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Hours: Monday—Friday, 8am—4pm

This complete newsletter
can be viewed on our website.

October 2025





EMPLOYEE DIRECTORY

Director - Tina Kaumo-Corazza
Financial Director - Cher Rosencranse
Adm. Asst. - Charlee Thomson
Activity Director/Newsletter - Anissa McCutchan
Transit Coordinator - Hannah Bennett
Transit Driver - Blake Ober
Mike Deleeuw
Case Manager/SAMS - Jennifer Petersen
Homemakers - Mandy Majhanovich
Michelle Hines
Kitchen Manager - Kerri Anderson
Assistant Kitchen Manager— Holly Hansen
Kitchen Staff—
Jody Wilson, Sharon Bell,
Lydia Petersen, Zoey Hedgepeth,
Mavzuna ToshpuLatova, Michelle Hines

Board of Trustees

Richard Smith - Chair 559-352-5047
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From the Director...



I hope everyone has had a wonderful Summer! The cold seems to be creeping in slowly but surely so it's about time for pumpkin spice and gingerbread. Mark your calendars for the following holiday celebrations here at Rendezvous Pointe that you cannot miss:

November 7th & 8th is our annual Craft Fair – register for a booth now if you are interested in selling your items

November 25th is our Thanksgiving meal celebration hosted by Jonah

December 18th is our Christmas meal celebration

We hope to see you all here for our celebrations as well as daily for our delicious lunches that are served – bring your friends and family!

A **BIG Thank You** to all who made donations on behalf of Rendezvous Pointe through Foundation23. Your generosity helps us to make ends meet and do more than we otherwise could. What a great way to help our seniors – Thank you!

Oh, and just another reminder for everyone – you are amazing and appreciated! Thank you for who you are and all you do.

Coffee & Conversation on Friday mornings at 9:00am Sponsored by

October 3rd ~ Kari Dewitt, Sublette County Health

October 10th ~ TBD*

October 17th ~ Alizee Gervais, Alzheimer's Association Wyoming Chapter

October 24th ~ Ed Wood, Wood Law Firm
Getting affairs in order; questions you may have

October 31st ~ TBD*

* waiting to verify dates

Getting up to attend Coffee & Conversation is a great way to start your day!
Our guests give so much information and educate us on a wide variety of topics. Repeat guests bring us up to date on local matters and projects too. Come join us on Friday mornings at 9am! The coffee and snacks will be ready!!



Podiatrist Dr. Stanton Smith

will be coming to Rendezvous Pointe on
October 13, 2025

There are still appointment times open.
If you have any foot problems that need attention, call Charlee at Rendezvous Pointe at 367-2881 to make an appointment for this date with Dr. Smith.

Appointments start at 12:30pm, schedule every 15 minutes and last appointment time is 2:45pm.
If coming for the first time please bring your I.D. and insurance information or be prepared to pay day of visit.

SABLE STITCHERS



Sable Sewers (Sable = Stash accumulated beyond life expectancy) is a sewing group at Rendezvous Pointe. Bring your sewing machine and sewing projects and join the fun!! This group meets the 2nd and 4th Friday of every month from 9:00 a.m. to 4:00 p.m.

BINGO!!!
Mondays @
1:00pm



Lunch and a Movie
in Marbleton
Thursday, October 30, 2025

Van will depart at 10:15am under front car port.

Homemaker Services

If anyone is in need of homemaker services which consists of light housekeeping, basic meal preparation, shopping and laundry, please call Rendezvous Pointe and ask for Jennifer at 307-367-2881. At this time, we are compiling a waiting list and will be adding staff to accommodate the need.



The Bank of Jackson Hole will be hosting our lunch twice a month this year!!

October dates are the 14th and 28th

It was decided to have these lunches on the second and fourth Tuesdays of each month.

Please make it a point to thank Pat for their generous support of Rendezvous Pointe seniors as you get your lunch!

BREAST CANCER AWARENESS MONTH

OCTOBER

Things You Should Know *about* Breast Cancer



What are the statistics?

- 1 in 8 women will be diagnosed with breast cancer in their lifetime
- 30% of all new female cancers diagnosed each year are breast cancer
- There are over 2.6 million female breast cancer survivors in the US



What is it?

- It is a type of cancer that starts in the breast when cells begin to grow out of control
- Not all breast cancer is the same - there are several types of breast cancer depending on where it is in the breast and the specific cells that become cancerous



Who does it affect?

