

G(END)ER SWAP: QUICK TRANS, NONBINARY, GENDER NONCONFORMING WINTER STYLE GUIDE



This mini style guide has been put together by Santi from G(end)er Swap and includes a list of some style tips that could help you keep warm while still feeling like yourself this winter. This guide is for any queer/trans gender non-conforming individuals and for anybody who is experimenting with their gender expression. More links to other resources have been added in for you to do more research. Please also check out our G(end)er Swap Summer Style Guide for more clothing resources/links/ideas!

Have any tips you would like to share?

Please get in touch with G(end)er Swap through our contact form on our website www.genderswap.org
Please get in touch if you have more style questions or need further advice.

Wishing you a happy winter!

Santi, founder of G(end)er Swap

Tips for Trans Masculine Folks

TOPS

Layers

- Layers are such a trans masc essential!
- Layer different tops to hide unwanted bumps and curves.
- Layers create more bulk on the top half/shoulders which creates more of a 'V' shape

Great Layering ideas:

Flannel shirts over a button up

Long sleeves under a t-shirt

An oversized utility vest over a hoodie

An oversized coat

Sweater vests over turtlenecks!

Denim or leather vests with sweaters

Sweater with a collared shirt underneath

Oversized blazers

Examples:



Tips

- Make sure sleeves don't run past your wrist
- Look for rounded crew neck shirts: this style will ensure your binder doesn't poke out
- Have your shirts stop right below your belt line
- Look for square shapes to create straighter lines
- If you want an oversized look: go one size up max

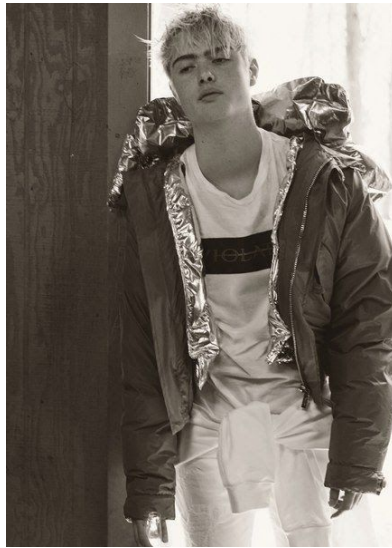
Experiment

- Pattern clashing
- Neon colours
- Faux fur collars on jackets
- Add patches on to your shirts/outerwear

Coats

- Leather motorcycle jackets: create bigger shoulders
- Big puffy bomber jackets
- Long pea coats for a suave look
- Trenchcoats are good for the rainy days
- >opt for darker colours and oversized looks

Examples:



BOTTOMS

Finding trousers that fit right can be a pain!

Here are some winter alternatives:

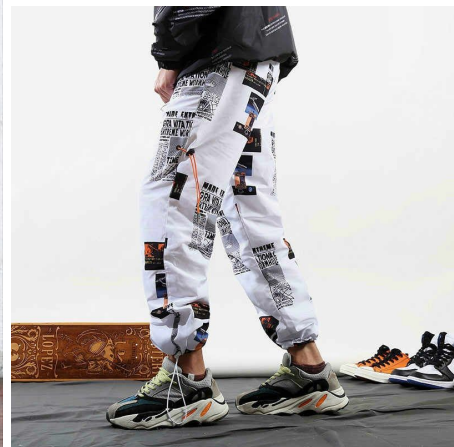
- Printed joggers
- Tracksuit bottoms
- Shorts over leggings combo (sports goth)
- Cargo/camo pants (looser fit)

- Harem pants
- Flares and bell bottoms are so in if you want to try something different!

Tips for finding jeans:

- Look for labels such as 'straight leg' and 'boot leg'
- Go up a few sizes in a "women's" "boyfriend jean": the trousers are more likely to fit well and have bigger pockets
- Look for second hand/vintage Levi's (for any gender): they tend to have a more 'androgynous' fit.
- Make sure you look for trousers that have a longer inseam in the front to get that baggy look (can fit a packer too).
- Look for bigger back pockets that sit lower down.
- A high waisted jean can sometimes work better if paired with lots of long/heavy layers on top (hides the butt area).

