



P.O. Box 804, Pinedale, Wyoming 82941

Email: rpact2021@gmail.com

Website: www.rendezvouspointe.com

Phone: 307-367-2881 Fax: 307-367-6769

Hours: Monday—Friday, 8am—4pm

This complete newsletter
can be viewed on our website.

January 2026





EMPLOYEE DIRECTORY

Director - Tina Kaumo-Corazza

Financial Director - Cher Rosencranse

Adm. Asst. - Charlee Thomson

Activity Director/Newsletter - Anissa McCutchan

Transit Coordinator - Melanie Howey

Transit Driver - Blake Ober

Mike Deleeuw

Case Manager/SAMS - Jennifer Peterson

Homemakers - Michelle Hines

Kodie Hammer

Kitchen Manager - Kerri Anderson

Assistant Kitchen Manager - Holly Hansen

Kitchen Staff -

Jody Wilson, Sharon Bell,

Lydia Petersen, Zoey Hedgepeth,

Mavzuna ToshpuLatova, Michelle Hines

Board of Trustees

Richard Smith - Chair 559-352-5047

e-mail: rxsmith2552@yahoo.com

Linda Trimmer - Vice Chair 752-1077

e-mail: ltrimmer719@gmail.com

Ruth Neely - Treasurer 360-7009

e-mail: rneely14@hotmail.com

Lourinda Beierle - Secretary 231-0047

e-mail: rod031@centurytel.net

Jeanene Esterholt 231-1231

e-mail: ridinginthewinds@gmail.com

Bettina Sparrowe 231-0070

e-mail: bat1969@icloud.com

Dave Dement 510-520-2372

e-mail: david.dement@ymail.com

From the Director



May 2026 bring each of you an abundance of blessings, peace, happiness, health, love, and prosperity. Thank you for your unwavering support of Rendezvous Pointe. Here's to a remarkable year ahead—may it be filled with unforgettable moments and shared joy!

**Coffee & Conversation on Friday mornings at 9:00am
Sponsored by**

January 2 ~ No Coffee & Conversation today

January 9 ~ No Coffee & Conversation today

January 16 ~ TBD

January 23 ~ TBD

January 30 ~ TBD

**I will let you know the guests
on the TBDs as we are waiting
for confirmation. Sorry for the
inconvenience.**



**Coffee &
Conversation**

Getting up to attend Coffee & Conversation is a great way to start your day! Our guests give so much information and educate us on a wide variety of topics. Repeat guests bring us up to date on local matters and projects too. Come join us on Friday mornings at 9am! The coffee and snacks will be ready!!

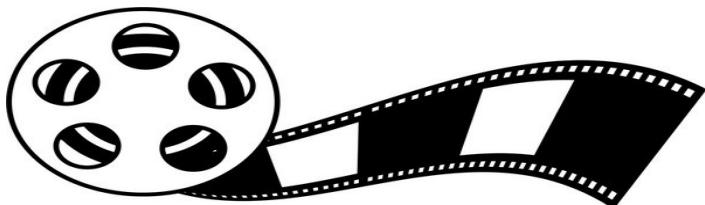
Podiatrist Dr. Stanton Smith will be coming to Rendezvous Pointe on **January 12th, 2026**. There are still appointment times open. If you have any foot problems that need attention, call Charlee at Rendezvous Pointe at 367-2881 to make an appointment for this date with Dr. Smith. Appointments start at 12:30pm, schedule every 15 minutes and last appointment time is 2:45pm. If coming for the first time please bring your I.D. and insurance information or be prepared to pay day of visit.

Your help is needed....



We will be taking down our Christmas decorations on **Wednesday, January 7th, 2026**.

We will start about 9:30 AM
All help is greatly appreciated!!



Come join us for a movie on **January 21, 2026 at 1PM** at Rendezvous Pointe

We will be showing

The Shootist (1976)

Starring John Wayne, Lauren Bacall and Ron Howard.



