



SOUTH CENTRAL HEALTH DISTRICT

196 North Main St.
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Special Meeting

Date: Thursday, October 23, 2025
Time: 12:30 PM
Location: Plainville Municipal Center
One Central Square, Plainville, CT
Conference Rm 302

Present: Elliott Colasanto, Chair
Robert Yamartino, Vice Chair
Ann Marie Conaty
Betsy Gaudian
Sharon O'Brien
Michael Paulhus

Susan Lonczak, DOH
Lisa Bennett, Recording Secretary

Absent: Joseph Marino
Alex Ricciardone

Meeting called to order at 12:44 pm by Mr. Colasanto.

Special Meeting

I. Roll Call

The roll call showed a quorum was present at 12:45 pm.

II. Minutes of meeting

MOTION

Ms. O'Brien made a motion to approve July 25, 2025 meeting minutes.
Ms. Conaty seconded the motion.

Motion approved by unanimous vote.

III. Comments by the Chair /Vice Chair: None

IV. New business:

i. Body Care and Personal Services Code Amendment Discussion

(Possible addition to list of services to include Med Spa services.)

Ms. Lonczak provided an overview of SCHD's 2024 Body Care & Personal Services Code adoption, noting its successful roll out to the communities and businesses. She reviewed an emerging gap related to "med spa" services (injectables, IV infusions, laser, micro needling, etc.). Complaints received by the district in 2025 revealed that DPH Practitioner Licensing Section only investigates practitioners individually for scope-of-practice issues and does not enforce state Med Spa requirements. This leaves a local oversight gap for facility compliance with State Statute and Public Acts.

She explained that SCHD aims to strengthen public safety through facility permitting and inspection similar to tattoo establishments, including provisions for mobile or pop-up/temporary services. It's estimated that there are 10–12 med spas currently operate across the three towns, with growth and expansion into salons.

Board discussion covered enforcement authority, penalties, liability, and facility standards. The proposed amendments will address infection control, sharps handling, medical oversight documentation, and related operations such as weight-loss clinics.

Next Steps:

- Director to draft Med Spa code amendments and consult DPH.
- Circulate draft to regional health directors and industry groups for feedback.
- Develop facility checklist and guidance for mobile operations.
- Develop/modify existing fee/fine structuring.
- Anticipated timeline includes outreach, public hearing/comment, and Board vote.

ii. Introduction to CT DPH BOD Training Pilot Program

Ms. Lonczak reported that DPH developed a three-module Board orientation covering the public health system, core functions/10 Essential Services, and statutes/bylaws/roles. Ms. Lonczak previewed the materials and provided initial feedback. DPH (contact: Laura) will send access links, and Board members are asked to complete the modules and provide comments on content and usability.

Action Items:

- Director to email Board with DPH contact and submission instructions.
- Board members to complete modules and send feedback to the Director for submission to DPH.

V. Report by the Director of Health

Ms. Lonczak noted that her written Director's Report had been distributed prior to the meeting and provided a brief overview of key updates.

- The new electronic inspection and permitting system is nearing launch, with staff piloting applications, inspections, and payment workflows. The public portal will soon allow online submissions and fee payments.
- Payroll migration from Paychex to QuickBooks is under review for improved integration; the Director will consult Plainville regarding their recent vendor transition.
- SCHD continues limited homebound flu vaccinations and continues to partner with Stop & Shop Pharmacy for public flu and other vaccine clinics.
- The Epi's World children's health education initiative is launching with videos and resources for daycares, libraries, and community programs.
- Mr. Yamartino offered SCHD a full-page for future district updates in the Middlefield mailer.

VI. Old business – None

Ms. O'Brien asked about increasing meeting frequency. Ms. Lonczak discussed bi-monthly meeting dates for 2026 to be voted on during the Dec. 11, 2025 meeting.

Mr. Yamartino requested Budget Vs. Actual reporting for December meeting to discuss FY27 planning.

VII. Next meeting:

Thursday, December 11, 2025 at 12:30 pm, Southington Municipal Center

VIII. Adjournment

MOTION

Mr. Paulhus made a motion at 1:59 pm to adjourn meeting.

Mr. O'Brien seconded the motion.

Motion approved by unanimous vote.

Respectfully Submitted,
Susan B. Lonczak