

## National Do Not Call Registry

The National Do Not Call Registry was created to stop unwanted **sales calls**. It's free to register your home or mobile phone number.

If you've already added your phone number to the Do Not Call Registry and are still getting a lot of unwanted calls, odds are the calls are from scammers. Read about blocking unwanted calls to find out what to do about them. If you answer one of these calls, hang up and report the call to the FTC.

### Adding Your Number to the Registry

How do I add my number to the Registry?

**Go to [donotcall.gov](http://donotcall.gov) or call 1-888-382-1222 (TTY: 1-866-290-4236) from the phone you want to register. It's free.**

If you register your number at [donotcall.gov](http://donotcall.gov), you'll get an email with a link you need to click on within 72 hours to complete your registration.

### How long will it take for sales calls to stop?

Your phone number should show up on the Registry the next day, but it can take **up to 31 days** for sales calls to stop. You can check whether your number is on the Registry at [donotcall.gov](http://donotcall.gov) or by calling 1-888-382-1222 from the number you want to verify.

### Will my registration expire?

**No, your registration will never expire.**

The FTC will only remove your number from the Registry if it's disconnected and reassigned, or if you ask to remove it.

### Can I add my mobile phone to the Do Not Call Registry?

Yes.

### Will the Registry stop all unwanted calls?

No. The Do Not Call Registry stops **sales calls** from real companies. The Registry is a list that tells telemarketers what numbers not to call. The FTC does not and cannot block calls. The Registry can't stop calls from scammers who ignore the Registry.

Companies can call you if you've recently done business with them, or if you've given them written permission to call. But if you ask them not to call you, they have to stop. Be sure to write down the date you asked them to stop.

### Are any other types of calls still allowed under FTC rules if I'm on the Registry?

The rules allow:

- political calls
- charitable calls
- debt collection calls
- purely informational calls
- surveys

### What about robocalls?

If a robocall — a call that plays a recorded message — is selling something, it's illegal unless you've given a company **written permission** to call you that way.

If you get an illegal robocall, hang up. Don't press buttons to be taken off a call list or to talk to a live person. It might lead to more unwanted calls. Instead, report it to the FTC.

Learn more about robocalls at [ftc.gov/robocalls](http://ftc.gov/robocalls).

### Report Unwanted Calls

Where can I report an unwanted call?

Report unwanted calls at [donotcall.gov](http://donotcall.gov). Report the number that appears on your caller ID — even if you think it might be spoofed or faked — and any number you're told to call back.

The FTC takes the phone numbers you report and releases them each business day to help telecommunications carriers and other industry partners that are working on call-blocking solutions.

**For more information about the Do Not Call Registry, please visit [www.donotcall.gov](http://www.donotcall.gov)**