- Breast cancer occurs almost entirely in women, but men can get breast cancer, too
- The median age of diagnosis is age 62
- The majority of female breast cancer risk is established during the years between puberty and menopause



What about prevention?

- The most common sign and symptom is a new lump or mass
- Screening mammograms, clinical breast exams, and breast self exams can detect early stage breast cancer before signs and symptoms appear



What are treatment options?

- If you are diagnosed with breast cancer, treatment is based on the stage and type of your cancer
- Common treatment plans include radiation therapy, surgery, or chemotherapy



Health Benefits of

5 PHYSICAL THERAPY



Eliminate Pain

It is important to talk with your doctor to develop a physical therapy program that is right for you. Physical therapy can help reduce or eliminate pain altogether.

Improve Mobility

Patients who have difficulty walking, standing, or moving can benefit greatly from physical therapy. Therapeutic exercises may also eliminate the need for a walking device.



Stroke Recovery

While a stroke can leave a person partially paralyzed or immobile, a strict physical therapy regimen can help a patient regain their strength.



Sports Recovery

Although pain medication can provide immediate relief for an athlete suffering from an injury, physical therapy is more effective at providing long-term relief.



Avoid Surgery

In some cases, physical therapy can replace a patient's need for surgery. Even if you are still in need of surgery, physical therapy can give you the strength you need to prepare for the procedure.

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Sources:

www.apta.org
www.burke.org
www.moveforwardpt.com

National Pet Wellness Month

- 🦴 **Exercise and Mental Stimulation:** Your pet needs both physical exercise and mental stimulation to stay healthy & happy.
- 🦴 **Proper Nutrition:** Feed your furry friend a balanced & nutritious diet suitable for their age, size, and breed.
- 🦴 **Regular Veterinary Care:** Schedule routine check-ups & vaccinations with your veterinarian.
- 🦴 **Grooming:** Regular grooming sessions keep your pet's coat clean & free of mats.
- 🦴 **Regular Dental Care:** Dental health is crucial. Brush your pet's teeth regularly and provide dental treats to help reduce plaque buildup.



October Birthdays



3	Shanny Davis Joe Petrone
4	Rich Boettcher Margaret Noble Jim Washam Joe Kaumo
5	Earlene Golden
6	Claire Faler
7	Robertta King Clyde Boswell Kaylene Schwartz
9	Dianna Story
10	Ken McLaughlin
11	Rosemary Aultman Scott Willman



12	Ruth Neely
13	Tom Murdock Glenna Johnson
14	Gene Bryson Sheryl Boroff Frank Bird Thom Rinker
15	Barbara Pfaff Judith Andersen Gwen Smith
16	Gail Toth Jim Toth Bob Nigro David Kirkpatrick
18	Bob McCarty
19	Lauri McClain Arlinda McLaughlin Beth Rogers
20	April Gibson Tom Engeberg James Shaffer

21	Miriam Carlson
22	Sean Reed Janet Goulette
24	Donna Spahn
25	Elaine Ladygo
26	David Payne
27	Joan Balue Maxine Kawa Kay Azzi Gail Bly
29	Hank Ruland
30	Ed Trimmer








Mon	Tue	Wed	Thu	Fri
<div>  <h1>October 2025</h1> <p>All activities subject to change</p> </div>				
<div> 6 10a ~ Chair Yoga/ Teisha 1p ~ Bingo </div>	<div> 7 9a ~ Wii Bowling 9a - 4p ~ Art 12:30 p ~ Pinochle 1p ~ Mahjong </div>	<div> 1 9a - 4p ~ Art/Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes </div>	<div> 2 10a ~ Chair yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool </div> <div>FOOD BANK OF WYOMING</div>	<div> 3 1p ~ Hand & Foot Teton Raptor Center </div>
<div> 13 10a ~ Chair Yoga/ Teisha 1p ~ Bingo </div>	<div> 14 9a ~ Wii Bowling 9a - 4p ~ Art 11a - 1p ~ Flu Shot Clinic 12:30 p ~ Pinochle 1p ~ Mahjong </div>	<div> 15 9a - 4p ~ Art/Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes </div>	<div> 16 10a ~ Chair yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool </div> <div> Alzheimer's Association Wyoming Chapter Bingo Fundraiser 4:30 PM </div>	<div> 17 1p ~ Hand & Foot </div>
<div> 20 10a ~ Chair Yoga/ Teisha 1p ~ Bingo </div>	<div> 21 9a ~ Wii Bowling 9a - 4p ~ Art 12:30 p ~ Pinochle 1p ~ Mahjong </div>	<div> 22 9a - 4p ~ Art/Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes Plaster Cloth Masks Class </div>	<div> 23 10a ~ Chair yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool 12:45p ~ Dog Toenail Clip-pings / Patti </div>	<div> 24 1p ~ Hand & Foot </div>
<div> 27 10a ~ Chair Yoga/ Teisha 1p ~ Bingo </div>	<div> 28 9a ~ Wii Bowling 9a - 4p ~ Art 12:30 p ~ Pinochle 1p ~ Mahjong </div>	<div> 29 9a - 4p ~ Art/Pottery 10a ~ Four Pines PT / Jacob 10a ~ Pool 1p ~ Dominoes Painting Masks Class </div>	<div> 30 10a ~ Chair yoga / Teisha 1p ~ Fiber Guild 1p ~ Pool </div>	<div> 31 1p ~ Hand & Foot 4-6p ~ Trick or Treat at RP </div> <div>  </div>



