

# 2019 – 20 TRYOUT PACKET



[www.tahomabearscheer.com](http://www.tahomabearscheer.com)

## **TAHOMA HIGH SCHOOL CHEERLEADING BLUE/ GOLD / SPARKLE/ T.A.G. PROGRAM TRYOUTS**

*DO YOU HAVE WHAT IT TAKES? Cheerleading/mascot is hard work, and lots of it. You become a prominent, visible representative of your school. You must be alert, poised and self-disciplined. It's a tough, demanding and highly rewarding "job".*

Dear Parents and Students:

Cheerleading is a very important part of Tahoma High School. Holding this job is a responsibility. Being a Cheerleader is hard work, and requires constant dedication to self, squad/team, school, and the community.

Cheerleaders should ask themselves, "Why do I want to be a cheerleader?" Individuals should remember that as part of the cheerleading team, and are a representative of THS, and are expected to display a positive leadership image at all times. The most important element of high school is a student's academic progress.

There is a **huge time commitment** involved in being a cheerleader. Some of the many commitments are: fund-raisers, camp, summer practices, and many hours during and after school. **Cheer commitment comes before other activities!** Candidates should understand that only illness and special family circumstances are legitimate reasons to miss a cheer activity. Because this has caused some conflict in the past, this standard is now being tightly maintained. Many times practices go longer than planned or the squad is asked to perform at an unscheduled event. This is why it is important to be able and willing to go the extra mile. **Cheer Squad members are required to attend all scheduled practices, meetings and performances in their entirety.**

A detailed schedule for the whole year is provided in the program guide. Make sure to check this for conflicts before you tryout.

Cheerleading is expensive. The school does help with some of the camp cost but students are asked to pay for anything not covered. Again, a detailed cost sheet is in the program guide. Fundraising opportunities will also be available. **You must have a \$0.00 balance on their ASB account to tryout.**

Being a part of the cheerleading team can be some of the best memories and times of your life. Cheerleaders will get to know each other in such a way that it cannot be compared to that of any other team. I wish all of you the best at tryouts; enjoy the experience and GOOD LUCK TO YOU!

Chuck Chartrey

Tahoma Cheer Coach

# Tahoma Cheerleading

Sideline, Sparkle, Game Day, and Traditional teams

## *Program Guide 2019-20*

### ***Tahoma Cheer exists to:***

- Promote school spirit and recognize high school athletics
- Serve the cheerleaders, the school, and the community
- Instill commitment, time management, and team work
- Develop cheerleading skill and technique
- Challenge the body and mind in competitive venues
- Foster life-long relationship

### **Communication**

Remind

All legal guardian must sign-up

Steps to talking to coaches if you have questions or concerns or issues about anything first

1. E mail or call the coach directly, allow 24 hours, or till Monday if it is the weekend for a response (longer if coaches are on Vacation) If it can't be resolved over phone or e-mail move on to step 2
2. Face to Face Meeting with Coaches and or athlete if this still doesn't resolve the Issue Move onto step 3
3. Coaches will set up a meeting with parent's athlete and the AD
4. Failure to follow steps will result in being asked to go back and follow the steps.

### **Squad Sideline, Game Day and Competitive Make-Up**

- Sideline - Lines will be determined before the first game based on chant, dance, and jump test. However, lines are subject to change weekly due to attendance, attitude, and performance at previous week's game
- Competition – Again no spot is permanent, athletes may be moved between teams based on roles needing to be filled, performance, attitude, grades, attendance
- Game Day- All Cheerleaders will compete in game day qualifier's and State
- Coaches will have final say in hair and make-up for all practices and performance we strive for a uniformed/ professional look **You are expected to show up ready to go**
- **Tryouts (please see tryout packet for detailed information)**

### Eligibility:

- Must be a current Tahoma student
- Grades 9-12<sup>th</sup> are eligible, 9<sup>th</sup>
- All forms must be submitted by the due date

Squad size is determined by the coach and based on the skill and talent of the athletes.

### Judging

Tryouts are judged by a panel of cheer, dance and gymnastics experts. Coaches facilitate the process and have the final input in team selection.

