



P.O. Box 804, Pinedale, Wyoming 82941

Email: rpact2021@gmail.com

Website: www.rendezvouspointe.com

Phone: 307-367-2881 Fax: 307-367-6769

Hours: Monday—Friday, 8am—4pm

This complete newsletter
can be viewed on our website.

January 2026





EMPLOYEE DIRECTORY

Director - Tina Kaumo-Corazza
Financial Director - Cher Rosencranse
Adm. Asst. - Charlee Thomson
Activity Director/Newsletter - Anissa McCutchan
Transit Coordinator - Melanie Howey
Transit Driver - Blake Ober
Mike Deleeuw
Case Manager/SAMS - Jennifer Peterson
Homemakers - Michelle Hines
Kodie Hammer

Kitchen Manager - Kerri Anderson
Assistant Kitchen Manager— Holly Hansen
Kitchen Staff—
Jody Wilson, Sharon Bell,
Lydia Petersen, Zoey Hedgepeth,
Mavzuna ToshpuLatova, Michelle Hines

Board of Trustees

Richard Smith - Chair 559-352-5047
e-mail: rxsmith2552@yahoo.com
Linda Trimmer - Vice Chair 752-1077
e-mail: ltrimmer719@gmail.com
Ruth Neely - Treasurer 360-7009
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Bettina Sparrowe 231-0070
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Dave Dement 510-520-2372
e-mail: david.dement@ymail.com

From the Director



May 2026 bring each of you an abundance of blessings, peace, happiness, health, love, and prosperity. Thank you for your unwavering support of Rendezvous Pointe. Here's to a remarkable year ahead—may it be filled with unforgettable moments and shared joy!

Coffee & Conversation on Friday mornings at 9:00am
Sponsored by

January 2 ~ No Coffee & Conversation today

January 9 ~ No Coffee & Conversation today

January 16 ~ TBD

January 23 ~ TBD

January 30 ~ TBD

**I will let you know the guests
on the TBDs as we are waiting
for confirmation. Sorry for the
inconvenience.**



Getting up to attend Coffee & Conversation is a great way to start your day! Our guests give so much information and educate us on a wide variety of topics. Repeat guests bring us up to date on local matters and projects too. Come join us on Friday mornings at 9am! The coffee and snacks will be ready!!

Podiatrist Dr. Stanton Smith

will be coming to Rendezvous Pointe on
January 12th, 2026

There are still appointment times open.

If you have any foot problems that need attention, call Charlee at Rendezvous Pointe at 367-2881 to make an appointment for this date with Dr. Smith.

Appointments start at 12:30pm, schedule every 15 minutes and last appointment time is 2:45pm.

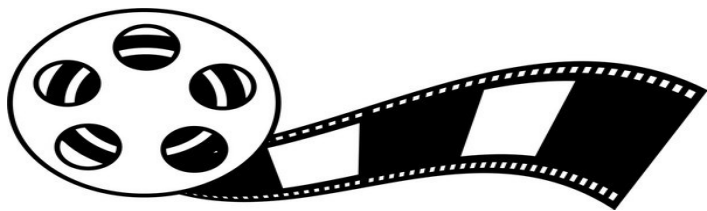
If coming for the first time please bring your I.D. and insurance information or be prepared to pay day of visit.

Your help is needed....



We will be taking down our Christmas decorations on
**Wednesday, January 7th,
2026.**

We will start about 9:30 AM
All help is greatly appreciated!!



Come join us for a movie on
January 21, 2026 at 1PM
at Rendezvous Pointe

We will be showing

The Shootist (1976)

Starring John Wayne, Lauren Beca and Ron Howard.



Lunch and a Movie
in Marbleton

January 29, 2026

Van will depart at 10:15am under front car port.

The Bank of Jackson Hole will be hosting lunch on

January 13, 2026



Please make it a point to thank Pat for
their generous support of Rendezvous
Pointe seniors as you get your lunch!



Tips To Stay Healthy During Flu Season

Vaccination = Prevention

- Getting your flu shot is the best way to avoid the virus.
- It takes 2 weeks for the vaccine to become effective.

Personal Hygiene

- Wash your hands with soap and water regularly.
- Avoid touching eyes, mouth, and nose.

Strengthen Immune System

- Get 7-8 hours of sleep.
- Eat healthy foods rich in nutrients.
- Exercise regularly.
- Stay hydrated, aiming for 8 glasses of water a day.