Lunch and a Movie

in Marbleton

January 29, 2026

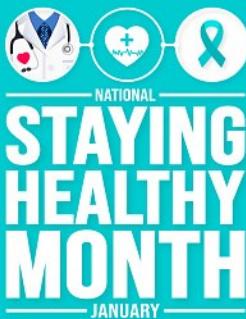
Van will depart at 10:15am under front car port.

The Bank of Jackson Hole will be hosting lunch on



January 13, 2026

Please make it a point to thank Pat for
their generous support of Rendezvous
Pointe seniors as you get your lunch!



STAYING HEALTHY MONTH

JANUARY

Tips To Stay Healthy During Flu Season

Vaccination = Prevention

- Getting your flu shot is the best way to avoid the virus.
- It takes 2 weeks for the vaccine to become effective.

Personal Hygiene

- Wash your hands with soap and water regularly.
- Avoid touching eyes, mouth, and nose.

Strengthen Immune System

- Get 7-8 hours of sleep.
- Eat healthy foods rich in nutrients.
- Exercise regularly.
- Stay hydrated, aiming for 8 glasses of water a day.



NATIONAL EYE CARE MONTH

This January, remember to use the 20-20-20 rule to prevent eye strain! Every 20 minutes, look up from screens for 20 seconds and focus on an item about 20 feet away.

Winnwood
Retirement Community

TIPS FOR

HEALTHY VISION

You only get one pair of eyes--take care of them!



1 GET A DILATED EYE EXAM

Regular eye exams can catch vision problems early, as well as uncover signs of other health problems.

2 LIVE A HEALTHY LIFESTYLE

Healthy diet and exercise are good for the health of your whole body--including your eyes!



3 WEAR EYE PROTECTION

Protect your eyes from injury with safety glasses or goggles during work and sports.

4 LIMIT SCREEN TIME

Blue light from electronic screens can strain your eyes--take frequent breaks.

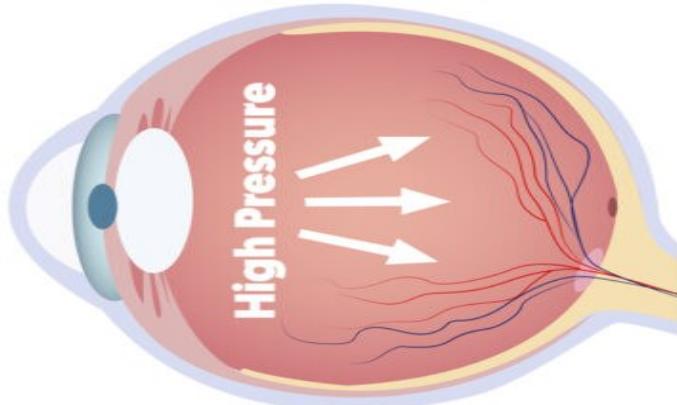


5 WEAR SUNGLASSES

Shield your eyes from UV rays by choosing sunglasses with 99-100% UVA/UVB protection.



What is GLAUCOMA?



Glaucoma is a group of eye conditions that damage the optic nerve, typically due to increased pressure within the eye. It often develops slowly and without noticeable symptoms, gradually causing peripheral vision loss and, if untreated, leading to blindness.

Risk factors include age, family history, and certain medical conditions. Treatment aims to lower intraocular pressure to prevent further damage and may involve medications, laser therapy, or surgery.

Regular eye exams are crucial for early detection and management of **glaucoma** to preserve vision.

