

CHOOSEHEALTHY PLUS FITNESS

The ChooseHealthy® program provides members with savings on a wide variety of specialty health and wellness services.



ChooseHealthy™

With this wellness program, members can:

- Save 25% on services from specialty health care providers. The ChooseHealthy program's full musculoskeletal provider network features more than 80,000 participating providers nationwide.
- Choose from more than 10,000 participating fitness centers with the Active&Fit Direct™ program for \$25 a month*. Once enrolled, members also have access to tools to help them get the most out of their membership, such as tools that allow them to track exercise.
- Save 5% to 55% on a variety of popular health and fitness products. Most orders offer free shipping and handling.

Please note that the ChooseHealthy program is not insurance. You should check any insurance benefits you have before using this discount program, as those benefits may result in lower costs to you than using this discount program. The ChooseHealthy program provides for discounts from specialty health care providers. You are obligated to pay for all services from those providers but will receive a discount from those participating providers for services included in the program. The ChooseHealthy program also includes the Active&Fit Direct program, which provides discounted access to fitness centers. The ChooseHealthy program does not make any payments directly to participating providers or to the Active&Fit Direct program. The ChooseHealthy program has no liability for providing or guaranteeing services and assumes no liability for the quality of services rendered. Discounts on products and services available through the ChooseHealthy program are subject to change; please consult the website for current availability.

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**Plus a \$25 enrollment fee and applicable taxes.*