Tryout consists of clinic tryout cheer, tryout dance, tumbling, jumps, stunts, rallying, showmanship, and overall impression. Flyers will be asked to demonstrate body positions on the ground and bases and backs will also be asked to demonstrate their flexibility. Males will be asked to demonstrate co-ed stunting skills. Call backs can be requested of some cheerleading candidates.

### Tumbling Skills

All decisions by the judges and coaches are final.

***The coaches reserve the right to award points to any cheerleader who for a circumstance beyond their control (i.e. a car accident) is unable to perform a skill they have already proven they have to one of the Tahoma Coaches. In case of an extreme circumstance, we may accept a video tryout.***

### 2019-2020 Program Schedule and Time Commitments

- Attendance and participation at the following events is mandatory
  - All practices
  - All games
  - Game day Computation
  - Camp's and Choreography
  - Community Service and Fundraising Activities
  - Bonding Nights
- As with other teams and organizations, cheer is a commitment! Inability to commit to these activities can result in dismissal.
- Absences are only acceptable for illness or prearranged activity with the coach. Absences are not acceptable for jobs, other school activities, and social occasions, birthdays, other sports, Homework.
- The uniform is a personal piece and because of that refund of uniform monies including bows anything custom made and cosmetics will not be possible at anytime.

### Costs

Cheerleading is expensive and the coaching staff will try to make this program affordable for everyone. However, the coach does reserve the right to change a piece of the uniform if it did not fit properly when ordered. There are no refunds for any equipment or uniform pieces

## **Discipline**

### **a. Tardiness and Absences**

Cheerleading is a team sport and with even one member absent, the whole squad suffers. In the event a cheerleader needs to miss an event the coach must have a parent or guardian email, phone call, or letter 24 hours in advance of the absence. In order to keep the whole team accountable, the following individual and team system has been put into place. **EMAIL'S AND TEXT MESSAGES FROM ATHELETS WILL NOT BE ACCEPTED**

- i. Unexcused Tardiness
  1. Warning
  2. On the 2<sup>nd</sup> unexcused tardy the individual receives a parent phone call
  3. On the 3<sup>rd</sup> unexcused tardy the individual is suspended for a week
  4. 4 or more removal
- ii. Unexcused Absences
  1. Parent phone call and sit out of next game can result in loss of spot in anything choreographed.
  2. On the 2<sup>nd</sup> unexcused absence the individual receives a parent phone call and is suspended for two weeks
  3. On the 3<sup>rd</sup> unexcused absence the individual is dismissed from the squad

### **b. Compliance and Attitude**

- i. Coaches' Directions
  1. The coach has a specific plan for each practice and often has a vision for the methods used that the cheerleader may not understand, but should always follow. It is acceptable to ask questions in a respectful way. Swearing, complaining, and not cooperating are inappropriate behavior examples. This behavior will result in a parent phone call
  2. On the 3<sup>rd</sup> parent phone call the individual will be suspended for two weeks
  3. On the 5<sup>th</sup> parent phone call the individual will be dismissed from the squad
- ii. Practice and Game Attire
- iii. At practices cheerleaders should arrive dressed down and ready to go. Hair should be in a pony tail and absolutely no jewelry should be worn. At games the cheerleaders should be dressed in the appropriate uniform, hair NEATLY pulled back, all make-up done and ribbon/bow in. Each individual's failure to comply will result in a ½ mile run for the whole team at the following practice. This includes failure to bring the necessary uniform pieces.
  1. On the 4<sup>th</sup> attire violation the individual receives a parent phone call and is suspended for two weeks
  2. On the 5<sup>th</sup> attire violation the individual is dismissed from the squad
  3. IF practice starts at 5 you should be there at 4:50 ready to go

### **c. Academic Progress**

- i. Grade Checks
  1. Athletic Office will check grades every after major grading periods
  2. Athletes must follow Tahoma Grade and Study table requirements

### **d. Drug and Alcohol Abuse**

- i. Any reported and documented drug or alcohol incident will result in immediate dismissal from the team as per the student athletic handbook.