NATIONAL EYE CARE MONTH

This January, remember to use the 20-20-20 rule to prevent eye strain! Every 20 minutes, look up from screens for 20 seconds and focus on an item about 20 feet away.

Winnwood
Retirement Community

TIPS FOR

HEALTHY VISION

You only get one pair of eyes--take care of them!



1 GET A DILATED EYE EXAM

Regular eye exams can catch vision problems early, as well as uncover signs of other health problems.

2 LIVE A HEALTHY LIFESTYLE

Healthy diet and exercise are good for the health of your whole body--including your eyes!



3 WEAR EYE PROTECTION

Protect your eyes from injury with safety glasses or goggles during work and sports.

4 LIMIT SCREEN TIME

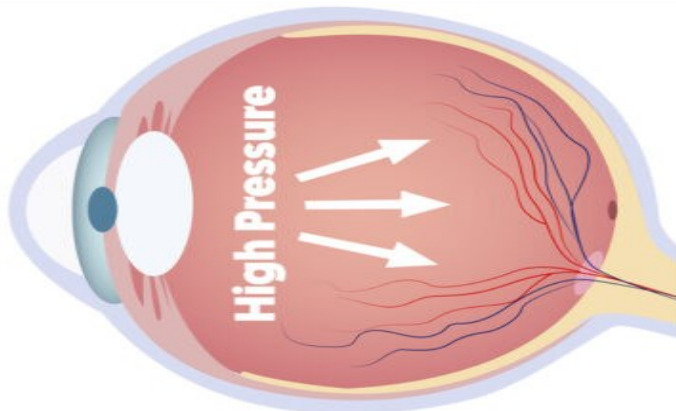
Blue light from electronic screens can strain your eyes--take frequent breaks.



5 WEAR SUNGLASSES

Shield your eyes from UV rays by choosing sunglasses with 99-100% UVA/UVB protection.

What is **GLAUCOMA**?



Glaucoma is a group of eye conditions that damage the optic nerve, typically due to increased pressure within the eye. It often develops slowly and without noticeable symptoms, gradually causing peripheral vision loss and, if untreated, leading to blindness.

Risk factors include age, family history, and certain medical conditions. Treatment aims to lower intraocular pressure to prevent further damage and may involve medications, laser therapy, or surgery.

Regular eye exams are crucial for early detection and management of **glaucoma** to preserve vision.

January Birthdays



1	Cheryl Lundberg
2	Florence Beard
3	Jill Cardwell Donna Grove
6	Judie Collard Larry Kirkpatrick Robert Pauly
7	Diana Stelting Jim Huntley Richard Thomas Kevin Warren
8	Roxanne Tomich Jana Weber
9	Connie Allen
10	Ruth Noble Stephen Brewer Doug Vickrey



11	Dorothy Nickerson Jackie Godfrey Kimberly Baker Kay Early
12	Bruce Morrison
14	Mary Lankford
16	Cornelius Kelly Betty Lou Pearson
17	Fairan Barnett Van Huffman Lynn Bernard Alinda Gallegos
18	Melinda Bobo
19	Debbie Ray
20	Jon Gibson
22	Dixie Hamilton Bobby Johnson Stephen Van Wagoner

23	Ronald Hines
24	Duke Early Jeanne Weidner
25	Dennis Almquist Andy Jones Bill Halligan
26	Gil Winters Larry Gaines
27	Gina Feltner
28	Dan Blackwell
29	Anita Douglas Gary Ferrier
31	Kathy Larson



Mon

Tue

Wed

Thu

Fri

January 2026



5 10a ~ Chair Yoga / Teisha 1p ~ Bingo	6 9:30a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	7 9a-4p ~ Art / Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes Taking down Christmas Decorations	8 10 ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco FOOD BANK OF WYOMING	9 9a ~ Coffee & Conversation 1p ~ Hand & Foot SABLE STITCHERS
12 10a ~ Chair Yoga / Teisha 1p ~ Bingo Dr. Smith, Podiatrist	13 9:30a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	14 9a-4p ~ Art / Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes Darcy Toenails	15 10 ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco Dog Toenails / Patti	16 9a ~ Coffee & Conversation 12n ~ Library Outreach 1p ~ Hand & Foot
19 10a ~ Chair Yoga / Teisha 1p ~ Pick a Prize Bingo	20 9:30a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	21 9a-4p ~ Art / Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes 1p ~ Movie "The Shootist"	22 10 ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco Alzheimer's & Dementia Educational Series	23 9a ~ Coffee & Conversation 1p ~ Hand & Foot SABLE STITCHERS
26 10a ~ Chair Yoga / Teisha 1p ~ Bingo	27 9:30a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	28 9a-4p ~ Art / Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes	29 10 ~ Chair Yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 1p ~ Bunco Lunch/Movie Marbleton	30 9a ~ Coffee & Conversation 12n ~ Library Outreach 1p ~ Hand & Foot

