

Home Decluttering Checklist (Room by Room)

Getting Started

- Set a timer (15–30 minutes) to avoid burnout
 - Bring 4 bins/bags: **Keep | Donate | Trash | Relocate**
 - Start with one small space (drawer, shelf, or corner)
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Living Room

- Clear flat surfaces (coffee table, shelves, TV stand)
 - Sort books & magazines – keep only favorites
 - Remove décor you don't love or use
 - Manage remote controls, chargers, blankets in baskets
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Kitchen

- Declutter countertops – only daily essentials stay
 - Empty and clean one cabinet at a time
 - Discard expired food & spices
 - Donate duplicate utensils/appliances
 - Create zones: cooking | coffee | snacks | cleaning
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Bedroom

- Clear nightstands & dressers
 - Sort clothing: Keep, Donate, Seasonal, Repair
 - Remove “laundry chairs” & clothing piles
 - Make bed the focal point – fresh linens, no clutter
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Closet

- Use the **1-Year Rule**: Not worn in 1 year? Let it go
 - Group by type (shirts, pants, outerwear)
 - Use matching hangers for calm & uniformity
 - Add storage bins for shoes, accessories
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Bathroom

- Dispose of expired products
 - Keep daily-use items in one easy-access basket
 - Organize under-sink with bins
 - Limit décor—calm space = spa vibes
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General Maintenance

- Set a 10-minute nightly tidy routine
- Adopt “One In, One Out” rule