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June 2023

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Hours: Monday—Friday, 8am—4pm

This complete newsletter can be viewed on our website.



Congratulations to our dear friend
Elaine Mess for celebrating her
"101st" birthday!!

It was a special day on May 17th when she joined us for lunch at Rendezvous Pointe. We love you Elaine!!











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Kitchen Manager - Sue Eversull Cook—Suzanna Hernandez

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Sharon Bell, Anavilla Goulart, Zoey Hedgepeth, Robert Hernandez, Lydia Petersen, Kerri Anderson & Danny Hedgepeth

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If you are returning for the summer and would like to receive the newsletter by mail, please call 367-2881 and request to be put on our mailing list.

e-mail: maxlockett@msn.com

From the Director

Hello Everyone,

Big news to report is that Holly Hansen has accepted our offer to become Rendezvous Pointe's new kitchen manager. We are happy to have someone with Holly's character and skills become a part of our team.

Holly will be backed up by our new assistant kitchen manager, Kerri Anderson who you all know. Please introduce yourselves to Holly when you come in for lunch.

On another note, I want to let everyone know that June is going to be a bit of a difficult month for

Rendezvous Pointe. The biggest issue being that the dining room floors are going to be resurfaced on June 5th and the dining room will be closed for the entire week so the floor can dry. Lunch however will be served in the living room area for dine-ins. This means that we need to cancel the take-out meals at the front door from June 5th thru June 12th. Take-out meals will resume on June 13th. Also on June 30th we will once again not be offering take-out meals during Sue's retirement celebration lunch.

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Day before concert emergency with Donnie of Cook N Cowboys - Tim made a phone call to Vince and Mindi , they would be happy to fill in the group for Wednesday night! - Danny and Tim arrived early and got the stage set up - Vince and Mindi arrived a few hours before start time, Danny met them for the first time! - Tim got them set up - quick jam session, - Get some harmony tactics figured out - See how they sounded together - Concert starts and it sounded like they had been playing together for a long time! That was one amazing concert folks and lots of fun!! Sorry if you missed it!



A work in progress!!

The Sable Stitchers have worked hard on their new guilt for 2023!

These ladies are a fine tuned machine when it comes to quilt making! Each quilting session gets them closer to the finished product!! This quilt was one of their biggest challenges yet to make, it required designing and adapting a different pattern to what they started with originally. They are very gifted sewers and are very knowledgeable when it comes making alterations necessary for their patterns.

Great job ladies!!







It's coming along quite nicely!





WOW !!!
As soon as it gets quilted and the Stitchers are satisfied, they will start selling the raffle tickets. We will let you know when the raffle tickets go on sale!!



As all of you know Sue Eversull will be retiring June 30th. Sue is not disappearing; she is just going to hand over the reins of managing the kitchen to Holly Hansen and give herself the opportunity to spend more time with her family. Sue has expressed a desire to come in and help from time to time and we have accepted her offer, so you will continue to see her at Rendezvous Pointe.

Sue has been the backbone of Rendezvous Pointe's kitchen for over two decades preparing and serving meals with her signature care and pride and commitment to Sublette County seniors. If one was to do the math and consider just how many meals Sue has prepared and served for the citizens of this county, the number comes in at close to 750,000 meals. Job well done Sue. Thank you so much for all your hard work on behalf of so many.

On Friday, June 30th, 2023 Rendezvous Pointe will be hosting lunch in Sue's honor. At that time, we will be wishing Sue well on her last official day as Rendezvous Pointe's head cook and kitchen manager.

On this day we will not be offering take-out meals. Please make your reservation just as you would for a birthday lunch.

We look forward to seeing you there and we know Sue will as well.



Coffee & Conversation

Will take a break and return in September!

Getting up early to attend Coffee & Conversation is a great way to start your day!!

Our guests give us so much information and educate us on a wide variety of topics. Repeat guests bring us up-to-date on local matters and projects too.

Come join us when we return in September. The coffee will be ready!!