Monday	Tuesday	Wednesday	Thursday	Friday
<h1>January 2026</h1> <p>2% Milk, Butter, Iced Tea and Lemonade Served Daily</p> 				
		1	 <p>CLOSED</p>	2

5	6 National Bean Day	7	8	9 National Apricot Day
Parmesan Chicken Spaghetti, Tossed Salad, Mixed Veggies, Wheat Roll, Applesauce	Beef Fajita, Refried Beans & Cheese, Tortilla Soup, Peas & Carrots Mix, Fruit Cup	Chicken Pot Pie w/ Potatoes, Peas, Carrots & Biscuit, French Style Green Beans, Mixed Green Salad, Fruit Salad	Pizza w/ Meat & Veggies, Oregon Bean Medley, Mixed Fruit Cup, Creamy Rice Pudding	Tuna Noodle Bake, Spinach Salad w/ Strawberries, California Blend Veggies, WW Bread, Apricots, Fruit Pizza
12	13 Happy Birthday	14	15	16
Buffalo Chicken, Macaroni & Cheese, Marinated Cucumber Salad, Watermelon Chunks, Pina Colada Cake	Roast Beef w/ Gravy, Baked Potato, Garden Blend Veggies, Broccoli Craisin Salad, Cherry Crisp	Spinach & Ham Quiche, Tri- Color Potatoes, Green Salad, Pumpkin Bran Muffin, Mandarin Orange Grape Cup	Blue Cheese Mushroom Burger, Potato Salad, Lettuce, Tomato, Onion, Spinach Salad w/ Mandarin Oranges, Peaches, OJ	Oven Fried Chicken w/ Mashed Potatoes & Gravy, Pacific Blend Veggies, Sunshine Salad, Gingerbread Cake
19	20	21	22	23
Fish & Chips, Potato Wedges, Relish Tray, Spinach Salad, Wheat Bread, Cantaloupe & Honeydew, Tapioca Pudding	Meatballs on a Hoagie, Crunchy Calico Salad, Green Beans, Chilled Peaches	Baked Pork Chop, Rice Pilaf, Mixed Green Salad, Carrots w/ Lemon Butter, Roll, Applesauce	Beef Pinwheel, Au Gratin Potatoes, Garden Vegetable Salad, California Veggies, Fruit & Marshmallow Cup	White Chicken Chili, Sweet Potato Wedges, Cornbread, Sliced Strawberries
26	27 Nat'l Chocolate Cake Day	28	29	30
Taco Salad on Corn Chips, Peas & Carrots, WW Bread Stick, Melon Cup, Rocky Road Pudding	Chicken Fried Chicken, Mashed Potatoes, Steamed Broccoli, Wheat Roll, Plum, Chocolate Cake	Turkey Rueben Sandwich, Pickled Beets, Relish Tray, 3 Bean Salad, ½ Orange	Sweet & Sour Pork, Steamed Rice, Spinach Mushroom Salad, Peas & Carrots Mix, Egg Roll, Sliced Bananas	Beef Stew, Spinach & Mushroom Salad, WW Crackers, Homemade Bread, Creamy Ambrosia Salad

Serving time for lunch will be 12noon!

Please Call Rendezvous Point @ 367-2881 before 9:30am for your Reservations

ACTIVITIES



Jacob with Four Pines PT
on **Wednesdays at 10am** for guided
exercise to help improve mobility,
balance, strength, and overall
well being thru exercise.
Come improve your physical
well being!

Thank You Jacob for your dedication to our seniors!

We would also like to thank Megan and Brooke for
helping to change it up for us every once in a while!

Attention Bingo Players!!

Candy Bar Bingo Day will be the first Monday
of the month.

Bring a regular size candy bar for an additional
prize for each game!!

