pottery/Ceramics 1p ~ Dominoes	29 10a ~ Chair Yoga/Teisha 1p ~ Fiber Guild 1p ~ Pool Lunch/Movie in Marbleton	30 1pm ~ Hand & Foot 12n-1pm Book&Tech/Alise