



November 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		Blue 5:30-6:30 Gold 6:30-8	Tumbling (All) 5:30-6:30 Traditional Comp 6:30-8:00	PLAYOFF POTENTIAL  Alexis C B-Day	1 SET UP COMP	2 NATIONAL QUALIFIER COMP
3	4	Blue 5:00-6:30 Gold 6:30-8	Tumbling (All) 5:30-6:30 Traditional Comp 6:30-8:00	Blue 5:00-6:30 Gold 6:30-8 Coach Charm B-Day	8	9
10	11	Blue 5:00-6:30 Gold 6:30-8	Tumbling (All) 5:30-6:30 Traditional Comp 6:30-8:00	Blue 5:00-6:30 Gold 6:30-8 Jocey B-Day	15	16
17	18	Blue 5:00-6:30 Gold 6:30-8	Tumbling (All) 5:30-6:30 Traditional Comp 6:30-8:00	Blue 5:00-6:30 Gold 6:30-8	22	23
24	25	26	27	28 THANKSGIVING	29	30

notes

NOTE NEW BLUE SQUAD TIMES, Weight Training before practice starts