So much tastier than a white elephant!!

Pick a Prize Bingo Day will be the 3rd Monday of
the month.

Select a prize with each bingo!!



Job Opening at Rendezvous Pointe

Part-time Homemaker/Caretaker Support

If you are interested or know of anyone who
would be a great fit for our team, please let
them know we have an opening and to stop
by for an application!



Chair Yoga with Teisha !!
Mondays and Thursdays
from 10am - 11am
at Rendezvous Pointe.
Come and take part in a fun
yoga session!!
Your body will thank you!!

Dog Toenail Clipping on
January 15, 2026

Please have your dog on a
leash!



Dominoes

Wednesdays at 1:00pm

Come join the fun of mental exercise!
No need to sign up, just come and play!
We learn new versions regularly.
All Fives, Threes and Fives, Moon & 42.



Come join the fun!!

We will be having

BUNCO on

Thursdays at 1PM

Darcy will be here to cut toenails on

January 14th, 2026.

Please call Charlee to schedule
an appointment.



Thank you Darcy for doing such a
great job and your generosity for
our seniors!!



The Pinedale High School Choir performed some Christmas music for us, then joined us for lunch. They were terrific and our seniors enjoyed them!



The Christmas Gnome Class was a super fun one! We had two class sessions. The seniors loved making these little guys and they turned out so cute!! However, I neglected to get a picture of the finished gnomes, shame on me!!!



Happy New year 2026

A New Year is like a blank book, and the pen is in your hands. It is your chance to write a beautiful story for yourself. Happy New Year 2026!

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ALZHEIMER'S[®] ASSOCIATION

The Wyoming Alzheimer's Association will be presenting a 4 week educational presentation on Alzheimer's and Dementia.

The first class will be on
Thursday, January 22, 2026 at 1 PM.
Meets every 2 weeks for 4 weeks.

This class will is about 45 minutes and will cover topics such as signs and symptoms recognition, how to effectively respond to dementia behavior, care and support services, building a caregiving foundation and more!

This is a free class!



Congratulations to Joleen Wright on winning the Quilt Raffle from the Sable Stitchers!!

It is sure to keep you nice and warm!!

A Wintry Scene

Our town's put on it's winter veil,
snow lies all around,
unsightly stuff, whatever,
lies covered in a snowy mound.



We now see living green, our pines,
all capped in purest white,
the sun contributes too,
sending forth it's brightest bright.



Winter displays much beauty
when we look around to see
another of God's blessings
laid out for you and me.

~~ Rich Boettcher





Rendezvous Pointe is currently accepting participants for its In-Home Services and Caregiver Support Programs. These services are specifically designed for Sublette County seniors aged 60 and over, their spouses and certain disabled individuals to help maintain independence and stay in their homes as long as possible.

Support Services Provided are

- **In-Home Assistance** including light housekeeping, laundry, and linen changes.
- **Nutrition Support:** help with basic meal preparation and grocery shopping.
 - **Daily Errands:** support for essential tasks outside the home.
- **Respite Care:** temporary relief for primary caregivers to help prevent burnout and support long-term home placement.
 - **Assessment:** eligibility is determined through a personal needs assessment.
- **Cost:** fees are based on a sliding scale according to family income, though services are often provided to those at high risk or with limited resources.

To check for current openings or schedule an assessment, contact **Jennifer Peterson, Case Manager at 307-367-2881**



Our Christmas Lunch was amazing. The kitchen as always does a fantastic job! Thank you to the Bank of Jackson Hole for sponsoring the meal and Public Health for their help in serving our seniors!!

Charlee in her Christmas spirit!





425 E. Magnolia
P.O. Box 804
Pinedale, WY 82941

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PINEDALE, WY
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HTA Request to Donate!

Mail to: Ridley's Family Markets

Att: Cherie

621 Washington St S
Twin Falls, ID 83301



208-324-4633
x10118

Organization Name:

Rendezvous Pointe

PO BOX 804

Pinedale WY 82941

Please process a new donation as marked below:

Name: _____

☐ Please donate all of the points in my acct
(1 x upon receipt)

☐ Address: _____

☐ Please donate _____ points
(1x upon receipt)

☐ Please donate all of the points in my acct
(now and at the end of each quarter
through the end of the year)

☐ Phone #: _____

Advantage Card #: _____

Signature: _____ Date: _____