




Goodbye July...  **2025**  
 **ALOHA** August!

#### HIGHLIGHTS FOR AUGUST

8/5	FIRST RESPONDERS LUNCH
8/21	ANNUAL BBQ/VETERAN'S LUNCH
8/28	BIRTHDAY LUNCH

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	
4	5	6	7	8	9	10
<b>M &amp; R SMOKEY BBQ</b> SERVING DELICIOUS BBQ FROM 11:30 AM TO 6 PM	<b>FIRST RESPONDERS LUNCH!</b> MEAT LOAF, MASHED POTATOES, GRAVY, VEGETABLES, SALAD, FRUIT, DESSERT	<b>SALAD BAR!</b> FULL SALAD BAR, DINNER ROLL FRUIT	<b>CHICKEN STIR FRY</b> RICE NOODLES, VEGETABLES FRUIT, DESSERT	<b>KITCHEN CLOSED</b>		
11	12	13	14	15	16	17
<b>M &amp; R SMOKEY BBQ</b> SERVING DELICIOUS BBQ FROM 11:30 AM TO 6 PM	 <b>TACO TUESDAY</b> TACO SALAD GROUND BEEF, BEANS, RICE FRUIT, DESSERT	<b>FRENCH BREAD PIZZA</b> PIZZA & SALAD BAR, FRUIT	<b>PULLED PORK SLIDERS</b> PULLED PORK ON ROLLS, COLESLAW, FRUIT, DESSERT	<b>KITCHEN CLOSED</b>		
18	19	20	21	22	23	24
<b>M &amp; R SMOKEY BBQ</b> SERVING DELICIOUS BBQ FROM 11:30 AM TO 6 PM	<b>CHICKEN BACON RANCH WRAPS</b> SERVED WITH FRUIT & DESSERT	<b>ENCHILIDAS</b> SERVED WITH BEANS, RICE, SALAD BAR & FRUIT	<b>VETERAN'S LUNCH/ANNUAL BBQ</b> WEAR YOUR HAWAIIAN SHIRTS AND COME JOIN THE FUN! M & R SMOKEY BBQ IS COOKING!	 <b>KITCHEN CLOSED</b>		
25	26	27	28	29	30	31
<b>M &amp; R SMOKEY BBQ</b> SERVING DELICIOUS BBQ FROM 11:30 AM TO 6 PM	<b>CHEF'S SALAD</b> SERVED WITH A DINNER ROLL, FRUIT, DESSERT	<b>LAMB GYROS</b> GROUND LAMB WITH TZATZIKI SAUCE ON FLAT BREAD, GREEK SALAD, FRUIT, DESSERT	 <b>BIRTHDAY LUNCH</b> CHICKEN FRIED STEAK, MASHED POTATOES, GRAVY, VEGETABLES, SALAD, FRUIT DESSERT	<b>KITCHEN CLOSED</b>		