In Memory of Dorothy Selman

Dorothy's fun and vibrant personality showed in most of her very bright, beautiful, colorful and sometimes whimsical art work. She was a ray of sunshine to all of us in the Wednesday Art Group.

Rest in Peace dear friend.











Healthy Living, Mother's Day Lunch,

Hand and Foot, Mother's Day Tea......

Looks like Rendezvous Pointe is the place to be!!

There is something for everyone!

Birding with Betty, PT exercise with Jacob, Chair Yoga with Teisha, Pool, Pinochle, Bunco, Art, Bingo, Fiber Guild, Sable Stitchers, Mahjong, Wii Bowling, Pottery, Book Club, Summer Walk Program, there is something for everyone!

Come join in the fun and socialize with friends!

Think young, have fun and let's get moving together for better health and active minds!!









No News is Good News

because we are then able to avoid the constant stable of stories about shootings and those about lootings and stories about documents and the illegal occupants who flood across our borders and disobey orders who want to make homes here because living in daily fear from gangs has become too much trying to avoid their threatening touch or the photos of dying and destruction where the need is for construction one country invades another without cause and does not abide by conventional laws fires consume innumerable family homes floods destroy like wicked gnomes tornados lift houses into the air and we rejoice that we are not there weather creates the perfect storm that gives exception to the norm wind blows the semis over on the freeway allows no traveler the slightest leeway

No News is Good News

--cf kelly



Thursday, June 15th departing RP at 5:30am (nap on the way to Rock Springs) arrive at the Rock Springs Visitor Center by 7:30am.

Cost is \$88/person.

7:30am ~ Check in at Visitor Center

8:00am ~ Depart Visitor Center

8:25 - 8:35am ~ Flaming Gorge Gateway Sign - Map orientation/

8:50 - 9:15am ~ Firehole Canyon Stop - Cowboy Donuts and Restroom Break

10:10 - 10:15am ~ Antelope Flat Turnout

10:30 - 11:00am ~ Flaming Gorge Dam - View Site and Restroom Break

11:20-12:15pm ~ Lunch at Red Canyon Lodge or Flaming Gorge Resort

12:20p - 1:00pm ~ Red Canyon Visitor Center - View Scenic Overlook

1:25 - 1:40pm ~ Sheep Creek Bay Overlook

1:50p - 2:05pm ~ Salmon Interpretive Site - View Site and Restroom Break

2:20 - 2:40pm ~ Lucerne Valley Marina - Ice Cream and Restroom Break

3:20 - 3:35pm ~ Green River - View Expedition Island (optional, based on time)

4:00pm ~ Return to Visitor Center

Vacation complaint #8

"No one told us there would be fish in the water, the children were scared."





Sign up for the apron making class on Friday, June 9th from 10:00am - 12noon. Instructor is Pam Kirkpatrick. Bring two shirts with collars to make the apron. If you can, bring scissors, rotary cutter, long ruler, cutting mat and thread. If you don't have all of the above, not to worry, Sable Stitchers will have what you need.

What a practical and fun project!! This would make a great gift for a man or woman, Christmas will be here before we know it!

Beauty in the Morning

The best time of the night is at the dawning when the Sun is on the rise to show a brand new morning

Sometimes red clouds appear in the early morning light but the sun is quite persistent until she pops up very bright

The sky's a perfect blue the Sun keeps gaining height we're blessed each and every morn as we slowly leave the night

The best part of the night is the early morning light especially when all is well and everything is quite alright

----Rich Boettcher



ACTIVITIES

Moving onward!!

Jacob from Four Pines PT on Wednesdays at 10am for guided

exercise to help improve mobility, balance, strength, and overall well being thru exercise. Join us anytime!

Thank You Jacob for your dedication to our seniors!



June's book is:

Shadow Man by Ron Franscell

Book discussion will be June 16th @ 1pm

Books are due back on discussion day!!

Lunch & Movie in Marbleton June 29th Sign up on

bulletin board!



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What a Dad Really Is....

A dad is someone who wants to catch you before you fall but instead picks you up, brushes you off, and let's you try again.