Examples:



Undergarments

- Long johns: pair great with lightweight joggers or tracksuit bottoms
- Long boxers (mid thigh)
- Ribbed undershirts: add an extra layer of warmth/hides chest bumps/binders better
- Long sleeved sweat absorbent sports tops. Great for keeping you warm and dry.

Resources for Trans Masc Style

[Fall/ Winter Lookbook](#)

[Style advice for Trans Men](#)

[Style advice by Miles McKenna](#)

Tips for Trans Feminine Folks

TOPS

Shapes

- Opt for flowy/lightweight materials: this will add more shape and movement to the top half.
- Textures are really good for creating curves: ruffled blouses and glittery/sequins or fringe tops are always great
- Look for shirts that flare out at the bottom: this creates a waist line/curves

Layers

- Lightweight layers on the top are recommended for trans feminine folks: this softs out the shoulder area.
- Opt for shawls in lighter colours or with a printed design
- Ponchos and cropped sweaters over a colourful shirt is a great combo
- Knitted gilets and denim are also a good choice!
- Bright coloured cardigans!

*Avoid shoulder pads or shoulder heavy garments

Examples:



Accessories

- Neck scarves
- Suspenders
- Faux fur accents
- Brooches/badges
- Tie a sweater around your shoulders
- Play around with gender bendy apparel!



Coats

- Cropped Jacket
- Long puffy coat
- Fun Faux Fur Jackets

BOTTOMS

Think about neat combinations for mixing up what you wear on the bottom!

- Knitted or patterned tights with a skirt
- Wide legged trousers with a shirt tucked in (to create shape)
- Dungarees are always a fun and comfortable option!
- One piece rompers with a belt
- A skirt worn over a pair of skinny jeans
- Dresses with a cinched/elastic waist area
- High waisted corduroys are such a good look!

Examples:



Tips:

- Trousers with smaller pockets creates more shape in the butt area
- One piece rompers fit a variety of body shapes and are great for adding on layers
- Look for stores that have 'tall' sections to get the right sized trousers
- Vintage stores are really great for finding one of a kind pieces: great for finding jeans/Levi's in a variety of sizes
- Opt for bottoms that are stretchy with a lot of give.
- Wear leggings underneath your jeans to create a customised fitted look.

Undergarments

- Opt for bandeau bras or triangle bras with no underwire
- Lace or satin camisoles are really nice under more transparent blouses
- Body suits are great for creating shapes
- Spandex shorts are a good gender neutral undergarment
- Wear nylons under trousers for warmth and for a more 'feminine' feel.

Resources for Trans Feminine Style

[Fashion Tips for Trans Women](#)

[Clothing Haul for Trans Women](#)

[Non Binary Thrift Haul](#)

Practical Winter Shoes for All Genders

Galoshes
Dr. Martens
Hiking Boots
Platform Combat Boots
Creepers
Printed Wellies
Brogues
Chelsea Boots

Examples:



GenderFluid Fashion Resources

[Non Binary Fatshion](#)

[Fat Positive Gender Fluid Fashion](#)

[Androgynous Fashion for fat AFAB folks](#)

[Tomboy Fashion](#)

[Nonbinary Lookbook](#)

Blogs

Femme Staples

<https://www.qwearfashion.com/home/2016/12/31/5-femme-winter-wardrobe-basics>

TG Forum

<https://tgforum.com/winter-dressing-tips/>

FTM clothing guide (Point cc)

<http://point5cc.com/dressing-to-flatter-your-ftm-body-type/>

Queer accessories

<https://www.autostraddle.com/queer-style-all-the-small-things-autostraddles-accessory-guide-part-34030/>

Trans Guy Fashion Blog

<https://ftm-fashion.tumblr.com/>

Qwear: LGBTIQ+ Fashion Blog

<https://www.qwearfashion.com/>

DapperQ: Gender Neutral Fashion Platform

<https://www.dapperq.com/>

*Please reference our G(end)er Swap Summer Style Guide for more resources, links and style ideas!