January Birthdays

**HAPPY
BIRTHDAY**



1	Cheryl Lundberg
2	Florence Beard
3	Jil Cardwell
	Donna Grove
6	Judie Collard
	Larry Kirkpatrick
	Robert Pauly
7	Diana Stelting
	Jim Huntley
	Richard Thomas
	Kevin Warren
8	Roxanne Tomich
	Jana Weber
9	Connie Allen
10	Ruth Noble
	Stephen Brewer
	Doug Vickrey

11	Dorothy Nickerson
	Jackie Godfrey
	Kimberly Baker
	Kay Early
12	Bruce Morrison
14	Mary Lankford
16	Cornelius Kelly
	Betty Lou Pearson
17	Fairan Barnett
	Van Huffman
	Lynn Bernard
	Alinda Gallegos
18	Melinda Bobo
19	Debbie Ray
20	Jon Gibson
22	Dixie Hamilton
	Bobby Johnson
	Stephen Van Wagoner



23	Ronald Hines
24	Duke Early
	Jeanne Weidner
25	Dennis Almquist
	Andy Jones
	Bill Halligan
26	Gil Winters
	Lary Gaines
27	Gina Feltner
28	Dan Blackwell
29	Anita Douglas
	Gary Ferrier
31	Kathy Larson



January 2026



Happy New Year

Mon

Tue

Wed

Thu

Fri

5
10a ~ Chair Yoga / Teisha
1p ~ Bingo

8
10 ~ Chair Yoga / Teisha
1p ~ Fiber Guild
1p ~ Pool
1p ~ Bunco

9
9a ~ Coffee & Conversation
12n ~ Library Outreach
1p ~ Hand & Foot

6
9:30a ~ Wii Bowling
9a-4p ~ Art
12:30p ~ Pinochle
1p ~ Mahjong

7
9a-4p ~ Art / Pottery
10a ~ Four Pines PT / Jacob
10a ~ Pool
1p ~ Dominoes

16
9a ~ Coffee & Conversation
12n ~ Library Outreach
1p ~ Hand & Foot

12
10a ~ Chair Yoga / Teisha
1p ~ Bingo

15
10 ~ Chair Yoga / Teisha
1p ~ Fiber Guild
1p ~ Pool
1p ~ Bunco

23
9a ~ Coffee & Conversation
1p ~ Hand & Foot

Dr. Smith, Podiatrist

Taking down Christmas Decorations

Dog Toenails / Patti

SABLE STITCHERS

19
10a ~ Chair Yoga / Teisha
1p ~ Pick a Prize Bingo

21
9:30a ~ Wii Bowling
9a-4p ~ Art
12:30p ~ Pinochle
1p ~ Mahjong

28
9:30a ~ Wii Bowling
9a-4p ~ Art / Pottery
10a ~ Four Pines PT / Jacob
10a ~ Pool
1p ~ Dominoes

Darcy Toenails

Alzheimer's & Dementia Educational Series

26
10a ~ Chair Yoga / Teisha
1p ~ Bingo

29
10 ~ Chair Yoga / Teisha
1p ~ Fiber Guild
1p ~ Pool
1p ~ Bunco

30
9a ~ Coffee & Conversation
12n ~ Library Outreach
1p ~ Hand & Foot

Lunch/Movie Marbleton

Serving time for lunch will be 12noon!

Please Call Rendezvous Point @ 367-2881 before 9:30am for your Reservations

ACTIVITIES



Jacob with Four Pines PT
on **Wednesdays at 10am** for guided exercise to help improve mobility, balance, strength, and overall well being thru exercise. Come improve your physical well being!



Chair Yoga with Teisha !!
Mondays and Thursdays
from 10am - 11am at Rendezvous Pointe. Come and take part in a fun yoga session!! Your body will thank you!!

Thank You Jacob for your dedication to our seniors!

We would also like to thank Megan and Brooke for helping to change it up for us every once in a while!

Attention Bingo Players!!

Candy Bar Bingo Day will be the first Monday of the month.

Bring a regular size candy bar for an additional prize for each game!!

So much tastier than a white elephant!!

Pick a Prize Bingo Day will be the 3rd Monday of the month.

Select a prize with each bingo!!



Job Opening at Rendezvous Pointe

Part-time Homemaker/Caretaker Support

If you are interested or know of anyone who would be a great fit for our team, please let them know we have an opening and to stop by for an application!