A dad is someone who wants to keep you from making mistakes but instead lets you find your own way even though his heart breaks in silence when you get hurt.

A dad is someone who holds you when you cry, scolds you when you break the rules, shines with pride when you succeed, and has faith in you even when you fail.

~~Author Unknown



Yoga with Teisha!! **Mondays and Thursdays** from 10am - 11am at Rendezvous Pointe. Teisha will be gone on Thursday, June 1st.

Toenail Clipping !!!

Brittany will be here to cut toenails on the following dates:

June 7 & 21

Appointments start at 10am Please call Charlee at 367-2881 to schedule your appointment!

Dog Toenail Clipping



June 21st at 12:45pm.

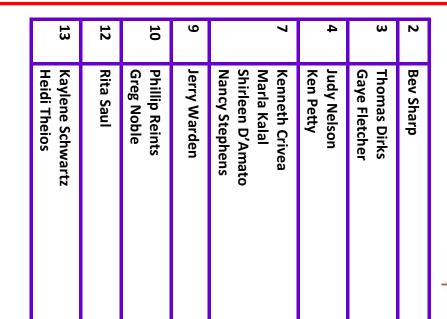
Sign Up sheet on bulletin board!

Please have your dog on a leash.

I finally got eight hours of sleep. It took three days, but whatever!

Thank you to all of the beautiful ladies who attended our Mother's Day Tea!! It was each and every one of you that made the day so special. You made my heart happy! Kathy





23	22	21	20	19	18	17	16
Bob Penton	Hugh Hanning Joan Swaim Ric Samulski Philip Selby	Marty Salvesen Maggie Melondez	Anna Golden	Jeanne Stott	Cynde Wilson Reta Allred	LuAnne Freeman	Mary Manderfeld Karen Skinner Laurel Barrett

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June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Take Out meals due to inside so please join u	Take Out meals are cancelled the week of June 5 thru 12 due to inside renovations, and also on June 30 th , so please join us in-house and let's get reacquainted!!	of June 5 thru 12 on June 30 th , reacquainted!!	1 Chicken Fried Steak, WW Roll, Mashed Potatoes, Country Style Gravy, Garden Blend Vegetables, Cucumber & Tomato Kidney Bean Salad, Cherry Crisp, Orange Juice	Fish (baked Breaded Fish) & Chips (Home Fries), WW Roll, Balsamic glazed Green Beans, Creamy Cole Slaw/WW Cracker, Pineapple Chunks, Tapioca Pudding
Egg & Sausage Bake, WW Roll, Seasoned Potatoes, Greek Salad, Banana Pineapple Mandarin Orange Cup, Rhubarb Crisp	Turkey Club Sandwich on Wheat, Potato Salad, Mixed Green Salad w/Sliced Tomatoes, Kidney Beans, Tropical Fruit Cup, Fudge Brownie	7 Spaghetti w/ Meat Sauce, California Blend Veg, Confetti Coleslaw, Focaccia Bread, Pear Pudding w/Granola	Buffalo Chicken, WW Roll, Macaroni Salad w/ Baby Carrots, Marinated Cucumber Salad, Watermelon Chunks, Oatmeal Raisin Cookie	Tuna Salad sandwich on WW Bread, Tomato Dill Soup, Russian Garden Salad w/ Kidney Bean, Tropical Fruit Cup, Oatmeal Raisin Bar
Closed	13 Happy Birthday Glazed Baked Ham, Scalloped Sweet Potatoes & Apples, Sugar Snap Peas, Rye Bread/Roll, Baked Pineapple, Molasses Cookies	14 BBQ Chicken, Macaroni Salad, Fanny's Cole Slaw, Peas, Lemon Blueberry Muffin, Peaches	Turkey Pasta Salad on Lettuce Leaf, Pickled Beets, Oatmeal Muffin, Mixed Fruit Cup, Ranger Cookies	Egg Salad Sandwich on WW Bread, Beef Barley Soup w/WW Crackers, 3 Bean Salad, Mandarin Oranges, Chocolate Chip Cookie
19 Taco Salad on Corn Chips, Peas & Carrots/Corn, WW Bread, Melon Cup, Rocky Road Pudding	Chicken Caesar Salad W/multigrain croutons, Whole Wheat Bread, Harvard Beets, Creamy Fruit Bowl, Carrot Cake	Roast Beef, Beef Dripping Gravy, Baked Potato, Garden Blend Vegetables w/multigrain croutons, Broccoli Craisin Salad, Rhubarb Cherry Crisp	Lasagna, Mediterranean Veg, Mixed Green Salad, W/W Garlic Bread, Bluebarb Cobbler	Hot Turkey Sandwich: Roast Turkey, Mashed Potatoes, WW Bread, Gravy, California Blend Vegetables, Caesar Salad, Cran-Apple Salad, Oatmeal Raisin Cookie
Ham 'n Pasta salad on Leaf Lettuce, Corn, Harvest Blend Vegetables, WW Bread, Ambrosia Fruit Cup, Lemon Cornmeal Cookies	Pizza w/Meat & Veg, Oregon Bean Medley, Lettuce &Tomato Salad w/multigrain croutons, Mixed Fruit Cup, Creamy Rice Pudding	Tarragon Chicken Salad on Leaf Lettuce /Multigrain Croutons, German Cole Slaw, WW Roll, Pears, Peach Melba Shortcake	29 Chili, WW Cracker, Mozzarella Cheese Stick, Garden Bounty Salad w/Carrot Sticks, Cinnamon Roll, California Fruit	Cheeseburger w/ Lettuce & Tomato, WW Bun, Sweet Potato Wedge, Garden Bounty Salad, Peaches, Chocolate Chip Cookie No Take Out Meals