October 2025

2% Milk, Butter, Iced Tea and Lemonade Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
6 Cheeseburger , Sweet Potato Wedge, Lettuce & Tomato, California Blend Vegetables, Garden Bounty Salad, Peaches, Chocolate Chip Cookie	7 Poppy Seed Chicken , Steamed Brown Rice, California Blend Veg. Spinach Mushroom Salad, WW Roll, Bananas & Mandarin Oranges	1 Hot Turkey Sandwich , Whipped Potatoes, Spinach Salad with Mandarin oranges, California Blend, Peach Cobbler	2 Beef & Broccoli Stir Fry , Steamed Brown Rice, Steamed Carrots, Wheat Bread, Pears	3 White Chicken Chili , Sweet Potato Wedges, Cornbread, Sliced Strawberries
13  Closed	14 Happy Birthday! Chicken Fried Steak , Mashed Potatoes, Green Beans w/ bacon, Biscuit, Apricots 	15 BBQ Chicken , Potato Salad, Fanny's Cole Slaw, Peaches, Lemon Blueberry Muffin	16 Ham & Cheese Slider , Minestrone Soup, Spinach Mandarin Salad, 3 Bean Salad, Pineapple	17 National Pasta Day Chicken & Herbed Fettuccine , Relish Tray, California Blend Vegetables, Homemade WW Roll, Grapes & Bananas, Peach Berry Crumble 
20 Sloppy Joe , Garden Vegetable Salad, Mixed Vegetables, Fruit & Marshmallow Cup	21 Sweet & Sour Pork , Steamed Rice, Spinach Mushroom Salad, Peas and Carrots Mix, Egg Roll, Sliced Bananas	22 Chicken Pot Pie , Mixed Greens Salad, Green Beans, Fruit Pizza	23 Swedish Meatballs , Mashed Potatoes, Marinated Carrots, Roasted Brussels Sprouts, Hot Roll, Peaches, served over Cake	24 National Food Day Biscuits & Sausage Gravy , Roasted Potatoes, V8, Wheat Biscuit, Fruit Cup, Parfait w/ berries 
27 Chicken Caesar Salad , Harvard Beets, WW Bread Stick, Creamy Fruit Bowl, Carrot Cake	28 Happy Birthday! Lasagna , Mediterranean Veg, Mixed Green Salad, Garlic Bread, Blue barb Crisp 	29 Sandwich Turkey Rueben , Pickled Beets, Relish Tray, 3 Bean Salad, Roll, S/F Gelatin Bananas, 1/2 Orange	30 Pork Chop , Scalloped Potatoes, Tossed Salad, Steamed Broccoli, Ambrosia Fruit Cup, Oatmeal Spice Cake	31 Chili con Carne , Relish Tray, Corn Bread, Strawberries & Bananas 

Serving time for lunch will be 12noon!

Please Call Rendezvous Point @ 367-2881 before 9:30am for your Reservations

ACTIVITIES



Jacob with Four Pines PT
on **Wednesdays at 10am** for guided
exercise to help improve mobility,
balance, strength, and overall
well being thru exercise.
Come improve your physical
well being!

Thank You Jacob for your dedication to our seniors!

**We would also like to thank Megan and Brooke for
helping to change it up for us every once in a while!**

Attention Bingo Players!!

