How To Plan An Outfit

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Planning an outfit can be daunting. Not enough people talk about it and it's because it can be a difficult thing to ask advice on when choosing a look for the day is so personal and subjective. Have you ever stood in front of your wardrobe completely stumped as to what to wear? Not feeling very inspired by what you have?

Here's a quick list of steps to take when planning an outfit.

Please note the steps may change depending on what your statement piece is!

- 1. Pick a statement piece. For example, a piece of jewellery, a wild pair of sunnies or a loud patterned shirt. Use the colours, textures or style of the piece as inspiration for the rest of your outfit.
- 2. Pick a pair of bottoms to go with your look: whatever stands out to you first.
- 3. Select two different tops to try on see which one you like best. I like to choose one vest and one T-shirt to choose between.
- 4. Pick out a warm layer to wear with your outfit. For example an added button up, zip up hoodie or gilet.
- 5. Pick out a three accessories: rings, a head scarf, chain necklaces and/or earrings are a few good staples.
- 6. Grab your socks and a pair of shoes to go with your look
- 7. Select one piece of outerwear to brave the outdoors

Lay out all your items first and then try on your outfit.

Remember, you don't have to put on everything that you set out but it's good to see a visual mood-board of your look before you try it out.

Have fun and experiment with new expressions!

Download this resource and use it as a daily check list for yourself too :)