26 10a ~ Chair Yoga 1p ~ Bingo	9 10a ~ Chair Yoga Ip ~ Bingo	CLOSED	5 10a ~ Chair Yoga 1p ~ Bingo	Mon
27 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	20 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	13 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	6 9a ~ Wii Bowling 9a-4p ~ Art 12:30p ~ Pinochle 1p ~ Mahjong	June 2023
28 9a-12n ~ Art 10a ~ Four Pines PT 10a ~ Pool 1p ~ Pottery/Ceramics	9a-I2n ~ Art I0a ~ Four Pines PT I0a ~ Pool Ip ~ Pottery/Ceramics I2:45p ~ Dog Toenails Toenail Clipping-people	14 9a-12n ~ Art 10a ~ Four Pines PT 10a ~ Pool 1p ~ Pottery/Ceramics	7 9a-12n ~ Art 10a ~ Four Pines PT 10a ~ Pool 1p ~ Pottery/Ceramics Toenail Clipping	Wed
29 I 0a ~ Chair Yoga I p ~ Bunco I p ~ Fiber Guild I p ~ Pool Lunch/Movie Marbleton	22 Oa ~ Chair Yoga Ip ~ Bunco Ip ~ Fiber Guild Ip ~ Pool	15 10a ~ Chair Yoga 1p ~ Bunco 1p ~ Fiber Guild 1p ~ Pool	8 10a ~ Chair Yoga Ip ~ Bunco Ip ~ Fiber Guild Ip ~ Pool	I I 0 ~ Yoga cancelled today Ip ~ Bunco Ip ~ Fiber Guild Ip ~ Pool Ip ~ WY Food Bank
30 No Coffee & Conversation till Sept 10a ~ Healthy Living 1p ~ Hand & Foot	23 No Coffee & Conversation till Sept I 0a ~ Healthy Living I p ~ Hand & Foot Sable Stitchers Book/Tech Support	No Coffee & Conversation till Sept 10a ~ Healthy Living 1p ~ Hand & Foot Book Club Discussion	9 No Coffee & Conversation till Sept 10a ~ Healthy Living 1p ~ Hand & Foot Sable Stitchers Book /Tech Support	Pri No Coffee & Conversation till Sept 10a ~ Healthy Living 1p ~ Hand & Foot