## **TAHOMA BLUE/GOLD/SPARKLE JV & VARSITY CHEERLEADER TRYOUT SCHEDULE AND DATES TO REMEMBER**

**PLEASE CHECK OFF THE FOLLOWING AS YOU COMPLETE THEM:**

- Tuesday April 2<sup>nd</sup>                      Mandatory Parents and Student Tryout Meeting  
6-7pm PAC
- Friday April 19<sup>th</sup>                      All forms are due to the coach by 3:00 pm                      Cheer box in office
- Sports Eligibility and Physical Exam Card
  - Application with Current photo
  - Handbook Signature Page and Acknowledgement

### **Important dates coming up**

**ALL EVENTS ARE MANDATORY**

**CALENDARS UPDATED ON WEBSITE**

**[www.tahomabearscheer.com](http://www.tahomabearscheer.com)**

- Mon-Wed April 15-17<sup>th</sup>                      Open stunt and tumble                      7:00 – 8:30 pm THS Gym
- Mon-Thur Apr 22-25<sup>th</sup>                      Tryout Materials Taught                      7:00-9:00 pm THS Gym
- Friday April 26<sup>th</sup>                      Tryouts                      5:30- we are finished
- Saturday April 27<sup>th</sup>                      Reveal                      10am front parking lot
- Tues-Thurs, May                      Practices Start                      7:00-8:30 pm THS Gym
- July 19-22                      Varsity Cheer Camp @ UPS
- July 22-25                      Be A Bear Camp – Varsity                      6-8pm at THS
- Aug 1-4<sup>th</sup>                      JV Cheer Camp @ UPS
- Aug 10-11                      Choreo for Varsity Gameday and Trad
- Aug 19-23                      Practices                      6-8pm at THS
- Aug 26-28                      Practices                      6-8pm at THS

## TRYOUT RULES 2019-20

### 1. Attendance

- a. You must be fully dressed and in the gym at 5:30 p.m. for clinics and for tryouts
- b. If you have to be late or miss a clinic, pre-arrange it with the head coach. You will still be responsible for learning the routines on your own.
- c. It is extremely important to be on time. There are only four clinics so you will be learning a lot in a short amount of time. Your punctuality will reflect your desire to commit to this activity.

### 2. Clothes and Attitude

- a. Wear shorts, T-shirt and athletic shoes (Clean lace up athletic shoe, NO VANS or SLIP ONS) for clinics
- b. Put your hair up for practice and tryouts (WIAA rules)
- c. Only water will be allowed at the clinics and the tryouts. No food or gum. Snacks should be eaten beforehand.
- d. Absolutely no jewelry (WIAA rules)
- e. Please be respectful to others and have a positive attitude.
- f. Failure to follow these rules can make you ineligible to tryout.
- g. It is not necessary for you and your tryout partners to wear matching clothing.

### 3. Paperwork

- a. **All paperwork must be completed and turned in or you will be ineligible to tryout. NO Exceptions!**
- b. Complete your sports eligibility packet. You must have a physical and turn in the completed form in order to participate in clinics and tryouts. This completed form should be turned in with your cheer packet.
- c. Fill out and return the application/contract – do not forget the questions.
- d. Return the signed permission slip
- e. Fill out picture sheet, check current grade, and attach a picture
- f. All paperwork due must be placed in one envelope. Include your name on the envelope. Failure to do so may result in lost or missing paperwork. It is your responsibility to ensure all paperwork is complete and submitted before the deadline.

### 4. Tryouts

- a. You may be a Freshmen, Sophomore, Junior or Senior in order to try out
- b. You must be in good physical health
- c. You must have satisfactory school attendance.
- d. Cheerleaders - You will tryout with a group and will wear a number
- e. Rally on and off!
- f. Perform any running /standing tumbling if applicable
- g. Perform clinic cheer and dance.
- h. Fliers demonstrate all flexible body positions

- i. You will be judged during tryouts on the following categories: Tryout cheer, Tryout dance, Jumps, Tumbling, Voice, Showmanship, flexibility, your response to a question and overall impression. Some important things the judges will consider are: facial expression, confidence, enthusiasm, technique, sharpness of moves, arm levels, voice, jumps and creativity. Additionally, males will be judged on their partner stunting abilities and not the dance aspect.
- j. You will tryout only in front of the judges and a tryout staff. It will not be in front of the student body. No parents or friends will be allowed to watch the tryouts.
- k. Each candidate's score will be calculated and averaged. The coaching staff has the final say on which candidates are chosen for which teams. The number of students chosen for each squad will be determined by the coaching staff.
- l. You will find which squad you were selected for by Saturday, April 27<sup>th</sup>