Dog Toenail Clipping on **January 15, 2026**

Please have your dog on a leash!



Dominoes

Wednesdays at 1:00pm

Come join the fun of mental exercise! No need to sign up, just come and play! We learn new versions regularly. All Fives, Threes and Fives, Moon & 42.



Come join the fun!!

We will be having

BUNCO on

Thursdays at 1PM

Darcy will be here to cut toenails on **January 14th, 2026.**

Please call Charlee to schedule an appointment.



Thank you Darcy for doing such a great job and your generosity for our seniors!!



The Pinedale High School Choir performed some Christmas music for us, then joined us for lunch. They were terrific and our seniors enjoyed them!



The Christmas Gnome Class was a super fun one! We had two class sessions. The seniors loved making these little guys and they turned out so cute!! However, I neglected to get a picture of the finished gnomes, shame on me!!!



Happy New year 2026

A New Year is like a blank book, and the pen is in your hands. It is your chance to write a beautiful story for yourself. Happy New Year 2026!

USEVENTSIMAGES.COM



Congratulations to Joleen Wright on winning the Quilt Raffle from the Sable Stitchers!!

It is sure to keep you nice and warm!!

ALZHEIMER'S® ASSOCIATION

The Wyoming Alzheimer's Association will be presenting a 4 week educational presentation on Alzheimer's and Dementia.

The first class will be on Thursday, January 22, 2026 at 1 PM. Meets every 2 weeks for 4 weeks.

This class will be about 45 minutes and will cover topics such as signs and symptoms recognition, how to effectively respond to dementia behavior, care and support services, building a caregiving foundation and more!

This is a free class!

A Wintry Scene

Our town's put on it's winter veil,
snow lies all around,
unsightly stuff, whatever,
lies covered in a snowy mound.



We now see living green, our pines,
all capped in purest white,
the sun contributes too,
sending forth it's brightest bright.



Winter displays much beauty
when we look around to see
another of God's blessings
laid out for you and me.

~~ Rich Boettcher





Rendezvous Pointe is currently accepting participants for its In-Home Services and Caregiver Support Programs. These services are specifically designed for Sublette County seniors aged 60 and over, their spouses and certain disabled individuals to help maintain independence and stay in their homes as long as possible.

Support Services Provided are

- **In-Home Assistance** including light housekeeping, laundry, and linen changes.
- **Nutrition Support**: help with basic meal preparation and grocery shopping.
- **Daily Errands**: support for essential tasks outside the home.
- **Respite Care**: temporary relief for primary caregivers to help prevent burnout and support long-term home placement.
- **Assessment**: eligibility is determined through a personal needs assessment.
- **Cost**: fees are based on a sliding scale according to family income, though services are often provided to those at high risk or with limited resources.

To check for current openings or schedule an assessment, contact **Jennifer Peterson, Case Manager at 307-367-2881**



Our Christmas Lunch was amazing. The kitchen as always does a fantastic job! Thank you to the Bank of Jackson Hole for sponsoring the meal and Public Health for their help in serving our seniors!!

Charlee in her Christmas spirit!





425 E. Magnolia
P.O. Box 804
Pinedale, WY 82941

NON - PROFIT
U.S. POSTAGE
PAID
PINEDALE, WY
PERMIT #34

Mail to: Ridley's Family Markets

Att: Cherie



621 Washington St S
Twin Falls, ID 83301

208-324-4633
x10118

Organization Name:
Rendezvous Pointe

PO BOX 804

Pinedale WY 82941

HTA Request to Donate!

Please process a new donation as marked below:

Please donate all of the points in my acct
(1x upon receipt)

Name: _____

Address: _____

Please donate _____ points
(1x upon receipt)

Please donate all of the points in my acct
(now and at the end of each quarter
through the end of the year)

Phone #: _____

Advantage Card #: _____

Signature: _____

Date: _____