**Candy Bar Bingo Day will be the first Monday
of the month.**

**Bring a regular size candy bar for an additional
prize for each game!!**

Cat Pictures Needed!!!

**You can bring in pictures of your feline friends
and I will make copies or you can email them
to me at rpact2021@gmail.com.**

They will be displayed on the bulletin board!



The Sable Stitches are
having their annual quilt
raffle. This quilt is abso-
lutely beautiful!! Tickets
are \$10 each with only
300 tickets being sold.



Come by the office to pur-
chase tickets and they will
be at the Craft Fair!

Drawing will be held in
December.



Chair Yoga with Teisha !!
Mondays and Thursdays
from 10am - 11am
at Rendezvous Pointe.
Come and take part in a fun
yoga session!!
Your body will thank you!!

**Dog Toenail Clipping on
October 23, 2025
at 12:45 PM.**

**Please have your dog on a
leash!**



Dominoes

Wednesdays at 1:00pm

Come join the fun of mental exercise!
No need to sign up, just come and play!
We learn new versions regularly.
All Fives, Threes and Fives, Moon & 42.



**Plaster Cloth Masks
Class**

**October 22 & 29,
2025**



Come join the fun!!

Darcy **WILL NOT** be here in October. She will re-
sume services in November. Please call Charlee
to schedule an appt.



**Thank you Darcy for doing such
a great job and your generosity
for our seniors!!**



The Sable Stitchers doing a service project, made fidget quilts used for cognitive therapy, as welcoming gifts for the memory care unit at the new Heritage Home.



FLU CLINIC FOR RENDEZVOUS POINTE

Sublette County Public Health will be here
October 14, 2025 from 11am - 1pm

To offer flu shots.

Regular flu shot \$25

High-dose senior flu shot \$75

We will have forms here at Rendezvous
Pointe prior to this date.



What creative seniors we have. We had a button décor class. It was a lot of fun!

We are going to do another class in November. Come join the fun!!





We had a fun rock painting class! These ladies are so talented. They really did a great job!

Kari DeWitt gave us a wonderful tour of the new hospital and the Heritage Home. It is a beautiful building.



I would like to give a big "Thank you" to Ginny Rossow, Vicky Biffle and Linda Sellers who have been a huge help in organizing these projects! We have had such an increase in participation! We have more fun ideas to come!



We also had another pressed flower class and the artwork that these gals made with them was amazing! We have such incredible artists!

Be Creative



holiday Craft Fair



21st Annual Holiday & Craft Fair
At Rendezvous Pointe
November 7th & 8th, 2025



The holiday fair is just around the corner! We are making the call to all seniors who would like to volunteer for the craft fair. We will need help both days with setting up, clean up, oversee silent auction table, food prep and servers for Rendezvous Café, and more.

Please call or come in and talk to Anissa to get signed up to volunteer!

We definitely couldn't make this happen without your help!!

THANK YOU from **Rendezvous Pointe**
and our Seniors for the market swine
 from **Rio Verde Engineering**
 and the market beef from
Sommers Herefords, Jonah Energy
 and **PureWest Energy.**

Your generous donation of this meat significantly alleviates our kitchen expenses, and we are truly grateful. Your support makes a real difference, and we deeply appreciate your commitment to our community.



The Puppy Love Song

Yellow roses are blooming in Sublette
 the county of my heart.
 Love found us both in Pinedale;
 we vowed we'd never part.

But the world has a way to change one,
 then call what we had: Puppy Love.
 That may be right
 though it may be wrong
 'cause lost love writes a very sad song.

We lost our love upon leaving
 the town we loved so much.
 Our love was surely weakening
 as we gradually drifted apart.

Yeas later, a sad revelation
 was moving within my heart,
 to say "I still love her: I love Her!
 I love her with all my heart!!"

~~ Rich Boettcher



We will be hosting a Bingo Fundraiser
 for the Alzheimer's Association Wyoming Chapter on
 October 16, 2025 at 4:30 PM
 \$25 per person/ includes 2 cards
 Additional cards \$1.00 each
 6 games for Prizes
 Light dinner included



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Pinedale, WY 82941

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**Rendezvous Pointe will be participating in the Trick or
Treat events on Friday, October 31st from 4-6pm.**

**We invite everyone to come out and hand out candy
and see all the fun costumes.**

**We are also seeking donations of candy for this as well!
We will need donations by October 17th.**

HAPPY HALLOWEEN!!