***Chuck Chartrey***

THS Cheerleading Head Coach

[tahomacheer@yahoo.com](mailto:tahomacheer@yahoo.com)



# TAHOMA CHEER COST BREAK DOWN

VARSIY PORTAL

Check to THS ASB

MAY 3rd CAMP Deposit \$200

May 17<sup>th</sup> Camp Gear / Shoes / bow \$390 +S/H (Add shoe \$72)

May 31<sup>st</sup> ----- Camp Remainder \$ 200

June 7<sup>th</sup> Uniform Payment \$300 +S/H

June 21<sup>st</sup> Backpack \$90 / Sweatshirt \$75 +S/H

July 5<sup>th</sup> Warm ups \$232.65+S/H

July 19<sup>th</sup> Game Bow / Poms \$ 79 +S/H



**TOTAL : Appx \$1478 “New”      \$ 960 “returner”**

**Back Pack ALL GOLD SQUAD Optional BLUE +\$90**

**COMP FEES:**

- Blue Gameday : \$100 (Choreo/ Music/ Entry)
- Gold Gameday: \$125 (Choreo/ Music/ Entry)
- Gold Comp: \$175 (Choreo/ music/ Entry)
- Nationals (Gold): \$1200 Nationals: (Flight / Comp Fee)

**OTHER FEES:**

Outside coaches: \$50.00

## Signature Page

### Acknowledgement and acceptance of THS Cheer Program Guide 2019-2020

#### **Cheerleader:**

I have attended a meeting and have read the rules were explained to me in detail, and I've spoken with the coach/my parents about any concerns I may have related to the terms of this agreement. I agree to abide by all terms/conditions previously described for the duration of the 2019-20 cheer season. I understand that any school issued equipment or uniform pieces must be returned in the same repair as they were checked out to me. Failure to do so will result in a fine.

Signature

Date

#### **Parent/Guardian:**

I have read the THS Cheer rules and guidelines and have discussed any concerns/questions with my child and the coach. I agree to support all of the terms/conditions for the 2019-20 season set forth by these terms and guidelines. I understand that I am financially responsible for the entire cheerleading bill and any equipment/uniform fines my child might incur. I have reviewed the cost and understand the commitment to purchase the equipment needed to participate. The prices are estimated and may fluctuate based on availability and final orders. Failure to pay on time may result in higher cost and may result in having to miss mandatory events until uniform pieces arrive.

Signature

Date

If you have any concerns and/or questions regarding the Tahoma Cheer Program, please contact the coaches to discuss the circumstances directly.

#### ***Chuck Chartrey***

THS Cheerleading Head Coach

[tahomacheer@yahoo.com](mailto:tahomacheer@yahoo.com)

tahomabearscheer.com

**APPLICATION AND CONTRACT FOR CHEERLEADING**

**STUDENT PROFILE:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

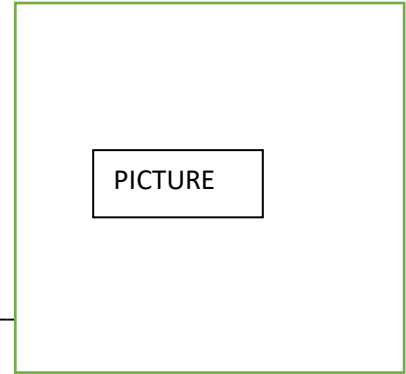
Home Phone: \_\_\_\_\_

Your Cell: \_\_\_\_\_

Your Email: \_\_\_\_\_

GPA: \_\_\_\_\_ Grade next Fall: \_\_\_\_\_

Birthday: \_\_\_\_\_



**PARENT PROFILE:**

Parent Name(s): \_\_\_\_\_

Parent Cell 1: \_\_\_\_\_

Parent Cell 2: \_\_\_\_\_

Parent Email 1: \_\_\_\_\_

Parent Email 2: \_\_\_\_\_

