

G(END)ER SWAP TIPS FOR SAFE BINDING

This document outlines links to information on chest binders and binding safely.

Please note that we do not distribute binders to individuals under the age of 16 years old.

GC2B binders are a manufactured and safe product that is sold worldwide.

Any issues with our binder services can be directed to GC2B directly.

We do not sell binders or profit off binder donations: you can read more about this under our FAQs on our shop page

***We do not endorse binders to minors ***

Please find links below:

[GC2B binding tips](#)

[Binding with COVID-19](#)

[Binding + Self Care](#)

[Binding for plus size bodies](#)

Binding tips from our community members:

[Spectrum UK](#)

[Binding tips by Dean](#)

How to measure yourself for a binder. Subscribe to our YouTube!

[Measuring video](#)

[Binder review!](#)